

University College Dublin National University of Ireland, Dublin

OpeningWorlds

UCD Adult Education Programme 2013-14

OPENING WORLDS - OPENING UCD

elcome to a new programme and several new initiatives for this academic year. You can now register online using our new booking facility on www.ucd.ie/adulted

We have new Open Learning courses. These Open Learning courses are part of a long tradition in UCD, and follow the legacy of the university's founder Cardinal John Henry Newman, who wished to make higher level education accessible to a broad sweep or Irish people.

Today, UCD remains committed to widening participation in higher education, in all its forms, whether to accredited formal learning programmes or informal open learning provision. As part of the Access and Lifelong Learning unit we are collaborating with colleagues across campus to extend opportunities to all. We believe the rich intellectual resources of the university should be available to all. A new aspect of this commitment involves a new project on flexible learning which offers you an opportunity to sample a semester or two of Archaeology at degree level.

This year our colleagues in Science will open a remarkable new building. They will host our Open Learning programmes in their new facility and we welcome this development as it will facilitate a community of lifelong learners on the Belfield campus.

In addition to the new initiatives we are also proud of one of our oldest offerings – mature years' access courses. We have a unique and well-established record in Access for Mature Students. We offer Access to Arts and Human Sciences and Access to Science and Engineering Courses, all specifically designed for adults who may never before have had the opportunity to study at third level. The courses prepare learners who aim to take higher education options on completion. We also continue to offer our Certificate in Genealogy/Family History. Whatever your motivation we hope you join us in lifelong learning at UCD. We look forward to meeting you!

Bairbre Fleming

Gairbre Fleming



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NAVIGATING ADULT EDUCATION IN UCD



UCD ADULT EDUCATION : CONTENTS

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TASTE ARCHAEOLOGY AT THIRD LEVEL

UCD is offering a new Flexible learning option to those of you who wish to sample degree-level modules in Archaeology. The School of Archaeology warmly invites adult learners to register for and join in First Year modules.

The modules available are *Exploring Archaeology* in Semester 1 and *Introducing the Archaeology of Ireland* in Semester 2. You may opt to take one or both. Your registration will include a UCD Student Card and access to UCD's James Joyce Library. You can opt to take the module for interest alone, and attend lectures only, or you can deepen your learning by participating in and completing all course assessments.

FLEXIBLE LEARNING

Exploring Archaeology (ARCH10010) Module Coordinator: Professor Gabriel Cooney

SEMESTER 1

Archaeology explores how people in the past - and sometimes the present - used places, objects and animals to create and inhabit worlds that were often very different from our own. In this sense. archaeology provides us with unique insights into the human condition and a sense of what it is to be a person in many different cultural contexts. This module will give you a general introduction to this exciting and engaging subject, enabling you to understand basic archaeological principles, methods and techniques. We will look at the history and development of archaeological thought. We will explore how archaeologists discover, survey and excavate places from the past and we will trace how we can interpret past societies from the objects (material culture) that they created, used and discarded. The module is taught by 12 lively, well-illustrated lectures, 1 class archaeological fieldtrip to a prehistoric landscape and 1 class visit to a museum, all providing you with practical opportunities to investigate ancient landscapes and objects vourself.

BELFIELD

12 Wednesdays 3.00-4.00pm Sept 11, 18, 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27

Flexible / Occasional Fee (with Assessment) €485 PER 5 CREDIT MODULE

Flexible / Occasional Fee (Audit Only) **€250 PER MODULE**

Introducing the Archaeology of Ireland

(ARCH10050) Module Coordinator: Professor Muiris O Suilleabhain

SEMESTER 2

This module tells the human story in Ireland from the Stone Age to the present, beginning with the earliest inhabitants around 10,000 years ago. It reveals the footprint of people through time by means of the spectacular archaeological heritage of the country. Ancient monuments, landscapes and objects are explored in order to understand the lifestyles of early inhabitants, the achievements and beliefs of megalith builders, the major innovations in ancient Ireland such as farming, metal-working and Christianity, the origins of Celtic Ireland, and above all the emergence of the Irish landscape as we know it today. The module is organized as follows: (a) One lecture each week presenting the story of Ireland from the Mesolithic to the present; (b) occasional special case studies in a second lecture slot each week; (c) tutorials to complement and reinforce the lectures; and (d) directed visits to the National Museum of Ireland and Ferrycarrig Heritage Park.

BELFIELD

12 Wednesdays 3.00-4.00pm Jan 22, 29 Feb 5, 12, 19, 26 Mar 5, 26, April 2, 9, 16, 23

Flexible/ Occasional Fee (with Assessment) €485 PER 5 CREDIT MODULE (EU FEE)

Flexible / Occasional Fee (Audit Only) **€250 PER MODULE (EU FEE)**

Q. How many credits for these courses

A. Each course carries 5ECTS

Q. What is an ECTS?

A. ECTS refers to the European Credit Transfer System and provides a common currency for representing academic activity throughout Europe. It is used to facilitate student mobility and transferability of degrees and awards. ECTS is linked to the Bologna Process and EU Tuning Project. Further details are available at http://www.bologna.ie. Credits are awarded on the basis of attendance, student effort and satisfactory completion of associated coursework and satisfaction of the relevant learning outcomes.

Q. What is Audit Only?

A. Either of these Archaeology modules can also be studied purely for interest without undertaking the assessment component of a course. This is known as auditing a module. If you are uncertain whether you want to be assessed you are welcome to begin the module on an audit basis and switch later (within the first three teaching weeks) by paying the additional fee (€235).

Q. How will I be assessed?

A. There will be three different assessments used for both modules. Your participation in tutorials will be 10% of your grade. You will do a one hour Multiple Choice Examination at the end of the semester for 50% of your grade and you will complete a project based on an archaeological fieldtrip and museum visit which will be 40% of the total grade. You will have an experienced and dedicated tutor to support you

Q. How do I register?

A. Contact the Adult Education Centre and you can register over the phone on 716 7123 or call in to the centre. Alternatively you can download an application form from www.ucd.ie/adulted/ flexiblelearning

Q. Will I get a Library Card?

A. Yes, Student Cards will be issued following registration on the course

Q. When are tutorials?

A. Your tutor Dr Maureen Doyle will take the tutorial on the same day as your lecture. Further details will be given at registration

Q. Will I be the oldest?

 A. No – Our programmes encourage participation across a diverse age group

Q. How do these Modules differ from Open Learning Adult Education courses?

A. Flexible Learning Modules allow you the option to sample degree level subjects; whereas Open Learning courses are taken to further an interest in particular areas and do not carry accreditation

Q. What's next?

A. We aim to offer additional modules for students in the following academic years. You will be advised about our future plans while you are studying with us.

