ENGLISH - IRELAND

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Planet Youth 2020

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A survey of the lives and living conditions of young people

- Confidential -

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To students

This is an anonymous and confidential survey.

It will be impossible to trace your answers to you. No one you know, not your teachers, parents, carers or friends, can ever access your personal responses. Make sure that you **do not write your name or any personal identification** details on the questionnaire or on the envelope provided with it.

When you have finished answering all the questions, put the questionnaire in the envelope, seal it completely, and leave it on your desk. The envelopes will be collected when everyone has finished. If you have any questions to ask about the survey, close your questionnaire and raise your hand. An assistant will come to your desk with a blank version of the questionnaire to assist you and that way they won't see your answers.

This questionnaire itself covers a lot of topics, and seeks your opinion on a lot of issues, some very personal. You have probably never participated in a survey like this, but we still hope you can respond to all the questions as carefully and honestly as possible, because your responses are very important. It is also important that you answer in a way that best fits your opinion or your circumstances.

There are no right or wrong answers, the important thing is that your opinions are made known.

The information that you provide in the survey will be used to inform policy decisions, improve services and provide opportunities for families and for young people in our communities.

Filling in the survey:

Please use a black or a blue pen.

Most of the questions have several options to choose from, but you only need to pick one of them.

Fill in each answer with a clear X in the appropriate box, like this:

If you want to change your answer then completely shade in the box:

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Put a new X in the box you want to change your answer to:

If you feel that none of the options you can choose from accurately describes your opinion or suits your view, try to pick the option that you think is closest to the truth.

Thanks for taking part in the survey The Planet Youth research team

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Answer each question by 1. How would you dese Male Fettilized 	PLEASE READ THE INST marking X in the respective b cribe your gender? (Choose of emale Non-Binary	box, like this: 🔀 only ONE option)	
Male Fe			
2. What year where yo		Prefer not to say	
2. What year where yo	u born? (Choose only ONE op	otion)	
Before 2004	2004 2005	2006 2007 or later	
3. What school year ar	re you in now? (Choose only O	DNE option)	
Transition Year	5th Year Leaving	Cert Applied/QQI	
White Irish Irish traveller Any other whit Asian or Asian Irish Asian Irish Chinese Any other Asian Black or Black Irish Black Irish African	<pre>/cultural background? (Choose one) function (Choose one) function</pre>	ose only ONE option)	

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- 6. I live with... (Choose only ONE option, the one that suits best)
 - I live with both my parents
 - Mother but not father
 - Father but not mother
 - Mother and her partner
 - Father and his partner
 - Grandparent(s) and mother/father
 - Only grandparent(s) and not mother/father
 - I live in a different arrangement (foster family, carer, other relatives, etc.)
 - I am an exchange student and live with a host family
- 7. What is the highest level of education your mother/carer completed? (Choose only ONE option, the one that suits best)
 - Postgraduate Degree (Masters or Doctorate)
 - Degree from University
 - Diploma from a technical institute
 - Completed Leaving Certificate
 - Completed Junior Certificate
 - Completed Primary School or less
 - I don't know / doesn't apply
- 8. What is the highest level of education your father/carer completed? (Choose only ONE option, the one that suits best)
 - Postgraduate Degree (Masters or Doctorate)

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- Degree from University
- Diploma from a technical institute
- Completed Leaving Certificate
- Completed Junior Certificate
- Completed Primary School or less
- I don't know / doesn't apply

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9.	What is the main or (Choose only ONE opt	cupation of your mo ion, the one that suits b		
	Works at home	(stay-at-home parent	, takes care of the househo	(blc)
	Works part-time	e		
	Works full-time			
	Unemployed			
	Not working du	e to disability		
	Studying			
	Studying and a	lso working		
	I don't know /	doesn't apply		
10	_	ion, the one that suits b (stay-at-home parent e ne to disability		old)
	I don't know /	doesn't apply		
11	. What languages are	spoken in your hom	e? (Choose only ONE optio	on)
	English			
	Irish			
	English and Iris	h		
	English and a di	fferent language		
	Only a different	language		

