APPENDIX D

- Household Record Sheet
- Weekday diary
- Weekend diary

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Resp Number of person who owns/rents accommodation _____



The Economic and Social Research Institute

4 Burlington Road Dublin 4 Tel 6671525

Area Code	Household Code	Respondent Code	
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NATIONAL TIME-USE SURVEY, 2005

CONFIDENTIAL

The Economic and Social Research Institute has been commissioned by the NDP Gender Equality Unit to carry out a survey of time-use in Ireland, with the active participation of the Central Statistics Office in an advisory role. The purpose of the survey is to identify how adults in Ireland spend their time in the course of the day.

Your household was selected at random for inclusion in this survey from the electoral register.

There are two 'time-use' diaries – one for a weekday and one for a weekend day. This diary is for a weekday, and it would be of great assistance to us if all adults in the household could complete it. We would like you to fill this diary out at various points on the day in question so that the information will be current and as accurate as possible. The day and date for which we would like you to complete this diary is written below.

At the end of the diary there are a number of questions about the diary day.

All of the information provided will be treated in the strictest confidence and will not be revealed to anyone or in any way, which could be associated with your name or address.

WEEKDAY DIARY

Day on which we would like this diary to	be completed:
DAY	DATE
Respondent	

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A. ACTIVITY GROUP	Activity Code		4.00				5.00 a			
			15	5 30	45		15	30	45	,
PERSONAL CARE	1	SLEEPING								
/RESTING	2	RESTING/RELAXING doing nothing, 'time out'								
	3	PERSONAL CARE washing, dressing, toilet								
	4	EATING/DRINKING/HAVING A MEAL								
TRAVEL	5	TRAVEL including travel to and from work as well as leisure and domestic travel								
PAID EMPLOYMENT	6	PAID EMPLOYMENT include paid and unpaid overtime, work from home, self-employment and farm work. Exclude lunch and other breaks.								
OR STUDY	7	STUDY, EDUCATION include courses, night classes, studying at home. Exclude lunch and other breaks.								
	8	BREAKS FROM WORK OR STUDY include tea/coffee, smoking and lunch breaks.								
HOUSEWORK AND OTHER	9	COOKING & preparing food (including making lunches), washing-up								
HOUSEHOLD TASKS	10	CLEANING the house, doing the laundry, ironing, hoovering, tidying up								
	11	HOUSE REPAIRS & maintenance, DIY, gardening								
SHOPPING AND APPOINTMENTS	12	SHOPPING, MESSAGES/ERRANDS & APPOINTMENTS shopping for food or leisure, services e.g. hairdressers, visiting doctor, paying bills								
CARING FOR OTHERS	13	CHILDCARE looking after children, physical care, supervision								
	14	PLAYING AND TALKING WITH CHILDREN include reading, games, helping with homework, accompanying children to activities								
	15	CARING FOR ADULTS with special needs or elderly persons, either in your home or elsewhere (e.g. help with personal care)								
VOLUNTARY AND RELIGIOUS	16	VOLUNTARY ACTIVITY for a charitable organisation, sports club or other organisation, include meetings & informal helping outside the home								
ACTIVITY	17	RELIGIOUS ACTIVITY Attending religious services, prayer								
SOCIALISING AND GOING	18	SPENDING TIME/CHATTING WITH FAMILY, FRIENDS, NEIGHBOURS including spouse								
OUT	19	PHONING/TEXTING FAMILY, FRIENDS, NEIGHBOURS include writing a letter								
	20	EATING OUT/GOING TO THE PUB include going to cafes, bars, restaurants, nightclubs				-				
	21	GOING OUT to concerts, theatre, cinema, galleries, sporting events, bookies, bingo								
SPORTS & LEISURE	22	PLAYING SPORTS, EXERCISE AND OUTDOOR ACTIVITY including playing football, walking the dog, going to the park								
	23	COMPUTER/INTERNET FOR PERSONAL USE e.g. play station, x-box, surfing the net, email, using computer for leisure, shopping								
	24	HOBBIES AND OTHER LEISURE ACTIVITIES e.g. playing musical instruments, playing cards, other games								
TV, RADIO, READING	25	WATCHING TV and videos/DVDs								
	26	READING a book, magazine or newspaper or LISTENING to radio or music								
B. WHO WERE		No-one/I was alone								
YOU WITH?		Spouse/partner								
Tick all that apply.		Own children under 18	 		+	1				
		Other person or people I know								
C. WHERE WERE YOU?		At home								
,, EKE 100.		Away from home	<u> </u>							