Q. What is (Recognition of Prior Learning) RPL?

A. RPL is defined as: "the process by which prior learning is given a value. It is a means by which prior learning is formally identified, assessed and acknowledged".

Q. Do I get exemptions if I go on for further study?

A. Each module carries 5 ECTS and may be submitted by you as part of an RPL application

Q. Are there concessions in fees?

A. Concessions are not available on the either of these Module fees

Q. Can I park in UCD?

A. Yes, there are a number of car parks available –Please note that some Pay and Display car parks operate on the campus

Q. Where do I go if I have a problem?

A. You can contact the Adult Education Centre 01.7167123 and you will also receive academic support from your dedicated subject tutor.





ACCESS all areas! Have you ever thought of coming to college?

UCD welcomes mature learners and is delighted to provide a variety of courses to get you started. The Adult Education Centre is a leader in the field of lifelong learning and in supporting mature students in their preparation for university.

We offer Access to Arts & Human Sciences and Access to Science & Engineering courses to equip mature students with the skills and confidence required to take the next step to a Third Level course in UCD.

Access to Arts and Human Sciences

Certificate in Foundation Level Studies – Level 6 This course is designed to prepare adults, who may not have formal qualifications, for successful study at university. The course is suitable for those who aim to study in the area of the **Arts**, **Human Sciences or Law.**

This course guarantees entry to the following:

- Bachelor of Arts*
- Bachelor of Civil Law
- Bachelor of Social Science

*(DN600 - see UCD Mature and Graduate Entry Pathways 2014 booklet for details)

Students who have completed the course are guaranteed an offer of a place on the following conditions:

- Obtain an average mark in excess of 60% in the overall course assessment
- · Are eligible to apply on grounds of mature years
- · Follow appropriate application procedures via the CAO

The course aims to:

- Equip students with the skills that they will need to engage in an undergraduate course
- Introduce students to the methods of study, writing and research required for successful participation in higher education
- Prepare students to compete for entry to third level and to make informed choices about further study
- Increase students' self-confidence in their ability to advance within third level education
- Offer students the opportunity to experience the fulfilment that can be gained from learning in an academic setting

Access from this course to further study at UCD is guaranteed to students who meet established assessment criteria, are eligible to apply on grounds of mature years and who follow appropriate application procedures via the CAO.

From age 22 to 102!

Anyone aged 22 or more on 1st of January 2013 may apply for an Access course to start in September 2013. For entry to third level programmes applicants must be at least 23 on 1st of January of the proposed year of entry. There is no upper age limit.

ACCESS TO ARTS & HUMAN SCIENCES

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Tuesday 6.30pm - 9.30)pm	Thursday 7.30pm - 9.30pm			
Study Skills	Semes	ter 1	History OR Literature in English		
1 5.1	mputing (optional) urday mornings Semester 1			Politics OR Sociology	
Course Duration: 2 Ten Week Semesters					
Course	Days: Mo	nday & We	dnesda	ıy	
Belfield Campus	n 2013 Sp		pring 2014		
Term Dates	- 28 Nov 7		7 Jan - 20 Mar		
Term Breaks	28 Oct	t - 1 Nov		17 Feb - 21 Feb	
Semester Exams Provisional Dates	12 De	ec 2013		3 Apr 2014	

BELFIELD (DAY) EX402

Study Skills	Academic Subject		
Monday or Wednesday 10.00 - 1.00	Thursday or Friday 10.00 - 12.00		
Study Skills	Semester 1 Politics OR History		
Computing (optional)	Semester 2 Archaeology OR Literature		

Course Duration: 2 Ten Week SemestersCourse Days: Monday or Wednesday (Study Skills)
& Thursday or Friday (Academic Subject)Belfield CampusAutumn 2013Spring 2014Term Dates16 Sept - 29 Nov6 Jan - 24 MarTerm Breaks28 Oct - 1 Nov17 Feb - 21 FebProvisional Exams12 Dec 20133 Apr 2014

4 Saturday mornings Semester 1

in English

ACCESS TO ARTS & HUMAN SCIENCES

ENTRY REQUIREMENTS

There are no formal educational entry requirements. Applicants may apply using prior educational qualifications or life experience. Evidence of recent prior learning is most relevant in an application. Adult learners are invited to submit their life experience and individual strengths as evidence of their suitability. Candidates are required to complete an application form. They may then be invited to attend an interview and be assessed on a sample of written work. Interviews are typically scheduled during July and August by arrangement.

All applicants must be over the age of 22 on 1st January 2013. Fee €850

Students who are registered as unemployed and/or in-receipt of one of the following payments: Job-seekers Benefit, Job-seekers Allowance or One-Parent Family Allowance may qualify for UCD Adult Education Access Programme 2013 – 14 Fees Scholarship Programme. It will be necessary to produce evidence of income. Thomond Coogan will be happy to discuss this with you and you may contact her on 01-7167584 or e-mail Thomond.Coogan@ucd.ie

ACCESS TO ARTS AND HUMAN SCIENCES TEAM:

Thomond Coogan; Maureen Doyle; Bairbre Fleming; Theo Ejorh; Jana Fischerova; Mairead Carew; John Heffernan; Nicky O'Leary; Rhonda Wynne

ACCESS TO SCIENCE & ENGINEERING

CERTIFICATE IN FOUNDATION LEVEL STUDIES – LEVEL 6

This course is designed to prepare adults, who may not have the formal qualifications, for successful study at university, particularly in the areas of Science, Engineering, Agriculture and Health & Safety*.

Access to Science and Engineering aims to:

- Support students in finding the third level course that best suits their aptitude and interest
- Give students the confidence and skills necessary to plan and organise study for their particular needs
- Provide students with analytical skills in order to fully understand the material presented in all subject modules
- Equip students with the skills and confidence to take on a degree course in Agricultural Science; Engineering/Architecture; Science; Medicine.

Access from this course to further study at UCD is guaranteed to students who meet established assessment criteria, are eligible to apply on grounds of mature years and who follow appropriate application procedures via the CAO.

