# Planet Youth 2020 

A survey of the lives and living conditions of young people

- Confidential -

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## To students

## This is an anonymous and confidential survey.

It will be impossible to trace your answers to you. No one you know, not your teachers, parents, carers or friends, can ever access your personal responses. Make sure that you do not write your name or any personal identification details on the questionnaire or on the envelope provided with it.

When you have finished answering all the questions, put the questionnaire in the envelope, seal it completely, and leave it on your desk. The envelopes will be collected when everyone has finished. If you have any questions to ask about the survey, close your questionnaire and raise your hand. An assistant will come to your desk with a blank version of the questionnaire to assist you and that way they won't see your answers.

This questionnaire itself covers a lot of topics, and seeks your opinion on a lot of issues, some very personal. You have probably never participated in a survey like this, but we still hope you can respond to all the questions as carefully and honestly as possible, because your responses are very important. It is also important that you answer in a way that best fits your opinion or your circumstances.

## There are no right or wrong answers, the important thing is that your opinions are made known.

The information that you provide in the survey will be used to inform policy decisions, improve services and provide opportunities for families and for young people in our communities.

## Filling in the survey:

Please use a black or a blue pen.
Most of the questions have several options to choose from, but you only need to pick one of them.

Fill in each answer with a clear X in the appropriate box, like this: If you want to change your answer then completely shade in the box: Put a new X in the box you want to change your answer to:


If you feel that none of the options you can choose from accurately describes your opinion or suits your view, try to pick the option that you think is closest to the truth.

## BEFORE YOU BEGIN, PLEASE READ THE INSTRUCTIONS ON PAGE 2

Answer each question by marking X in the respective box, like this:

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1. How would you describe your gender? (Choose only ONE option)
$\square$ Male $\quad \square$ Female $\quad \square$ Non-Binary $\quad \square$ Prefer not to say
2. What year where you born? (Choose only ONE option)
$\square$ Before $2004 \quad \square 2004 \quad \square 2005 \quad \square 2006 \quad \square 2007$ or later
3. What school year are you in now? (Choose only ONE option)

4. What is your ethnic/cultural background? (Choose only ONE option)

White
$\square$ Irish
$\square$ Irish travellerAny other white background
Asian or Asian IrishAsian Irish
ChineseAny other Asian background
Black or Black Irish


Black Irish
African


Any other black background

Other
5. Where were you born? (Choose ONE option)In IrelandIn another country
6. I live with... (Choose only ONE option, the one that suits best)
$\square$ I live with both my parents
$\square$ Mother but not fatherFather but not motherMother and her partnerFather and his partnerGrandparent(s) and mother/fatherOnly grandparent(s) and not mother/fatherI live in a different arrangement (foster family, carer, other relatives, etc.)I am an exchange student and live with a host family
7. What is the highest level of education your mother/carer completed?
(Choose only ONE option, the one that suits best)Postgraduate Degree (Masters or Doctorate)Degree from UniversityDiploma from a technical instituteCompleted Leaving CertificateCompleted Junior CertificateCompleted Primary School or lessI don't know / doesn't apply
8. What is the highest level of education your father/carer completed?
(Choose only ONE option, the one that suits best)Postgraduate Degree (Masters or Doctorate)Degree from UniversityDiploma from a technical instituteCompleted Leaving CertificateCompleted Junior CertificateCompleted Primary School or lessI don't know / doesn't apply
9. What is the main occupation of your mother/carer?
(Choose only ONE option, the one that suits best)Works at home (stay-at-home parent, takes care of the household)Works part-timeWorks full-timeUnemployed
$\square$ Not working due to disabilityStudying
$\square$ Studying and also workingI don't know / doesn't apply

## 10. What is the main occupation of your father/carer?

(Choose only ONE option, the one that suits best)Works at home (stay-at-home parent, takes care of the household)Works part-timeWorks full-timeUnemployedNot working due to disabilityStudyingStudying and also workingI don't know / doesn't apply
11. What languages are spoken in your home? (Choose only ONE option)EnglishIrishEnglish and IrishEnglish and a different languageOnly a different language

THE NEXT QUESTIONS ARE ABOUT SCHOOL AND HOME LIFE. TRY TO ANSWER THEM ALL

## 12. How well do the following statements apply to you?

(Choose only ONE option in EACH category)

| Almost always | Often | Sometimes | Rarely | Almost never |
| :---: | :---: | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