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SPORTS & LEISURE 22 PLAYING SPORTS, EXERCISE AND OUTDOOR ACTIVITY including playing football, walking the dog, going to the park 23 COMPUTER/INTERNET FOR PERSONAL USE e.g. play station, x-box, surfing the net, email, using computer for leisure, shopping 24 HOBBIES AND OTHER LEISURE ACTIVITIES e.g. playing musical instruments, playing cards, other games TV, RADIO, READING 25 WATCHING TV and videos/DVDs 26 READING a book, magazine or newspaper or LISTENING to radio or music B. WHO WERE YOU WITH? Spouse/partner Own children under 18 Other person or people I know C. WHERE VOUNTER At home		20									
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e.g. playing musical instruments, playing cards, other games		23									_
26 READING a book, magazine or newspaper or LISTENING to radio or music		24									
LISTENING to radio or music		25									
YOU WITH? Spouse/partner Image: Control of the person of people I know Image: Control of the people I know <td></td> <td>26</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>		26									
YOU WITH? Spouse/partner Image: Control of the person of people I know Image: Control of the people I know <td>R WHO WEDE</td> <td></td> <td>No-one/I was alone</td> <td>l</td> <td> </td> <td></td> <td></td> <td></td> <td>1</td> <td></td> <td></td>	R WHO WEDE		No-one/I was alone	l					1		
Tick all that apply. Own children under 18 Other person or people I know C. WHERE At home											
Other person or people I know C. WHERE At home	Tick all that apply.										
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	WERE 100.		Away from home								