ACCESS TO SCIENCE & ENGINEERING

ACCESS TO SCIENCE & ENGINEERING EX430

Monday	Wednesday	Saturday	
Study Skills	Semester 1 Chemistry Maths Biology	Semester 2 Physics Maths Scientific Enquiry	

Course Duration: 2 Semesters				
Course Days: Monday, Wednesday & Saturday				
Autumn 2013 Spring 2014				
Term Dates	9 Sept - 27 Nov	6 Jan - 29 Mar		
Term Breaks	26 Oct - 3 Nov	15 Feb - 23 Feb		
Provisional Exams Dates	16 and 18 Dec	18 and 21 Apr		

ENTRY REQUIREMENTS

There are no formal educational entry requirements. Applicants may apply using prior educational qualifications or life experience. Adult learners are invited to submit their life experience and individual strengths as evidence of their suitability. **All applicants must be over the age of 22 on 1st January 2013.**

All candidates are required to complete an application form. Access to Science & Engineering applicants will be invited to attend a lecture on August 28, 2013, after which they are invited to submit a written summary. Applicants are not expected to show a depth of scientific knowledge in this piece, but written fluency and a clear understanding of the lecture is expected. Applicants will then be selected for interview and invited to take a Diagnostic Maths Test.

All applicants are invited to attend specially designed Mathematics workshops in advance of the pre-entry Diagnostic Test in mathematics. The material covered in these workshops will be available on-line, for those applicants who cannot attend.

Access to Science & Engineering Pre-entry Hot Topics in Mathematics Workshops with the UCD Maths Support Centre:

You are invited to join us for a free series of workshops during this Pre-Access to Science and Engineering Week. You will also be required to attend a lecture on Wednesday evening

Monday 26th August 2013 6.00pm to 9.00pm

Tuesday 27th August 2013 6.00pm to 9.00pm

Wednesday 28th August 2013 Lecture and written piece – ALL APPLICANTS MUST ATTEND

Thursday 29th August 2013 6.00pm to 9.00pm

INTERVIEW DATES: Time slots will be allocated to selected applicants between 10.00am – 4.30pm on 4th and 5th September 2013. The Diagnostic Test for maths will follow the interview

Course Fee: €1800

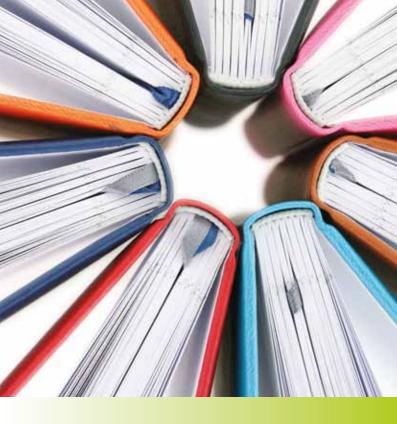
Students who are registered as unemployed and/or in-receipt of one of the following payments: Job-seekers Benefit, Job-seekers Allowance or One-Parent Family Allowance may qualify for **UCD Adult Education Access Programme 2013-2014 College of Science Scholarship Programme where a substantial part of the** fee is sponsored by the College of Science. It will be necessary to produce evidence of income. Thomond Coogan will be happy to discuss this with you and you may contact her on 01-7167584 or

ACCESS TO SCIENCE & ENGINEERING TEAM:

e-mail Thomond.Coogan@ucd.ie

Tom Bolger; Thomond Coogan; Anthony Cronin; Shea Mullally

*Applicants to Diploma in Health & Safety must have on-going significant involvement with occupational safety in the workplace.



OPEN LEARNING

Semester 1 Autumn Semester 2 Spring Cultural Partnerships

OPEN LEARNING

WHAT IS OPEN LEARNING?

Open Learning courses cover a range of topics from Art History through to History, Literature, Philosophy and Writing. The courses are open to all and provide a chance to explore a subject without concerns focus on assessment. For the 2013-2014 academic year, there are many new courses, unique to University College Dublin (UCD) Adult Education.

We hope you find a course that suits your interests!



YOUR TUTORS

UCD Adult Education is privileged to work with a highly expert and committed group of tutors who are recruited not just on the basis of their subject expertise, but also for their demonstrated interest in adult learning.

You can read about your tutor's qualifications and areas of expertise online where we have included a short tutor biography alongside the course information.

TUTOR BIOGRAPHIES ONLINE

READING AND BOOKLISTS

Booklists are available online alongside course descriptions. For the majority of courses, the booklist contains suggested reading for those interested in investigating the subject further. Your tutor can guide you as to which reading might be most suitable.

Booklists for literature students are more critical as classes are based on particular set texts. We recommend that initially you acquire just the first text listed as the list will be discussed with your tutor in class.

BOOKLISTS ONLINE

OPEN LEARNING

SEMESTER 1 AUTUMN SEPTEMBER - DECEMBER 2013

Bejewelled – The History of Jewellery from the 18th Century to the Present Day

AUTUMN AE-AN140 *Moya Corcoran*

This will be a fun and informative course that will look at the history and development of Western jewellery from the 18th century to the present day. It will include a field trip to The National Museum. You will immerse yourself in different decades and learn how the visual arts influenced each other and how cultural events, technology and economic circumstances impacted and determined jewellery design. We will discuss what makes a successful piece of jewellery and work together on ideas for creating a unique piece of jewellery that will reflect each student's individual style. You will be encouraged to fully participate in each lecture and hopefully my passion for jewellery will inspire you to learn about the subject and begin to see inspiration for jewellery all around you.

BLACKROCK

10 Thursdays 10.00am-12.00pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 FEE €190

Lockout 1913

AUTUMN AE-AN158 Síle McNulty-Goodwin, Education & Research Curator, Dublin City Gallery The Hugh Lane

Taking the exhibition Lockout 1913 as a starting point, this lecture series will examine significant artistic, social and political movements in Ireland during this period. 1913 was a complex and controversial year in both the history of Ireland and in the establishment of the Hugh Lane Gallery. This course will take place in the Hugh Lane Gallery itself, making for a unique and poignant venue to tell the visual story of this turbulent time.

DUBLIN CITY GALLERY THE HUGH LANE

8 Thursdays 2.00pm-4.00pm Oct 3, 10, 17, 24, 31, Nov 7, 14, 21 FEE €160

Irish Painting: An Introduction AUTUMN AE-AN160 Jessica Fahy

This survey course will provide an introduction to paintings produced by Irish artists at home and abroad up to and including the twentieth century. It will examine the notion of "Irishness" in these works. This will include an examination of the place of Irish art in Ireland's history and how it can be seen as a reflection of the changing social, political, religious and economic influences. An essential element of this course will be two visits to the National Gallery of Ireland and one to the Hugh Lane Gallery.

BLACKROCK

10 Fridays 10.00am-12.00pm Sept 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, 29 FEE €190

Venice: Art and Myth AUTUMN AE-AN134 Philip Cottrell

This course acts as an introduction to the dazzling art and culture of Renaissance Venice, with a particular focus on painting. In discussing the works of leading artists such as Giovanni Bellini, Titian, and Tintoretto, as well as the contribution of architects such as Andrea Palladio, we shall examine a period in which many of the myths and traditions of Venice were simultaneously challenged and renewed. Overall, the course pursues a thematic approach that seeks to bind the art discussed to the unique identity and character of the fabulous city in which it was created.