13. To what extent do you agree or disagree with the following statements? (Choose ONE option in EACH category)

|  | Strongly |
| :--- | :--- | :--- | :--- | :--- | :--- |
| disagree |  |

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14. How many whole days were you absent from school during the last 30 days?
(Choose ONE option in EACH category)
a) Because of COVID 19
b) Because of another illness
c) Because you skipped school

| None | 1 day | 2 days | 3 days | 4 days | 5 days | 6 days | 7+ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

15. During the last 7 days, how often did you do any of the following?
(Choose ONE option in EACH category)
a) Stayed at home for a whole evening
b) Was outside after ten o'clock in the evening
c) Was outside after midnight

16. Sports and physical activity. How many times a week do you? (Choose ONE option in EACH category)
a) Participate in sports and physical training in school, apart from P.E.
b) Engage in sports outside school with a club or team
c) Exercise or practice sports, outside school and not with a club or team

| Never | Once | Twice | 3 times | 4 times | 5 times | 6 times | Every |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | a week | a week | a week | a week | a week | a week | day |

Exert yourself physically so you exhaust yourself or sweat

17. In the past week, on how many days have you done a total of $\mathbf{6 0} \mathbf{~ m i n}$ or more of physical activity, which was enough to raise your breathing rate? (Choose only ONE option) This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places.
$\square$ Never $\square$ Once $\square$ Twice $\square 3$ times $\square 4$ times $\square 5$ times $\square 6$ times $\square$ Every day
18. How would you rate your physical health?
(Choose only ONE option)Very good $\square$ Good $\square$ Okay $\square$ Bad $\square$ Very bad
19. How many times a week do you participate in any of the following activities that are supervised by adults outside school? (Choose one option in EACH category)

|  |  | Never or almost never | Less than once a week | Once <br> a week | 2 times a week | 3 times a week | 4 times a week | 5 times a week | 6 times a week or more |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a) | Music, art, drama or dance | $\square$ | $\square$ |  |  |  |  |  | $\square$ |
| b) | Volunteering in the community |  |  | $\square$ |  | $\square$ | $\square$ | $\square$ | $\square$ |
| c) | Other after school clubs (e.g. scouts, youth clubs, religious groups) | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

20. How much time on average do you spend each day on the following activities? (Choose ONE option in EACH category)

a) Watching television
b) Watching shows, movies or videos on your phone or computer
c) Playing video games
d) On social media (e.g., Snapchat, Instagram, TikTok)
e) Using the internet for other than social media or video games (e.g., reading, schoolwork)
21. How often do you do the following? (Choose ONE option in EACH category)

| Never or | Less than once | $1-3$ times | $1-3$ times | 4 times a <br> almost never <br> a month |
| :---: | :---: | :---: | :--- | :---: |
| a month | a week | week or more |  |  |



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22. To what extent do you agree or disagree with the following statements? (Choose ONE option in EACH category)

|  |  | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a) | There is a lot to do in my neighbourhood/ community | $\square$ | $\square$ | $\square$ $\square$ | $\square$ |  |
| b) | There is a lot to do in my community but I cannot access activities due to no transport |  | $\square$ | $\square$ | $\square$ |  |
| c) | I cannot access activities because my parents/carers can't afford them | $\square$ | $\square$ | $\square$ | $\square$ |  |
| d) | I live in a rural location and rely on parents/carers for transport |  | $\square$ | $\square$ | $\square$ |  |
| e) | I am a newcomer to the area and I'm not sure what's available |  | $\square$ |  |  |  |
| f) | There is no public transport near me |  |  |  |  |  |
| g) | There is no public transport at the weekends to suit my needs | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

23. To what extent do you agree or disagree with the following statements?
(Choose ONE option in EACH category)

|  |  | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | It is good to live in my neighbourhood/ community |  | $\square$ | $\square$ | $\square$ | $\square$ |
| b) | In the future I would like to continue to live in my community | $\square$ | $\square$ | $\square$ | $\square$ |  |
|  | In the future I would like to move to another place in my country |  | $\square$ | $\square$ | $\square$ | $\square$ |
|  | In the future I would like to move abroad | $\square$ | $\square$ | $\square$ | $\square$ |  |