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Activity Code		8.00						
√ ∪			рш 5 3() 4		.00 p	m 30	45
1	SLEEPING	1	3 30	, 4	3	15	30	45
2	RESTING/RELAXING doing nothing, 'time out'							
4	EATING/DRINKING/HAVING A MEAL							
5	TRAVEL including travel to and from work as well as leisure and domestic travel							
6	PAID EMPLOYMENT include paid and unpaid overtime, work from home, self-employment and farm work. Exclude lunch and other breaks.							
7	STUDY, EDUCATION include courses, night classes, studying at home. Exclude lunch and other breaks.							
8	BREAKS FROM WORK OR STUDY include tea/coffee, smoking and lunch breaks.							
9	COOKING & preparing food (including making lunches), washing-up							
10	CLEANING the house, doing the laundry, ironing, hoovering, tidying up							
11	HOUSE REPAIRS & maintenance, DIY, gardening							
12	SHOPPING, MESSAGES/ERRANDS & APPOINTMENTS shopping for food or leisure, services e.g. hairdressers, visiting doctor, paying bills							
13	CHILDCARE looking after children, physical care, supervision							
14	PLAYING AND TALKING WITH CHILDREN include reading, games, helping with homework, accompanying children to activities							
15	CARING FOR ADULTS with special needs or elderly persons,							
16	VOLUNTARY ACTIVITY for a charitable organisation, sports club or							
17	RELIGIOUS ACTIVITY Attending religious services, prayer							
18	SPENDING TIME/CHATTING WITH FAMILY, FRIENDS, NEIGHBOURS including spouse							
19	PHONING/TEXTING FAMILY, FRIENDS, NEIGHBOURS include writing a letter							
20	EATING OUT/GOING TO THE PUB include going to cafes, bars, restaurants, nightclubs							
21	GOING OUT to concerts, theatre, cinema, galleries,							
22	PLAYING SPORTS, EXERCISE AND OUTDOOR ACTIVITY							
23	COMPUTER/INTERNET FOR PERSONAL USE e.g. play station,							
24	HOBBIES AND OTHER LEISURE ACTIVITIES							
25	WATCHING TV and videos/DVDs				\dashv			
26	READING a book, magazine or newspaper or LISTENING to radio or music							
	No-one/I was alone							$\overline{}$
	Spouse/partner							-
	Own children under 18							
	Other person or people I know							
	At home					1		
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	3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	PERSONAL CARE washing, dressing, toilet 4 EATING/DRINKING/HAVING A MEAL 5 TRAVEL including travel to and from work as well as leisure and domestic travel 6 PAID EMPLOYMENT include paid and unpaid overtime, work from home, self-employment and farm work. Exclude lunch and other breaks. 7 STUDY, EDUCATION include courses, night classes, studying at home. 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	EVENING / NIGHT 00 pm													NIGI	IT / 1	EAR	LY	MOR	RNIN	IG				
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	Yes	No	2
B)	In what way was it	unusual?	
()	Did you feel rushed	or stressed during the o	diary day?
	felt rushed of the day \square_1	Yes, felt rushed some of the day \square_2	Did not feel rushed
))	When did you fill in	n the diary? Please tick (() one box.
	and then g the diary day \square_1	At the end of the diary day \square_2	The day after the diary day \square_3 Later
			E) Aboutdays after
('	Did you travel to w	ork on the "diary day"?	
	Yes	No \square_2	
;)	How did you travel	from home to work tha	t day? Tick $()$ all that apply.
,	Walk	_	By Luas
	By Bicycle	 :	By Dart
		 -	
	Motorbike	3	By Train
		<u>=</u> -	By Train
	Motorbike	4 	Other (specify)
H)	Motorbike By Car By Bus In the course of tha		Other (specify)
I)	Motorbike	\Box_4	Other (specify) \square_9 Du also: Yes No on (e.g. children to school) \square_1 \square_2
I)	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor	t journey to work did your off to another destination art to do any shopping, atte	Other (specify) \square_9 Du also: Yes No on (e.g. children to school) \square_1 \square_2
I)	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor	\Box_4	Other (specify) \square_9 Du also: Yes No on (e.g. children to school) \square_1 \square_2
I) 	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor	t journey to work did your off to another destination art to do any shopping, atte	Other (specify) \square_9 Ou also: Yes No on (e.g. children to school) \square_1 \square_2 end any other \square_1 \square_2
	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor	at journey to work did your to do any shopping, attents (e.g. doctor etc.)	Other (specify)
	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor appointment Did you encounter Yes	t journey to work did your to do any shopping, attemts (e.g. doctor etc.)	Other (specify) \square_9 ou also: Yes No on (e.g. children to school) \square_1 \square_2 end any other \square_1 \square_2 the diary? $\dots\square_2$
)	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor appointment Did you encounter Yes	at journey to work did your to do any shopping, attempts (e.g. doctor etc.) any problems filling out	Other (specify) \square_9 ou also: Yes No on (e.g. children to school) \square_1 \square_2 end any other \square_1 \square_2 the diary? $\dots\square_2$
)	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor appointment Did you encounter Yes Please describe the	at journey to work did your to do any shopping, attents (e.g. doctor etc.) any problems filling out No	Other (specify)
)	Motorbike By Car By Bus In the course of that (i) drop anyon (ii) take a detor appointment Did you encounter Yes Please describe the	at journey to work did your to do any shopping, attents (e.g. doctor etc.) any problems filling out No	Other (specify) \square_9 ou also: Yes No on (e.g. children to school) \square_1 \square_2 end any other \square_1 \square_2 the diary? $\dots\square_2$

Thank you for your help and assistance in completing this questionnaire



The Economic and Social Research Institute

4 Burlington Road Dublin 4 Tel 6671525

Area Code	Household Code	Respondent Code	

NATIONAL TIME-USE SURVEY, 2005

CONFIDENTIAL

The Economic and Social Research Institute has been commissioned by the NDP Gender Equality Unit to carry out a survey of time-use in Ireland, with the active participation of the Central Statistics Office in an advisory role. The purpose of the survey is to identify how adults in Ireland spend their time in the course of the day.