BLACKROCK

10 Saturdays 10.30am-12.30pm Oct 5, 12, 19, Nov 2, 9, 16, 23, 30, Dec 7, 14 (No class Sat, Oct 26 bank holiday weekend) FEE €190

CLASSICS

A Grand Tour of Ancient Greece AUTUMN AE-JN109 Maeve McHugh

This course intends to follow in the footsteps of the ancient Greeks by exploring some of their most important monuments at Athens, Sparta, Olympia and Delphi to name a few. The archaeological remains from Greece are evocative reminders of the fascinating history and society of this ancient civilisation. The aim of this course is to provide a tour of these ancient sites incorporating a discussion of the history, archaeology, and social importance of these sites. The course will also include a visit to the UCD Classical Museum to experience first-hand the everyday objects of the ancient Greeks.

BELFIELD

10 Wednesdays 7.30pm-9.30pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 **FEE €190**

CONFLICT

Conflict Resolution Skills: Module 1 AUTUMN AE-SN101 Geoffrey Corry

Whether in work, community or home situations, people need to be more comfortable in managing everyday disputes. This module helps you understand the positive value of conflict and its predictable dynamics. You will discover more about your preferred style of handling conflict and how to harness other styles. Through interactive discussion and role-play, you will learn practical skills for reflective listening, being assertive, negotiating and problem solving. You will be better able to handle hot emotion and to shift stubborn positions. A further course on Mediation Skills is offered in Spring 2014.

BELFIELD

7 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11 (No class bank holiday Mon, Oct 28)

1 Saturday 10.00am-5.00pm 12th October 2013 FEE €190

DRAMA

Irish Drama from 1980 to Today: An Introduction

AUTUMN AE-DN107 Susanne Colleary

This course will critique, explore and interrogate both text and performance as a means of gaining deeper insight into the content and the craft of theatre making in Ireland. Students will be invited to take a tour both of the Abbey Theatre and the Project Arts Centre in order to understand their respective ethos' and practice as two of Ireland's most established and influential artistic institutions. These tours will form the backbone of this survey course of Irish Theatre and Performance, beginning in 1980 and continuing until the present day. Students will be introduced to playwrights such as Brian Friel, Tom Murphy, Frank McGuinness, Marina Carr and Siofra Campbell, among others.

BELFIELD

9 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19

1 Saturday 11.00am-1.00pm Sept 28 (Tour and theatre fees not included) FEE €190

ECONOMICS

Introductory Applied Economics AUTUMN AE-BN111 Joe Durkan

This course introduces participants to some basic economic concepts and uses them to illustrate the economic aspect of many policy issues of the day. The course addresses the big-picture questions (macro) but it also considers the more detailed questions (micro) that matter. Thus we look at what makes an economy grow in a macro sense and also look at the micro policies that make it possible. Throughout, examples will be used to illustrate the points.

BELFIELD

10 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

Ireland's Rivers and Lakes Revealed!

AUTUMN AE-HN179 *Ken Whelan*

The island of Ireland possesses an aquatic heritage which is unique in Europe. Packed into a land area of just 84,000 km² is a vast array of loughs, rivers and streams. Participants will learn how our rivers and lakes were forged from a mixture of fire and ice; how aquatic life first appeared and how by genetic selection and diversification life thrived in these systems. It will describe our water resources as a source of energy and as pathways for transportation. Strategies will be discussed to ensure the sustainability of our unquenchable thirst for greater and greater volumes of this unique and fast disappearing native treasure.

BELFIELD

7 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5

3 Saturdays 11.00am-1.00pm Oct 5, 19, Nov 2 FEE €190

Irish Birds

AUTUMN AE-HN105 Richard Collins

Ireland is rich in birds and this course will help you identify them through ten talks (with slides and recordings of birdsong) and half-day field outings (at weekends) to the best bird-watching haunts near Dublin. We examine how birds live, feed, breed and migrate, their psychology, society, behaviour, history and folklore. The approach is informal and relaxed. No previous knowledge is required.

BELFIELD

10 Thursdays 7.30pm-8.30pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 Plus separate field trips FEE €190

FILM

The Classic Era of Hollywood Cinema 1910-1960

AUTUMN AE-FN116 *Eric Egan*

This course will examine the Hollywood dream factory throughout the studio heyday. Tracing its transformation from carnival side to world domination in the 1920s, through the height of the classical era in the 1930s and '40s, to the post-war decline, the breakup of the studio system and the transformation of the industry in the 1950s ,we will seek to locate American cinema in a wider social, political and cultural context. The course will examine its mode of production, principle stylistic and narrative trends, significant films, filmmakers and stars along with some rarities, overlooked works in need of reappraisal, and filmic oddities.

BELFIELD

10 Thursdays 7.30pm-9.30pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 FEE €190

GENEALOGY

Introduction to Genealogy/ Family History

AUTUMN AE-GN102 Sean Murphy

This course aims to provide students with basic guidance in tracing ancestors and learning more about our families in the past. A range of records will be examined, many of them now conveniently searchable online, including census, birth, marriage and death and valuation records, church registers, wills, memorial inscriptions, newspapers and directories. Participants will be encouraged to compile a portfolio of copy records and notes to share with their families and to compare findings with fellow students.

BELFIELD

10 Thursdays 7.30pm - 9.30pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 FEE €190

HISTORY

The Kennedys: An Irish American Political Dynasty

AUTUMN AE-HN184 Sarah Feehan

This course is a study of the Kennedy family and their role in late nineteenth and twentieth century America. Taking a chronological approach it will trace the establishment of what has become known as a great Irish American political dynasty. It will begin by looking at the two political figures, John Francis Fitzgerald and Patrick Joseph Kennedy, who made the breakthrough that sets the foundation for the dynasty. It will then move forward to consider the achievements of John F. Kennedy, Robert Kennedy and Edward Kennedy. While considering many figures in this dynasty the course will dedicate almost half of its classes to John F. Kennedy who epitomised the dynasty in the twentieth century.

BELFIELD

10 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

A Fatal Influence? Anglo-Irish Relations 1798-1998

AUTUMN AE-HN187 Richard McElligott

This ten week lecture series explores the varied and often strained relationship between Ireland and Great Britain in the modern era. It offers a wide overview of Anglo-Irish relations from the 1798 Rebellion and subsequent Act of Union of 1801 to the signing of the Good Friday Agreement in 1998. The course helps participants to understand the origins and development of constitutional relations between Britain and Ireland and the powerful personalities who helped shape it. Additionally, it examines the impact that the 'Troubles' in Northern Ireland and the subsequent Peace Process had on the nature of Anglo-Irish relations.

