

Exchanges for DN750



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Erasmus + International Exchange Academic Coordinator

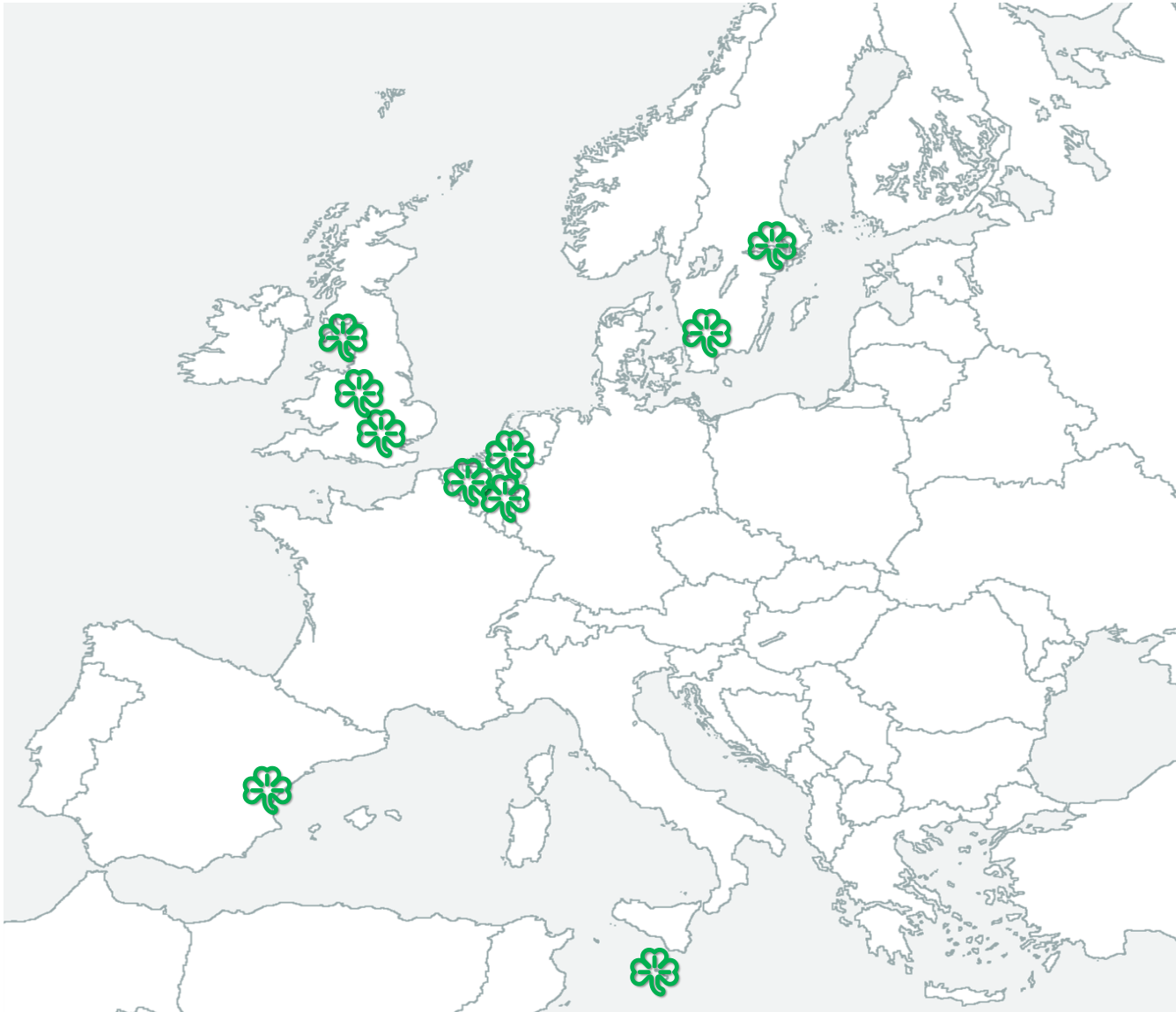
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Two types of Exchange