24. To what extent do the following statements apply to you? "I feel safe..."
(Choose ONE option in EACH category)


## 25. How do the following statements apply to you?

(Choose ONE option in EACH category)
a) My parents/carers think it is important that I do well with my schoolwork
b) My parents/carers set definite rules about what I can do at home
c) My parents/carers set definite rules about what I can do outside the home
d) My parents/carers set definite rules about when I should be home in the evening
e) My parents/carers know who I am with in the evenings
f) My parents/carers know where I am in the evenings
g) My parents/carers know my friends
h) My parents/carers know the parents of my friends

| Very well | Well | Poorly | Very poorly |
| :---: | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |

26. How does the following apply to you?
(Choose ONE option in EACH category)
a) I spend time with my parents/carers during the week
b) I spend time with my parents/carers at the weekends
c) My parents/carers know where I am on Saturday evenings

| Almost <br> never | Rarely | Sometimes | Often | Almost <br> always |
| :---: | :---: | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
|  | $\square$ | $\square$ | $\square$ | $\square$ |

27. How easy or hard would it be for you to receive the following from your parents/carers? (Choose ONE option in EACH category)

|  | Very hard | Hard | Easy | Very easy |  |
| :--- | :--- | :---: | ---: | ---: | ---: |
| a) | Caring and warmth | $\square$ | $\square$ | $\square$ | $\square$ |
| b) Advice about personal matters | $\square$ | $\square$ | $\square$ | $\square$ |  |
| c) Advice about schoolwork | $\square$ | $\square$ | $\square$ | $\square$ |  |

28. How easy or hard would it be for you to receive the following from your friends? (Choose ONE option in EACH category)
a) Caring and warmth
b) Advice about personal matters
c) Advice about schoolwork

29. How well off financially do you think your family is in comparison to other families?
(Choose only ONE option)

30. To what extent do the following apply to your situation?
(Choose ONE option in EACH category)
Almost Rarely Sometimes Often

never $\quad$| Almost |
| :---: |
| always |

a) My parents/carers can't afford to have a car
b) My parents/carers hardly have enough money to pay for necessities (e.g., food, housing, bills)

31. How many hours do you sleep on average every night?
(Choose only ONE option).
$\square$ More than 9 hours


About $\square$ About 9 hours $\quad 8$ hours 7 hours
About 6 hours

Less than 6 hours
32. How would you rate your mental health?
(Choose only ONE option)
$\square$ Very good
$\square$ Good $\square$ OkayBad
33. How do the following statements apply to you?
(Choose ONE option in EACH category)
a) When It think about how I will look in the future, I am pleased
b) I think that I am ugly and unattractive
c) I am happy with my body
d) I am happy with the physical changes that have taken place in my body during the past few years
e) I feel physically strong and healthy
f) I am content with my life
g) I am happy

| Very well | Well | Poorly | Not at all |
| :---: | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |

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34. How do the following statements apply to you?
(Choose ONE option in EACH category)
a) I feel that I am worth at least as much as everyone else
b) I feel that $I$ have a number of good qualities
c) I am inclined to feel that I am a failure
d) I am able to do things as well as most other people
e) I feel I do not have much to be proud of
f) I take a positive attitude towards myself
g) On the whole I am satisfied with myself
h) I wish I had more respect for myself
i) At times I think I am no good at all
j) I feel useless at times

| Very well | Well | Poorly | Very poorly |
| :---: | :---: | :---: | :---: |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |

## 35. How well do the following describe your mood in the last week?

(Choose ONE option in EACH category)

|  | Almost never | Rarely | Sometimes | Often |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| a) I was easily annoyed or irritated | $\square$ | $\square$ | $\square$ | $\square$ |  |
| b) I experienced outbursts of anger that I could not control | $\square$ | $\square$ | $\square$ | $\square$ |  |
| c) I wanted to break or damage things | $\square$ | $\square$ | $\square$ | $\square$ |  |
| d) I had a row with someone | $\square$ | $\square$ | $\square$ |  |  |
| e) I yelled at somebody or threw things | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

## 36. How do the following statements apply to you?

(Please choose what best describes your experience of each over the last 2 weeks)

|  |  | None of the time | Rarely | Some of the time | Often | All the time |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a) | I've been feeling optimistic about the future | $\square$ | $\square$ | $\square$ | $\square$ |  |
| b) | I've been feeling useful | $\square$ | $\square$ | $\square$ | $\square$ |  |
| c) | I've been feeling relaxed |  | $\square$ | $\square$ |  |  |
| d) | I've been dealing well with problems |  |  |  |  |  |
| e) | I've been thinking clearly |  | $\square$ | $\square$ |  |  |
| f) | I've been feeling close to other people |  | $\square$ | $\square$ |  | $\square$ |
| g) | I've been able to make up my mind about things | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
|  | $+$ |  |  |  |  |  |