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THE NEXT QUESTIONS ARE AE TRY TO ANSWER THEM ALL	BOUT SCHOOL A	AND HON	ME LIFE.		
12. How well do the following statem (Choose only ONE option in EACH ca		Often	Sometimes	Rarely	Almost never
a) I find schoolwork pointlessb) I find schoolwork boring					

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13. To what extent do you agree or disagree with the following statements? (Choose ONE option in EACH category)

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		Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
a)	The adults at my school care about me					
b)	The adults at my school are fair and kind to me					
c)	It is safe to be around the adults at my school					
d)	The adults at my school notice when I'm having a hard time and offer to help me					
e)	The adults at my school believe I can make the world a better place					
f)	I have friends at school that care about me					
g)	My friends think we should try our best at school					
h)	The students at my school are nice to each other					
i)	I feel confident that I could stand up for someone that was being bullied in my school					
j)	At my school, it is not a big deal to make mistakes if you are trying your best					
k)	My school is helping me achieve goals that matter to me					
l)	I try my best in school					
m)	At least one thing I do at my school makes me want to be the best I can be					
n)	I have a good time participating in activities at my school					
o)	My school helps me discover things I'm good at doing					
p)	Doing my best in school now will help me have a good life when I'm older					

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	14. How many whole days were you absent from school during <u>the last 30 days</u>? (Choose ONE option in EACH category)
	None1 day2 days3 days4 days5 days6 days7+a)Because of COVID 19IIIIIIIIb)Because of another illnessIIIIIIIIc)Because you skipped schoolIIIIIIII
	15. During the last 7 days, how often did you do any of the following? (Choose ONE option in EACH category)
	a) Stayed at home for a whole evening Never Once Twice 3 times 4 times 5 times 6 times 7 times
	b) Was outside after ten o'clock in the evening
	c) Was outside after midnight
۲	16. Sports and physical activity. How many times a week do you? (Choose ONE option in EACH category) Never Once Twice 3 times 4 times 5 times 6 times Every a week a week a week a week a week a week day
	a) Participate in sports and physical training in school, apart from P.E.
	b) Engage in sports outside school with a club or team
	c) Exercise or practice sports, outside school and not with a club or team
	d) Exert yourself physically so you exhaust yourself or sweat
	 17. In the past week, on how many days have you done a total of 60 min or more of physical activity, which was enough to raise your breathing rate? (Choose only ONE option) This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places. Never Once Twice 3 times 4 times 5 times 6 times Every day 18. How would you rate your physical health? (Choose only ONE option) Very good Good Okay Bad Very bad
	+ + + 8

19	 + + 19. How many times a week do you participate in any of the following activities that are supervised by adults outside school? (Choose one option in EACH category) 								
		Never or almost never	Less than once a week	Once a week	2 times a week	3 times a week	4 times a week	5 times a week	6 times a week or more
a)	Music, art, drama or dance								
b)	Volunteering in								

c) Other after school clubs (e.g. scouts, youth clubs, religious groups)

the community

20. How much time on average do you spend each day on the following activities? (Choose ONE option in EACH category)

Almost About About About About About About 7 hours no time 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours or more Watching television a) b) Watching shows, movies or videos on your phone or computer Playing video games c) d) On social media (e.g., Snapchat, Instagram, TikTok) Using the internet for other than e) social media or video games (e.g., reading, schoolwork)

21. How often do you do the following? (Choose ONE option in EACH category)

		Never or almost never	Less than once a month	1-3 times a month	1-3 times a week	4 times a week or more
a)	Hang out at a friend's home with no adult present					
b)	Hang out with friends in the streets or a car park					
c)	Hang out with friends in a fields or wooded area					
d)	Hang out with friends in a local shopping centre or shops					
e)	Hang out with friends at a nearby school when the school is closed					
f)	Hang out with friends in an abandoned building or empty hous	e				