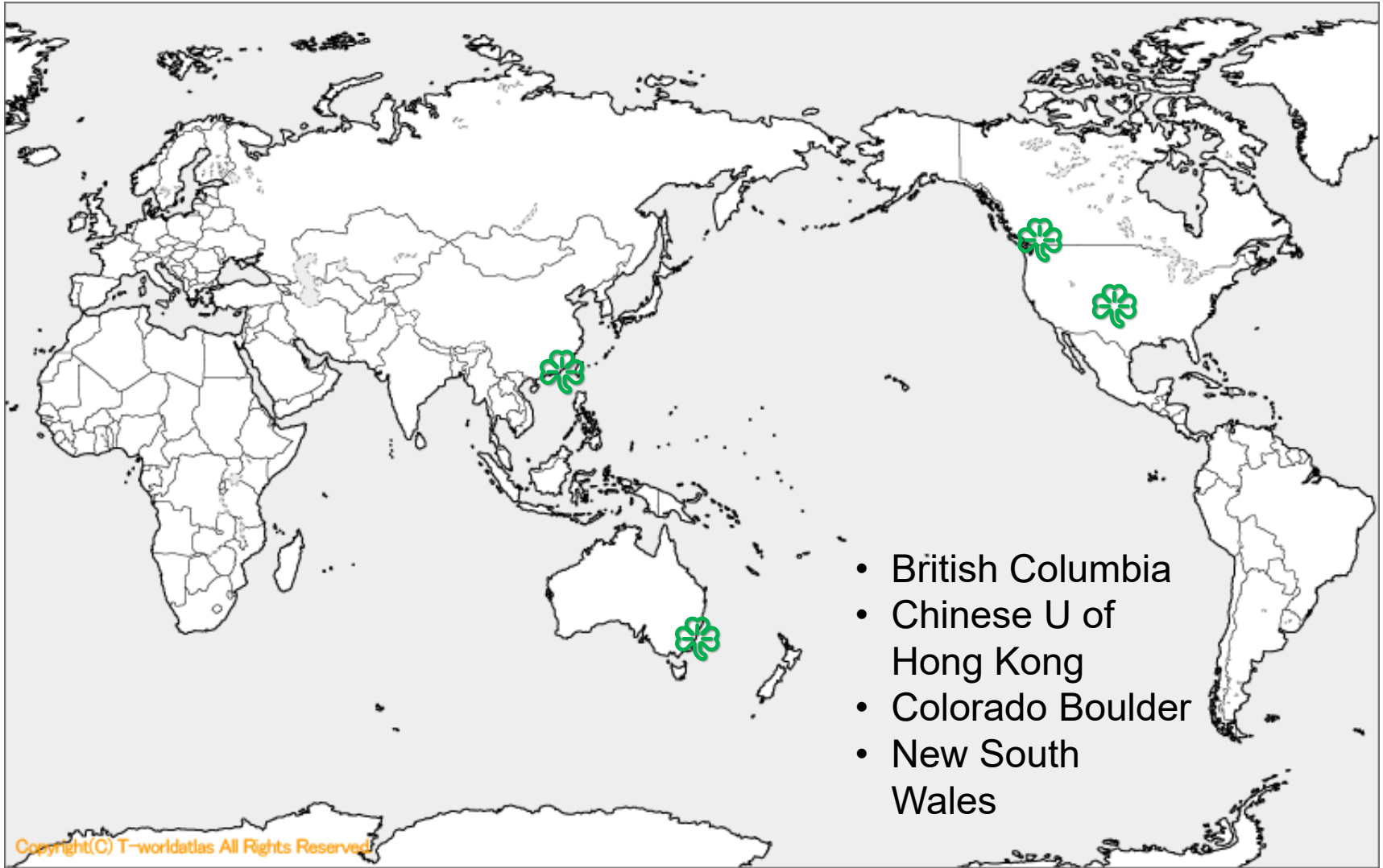
- Erasmus exchanges – within Europe
- International exchanges – outside Europe coordinated by UCD Global

Erasmus (2018/19)



- Amsterdam
- FU Amsterdam
- FU Brussels
- KU Leuven
- Lund
- Malta
- Manchester Metropolitan
- Nottingham
- Stockholm
- Valencia

International Exchanges (2018/19)



Testimonials



Sine Wickham

For my international exchange I travelled to the Australian National University (ANU) in Canberra, Australia. I decided to apply for the international study abroad opportunity to extend my time studying and to experience college life in a completely different country. During my time in Australia, I really enjoyed developing friendships with other students from Australia and all over the world, whom I am still in contact with today. It was also interesting to compare college education between Ireland and Australia. Aside from my college modules, as a UCD student who has lived at home in Dublin with my parents, I enjoyed living alone in student accommodation and learning life skills which will be useful for the future. The main advice I would give to other students heading off on Erasmus or International exchange would be to travel and visit as many places as you can because you never know when you will get the opportunity to again!