37. How often did you feel any of the following mental or physical discomforts in the last week? (Choose ONE option in EACH category)

|  |  | Almost never | Rarely | Sometimes | Often |
| :---: | :---: | :---: | :---: | :---: | :---: |
| a) | I felt anxious | $\square$ | $\square$ | $\square$ | $\square$ |
| b) | I felt sudden fear for no apparent reason | $\square$ | $\square$ | $\square$ | $\square$ |
| c) | I felt tense | $\square$ | $\square$ | $\square$ | $\square$ |
| d) | I had little appetite | $\square$ | $\square$ | $\square$ |  |
| e) | I felt lonely | - | $\square$ | $\square$ |  |
| f) | I cried easily or wanted to cry | $\square$ | $\square$ | $\square$ | $\square$ |
| g) | I had sleeping problems | $\square$ |  | $\square$ |  |
| h) | I felt sad or blue |  |  | $\square$ | $\square$ |
| i) | I was not excited about doing anything. | $\square$ |  | $\square$ |  |
| j) | I was tired or had little energy | $\square$ | $\square$ | $\square$ | $\square$ |
| k) | I thought the future seemed hopeless | $\square$ | $\square$ | $\square$ | $\square$ |
| l) | I thought of completing suicide | $\square$ | $\square$ | $\square$ | $\square$ |

38. During your lifetime have you thought about harming yourself on purpose?
(e.g., scratching, burning, preventing wounds from healing, punching) (Choose only ONE option) $\square$ Never $\quad$ Once $\square$ Twice $\quad \square$ 3-4 times $\quad \square 5$ times or more often

## 39. During your lifetime have you harmed yourself on purpose?

(e.g., scratching, burning, preventing wounds from healing, punching) (Choose only ONE option)NeverOnceTwice3-4 times $\square$ 5 times or more often

## 40. Have any of these things happened to you?

(Choose as many OPTIONS as apply to you in EACH category)


## 41. Does any of the following apply to you?

(Choose ONE option in EACH category)
a) Has somebody told you that he/she was thinking about suicide?
b) Has any of your friends or someone else close to you attempted suicide?
c) Has any of your friends or someone else close to you died by suicide?
d) Have you ever thought about completing suicide?
e) Have you ever seriously considered completing suicide?
f) Have you ever told anyone that you were thinking about completing suicide?
g) Have you ever made an attempt to complete suicide?
h) Have you made an attempt to complete suicide in the last 6 months?

THE NEXT QUESTIONS ARE ABOUT SUBSTANCES AND SUBSTANCE USE. TRY TO ANSWER THEM ALL
42. How many drinks (cups/cans/bottles) do you drink of the following drinks every day?
(Choose ONE option in EACH category)

|  | I do not <br> drink it | One | Two | Three | Four | Five |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Six or <br> more |  |  |  |  |  |  |  |  |
| a) Coffee |  |  |  |  |  |  |  |  |
| b) | Tea |  |  |  |  |  |  |  |
| c) | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |  |
| d)Energy drinks (e.g., Coke, Pepsi) <br> caffeine (e.g., Red Bull, Monster) | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

43. Do any of the following people smoke tobacco on daily basis?
(Choose ONE option in EACH category)
a) Father
b) Mother
c) Sibling
d) Best friend
e) Boyfriend or girlfriend

44. How often have you smoked cigarettes in your lifetime?
(Choose only ONE option)
Never $\square$ 1-2 times $\square$ 3-5 times $\square$ 6-9 times $\square$ 10-19 $\square$ 20-39 times $\square$ 40 times or more
45. How often have you smoked cigarettes in the last 12 months?
(Choose only ONE option)
$\square$ Never $\quad \square 1$-2 times $\quad \square$ 3-5 times $\quad \square 6$-9 times $\quad \square$ 10-19 $\quad \square$ 20-39 times $\square 40$ times or more
46. How many cigarettes, on average, have you smoked in the last $\mathbf{3 0}$ days?
(Choose only ONE option)None $\square$ Less thanLess than
$\square$
1-5 $\square$ $6-10$
a day11-20
$\square \begin{aligned} & \text { More than } \\ & 20 \text { a day }\end{aligned}$
47. How often have you used electronic cigarettes (e-cigarettes)/vaping devices in your lifetime? (Choose only ONE option) $\square$ Never $\square$ 1-2 times $\square$ 3-5 times $\square$ 6-9 times $\square 10-19$ times $\square$ 20-39 times $\square 40$ times or more
48. How often have you used e-cigarettes/vaping devices, on average, during the last $\mathbf{3 0}$ days? (Choose only ONE option)