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22. To what extent do you agree or disagree with the following statements? (Choose ONE option in EACH category)

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		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
a)	There is a lot to do in my neighbourhood/ community					
b)	There is a lot to do in my community but I cannot access activities due to no transport					
c)	I cannot access activities because my parents/carers can't afford them					
d)	I live in a rural location and rely on parents/carers for transport					
e)	I am a newcomer to the area and I'm not sure what's available					
f)	There is no public transport near me					
g)	There is no public transport at the weekends to suit my needs					

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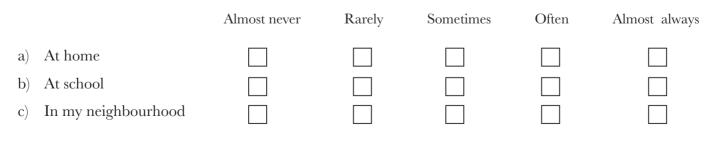
23. To what extent do you agree or disagree with the following statements?

(Choose ONE option in EACH category)

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
a)	It is good to live in my neighbourhood/ community					
b)	In the future I would like to continue to live in my community					
c)	In the future I would like to move to another place in my country					
d)	In the future I would like to move abroad					

24. To what extent do the following statements apply to you? "I feel safe..."

(Choose ONE option in EACH category)



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25	• How do the following statem (Choose ONE option in EACH of		,				
	My parents/carers think it is in my schoolwork	portant that I do we	ell with	Very well	Well	Poorly	Ve
b)	My parents/carers set definite	rules about what I ca	an do at home				
	My parents/carers set definite 1 he home	rules about what I ca	an do outside				
	My parents/carers set definite home in the evening	rules about when I s	hould be				
e)	My parents/carers know who I	am with in the even	nings				
f) 1	My parents/carers know where	I am in the evening	S				
g)	My parents/carers know my fri	lends					
h)	My parents/carers know the pa	arents of my friends					
a)	(Choose ONE option in EACH I spend time with my parents.	0 77	Almo neve veek	,	Somet	imes Of	ten
a) b) c)		/carers during the w /carers at the weeke	neve veek	,	Somet	imes Of	ten
b) c)	I spend time with my parents. I spend time with my parents.	/carers during the w /carers at the weeke re I am on Saturday be for you to receiv	veek	er]]]]]]]			
b) c) 27	I spend time with my parents. I spend time with my parents. My parents/carers know whe . How easy or hard would it k (Choose ONE option in EACH o	/carers during the w /carers at the weeke re I am on Saturday be for you to receiv	veek	er]			 rs?
b) c) 27 a)	I spend time with my parents. I spend time with my parents. My parents/carers know whe . How easy or hard would it k (Choose ONE option in EACH of Caring and warmth	/carers during the w /carers at the weeke ere I am on Saturday be for you to receive category) Very hard	neve veek	er]	Lr pare		 rs?
 b) c) 27 a) b) 	I spend time with my parents. I spend time with my parents. My parents/carers know whe How easy or hard would it k (Choose ONE option in EACH Caring and warmth Advice about personal matter	/carers during the w /carers at the weeke ere I am on Saturday be for you to receive category) Very hard	neve veek	er]	Lr pare		 rs?
 b) c) 27 a) 	I spend time with my parents. I spend time with my parents. My parents/carers know whe . How easy or hard would it k (Choose ONE option in EACH of Caring and warmth	/carers during the w /carers at the weeke ere I am on Saturday be for you to receive category) Very hard	neve veek	er]	Lr pare		 rs?
 b) c) 27 a) b) c) 	I spend time with my parents. I spend time with my parents. My parents/carers know whe How easy or hard would it k (Choose ONE option in EACH Caring and warmth Advice about personal matter	/carers during the w /carers at the weeke are I am on Saturday be for you to receive category) Very hard	e the followin	er]]]] g from you g from you	Easy] [] [nts/care:	rs?
 b) c) 27 a) b) c) 	I spend time with my parents. I spend time with my parents. My parents/carers know whe How easy or hard would it k (Choose ONE option in EACH Caring and warmth Advice about personal matter Advice about schoolwork	/ carers during the w / carers at the weeke re I am on Saturday De for you to receive category) Very hard	neve veek	er]]]] g from you g from you	Easy] [] [nts/care:	 rs?
 b) c) 27 a) b) c) 28 	I spend time with my parents. I spend time with my parents. My parents/carers know whe How easy or hard would it k (Choose ONE option in EACH Caring and warmth Advice about personal matter Advice about schoolwork How easy or hard would it k (Choose ONE option in EACH of	/carers during the w /carers at the weeke re I am on Saturday be for you to receive category) Very hard	e the followin	er]]]] g from you g from you	Easy] [] [nts/care:	rs?