Your household was selected at random for inclusion in this survey from the electoral register.

There are two 'time-use' diaries – one for a weekday and one for a weekend day. This diary is for a weekend day, and it would be of great assistance to us if all adults in the household could complete it. We would like you to fill this diary out at various points on the day in question so that the information will be current and as accurate as possible. The day and date for which we would like you to complete this diary is written below.

At the end of the diary there are a number of questions about the diary day and also some on background information, which will allow us to examine how different people spend their time.

All of the information provided will be treated in the strictest confidence and will not be revealed to anyone or in any way, which could be associated with your name or address.

WEEKEND DIARY

Day on which we would like this diary to	be completed:
DAY	DATE
Respondent	

	ţ				EA	RL	LY MORNING					
A. ACTIVITY GROUP	Activity Code		4.00				5.00 a					
			15	5 30	45		15	30	45	,		
PERSONAL CARE	1	SLEEPING										
/RESTING	2	RESTING/RELAXING doing nothing, 'time out'										
	3	PERSONAL CARE washing, dressing, toilet										
	4	EATING/DRINKING/HAVING A MEAL										
TRAVEL	5	TRAVEL including travel to and from work as well as leisure and domestic travel										
PAID EMPLOYMENT	6	PAID EMPLOYMENT include paid and unpaid overtime, work from home, self-employment and farm work. Exclude lunch and other breaks.										
OR STUDY	7	STUDY, EDUCATION include courses, night classes, studying at home. Exclude lunch and other breaks.										
	8	BREAKS FROM WORK OR STUDY include tea/coffee, smoking and lunch breaks.										
HOUSEWORK AND OTHER	9	COOKING & preparing food (including making lunches), washing-up										
HOUSEHOLD TASKS	10	CLEANING the house, doing the laundry, ironing, hoovering, tidying up										
	11	HOUSE REPAIRS & maintenance, DIY, gardening										
SHOPPING AND APPOINTMENTS	12	SHOPPING, MESSAGES/ERRANDS & APPOINTMENTS shopping for food or leisure, services e.g. hairdressers, visiting doctor, paying bills										
CARING FOR OTHERS	13	CHILDCARE looking after children, physical care, supervision										
	14	PLAYING AND TALKING WITH CHILDREN include reading, games, helping with homework, accompanying children to activities										
	15	CARING FOR ADULTS with special needs or elderly persons, either in your home or elsewhere (e.g. help with personal care)										
VOLUNTARY AND RELIGIOUS	16	VOLUNTARY ACTIVITY for a charitable organisation, sports club or other organisation, include meetings & informal helping outside the home										
ACTIVITY	17	RELIGIOUS ACTIVITY Attending religious services, prayer										
SOCIALISING AND GOING	18	SPENDING TIME/CHATTING WITH FAMILY, FRIENDS, NEIGHBOURS including spouse										
OUT	19	PHONING/TEXTING FAMILY, FRIENDS, NEIGHBOURS include writing a letter										
	20	EATING OUT/GOING TO THE PUB include going to cafes, bars, restaurants, nightclubs				-						
	21	GOING OUT to concerts, theatre, cinema, galleries, sporting events, bookies, bingo										
SPORTS & LEISURE	22	PLAYING SPORTS, EXERCISE AND OUTDOOR ACTIVITY including playing football, walking the dog, going to the park										
	23	COMPUTER/INTERNET FOR PERSONAL USE e.g. play station, x-box, surfing the net, email, using computer for leisure, shopping										
	24	HOBBIES AND OTHER LEISURE ACTIVITIES e.g. playing musical instruments, playing cards, other games										
TV, RADIO, READING	25	WATCHING TV and videos/DVDs										
	26	READING a book, magazine or newspaper or LISTENING to radio or music										
B. WHO WERE		No-one/I was alone										
YOU WITH?		Spouse/partner										
Tick all that apply.		Own children under 18	 		+	1						
		Other person or people I know										
C. WHERE WERE YOU?		At home										
,, EKE 100.		Away from home	<u> </u>									