BELFIELD

10 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

Uncovering 1916 AUTUMN AE-HN122 *Richard McElligott*

Hosted by the National Library of Ireland and benefiting from the use of its collections, this course will explore the events surrounding the 1916 Rising. Lectures will reveal the context, development, course and aftermath of the rebellion as well as issues surrounding its interpretation and commemoration. Manuscript material, documentary footage, contemporary newspapers, ephemera and the Library's photographic collection will elucidate the subject for participants. The course will conclude with a field trip to the excellent Easter Rising Exhibition at the Collins Barracks Museum.

NATIONAL LIBRARY

8 Wednesdays 10.00am-12.30pm Oct 2, 9, 16, 23, 30, Nov 6, 13, 20 FEE €195

Europe 1919-1939: Democracy and Dictatorship between the Wars

AUTUMN AE-HN182 Michael Doran

After the trauma of World War One, the post-war hopes of many Europeans were challenged by economic hardship and political uncertainty. This course will examine and discuss the main developments that occurred in Europe during the inter-war period. This will include the failure of democracy and the rise of political extremism. The course will try to explain why much of Europe would be ruled by dictatorships and authoritarian regimes. The focus will be on events in the main European countries and also on the leading personalities of the period, e.g., Mussolini, Hitler and Stalin. It was because of these political changes that Europe would, in 1939, enter the catastrophe of World War Two.

BLACKROCK

10 Wednesdays 2.00pm-4.00pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 FEE €190

Exploring Medieval Dublin AUTUMN AE-HN186 *Gillian Kenny*

This course explores the origins and history of Dublin, by examining the society, economy and culture of medieval Dublin from the earliest evidence of settlement, through the Viking and Anglo-Norman periods until the advent of the Tudors. Students will be introduced to a diverse and interesting range of topics concerning the medieval city, its people, its traditions, its troubles and its triumphs. Two field trips will be made to view and more fully experience what is left of medieval Dublin.

BELFIELD

8 Wednesdays 7.30pm-9.30pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13

2 Saturdays 11.00am-1.00pm Oct 12, Nov 16 FEE €190

The History of Ireland: From Plantations to Partition (c. 1500-c. 1922)

AUTUMN AE-HN180 John Cronin

This course will address all the major events of Irish history from the beginning of the Tudor conquest in 1534 to the creation of the Irish Free State and Northern Ireland in 1921/22. The first half of the term will focus on the early modern period, from c. 1500 AD to the penal era of the 18th century. We will then look at developments in Irish nationalism, starting with the 1798 Rebellion to the 1916 Rising. Finally, we will look at the creation of the Irish Free State, later the Republic of Ireland, and Northern Ireland.

BELFIELD

10 Thursdays 7.30pm-9.30pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 FEE €190

HISTORY

A History of Dublin through Walks and Talks

AUTUMN AE-HN115 *Áinnle O'Neill*

This course highlights Dublin as an historical city, whose many highways, byways, large buildings, houses, etc., help to tell the story of how Dublin grew from a small trading post in the 9th century, to become the second city of the British Empire in the 19th. The talks present the background historical details, which are fleshed out and placed in context during the relevant walks.

BELFIELD

5 Thursdays 7.30pm-9.30pm Sep 26, Oct 3, 10, 17, 24

5 Saturdays 10.00am-12.00pm Sept 28, Oct 5, 12, 19, Nov 2 (No class Oct 26, bank holiday) **FEE €190**

INFORMATION TECHNOLOGY

Digital and Social Media: An Introduction

AUTUMN AE-IN101 Keith Feighery

This two-day course will demonstrate to users how best to use key web-based digital and social media tools and platforms that are changing the way we source, communicate and distribute information online today. Content covered will focus on how to create and use personal profiles on social networking sites such as Facebook, LinkedIn and Twitter. It will also cover setting up and using blogs as well as capturing and sharing video and photographic content through sites such as YouTube, Instagram and Pinterest.

BELFIELD

2 Saturdays Sept 28, Oct 5 FEE €135 10.00am-5.00pm

Globalisation and Development AUTUMN AE-TN112 Andy Storey and Vincent Durac

This course is designed to introduce students to key themes in global politics and development. The phenomenon of 'globalisation' can be defined as the increasing interconnectedness of countries, as manifested through closer trade, investment and other economic ties. It is also evident through the claimed emergence of a common global culture. These definitions and claims will be examined during the course, as will the possible 'downsides' of globalisation, including the intensification of climate change. Finally, the challenges of governing a more globalised world economy will be addressed.

BELFIELD

10 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

LAW

Irish Family Law AUTUMN AE-BN109 Paul Ward

The object of this course is to consider the fundamental principles governing family law. The course content will be current, thorough and comprehensive and will trace the development of family law providing an understanding of the remedies available when marriages break down. Family law is comprised of Constitutional, Public and Private law. The course will examine these various influences and provide an understanding and appreciation of this interesting and complex area of the law.

BELFIELD

10 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

Living Well, Living Mindfully AUTUMN AE-PN111 Fidelma Farley

While many of us want to live and experience our lives in a meaningful way, we find it hard to slow down, to take the time to look below the surface busyness of our lives to find who we really are and what we really want and value. These two workshops will introduce you to Mindfulness, which provides a set of skills and helpful techniques that enable us to become more aware of ourselves and our experience. By developing this awareness in a non-judgemental way, we enhance our quality of life, and our ability to care for ourselves.

BELFIELD

2 Saturdays Oct 5, 12 FEE €120 10.00am-4.00pm

LITERATURE

Jane Austen: Her Novels, Times and Legacy

AUTUMN AE-LN172 Lori Comerford

What do zombies, game theory and Colin Firth have in common? All have benefitted greatly from being associated with the novels of Jane Austen. 2013 marks the bicentenary of the publication of Pride and Prejudice, so why not take the opportunity to become acquainted or reacquainted with the novels, times and legacy of this much loved author. Whether you're a newcomer or you know each novel by heart, this course will offer something challenging and new as we place the novels in their historical and literary context and look at the lasting effect they have had on our culture.