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29.	. How well off financially do you think your fa (Choose only ONE option)	amily is in comp	oarison to	other fam	ilies?	
	Much Considerably A little better off better off		little orse off	Considera worse off	bly	Much worse off
30.	. To what extent do the following apply to you (Choose ONE option in EACH category)	r situation?				
		Almost never	Rarely	Sometimes	Often	Almost always
a)	My parents/carers can't afford to have a car					
b)	My parents/carers hardly have enough money to pay for necessities (e.g., food, housing, bills)					
31.	. How many hours do you sleep on average ev (Choose only ONE option).	very night?				
31.		Yery night? About 7 hours		out	Less th 6 hours	
	(Choose only ONE option).	About			1	
	(Choose only ONE option). More than About About 9 hours 9 hours 8 hours • How would you rate your mental health?	About			1	
32.	 (Choose only ONE option). More than About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) 	About 7 hours	6 h		1	
32.	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to your provide the statement of the statement of	About 7 hours	6 h	ours	1	
32.	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to your provide the statement of the statement of	About 7 hours	6 h	ours	6 hours	
32. 33. a)	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to yo (Choose ONE option in EACH category) 	About 7 hours	6 h	ours	6 hours	
32. 33. a) b)	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to yo (Choose ONE option in EACH category) When I think about how I will look in the future 	About 7 hours	6 h	ours	6 hours	
32.	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to yo (Choose ONE option in EACH category) When I think about how I will look in the future I think that I am ugly and unattractive 	About 7 hours	6 h	ours	6 hours	
 32. 33. a) b) c) d) 	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to yo (Choose ONE option in EACH category) When I think about how I will look in the future I think that I am ugly and unattractive I am happy with my body I am happy with the physical changes that have 	About 7 hours	6 h	ours	6 hours	
 32. 33. a) b) c) 	 (Choose only ONE option). More than About About About 9 hours 9 hours 8 hours How would you rate your mental health? (Choose only ONE option) Very good Good Okay How do the following statements apply to yo (Choose ONE option in EACH category) When I think about how I will look in the future I think that I am ugly and unattractive I am happy with my body I am happy with the physical changes that have my body during the past few years 	About 7 hours	6 h	ours	6 hours	

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34.	How do the following statements apply to you? (Choose ONE option in EACH category)				
		Very well	Well	Poorly	Very poorly
a)	I feel that I am worth at least as much as everyone else				
b)	I feel that I have a number of good qualities				
c)	I am inclined to feel that I am a failure				
d)	I am able to do things as well as most other people				
e)	I feel I do not have much to be proud of				
f)	I take a positive attitude towards myself				
g)	On the whole I am satisfied with myself				
h)	I wish I had more respect for myself				
i)	At times I think I am no good at all				
j)	I feel useless at times				
35.	How well do the following describe your mood in the (Choose ONE option in EACH category)	last week?			
		Almost never	Rarely	Sometime	s Often

	Almost never	Rarely	Sometimes	Often
a) I was easily annoyed or irritated				
b) I experienced outbursts of anger that I could not control				
c) I wanted to break or damage things				
d) I had a row with someone				
e) I yelled at somebody or threw things				