										N	1OR	NIN	G										
6.00 a	m 5 2	0 4	-	7.00 am 15 30 45				8.00	am 15 2	n 46		9.00 a	am 15 a	20 4	-	10.00	am 5 2	n 45	•	11.00 am 15 30 45			
15 30 45				15 30 45				15 30 45				15 30 45			15 30 45				13 30 43				
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	ity		1		LYA	FTERNOON						
A. ACTIVITY GROUP	Activity Code			1 pm 5 30	45	1.00 p	m 30	45				
PERSONAL	1	SLEEPING	ť		43		30	-43				
CARE /RESTING	2	RESTING/RELAXING doing nothing, 'time out'										
	3	PERSONAL CARE washing, dressing, toilet										
	4	EATING/DRINKING/HAVING A MEAL										
TRAVEL	5	TRAVEL including travel to and from work as well as leisure and domestic travel										
PAID EMPLOYMENT	6	PAID EMPLOYMENT include paid and unpaid overtime, work from home, self-employment and farm work. Exclude lunch and other breaks.										
OR STUDY	7	STUDY, EDUCATION include courses, night classes, studying at home. Exclude lunch and other breaks.										
	8	BREAKS FROM WORK OR STUDY include tea/coffee, smoking and lunch breaks.										
HOUSEWORK AND OTHER	9	COOKING & preparing food (including making lunches), washing-up										
HOUSEHOLD TASKS	10	CLEANING the house, doing the laundry, ironing, hoovering, tidying up										
	11	HOUSE REPAIRS & maintenance, DIY, gardening										
SHOPPING AND APPOINTMENTS	12	SHOPPING, MESSAGES/ERRANDS & APPOINTMENTS shopping for food or leisure, services e.g. hairdressers, visiting doctor, paying bills										
CARING FOR OTHERS	13	CHILDCARE looking after children, physical care, supervision										
	14	PLAYING AND TALKING WITH CHILDREN include reading, games, helping with homework, accompanying children to activities										
	15	CARING FOR ADULTS with special needs or elderly persons, either in your home or elsewhere (e.g. help with personal care)										
VOLUNTARY AND RELIGIOUS	16	VOLUNTARY ACTIVITY for a charitable organisation, sports club or other organisation, include meetings & informal helping outside the home										
ACTIVITY	17	RELIGIOUS ACTIVITY Attending religious services, prayer										
SOCIALISING AND GOING	18	SPENDING TIME/CHATTING WITH FAMILY, FRIENDS, NEIGHBOURS including spouse										
OUT	19	PHONING/TEXTING FAMILY, FRIENDS, NEIGHBOURS include writing a letter										
	20	EATING OUT/GOING TO THE PUB include going to cafes, bars, restaurants, nightclubs										
	21	GOING OUT to concerts, theatre, cinema, galleries, sporting events, bookies, bingo										
SPORTS & LEISURE	22	PLAYING SPORTS, EXERCISE AND OUTDOOR ACTIVITY including playing football, walking the dog, going to the park										
	23	COMPUTER/INTERNET FOR PERSONAL USE e.g. play station, x-box, surfing the net, email, using computer for leisure, shopping										
	24	HOBBIES AND OTHER LEISURE ACTIVITIES e.g. playing musical instruments, playing cards, other games										
TV, RADIO, READING	25	WATCHING TV and videos/DVDs										
	26	READING a book, magazine or newspaper or LISTENING to radio or music										
B. WHO WERE		No-one/I was alone	I									
YOU WITH?		Spouse/partner	-					\dashv				
Tick all that apply.		Own children under 18	1			+		-				
		Other person or people I know										
C. WHERE		At home										
WERE YOU?		Away from home										