BELFIELD

10 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

Home and Away: Exile in Irish Writing

AUTUMN AE-LN174 *Alan Graham*

Displacement and the yearning for home has long been a feature of Irish literature. Engaging with prose, drama and poetry, this course will explore the theme of exile in twentieth-century Irish writing. Different forms and understandings of exile will be charted in selected texts, including the plight of the Irish emigrant, the 'culchie' in Dublin and the marginalisation of women in Irish society. A particular focus will be the experience of Protestants in independent Ireland. Lectures take place in the National Library.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Tuesdays 10.00am-12.30pm Oct 1, 8, 15, (no class 22), 29, Nov 5, 12, 19, 26 FEE €195

Writing Ireland AUTUMN AE-LN179 Garrett Fagan

This course provides an introduction and grounding in important Irish writers from Yeats and Joyce to Heaney and Roddy Doyle. Students will encounter writers from the nineteenth and early twentieth century right up the present day. Students will be given a grounding in how to read novels, poems and plays at a deeper level than the casual reader and will be invited to examine how Irish writing deals with social and historical issues in defining Ireland and Irishness. No prior knowledge or skills are required for this course beyond and enjoyment of reading and an interest in Ireland and its culture and history.

BELFIELD

10 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

Modern Literature and the City AUTUMN AE-LN181 Tutor to be confirmed

The city is the defining feature of modern life. During the past two centuries it has increasingly come to define the way that people interact, and communities are formed. This course will examine how writers from diverse backgrounds have depicted urban experience since the nineteenth century, and seek to understand how the city has changed the way texts are both written and read. Just as the city has changed modern life, this course will consider how it has changed modern literature.

BLACKROCK

10 Wednesdays 10.00am-12.00pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 FEE €190

The Human Condition: Czech Writers and the World AUTUMN AE-LN173 Jana Fischerova

The aim of this course is to explore the connections that exist between certain major Czech writers and some famous writers of other literatures. Our consideration of these specific links – between Arnošt Lustig and Primo Levi, Josef Škvorecký and Ernest Hemingway, Zdeněk Jirotka and P.G. Wodehouse, Václav Havel and Tom Stoppard and Samuel Beckett – will serve as a basis for a more general discussion about the role and power of literature. We will look at how ideas concerning the human condition transcend national and other boundaries, and address the question of what makes a work of literature universally valid.

BELFIELD

10 Wednesdays 7.30pm-9.30pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 FEE €150 The fee for this course is subsidised by the Ministry of Foreign Affairs for the Czech Republic.

Reading for Your Life AUTUMN AE-LN109 Peter Labanyi

We are living in a volatile world that overwhelms our capacities to make sense of it and of our own precarious existence. It is here that classic modernist fiction can provide psychological mirroring and inspiration. This course thus focuses on how key European novelists - Kafka, Proust, Thomas Mann, Camus - can help us with our struggles: to create values, meaning and a coherent self. Our approach - a master-class in active reading - will deepen literary interpretation into personal exploration. We will develop the positive potentials - dreams, visions, moments of intensity and wholeness - to be found in these texts and, not least, in ourselves.

BELFIELD

10 Thursdays 7.30pm-9.30pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 FEE €190

Literary Classics

AUTUMN AE-LN141 Barbara Hughes, Wendy Ward and A.N. Other

This course, which is held in Pobalscoil Neasáin in Baldoyle, will explore a variety of literary classics from authors Emile Zola, Raymond Chandler, JG Ballard, Haruki Murakami, William Wordsworth, Ralph Waldo Emerson, Charlotte Perkins Gilman and others. The book list is available online at **www.ucd.ie/adulted**. The spring module, which will deal with a different set of classic texts, is open to both new and continuing students.

BALDOYLE

10 Fridays 10.00am-12.00pm Sept 27, Oct 4, 11, 18, 25, Nov 1, 8, 15, 22, 29 FEE €190

MUSIC

Sound Advice: Enjoying Classical Music

AUTUMN AE-MN108 Michelle Sludds Hickey

This course offers a guide to enjoying Classical Music, an approach to perceptive listening and an introduction to musical elements, form and stylistic periods from chant to Chopin to Copland. It assumes little or no musical background and is for those who would like to broaden their musical horizons in a friendly atmosphere. The course includes interactive discussions of composers' lives and their works. We will examine musical characteristics from medieval, baroque, classical, romantic, impressionistic and 20th century eras. We will listen to how music communicates to us and the relationship between composer, performer and listener. Through participation in class, the basics of music ingredients and notation will be explained, with practical exercises in rhythm, melody and listening. Bring a sense of humour, pencil and paper and be prepared to sing and clap! The course includes 2 visits to live concerts (Tickets not included).

BELFIELD

10 Wednesdays 7.30pm-9.30pm Sept 25, Oct 2, 9, 16, Nov 6, 13, 20, 27, Dec 4, 11 FEE €190

PHILOSOPHY

Moral Dilemmas AUTUMN AE-QN131 Sandra Bonetto

Moral or ethical dilemmas have been a problem for moral theorists as far back as Plato. A moral dilemma is a complex situation that involves a conflict between moral imperatives, in which to obey one would result in transgressing another. Students will be exposed to several key ethical theories and a number of ethical dilemmas. They will be asked to discuss and debate these in class. The main aim of the course is to introduce students to ethics and for them to gain an understanding of the complexities involved in making moral decisions.

BELFIELD

10 Thursdays 7.30pm-9.30pm Sept 26, Oct 3, 10, 17, 24, 31, Nov 7, 14, 21, 28 FEE €190

Logic and Reasoning AUTUMN AE-QN140 Angelo Bottone

When judgements are confused, or not thought through, reason can help. The aim of this course is to introduce students to the basic ideas of logic and correct reasoning. They will learn how to analyse ordinary language statements and translate them into logical forms. Students will become familiar with the rules of good argument. They will be made aware of some of the ways in which reasoning can fail in order to recognise popular mistakes in themselves or in others. Examples from everyday arguments and common controversies will be discussed in class. Concepts such as formal reasoning, inference, deduction, induction, syllogism, validity, truth and falsity will be considered. Symbols and technicalities will be kept to a minimum. No previous knowledge is required.

BELFIELD

10 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

Just Be There: One Essential Thing We Can Do

AUTUMN AE-QN132 Phil Huston

Sometimes the most important or only thing we can do for other people is to 'be there' for them. What do we mean by 'being there'? How can we be present in a meaningful way? How am I when I am being present? What happens between me and the other person? When I am not really present, what impact does my absence have on the other person and on myself. These are some of the questions we will address together on this course with the assistance of Martin Buber's classic text *I and Thou*.