36. How do the following statements apply to you?

(Please choose what best describes your experience of each over the last 2 weeks)

		None of the time	Rarely	Some of the time	Often	All the time
a)	I've been feeling optimistic about the future					
b)	I've been feeling useful					
c)	I've been feeling relaxed					
d)	I've been dealing well with problems					
e)	I've been thinking clearly					
f)	I've been feeling close to other people					
g)	I've been able to make up my mind about things					

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37.	How often did you feel any of the follow (Choose ONE option in EACH category)	ving mental or phys	ical discomfo	orts in the last w	eek?
		Almost never	Rarely	Sometimes	Often
a)	I felt anxious				
b)	I felt sudden fear for no apparent reason				
c)	I felt tense				
d)	I had little appetite				
e)	I felt lonely				
f)	I cried easily or wanted to cry				
g)	I had sleeping problems				
h)	I felt sad or blue				
i)	I was not excited about doing anything.				
j)	I was tired or had little energy				
k)	I thought the future seemed hopeless				
l)	I thought of completing suicide				
38.	During your lifetime have you thought a	bout harming your	self on purp	ose?	

1	(e.g., scratchi	ng, burning,	preventing wo	unds from healin	ig, punching) (Choose only ONE op	otion)
	Never	Once	Twice	\Box 3-4 times	5 times or more often	

39.	During your lifetime have you harmed yourself on purpose?	
	(e.g., scratching, burning, preventing wounds from healing, punching) (Choose only ONE opti-	ion)

Never Once Twice 3-4 times 5 times or more often

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40. Have any of these things happened to you?

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(Choose as many OPTIONS as apply to you in EACH category)

		Yes, in last 30 days	Yes, in last 12 months	Yes, more than 12 months ago	No
a)	A serious accident				
b)	A severe illness				
c)	A separation or divorce of your parents/carers				
d)	A serious argument with your parents/carers				
e)	Witnessed your parents/carers having a serious argument				
f)	Witnessed physical violence in your home where an adult was involved				
\mathbf{g}	Witnessed psychological violence/abuse in your home where an adult was involved				
h)	Been involved in physical violence in your home where an adult was involved				
i)	The death of a parent/carer or sibling				
j)	The death of a friend				
k)	A break up with a girlfriend/boyfriend				
l)	Been rejected by your friends				
m)	A separation from a friend				
n)	Received an exceptionally low grade				
o)	Father or mother lost a job			\square	\square
p)	Father or mother was in prison				
q)	Father or mother had/has drinking or drug problem				
r)	Been dismissed from class or sent to the principal's office				
s)	Been expelled from school				
t)	Experienced sexual abuse (victim)				
u)	Experienced sexual abuse where an adult from the family was involved				
v)	Experienced sexual abuse where an adult from outside the family was involved				

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41. Does any of the following apply to you?

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(Choose ONE option in EACH category)

		Yes	No
a)	Has somebody told you that he/she was thinking about suicide?		
b)	Has any of your friends or someone else close to you attempted suicide?		
c)	Has any of your friends or someone else close to you died by suicide?		
\mathbf{d}	Have you ever thought about completing suicide?		
e)	Have you ever seriously considered completing suicide?		
f)	Have you ever told anyone that you were thinking about completing suicide?		
g)	Have you ever made an attempt to complete suicide?		
h)	Have you made an attempt to complete suicide in the last 6 months?		