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A. ACTIVITY GROUP	Activity Code		8.00 1	pm 5 30	45	9.00 p 15	m 30	45
PERSONAL CARE	1	SLEEPING						
/RESTING	2	RESTING/RELAXING doing nothing, 'time out'	1			1		
	3	PERSONAL CARE washing, dressing, toilet				1 1		
	4	EATING/DRINKING/HAVING A MEAL				1 1		
TRAVEL	5	TRAVEL including travel to and from work as well as leisure and domestic travel						
PAID EMPLOYMENT	6	PAID EMPLOYMENT include paid and unpaid overtime, work from home, self-employment and farm work. Exclude lunch and other breaks.						
OR STUDY	7	STUDY, EDUCATION include courses, night classes, studying at home. Exclude lunch and other breaks.				1 1		
	8	BREAKS FROM WORK OR STUDY include tea/coffee, smoking and lunch breaks.				1		
HOUSEWORK AND OTHER	9	COOKING & preparing food (including making lunches), washing-up				1		\top
HOUSEHOLD TASKS	10	CLEANING the house, doing the laundry, ironing, hoovering, tidying up				1		
	11	HOUSE REPAIRS & maintenance, DIY, gardening						
SHOPPING AND APPOINTMENTS	12	SHOPPING, MESSAGES/ERRANDS & APPOINTMENTS shopping for food or leisure, services e.g. hairdressers, visiting doctor, paying bills						
CARING FOR OTHERS	13	CHILDCARE looking after children, physical care, supervision						
O 112210	14	PLAYING AND TALKING WITH CHILDREN include reading, games, helping with homework, accompanying children to activities						
	15	CARING FOR ADULTS with special needs or elderly persons, either in your home or elsewhere (e.g. help with personal care)				1 1		
VOLUNTARY AND RELIGIOUS	16	VOLUNTARY ACTIVITY for a charitable organisation, sports club or other organisation, include meetings & informal helping outside the home						
ACTIVITY	17	RELIGIOUS ACTIVITY Attending religious services, prayer						
SOCIALISING AND GOING	18	SPENDING TIME/CHATTING WITH FAMILY, FRIENDS, NEIGHBOURS including spouse						
OUT	19	PHONING/TEXTING FAMILY, FRIENDS, NEIGHBOURS include writing a letter						
	20	EATING OUT/GOING TO THE PUB include going to cafes, bars, restaurants, nightclubs						
	21	GOING OUT to concerts, theatre, cinema, galleries, sporting events, bookies, bingo						
SPORTS & LEISURE	22	PLAYING SPORTS, EXERCISE AND OUTDOOR ACTIVITY including playing football, walking the dog, going to the park						\top
	23	COMPUTER/INTERNET FOR PERSONAL USE e.g. play station, x-box, surfing the net, email, using computer for leisure, shopping				1 1		
	24	HOBBIES AND OTHER LEISURE ACTIVITIES e.g. playing musical instruments, playing cards, other games						
TV, RADIO,	25	WATCHING TV and videos/DVDs				+		
READING	26	READING a book, magazine or newspaper or LISTENING to radio or music						
B. WHO WERE		No-one/I was alone						\dashv
YOU WITH?		Spouse/partner	\vdash	+ +				+
Tick all that apply.		Own children under 18						+
· ······FF-3		Other person or people I know	lacksquare	 				+
		A CONTROL FOREST	<u> </u>					
C. WHERE		At home						
WERE YOU?		Away from home						