Which university did you go to?

I went to University of Malta.

What was the motivation(s) for taking up the Erasmus/International Study Abroad opportunity?

I wanted to experience university and student life abroad. It was an opportunity to travel while still studying and also because being from Dublin I felt like I had missed out on the experience of living away from home and being independent.

What did you enjoy most while you were there?

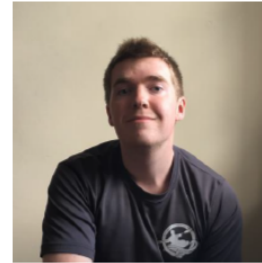
I enjoyed the student life (mostly partying), making new friends and meeting people from all over the world, getting to experience the Maltese culture and their interesting foods. I really liked Malta because there was always something to do outdoors, the sun was always shining even during the winter and there was always a celebrations of some sort on the island.

What did you learn? (not just academic modules, but also cultural aspects, life skills, etc.)

I learned a lot about other cultures and how they differ to Irish culture and traditions, this first-hand experience taught me to be even more openminded. I especially liked the fact that I got to study Social Policy from a different context and perspective.



Dephyne Muzaya



Which University did you go to?

I'm Daniel and was a Social Policy and Geography student in the BSocSc Programme. In Stage 3, I went on exchange to Queen's University in Canada.

What was the motivation(s) for taking up the Erasmus/International Study Abroad opportunity?

I really wanted to travel and get out of Ireland. I also felt that studying and working abroad for a year would add a lot to my CV. I also was going through a phase of wanting to emigrate so studying abroad felt like a good way to test the waters of living far from home.

What did you enjoy most while you were there?

I enjoyed the travel opportunities the most while I was there. Queens is located in Kingston, Ontario which is a small college town. It's only a few hours away from Toronto, Montreal and Ottawa (three of Canada's major cities). It's a perfect place to travel around north eastern North America. While on exchange, I was able to visit Toronto, Montreal, Ottawa, Quebec City, Newfoundland, Boston, New York, Philadelphia and Washington DC.

I also enjoyed meeting Canadian and fellow exchange students from all around the world while at Queens. Some of the people I met there, I still talk to daily online.

What did you learn? (not just academic modules, but also cultural aspects, life skills, etc.)

Personally, I learned about adapting to a new culture. I didn't realise how thick my bogger accent was until I lived abroad! Also being able to cope with homesickness on important days for my family and so forth were big challenges.

Academically, my favourite modules were about Central America, Canadian Public Policy and Climate Change. Many of the topics there were things that I would not have learned about without visiting Canada. It even helped me find a topic for my Capstone Essay in my final semester in UCD.

Any advice for future students going on Erasmus/International Study Abroad

For any students considering studying abroad, I'd say to go for it. Learning to live far away from home and to immerse yourself in a new place. You'll make friends from all around the world and I still talk daily with a few. Also do plan out your spending as travel can be expensive if left to the last minute. As for accommodation, most universities will have official facebook groups and institutions equivalent to UCD International that will help exchange students. The cost of living is a bit cheaper in general thanks to the euro-CAD exchange rate and the lack of an imminent rental accommodation crisis like Dublin. Home sickness will happen. For me it occurred during January and February when the Canadian winter struck hard with regular lows of -15 C. You can always call home and all that stuff. But remember all the stuff at your exchange place that you can do but can't do back in Ireland.

Thanks to Dephyne, Daniel and Sine for their testimonials and Martina & Owen for their assistance!

Erasmus / International Exchanges

- Exchanges on DN750 are for a full year (one-semester exchanges are not yet possible)
- The objective is to return with 60 credits
- The grades achieved while on exchange are not included in the calculation of your degree GPA
- The exchange year is between 2nd and 3rd year

Erasmus / International Exchanges

- 3rd year is completed as normal on return (i.e. actually your 4th year)
- If you successfully complete your year abroad (with 45 ECTS), then the degree would be: BSocSc (International)
- Multiple applications are allowed, but please inform me/us immediately if you do not intend to accept an offer.