49. How do you usually get your own cigarettes?
(Choose ONE option in EACH category?)

50. Do any of the following people become drunk at least once each week?
(Choose ONE option in EACH category)
a) Father
b) Mother
c) Sibling
d) Best friend
e) Boyfriend or girlfriend


## 51. How many times have you drank the following during the last $\mathbf{3 0}$ days

(Choose ONE option in EACH category)

|  | Never | $1-2$ <br> times | $3-5$ <br> times | $6-9$ <br> times | $10-19$ <br> times | $20-39$ <br> times | 40 times <br> or more |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| a) | Beer/Cider | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b) | Alcopops (alcoholic soft drinks) | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| c) | Wine | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| d) | Spirits | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

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52. How often have you had a drink of alcohol of any kind?
(Choose ONE option in EACH category)
a) In your lifetime
b) During the past 12 months
c) During the last 30 days

| Never | $1-2$ <br> times | $3-5$ <br> times | $6-9$ <br> times | $10-19$ <br> times | 20-39 <br> times | 40 times <br> or more |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

53. This is a question about the amount of alcoholic drinks (e.g., beer, wine, spirits, shots) that you might drink at one time. How often have you had?

54. How often have you become drunk?
(Choose ONE option in EACH category)

55. Do you drink alcohol in the following places?
(Choose ONE option in EACH category)
a) In your home
b) In someone else's home
c) Outdoors: for example in the street, in a park, field, etc.
d) In a pub
e) In a nightclub
f) At a party or other organised event
g) Before a party or other organised event
h) On a school tour or daytrip
56. How do you usually get the alcohol you drink?
(Choose ONE option in EACH category?)
a) I buy it in a pub or shop
b) My parent/carer gives it to me
c) I get it from a friend's parent
d) Another adult gets it for me
e) I take it from a shop without paying for it
f) I take it from a family member without them knowing
g) I get it from friends or schoolmates
h) I get it from dial a drink/delivery service

## 57. How often have you used cannabis substances?

(Choose ONE option in EACH category)
Never 1-2 times 3-5 times 6-9 times 10-19 times 20-39 times 40 times or more
a) In your lifetime
b) During the last 12 months $\square$

58. How often have you used any of the following drugs?
(Choose ONE option in EACH category)
$\left.\begin{array}{lllllllll}40 & \text { Never } & \begin{array}{l}1-2 \\ \text { times }\end{array} & \begin{array}{l}3-5 \\ \text { times }\end{array} & \begin{array}{l}6-9 \\ \text { times }\end{array} & \begin{array}{l}10-19 \\ \text { times }\end{array} & \begin{array}{l}20-39 \\ \text { times }\end{array} \\ \text { or more }\end{array}\right)$
59. How do you get the drugs you use?
(Choose ONE option in EACH category)

60. Do any of the following people use cannabis on weekly basis?
(Choose ONE option in EACH category)
a) Father
b) Mother
c) Sibling
d) Best friend
e) Boyfriend or girlfriend

61. How do you think your parents/carers would react if you did any of the following?
(Choose ONE option in EACH category)
Totally against it Against it A bit against it They would not care
a) Smoked cigarettes
b) Used e-cigarettes
c) Got drunk
d) Used cannabis

62. To what extent do you agree or disagree with the following statements?
(Choose ONE option in EACH category)
a) Sometimes you need to smoke cigarettes so you're not left out of the peer group
b) Sometimes you need to drink alcohol so you're not left out of the peer group
c) Sometimes you need to smoke cannabis so you're not left out of the peer group
d) Sometimes you need to skip classes so you're not left out of the peer group
Strongly Agree
agree


Neither agre
Disagree Strongly nor disagree disagree
) Sometimes you need to vape so you're not left out of the peer group
63. How many of your friends do you think do the following?
(Choose ONE option in EACH category)

| None | A few | Some | Most | Almost all |  |
| :--- | :--- | :--- | :--- | :--- | ---: |
| a) Smoke cigarettes | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b) Drink alcohol | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| c) Become drunk at least once a month | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| d) Use cannabis | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

64. How often during your lifetime has the following happened?
(Choose ONE option in EACH category)
a) You have been threatened over a drug debt


THE NEXT QUESTIONS ARE ABOUT OTHER LIFE EXPERIENCES.