BLACKROCK

10 Tuesdays 10.00am-12.00pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

PHILOSOPHY

Readings in Philosophy 1 AUTUMN AE-QN136 Paddy Quinn

This course will examine some of the following philosophers' views: Aristotle's contrasting views on what constitutes the ethical person, St. Thomas Aquinas and Gilbert Ryle on whether we can teach ourselves, Henri Bergson on science and philosophy, Pierre Hadot on philosophy as a way of life, Hannah Arendt on collective responsibility, Bertrand Russell on Mysticism and Mary Warnock on the nature of choice. No previous familiarity with philosophy is required, although it can obviously be useful, and relevant handouts on topics discussed with be given. Course participants are encouraged to contribute to class discussions if they wish.

BLACKROCK

10 Wednesdays 10.00am-12.00pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 FEE €190

Searching for the Self: Is There Such A Thing? A Philosophical Investigation Part 1

AUTUMN AE-QN134 Paddy Quinn

There is a general belief that there is a "self" e.g. an "I", "myself", "yourself" "ourselves" etc. Yet some philosophers, like David Hume, have disputed this claim. The course will examine the question through the views of such philosophers, as Hume's own response to Descartes. Others who addressed the topic include St. Augustine, Plotinus, Ludwig Wittgenstein, Mary Warnock and Mary Midgley, the poet John Clare and P.H. Pearse's autobiographical notes with contributions from Bernard Williams and Hywel D. Lewis. The concept of the self is also connected with the notion of person, a further issue to be discussed. No previous knowledge of philosophy is required. Course participants are encouraged to contribute to class discussions and relevant handouts will be given.

BELFIELD

10 Wednesdays 7.30pm-9.30pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 FEE €190

Politics of Food AUTUMN AE-HN157 Frank Armstrong

With the human population standing at 7 billion the challenge of feeding so many has never been greater. Despite huge progress in the past century, global warming, loss of biodiversity and the imminence of peak oil endanger agriculture. In the Third World malnutrition and even starvation continue, yet we confront a global obesity epidemic driven by over-consumption, as well other diet-related health problems. This course will examine the state and corporate actors that control the global production and supply of food. We will also explore the important cultural role that food plays in forging bonds between families, communities and nations. A trip to Dublin Urban Farm will be arranged.

BELFIELD

9 Mondays 7.30pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25 (No class bank holiday Mon, Oct 28)

1 Saturday Oct 5 FEE €190 10.00am-12.00pm

PSYCHOLOGY

Introduction to Psychology AUTUMN AE-PN122 BLACKROCK AUTUMN AE-PN123 RATHMINES AUTUMN AE-PN125 BELFIELD Martina Carroll

This course introduces developments in Psychology through the 20th Century to the present day. It will be delivered in a very practical and fun way, making it accessible to anyone who has an interest in finding out more either personally or professionally. It will clarify the different traditions of psychology, mental health and therapy e.g. Counselling and Clinical Psychology, Psychiatry, Psychoanalysis and Psychotherapy.

The core topics will introduce you to the wonders of the human mind. There will be lectures followed by class activities and discussion about human behaviour including individual behaviour, the behaviour of social groups and what's often considered abnormal or deviant behaviour. All of the topics have implications for understanding mental health and psychological wellbeing. These are all topics that would be studied in a Psychology degree.

BLACKROCK

10 Mondays 10.00am-12.00pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

RATHMINES

10 Mondays 7.00-pm-9.00pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €190

BELFIELD

10 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

Psychology of Happiness AUTUMN AE-PN108 Nicky O'Leary

Ever wondered what makes you happy? Psychologists are now becoming clearer on what makes people happy. Using a mixture of theory and experiential learning this course will explore the psychological study of happiness. Whether you are searching for a pleasant life, the good life, or a meaningful life this course will inform you about the ideas, the attitudes and the behaviours that underlie and create happiness in everyday life.

BLACKROCK

10 Tuesdays 10.00am-12.00pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

Effective Stress Management for Modern Living

AUTUMN AE-PN127 Martin Kelly

As the philosopher Lao Tse once said: the biggest problem in the world could have been solved when it was small. This practical course will help you apply a comprehensive and dynamic approach to managing the stress of modern daily life, both at home and in your place of work. Drawing from an overview of the nature of acute and chronic stress, you will be shown how to create your own personal stress management system. This will enable you to identify the sources and symptoms of stress in your life and deal with them effectively. Throughout the course, all key ideas and strategies will be grounded in the learning and practice of relevant exercises, and you will be guided in the use of excellent psychological techniques such as anchoring, progressive relaxation and creative visualisation.

BELFIELD

10 Tuesdays 7.30pm-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €190

SPORT

Sport and Fitness Science for Performance and Health

AUTUMN AE-SN104 Domenico Crognale

Knowledge and research in sport and exercise science has increased tremendously in the last 20 years. New training and teaching principles are currently being used to develop more effective and interactive training programmes for children, general populations and athletes. This course will provide an overview of the physiological background in sport and exercise and the applications of those principles in real settings such as fitness classes for wellbeing or training programmes for performance. Particular attention will be given to training principles and ideas that can be simply and immediately applied without the need to be part of a state-of-the-art sport facility.

The course will aim to bridge the gap between science and practice in sport and health providing simple scientific background and practical examples. Discussion is encouraged and no previous knowledge of the topic is required.

BELFIELD

10 Wednesdays 7.30pm-9.30pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 FEE €190

Creative Step: Creative Writing for Beginners

AUTUMN AE-WN106 *Mark Granier*

To write creatively is to think creatively, and thinking creatively can help us make sense of our lives. Sometimes all it takes is one small but decisive step. This course is designed to help people take that step; people who are keen to begin writing but remain intimidated by the blank page. Rather than critiquing students' older work, emphasis will be on producing something new: crafting effective and imaginative sentences, learning how to be attentive to words and finding ways to surprise readers (including ourselves). As one former student put it, 'the variety of literary forms really helped to stretch me and brought out different people's strengths.' A selection of short stories, flash fiction, poems and various ice-breaking and triggering exercises will offer ways for exploring language and distilling experience. Group discussion will play an important part in these classes.

BELFIELD

10 Mondays 7.30pm-9.30pm Sept 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2, 9 (No class bank holiday Mon, Oct 28) FEE €190

Writing Fiction 1

AUTUMN AE-WN135 Patricia O'Reilly

Writing fiction is an adventurous act best served by nudging aside reality, a word at a time. The focus of Writing Fiction 1 is to bring participants on this adventure. The 10-week course is tailor-made towards writing fiction that appeals to today's changing market. In Fiction 1 focus is on sourcing storylines and creating strong plots. The course is suitable for emerging as well as more established writers interested in writing novels and short stories for print as well as radio. The core strengths of Writing Fiction 1 are analysis of writers' work, group participation and discussion.