Grants

Inside of Europe: Most countries in Europe are part of the Erasmus+ Programme. The Erasmus+ Grant is approx €250 or €300 per calendar month depending on destination. The total amount is based on precise mobility dates. Some countries offer some other/additional form of financial assistance, e.g. France – students can apply for CAF (Caisses d'Allocations Familiales) to help with accommodation costs. And additional funding may be available for upper-level SUSI grantees as well as HEAR students.

Students who have been selected for an exchange destination within Europe, will automatically receive more details about applying for the grant. This information will be sent approximately three months *before departure*.

Outside of Europe: Scholarship of €500 per semester for students at Universitas 21 (www.universitas21.com) partners in Latin America and Asia. Some partner universities in Asia offer scholarships which students can apply for e.g. DUO Scholarship in Korea, JASSO scholarship in Japan

Exchanges (only School partners)

- Timeline -

1. Must have a GPA of minimum 3.0
2. Submit your application form (method/form to be confirmed) - your name/student number, where you want to go (numbered by preference), and brief Statement of Purpose by **22 January 2020**
3. After the internal selection, you will be notified and then the application is received by UCD Global. They will have a list of the nominees, and contact the host institution on your behalf, in the first instance.

From that point you will deal directly with UCD Global

- When asked to complete forms for the destination university, do it immediately (if they provide help with accommodation, you might miss the opportunity)
- We will then look at and approve your choice of modules, please maintain contact about this before going and while away

Social Policy's Partners



BELGIUM – Katholieke Universiteit Leuven



FINLAND – Lapin Yliopisto (University of Lapland)



MALTA – L-Universitá tá' Malta



NETHERLANDS – Vrije Universiteit Amsterdam



SWEDEN – Stockholms Universitet



SPAIN – Universitat de València*



ITALY – Università degli Studi di Padova

* Limited availability of modules in English

<http://www.ucd.ie/global/exchangesstudyabroad/exchanges/outboundexchange-students/insideeurope/collegeofsocialscienceslaw/>

Sociology's Partners



BELGIUM – Université Libre de Bruxelles *



DENMARK – Kobenhavns Universitet



NORWAY – Universitetet i Oslo



France – Université Catholique de l'Ouest *



SWEDEN – Lunds Universitet



SPAIN – Euskal Herriko Unibersitatea (EHU)*



ITALY – Università degli Studi di Firenze *



UK (Ulster) – Queen's Univ. †



UK (England) – Loughborough Univ. †



UK (England) – Manchester Metropolitan Univ. †

* Limited availability of modules in English
† Subject to change of its Erasmus status

What to do?

1. Visit <http://www.ucd.ie/international/going-abroad-with-ucd/exchanges/exchanges-step-by-step/>
2. Choose universities from the list of exchanges your schools have
3. Study the website of those universities to ensure that there are sufficient suitable modules – suitable in terms of relevance of the topic and the language in which it is taught
- 4-a. If you want to go to the DN750 partner universities, submit the application form (which will be announced shortly). <https://forms.gle/YvqnSPg7HRqji5mu5>

What to do?

4-b. If you would like to go to other universities, visit the website, and you will have to submit a separate application directly to UCD Global

The deadline for this is likely to be the 22nd Jan 2020.

Please visit the website and check with UCD Global.

<http://www.ucd.ie/global/exchangesstudyabroad/exchanges/outboundexchange-students/outsideeu/collegeofsocialsciencesandlaw/>

Advice

- If offered a place be proactive:
 - ask questions
 - keep in touch
 - complete forms immediately
 - you will be responsible for your own accommodation, if the destination university can help – GREAT! – if not, persevere and be patient
- For all these aspects, you can contact UCD Global (Outgoing Team)

Contact details

- For academic matters about the partner institutions.
naonori.kodate@ucd.ie (Social Policy)
lea.david@ucd.ie (Sociology)
 - For Social Sciences – Joanna: joanna.kozielec@ucd.ie
(Please make sure you mention that you are a DN750 student!)
- For general queries and administrative matters (including housing, etc.)

Contact UCD Global - outgoing.erasmus@ucd.ie

- Inside Europe (Emma)
- Outside Europe (Lisa)



Emma Hamilton
☎ 8584



Lisa Kehoe
☎ 8471

Thank you & all the best!