

# **ABOUT THIS MODULE**



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#### **CHALLENGING UNSAFE BEHAVIOURS**

#### What is the goal of this module?

This module aims to introduce team members to a new graded assertiveness method for raising safety concerns with colleagues, with the goal of adopting this method for use in their everyday work.

#### What is the collective leadership focus of this module?

- Shared mental models and shared understanding
- Cooperation and coordination between members
- Engagement of all team members

#### What areas of team behaviour does this module focus on?

- Coordination and effective team working
- Cohesion and coordination
- Cross-monitoring

#### Who is this module for?

**All team members.** This module provides a standardised means of communicating about safety, which will be most effective when the entire team is familiar with its use.

#### What is the patient safety impact of this module?

Good communication around safety between team members is a critical step in creating and ensuring an environment of good patient safety.<sup>1</sup> Having a standardised tool with graded steps to communicate concerns about unsafe behaviours will aid in this process.

#### References

 O'Donovan R, Ward M, De Brún A, McAuliffe E. Safety culture in health care teams: A narrative review of the literature. J Nurs Manag. 2019 Jul;27(5):871-883. doi: 10.1111/jonm.12740.





# **SESSION OUTLINE**





## **SESSION OUTLINE**



#### **CHALLENGING UNSAFE BEHAVIOURS**

## SESSION OVERVIEW

Purpose:	This session will introduce team members to a technique that may be useful in situations where they have concerns about safety of a procedure or intervention being put in place.
Timing:	60 min.
Setup:	Information > Video $x^2$ > Facilitated discussion > Feedback
Outcomes:	The team will have a graded assertiveness method for communicating safety concerns with colleagues.
Facilitators:	1-2 team members to facilitate; 1 team member to act as flipchart scribe to record ideas, discussion points, and outputs.





Equipment:	Flipcharts, markers, pens, paper, post-it notes.
Materials:	Printed outcome template.
Room:	Configure for round table discussion or small groups for larger teams.
Attendees:	If some team members cannot attend due to geographic location, they may participate remotely via teleconference. Preparation for this will include sharing of the materials in advance via email.



## **SESSION OUTLINE**



#### **CHALLENGING UNSAFE BEHAVIOURS**

#### **START OF SESSION**

#### 1) Introduction (5 min.)

Welcome and re-cap on Co-Lead (aims, sharing of leadership across team, etc.), give introductions if new people in attendance and update team on goal progress.

Highlight the relevance of this topic to practice: Following this intervention, if any team member is concerned with a process or intervention being put in place, they will have a technique to raise concerns with colleagues, getting more assertive if their concerns are not listened to.

The aim of this session is to agree a standard method of raising concerns within the team, after which they will have a graded assertiveness method for communicating safety concerns with colleagues.

#### 2) Icebreaker (5 min.)

Take a minute of personal reflection and ask each member of the team to outline in one word/sentence how they felt the last time they were not listened to? Facilitator then asks each member of the team to feedback their thoughts to the larger group.

### 3) YouTube video and discussion (15 min.)

As a team watch the YouTube video of Captain Martin Bromiley talking about his wife Elaine's death in surgery:

https://www.youtube.com/watch?v=JzlvgtPIof4 \*(Watch until time 10.10)

Facilitators should ask the team to reflect on the video and share their thoughts. Emphasise how this video highlights what can happen when staff are unable to speak up.

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#### **CHALLENGING UNSAFE BEHAVIOURS**

#### 4) Learning about the good "CUSS" words (5 min.)

Facilitators should go through the S.A.F.E. programme PowerPoint slides on a structured way to communicate about safety concerns (CUSS). Following the presentation, watch the video on how these words might be used in practice:

https://www.ahrq.gov/teamstepps/instructor/videos/ts\_CUS\_LandD/CUS\_L andD.html

#### 5) Facilitated discussion (25 min.)

Facilitators should lead a group discussion and gain consensus from participants on the following questions:

- Are the "CUSS" words (concern, uncomfortable, unsafe, stop) something we can use as a team?
- 2. How will we ensure all team members are aware of the "CUSS" words?
- 3. What will happen when we use the "CUSS" words?
- 4. How will we encourage our team to use these "CUSS" words?

\*Note one facilitator should record the team's answers using the template provided.

#### 6) Close of session (5 min.)

Give brief feedback on the session. Notes can be collected and collated by one individual to maintain record of discussion.





# **OUTCOMES TEMPLATE**







QUESTION	AGREED BY THE TEAM
Are the "CUSS" words (concern, uncomfortable, unsafe, stop) something we can use as a team?	
How will we ensure all team members are aware of the "CUSS" words?	
What will happen when we use the "CUSS" words?	
How will we encourage our team to use these "CUSS" words?	