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	Was this diary day unusual in any way (e.g. you or a family member was sick; you were o holiday from work; school holidays; you were travelling etc.)											
	Yes											
B)	In what way was it unusual?											
C)	Did you feel rushed or stressed during the diary day?											
,	felt rushed Yes, felt rushed Did not of the day \square_1 some of the day \square_2 feel rushed \square_3											
D)	When did you fill in the diary? Please tick $()$ one box.											
	and then At the end of The day after g the diary day \square_1 the diary day \square_2 the diary day \square_3 Later \square_4											
	E) Aboutdays after											
F)	Did you travel to work on the "diary day"?											
	Yes											
G)	How did you travel from home to work that day? Tick $(\sqrt{\ })$ all that apply.											
3)	Walk											
	By Bicycle By Dart \square_7											
	Motorbike											
	By Car											
	By Bus ₅											
H)	In the course of that journey to work did you also: Yes No											
	(i) drop anyone off to another destination (e.g. children to school) \square_1 \square_2											
	(ii) take a detour to do any shopping, attend any other											
	appointments (e.g. doctor etc.) \square_1 \square_2											
I)	Did you encounter any problems filling out the diary?											
	Yes \square_1 No \square_2											
J)	Please describe these problems as fully as possible											
K)	Were there any activities which you feel were not covered in the list?											
K)	Were there any activities which you feel were not covered in the list? $Yes{1} \qquad No{2}$											
K)												

Thank you for your help and assistance in completing this questionnaire

Background Information

Q2. What is your date of birth? (day)	Q1.	Please tick to indicate whether you are male or female: Male \square_1 Female \square_2
Incomplete primary education	Q2.	What is your date of birth? (day) (mth) (yr)
Q5. What is your present marital status? Q6. What is your present marital status? Married/partner	Q3.	Incomplete primary education
Q6. What is your present marital status? Married/partner	Q4.	Are you Irish? Yes
Married/partner	Q5.	What is your nationality?
Q7. Which of the following best describes your situation regarding employment Employed	_	Never
Q9. How many hours do you normally work each week in your main job, including regular overtime (excluding lunch breaks)?	Emplo Self-e Stude Gover	
hours per week	Q8.	How many days do you normally work each week? days per week
Yes, a lot	Q9.	(excluding lunch breaks)?
Q11. What was/is your occupation in your current or most recent job or business? Please describe as fully as possible the type of work done. [If you are a farmer, please record the acreage; if relevant, record the rank or grade – e.g. rank in army or Gardaí, grade in civil service.] Q12. Do or did you manage or supervise anyone in that job?	Q10.	In general terms, do you feel that your work conflicts with your family or social commitments?
fully as possible the type of work done. [If you are a farmer, please record the acreage; if relevant, record the rank or grade – e.g. rank in army or Gardaí, grade in civil service.] Q12. Do or did you manage or supervise anyone in that job?		Yes, a lot
	Q11.	fully as possible the type of work done. [If you are a farmer, please record the acreage; if relevant,
	Q12.	

Q13.	most recent job or business? Please describe as fully as possible the type of work done. [If farmer, please record the acreage; if relevant, record the rank or grade – e.g. rank in army o Gardaí, grade in civil service.]
	No spouse/partner55
Q14.	Does or did your partner manage or supervise anyone in that job?
	Yes
Q15.	Are you currently caring for an elderly person or persons with special needs
	a) In your home: Yes \square_1 No \square_2 b)Outside your home: Yes \square_1 No \square_2
Q16(a)). Do you have any children under 18 years? Yes \square_1 No \square_2
Q16(b). How many?
Q17.	In general, how good would you say your health is? Would you say it is: Good Good Good Bad Bad Very Bad 5
Q18(a)). Do you have any chronic physical or mental health problem, illness or disability?
	Yes
Q18(b). Are you hampered in your daily activities by this physical or mental health problem, illness or disability?
	Yes, severely
	How satisfied are you with your present situation in the following areas of your life? a scale of 1 to 6 could you indicate your level of satisfaction with each of the following areas. ndicates that you are not satisfied at all while a '6' means that you are fully satisfied. Not Satisfied At All Fully Satisfied
a.	Your work or main daily activity $1 \square_1 \square_2 \square_3 \square_4 \square_5 \square_6$
b. c.	Your financial situation
d.	Your life in general

Thank you for your help and assistance in completing this questionnaire