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THE NEXT QUESTIONS ARE ABOUT SUBSTANCES AND SUBSTANCE USE. TRY TO ANSWER THEM ALL

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42. How many drinks (cups/cans/bottles) do you drink of the following drinks every day? (Choose ONE option in EACH category)

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		I do not drink it	One	Two	Three	Four	Five	Six or more
			_	_				
a)	Coffee							
b)	Tea							
$\mathbf{c})$	Cola drinks (e.g., Coke, Pepsi)							
d)	Energy drinks that contain caffeine (e.g., Red Bull, Monster							
43.	Do any of the following people (Choose ONE option in EACH cat		tobacco on a	daily basis	?			
	No	Yes	Doesn't ap	oply				
a)	Father							
b)	Mother							
c)	Sibling							
d)	Best friend							
e)	Boyfriend or girlfriend							
44.	How often have you smoked ci (Choose only ONE option) Never 1-2 times 3	garettes -5 times	in your lifetin	me?	20)-39 times [40 times	s or more
45 .	How often have you smoked ci	garettes	in the last 12	months?				
	(Choose only ONE option)	-5 times	6-9 times	10-19		0-39 times [40 times	ormoro
		-5 times	0-9 times	10-19				of more
46.	How many cigarettes, on averation (Choose only ONE option)	age, have	e you smoked	in the last	30 days	;?		
	None Less than one a week	Less than one a day		6-1 a d	L	11-20 a day		re than 1 day
	+				+			
								17

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47. How often have you used electro (Choose only ONE option)	onic cigarettes (e-cigare	ettes)/vaping devi	ices in your lifeti	me?
Never 1-2 times 3-5 ti	imes 6-9 times 10)-19 times 20-39	times 40 time	s or more
48. How often have you used e-ciga (Choose only ONE option)	rettes/vaping devices,	on average, durin	g the last 30 days	2; 2;
		_		
	ss than 1-5 times carday a day			e than 20 s a day
49. How do you usually get your ov (Choose ONE option in EACH cates				
	Neve	er Rarely	Sometimes	Often
a) I buy them in a shop				
b) A family member gives them to m	ne			
c) An adult who isn't in my family g	ets them for me			
d) I take them from a family member them knowing	r without			
e) I get them from my friends or sch	oolmates			
50. Do any of the following people	become drunk at least (once each week?		
(Choose ONE option in EACH categ				
a) Father	Yes Doesn't apply			
b) Mother				
c) Sibling				
d) Best friend				
e) Boyfriend or girlfriend				
51. How many times have you dran	k the following during	the last 30 days		
(Choose ONE option in EACH categories)	• •			
	Never 1-2 3-5 times tim) times c more
a) Beer/Cider				
b) Alcopops (alcoholic soft drinks)				
c) Wine				
d) Spirits				
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52.	How often have you had a drink of (Choose ONE option in EACH categor		of any k	ind?				
		Never	1-2	3-5	6-9	10-19	20-39	40
a)	In your lifetime		times	times	times	times	times	0
b)	During the past 12 months							
Ś								
C)	During the last 30 days							
53.	This is a question about the amou	nt of alco	oholic dri	inks (e.	g., beer, v	vine, spi	rits, shots)	tha
	might drink at one time. How ofte	en have yo	ou had?					
		Never	1-2	3-5	6-9	10-19	20-39	4
2)	4 (four) or more alcoholic drinks		times	times	times	times	times	(
a)	within a two hour period or less							
b)	5 (five) or more alcoholic drinks with a two hour period or less	in 🗌						
c)	6 (six) or more alcoholic drinks within a two hour period or less	n						
54.	How often have you become drun							
	(Choose ONE option in EACH categor		1.0	0 5	6.0	10.10	00.80	4
		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	4 0
a)	In your lifetime							
b)	During the last 12 months							
c)	During the last 30 days							
55.	Do you drink alcohol in the follow	ing place	es?					
	(Choose ONE option in EACH categor	y)						
					Never	Rarely	Sometimes	8
a)	In your home							
b)	In someone else's home		a 11					
c)	Outdoors: for example in the street,	ın a park	, field, etc	•				
d)	In a pub							
e)	In a nightclub							
f)	At a party or other organised event							
g)	Before a party or other organised ev	rent						
	On a school tour or daytrip							

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56. How do you usually get the alcohol you drink?

(Choose ONE option in EACH category?)