## 65. Please answer the following questions as they apply to you:

(Choose ONE option in EACH category)
a) Have you been a victim of physical violence during the last 12 months?
b) Have you exerted physical violence during the last 12 months?
c) Have you been a victim of sexual violence during the last 12 months?
d) Have you exerted sexual violence during the last 12 months?
e) Have you been a victim of racial abuse during the last 12 months?
f) Have you caused racial abuse in the last 12 months?


Twice
3-4 times 5 times or more



5 times or more


## 66. How often during last 12 months have you:

(Choose ONE option in EACH category)
a) Been teased by a group?
b) Been attacked by a group?
c) Been in a group that was attacked by another group?
d) Been in a group that was racially attacked by another group?
e) Been a part of a group teasing anyone?
f) Been a part of a group physically hurting anyone?
g) Been a part of a group starting a fight with another group?
h) Been part of a group racially attacking anyone?



$+$
67. How often during your lifetime has the following happened?
(Choose ONE option in EACH category)

|  | Never | Once | Twice | $3-4$ times | 5 times or more |
| :--- | :---: | :---: | :---: | :---: | :---: |
| a) You were bullied online by somebody | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

68. How often during your lifetime has the following happened?
(Choose ONE option in EACH category)
a) You have been asked to send a sexually explicit image of yourself through social media
b) You sent a sexually explicit image of yourself to someone through social media

Never Once Twice 3-4 times 5 times or more
c) Somebody shared a sexually explicit image of you without your permission
d) You asked someone to send you a sexually explicit image through social media
69. How often have you done the following in the last 12 months?
(Choose ONE option in EACH category)
a) Engaged in sexual intercourse
b) Engaged in sexual intercourse without using a hormonal method of contraception, i.e. the pill, implant/bar, injection, etc.
c) Engaged in sexual intercourse without using a condom
d) Felt pressured to engage in sexual activity by a sexual partner or your peer group
e) Pressured someone else to engage in sexual activity
f) Felt pressured to have sexual intimacy without protection from STIs/pregnancy
g) Engaged in sexual activity under the influence of alcohol
h) Engaged in sexual activity under the influence of drugs or other substances
i) Viewed pornography
j) Used pornography as a source of information to learn about sex
k) Met someone in person that you met through the internet

1) Received information in school regarding your sexual health
m) Spoken to a trusted adult regarding your sexual health
n) Spoken to a medical professional regarding your sexual health

Never Once Twice \begin{tabular}{cc}
$3-4$ \& 5 times <br>

times \& | or more |
| :--- |

\end{tabular}

THE NEXT QUESTIONS ARE ABOUT COVID19 (CORONAVIRUS). TRY TO ANSWER THEM ALL.

## 71. Exposure to COVID 19

(Choose ONE option in EACH category)
a) Have you ever had COVID 19?

c) Has anyone close to you, such as a parent/carer, grandparent, other relative or friend, died from COVID 19?
72. How have the COVID 19 lockdown and restrictions affected the following areas of your life:
(Choose ONE option in EACH category)
a) Family relationships
b) Peer relationships
c) Physical health
d) Mental health
e) Educational experience

| A lot <br> worse | A bit <br> worse | No <br> change | A bit <br> better | A lot <br> better |
| :--- | :--- | :--- | :--- | :--- |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| $\square$ | $\square$ | $\square$ | $\square$ |  | (e.g. interaction with classmates, teachers, homework assistance)

73. How have the COVID 19 lockdown and restrictions affected the following areas of your life:
(Choose ONE option in EACH category)
a) Feeling lonely
b) Feeling anxious
c) Time spent online
d) Interaction with friends online
e) Support from teachers and school
f) Support from youth and community groups
g) Alcohol consumption
h) Other drug use


Please put the questionnaire in the envelope, seal it up and leave it on your desk for collection.

All the questionnaires will be destroyed after processing.

Thank you very much for your participation
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