		Never	Rarely	Sometimes	Often	Almost
						always
a)	I buy it in a pub or shop					
b)	My parent/carer gives it to me					
c)	I get it from a friend's parent					
d)	Another adult gets it for me					
e)	I take it from a shop without paying for it					
f)	I take it from a family member without them knowing					
g)	I get it from friends or schoolmates					
h)	I get it from dial a drink/delivery service					

57. How often have you used cannabis substances?

(Choose ONE option in EACH category)

	Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more
a) In your lifetime							
b) During the last 12 mont	ths						
c) During the last 30 days							

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58. How often have you used any of the following drugs?

(Choose ONE option in EACH category)

		Never	1-2 times	3-5 times	6-9 times	10-19 times	20-39 times	40 times or more
a)	Ecstasy (E's, MDMA)							
b)	Cocaine		\square		\square	\square		
c)	Laughing gas (Nitrous Oxide)							
d)	Synthetic cannabis (K2, Spice)							
e)	Magic mushrooms							
f)	LSD							
g)	Heroin							
h)	Relevin							
i)	Anabolic steroids							
j)	Speed							
k)	Party pills or powders							
l)	Benzos or tranquillisers without a doctor's prescription (e.g., Xanax, Ativan, Valium, Ambien, Mogadon, Lyrica)							
m)	Opioid drugs without a doctor's prescription (e.g., Codeine, Morphine, Methadone, Fentanyl, OxyContin)							
n)	ADHD drugs without a doctor's prescription (e.g., Ritalin, Concerta, Rubifen)							
	How do you get the drugs you use? (Choose ONE option in EACH category)			Never	Rare	ly Sc	metimes	Often
a) 1	My parent/carer gives them to me							
	I get them from a friend's parent							
c)]	I take them from a family member with	out then	n knowing	g 🗌				
d)	I get them from a friend							
e) I	I get them from a friend of a friend			\square			\square	
f) I	get them online							

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	•	.		nnabis on weekly	basis?
	(Choose ONE	option in EACH cat	egory)		
		No	Yes	Doesn't apply	
a)	Father				
b)	Mother				
c)	Sibling				
d)	Best friend				

61. How do you think your parents/carers would react if you did any of the following? (Choose ONE option in EACH category)

 \square

e) Boyfriend or girlfriend

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		Totally against it	Against it	A bit against it	They would not care
a)	Smoked cigarettes				
b)	Used e-cigarettes				
c)	Got drunk				
d)	Used cannabis				

62. To what extent do you agree or disagree with the following statements?

(Choose ONE option in EACH category)

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
a)	Sometimes you need to smoke cigarettes so you're not left out of the peer group					
b)	Sometimes you need to drink alcohol so you're not left out of the peer group					
c)	Sometimes you need to smoke cannabis so you're not left out of the peer group					
d)	Sometimes you need to skip classes so you're not left out of the peer group					
e)	Sometimes you need to vape so you're not left out of the peer group					

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63. How many of your friends do you th (Choose ONE option in EACH category)	uink do th None	e followin A few		Some	Most	Almost all
a) Smoke cigarettes						
b) Drink alcohol						
c) Become drunk at least once a month						
d) Use cannabis						
64. How often during your lifetime has (Choose ONE option in EACH category)	the follow					
		Never	Once	Twice	3-4 times	5 times or more
a) You have been threatened over a drug	g debt					
b) A member of your family has been th over a drug debt	reatened					
c) You threatened someone over a drug of	debt					

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	IE NEXT QUESTIONS ARE ABOUT OTHER Y TO ANSWER THEM ALL.	R LIFE E	XPERII	ENCES.		
65.	Please answer the following questions as they (Choose ONE option in EACH category)	apply to	you:			
		Never	Once	Twice	3-4 times	5 times or more
ι)	Have you been a victim of physical violence during the last 12 months?					
(c	Have you exerted physical violence during the last 12 months?					
c)	Have you been a victim of sexual violence during the last 12 months?					
d)	Have you exerted sexual violence during the last 12 months?					
e)	Have you been a victim of racial abuse during the last 12 months?					
)	Have you caused racial abuse in the last 12 months?					
66.	How often during last 12 months have you: (Choose ONE option in EACH category)	Never	Once	Twice	3-4 times	5 times or more
a)	Been teased by a group?					
)	Been attacked by a group?					
c)	Been in a group that was attacked by another group?					
d)	Been in a group that was racially attacked by another group?					
e)	Been a part of a group teasing anyone?					
)	Been a part of a group physically hurting anyone?					
g)	Been a part of a group starting a fight with another group?					
n)	Been part of a group racially attacking anyone?					

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67. How often during your lifetime has the following happened? (Choose ONE option in EACH category)									
	Never Once 7	Twice 3-4 times	5 times or mo	re					
a) You were bullied online by somebody									
b) You bullied someone online yourself									
68. How often during your lifetime has (Choose ONE option in EACH category)		-	ce 3-4 times	5 times or more					
a) You have been asked to send a sexual image of yourself through social mee	· · ·								
b) You sent a sexually explicit image of someone through social media	yourself to								
c) Somebody shared a sexually explicit a without your permission	image of you								
d) You asked someone to send you a sex image through social media	cually explicit								

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69. How often have you done the following in the last 12 months?

(Choose ONE option in EACH category)

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		Never	Once	Iwice	3-4 times	or more
a)	Engaged in sexual intercourse					
b)	Engaged in sexual intercourse without using a hormonal method of contraception, i.e. the pill, implant/bar, injection, etc.					
c)	Engaged in sexual intercourse without using a condom					
d)	Felt pressured to engage in sexual activity by a sexual partner or your peer group					
e)	Pressured someone else to engage in sexual activity					
f)	Felt pressured to have sexual intimacy without protection from STIs/pregnancy					
g)	Engaged in sexual activity under the influence of alcohol					
h)	Engaged in sexual activity under the influence of drugs or other substances					
i)	Viewed pornography					
j)	Used pornography as a source of information to learn about sex					
k)	Met someone in person that you met through the internet					
l)	Received information in school regarding your sexual health					
m)	Spoken to a trusted adult regarding your sexual health					
n)	Spoken to a medical professional regarding your sexual health					

70. At what age did you do any of the following for the first time?

(Choose ONE option in EACH category)

		Never	11 years or younger	12 years	13 years	14 years	15 or older
a)	Have a drink of alcohol						
b)	Get drunk						
c)	Smoke a cigarette						
d)	Smoke cigarettes daily						
e)	Use an e-cigarette/vaped						
f)	Use cannabis						
g)	Engaged in sexual intercourse						

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THE NEXT QUESTIONS ARE ABOUT COVID19 (CORONAVIRUS). TRY TO ANSWER THEM ALL.

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71. Exposure to COVID19

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(Choose ONE option in EACH category)

a) Have you ever had COVID19?b) Has anyone close to you, such as a parent/carer, grandparent,

other relative or friend, ever had COVID19?

- c) Has anyone close to you, such as a parent/carer, grandparent, other relative or friend, died from COVID19?
- **72. How have the COVID19 lockdown and restrictions affected the following areas of your life:** (Choose ONE option in EACH category)

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		A lot	A bit	No	A bit	A lot
		worse	worse	change	better	better
a)	Family relationships					
b)	Peer relationships					
c)	Physical health					
d)	Mental health					
e)	Educational experience (e.g. interaction with classmates, teachers, homework assistance)					

73. How have the COVID19 lockdown and restrictions affected the following areas of your life: (Choose ONE option in EACH category)

		A lot less	A bit less	No change	A bit more	A lot more
a)	Feeling lonely					
b)	Feeling anxious					
c)	Time spent online					
d)	Interaction with friends online					
e)	Support from teachers and school					
f)	Support from youth and community groups					
g)	Alcohol consumption					
h)	Other drug use					

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Yes

No

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Please put the questionnaire in the envelope, seal it up and leave it on your desk for collection.

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All the questionnaires will be destroyed after processing.

Thank you very much for your participation

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