BLACKROCK

10 Wednesdays 10.00am-12.00pm Sept 25, Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27 **FEE €220**



OPEN LEARNING

SEMESTER 2 SPRING FEBRUARY - MAY 2014

The Age of Caravaggio SPRING AE-AN257 Philip Cottrell

This course offers an introduction to the startling and dramatic work of the Italian painter Caravaggio (1571-1610) by placing him within the context of his followers and rivals. In constructing an anatomy of the stylistic movement of Caravaggism which his art inspired, we shall focus on such topics as the portrayal of homoerotic and violent subject matter, the development of low-life genre scenes, and Caravaggism's characteristic response to light. The course also investigates Caravaggio's leading Baroque contemporaries, including the Carracci, Rembrandt and Rubens. The course culminates in a field trip to the National Gallery of Ireland.

BELFIELD

6 Tuesdays 6.30pm-8.30pm Jan 28, Feb 4, 11, 18, 25, Mar 4 FEE €115

A Jewellery Lover's Practical Guide SPRING AE-AN256 Mova Corcoran

This will be a fun and informative course giving practical information across antique, costume and modern jewellery. It will give you the confidence to be an informed buyer by covering the basics of how to read gemstone certificates, how pieces can be dated, tips for purchasing jewellery and how to care for jewels. It will also give you an understanding of when professional help is needed when buying. There will be a field trip to an auction house.

BLACKROCK

8 Thursdays 10.00am-12.00pm Feb 6, 13, 20, 27, Mar 6, 13, 20, 27 FEE €155

Irish Women Artists at the Hugh Lane

SPRING AE-AN259 Síle McNulty-Goodwin, Education & Research Curator, Dublin City Gallery The Hugh Lane

The Dublin City Gallery, The Hugh Lane may not exist today only for the significant contribution of key women in its establishment. The gallery holds an impressive collection of renowned Irish women artists. This course will trace Irish women artists from the foundation of the gallery to the present day, looking at them both in Ireland and their training abroad. These esteemed artists excelled in many media. Our focus will be on painting, stained glass and sculpture. Key movements such as Post-Impressionism, Cubism and Modern Art movements will be examined and their influence on these women discussed. The gallery's significant collection of contemporary sculpture will be in focus along with some stained glass works.

 Dublin City Gallery The Hugh Lane

 8 Thursdays
 2.00pm-4.00pm

 Feb 6, 13, 20, 27, Mar 6, 13, 20, 27
 FEE €160

Impressionism: An Introduction SPRING AE-AN251 Jessica Fahy

Impressionism was a fascinating and important art movement which began in 19th century France. The development, responses to and influence of this distinctive style of painting is the focus of this course. Each week there will be detailed analysis of individual responses by artists to the theories of the movement. Artists to be discussed include Manet, Monet, Degas, and Renoir. An essential element is to see the paintings in person with visits to the National Gallery and the Hugh Lane Gallery to explore the wonderful collection French Impressionist works there as well as tracing the style in Irish art.

BLACKROCK

8 Fridays 10.00am-12.00pm Feb 7, 14, 21, 28, Mar 7, 14, 21, 28 FEE €155

Art Appreciation: An Introduction SPRING AE-AN230 Karina O'Neill

Learn to engage with the creative beauty in the world around you. This course serves as an introduction to art appreciation and draws on the wealth of material housed in art and cultural institutions in Dublin. Divided equally between class-based learning and site/gallery visits, learners will be guided in an evaluation of a variety of media, techniques and styles, and will learn to interpret subjects and themes in works of art. Direct engagement with works of art, sculpture and architecture is a key element to this course and brings the information discussed in class to life. Discussion and personal response is encouraged and no previous knowledge of the History of Art is required.

BLACKROCK

8 Fridays 2.00pm - 4.00pm Feb 7, 14, 21, 28, Mar 7, 14, 21, 28 FEE €155

Francis Bacon at the Hugh Lane

APR/MAY AE-AN260 Síle McNulty-Goodwin, Education & Research Curator, Dublin City Gallery The Hugh Lane

This course focuses on Francis Bacon's works at Dublin City Gallery The Hugh Lane. Divided into four distinct areas, the course will look firstly at the artist's studio, which in 1998 was removed in its entirety from London and brought to the Hugh Lane by a team of conservators. Of huge importance to this collection is conservation and preservation, which will be examined next. Following this will be a study of some of the 7,000 items found in Bacon's studio, including many books and photographs, and their significance to Bacon's work. Finally the course will look at Francis Bacon's international appeal and success, and the global demand for his work.

Dublin City Gallery The Hugh Lane

4 Thursdays 2.00pm-4.00pm Apr 24, May 1, 8, 15 FEE €80

CONFLICT

Mediation Skills: Module 2 SPRING AE-SN202 Geoffrey Corry

Building on the skills gained in Module 1, you will practice third party mediation skills through five role plays in neighbour, workplace and intact family disputes. Problems in "getting parties to the table" and the five phases of a generic mediation process are introduced. You will learn how to suspend judgement, stay neutral, use a number of empowerment strategies as well as techniques of power balancing and reframing. Completion of Modules 1 and 2 and a further 20 hours in April/May 2013 allow participants to obtain accreditation from the Mediators Institute of Ireland leading to a Certificate of Practice.

BELFIELD

7 Mondays 7.30pm-9.30pm Feb 3, 10, 17, 24, Mar 3, 10, 24 (No class bank holiday Mon, Mar 17)

1 Saturday Feb 15 **FEE €190** 10.00am-5.00pm

Contemporary Irish Theatre in Focus

SPRING AE-DN206 Emma Creedon

This course will focus on the contemporary Irish theatrical scene. At the beginning of this course, students will be brought on a private backstage tour of The Gaiety Theatre. This "backstage pass" is the foundation point for developing an understanding of how a play is actually staged, before a study of contemporary Irish playwrights ensues. We will explore how Ireland's theatre practitioners are approaching both canonical dramatic texts and devising new applied theatrical performances. Critiquing a mix of theory and practice is essential for exploring the rich tradition of producing drama in Ireland. Developing from this, seminars will feature close readings of specific plays by contemporary Irish playwrights such as Tom Murphy, Mark O'Rowe, Marina Carr and Frank McGuinness.

BELFIELD

7 Tuesdays 7.30pm-9.30pm Feb 4, 11, 18, 25, Mar 4, 11, 18

1 Saturday 11.00am-1.00pm Feb 8 FEE €155

ECONOMICS

The Economics of the Current Great Recession

SPRING AE-BN210 Joe Durkan

The current economic and financial crisis facing the developed world is the most serious since the Great Depression of the 1930's. This course sets out to examine the causes of the recession and how different regions - the US, UK, Eurozone - responded to it. A by-product of the recession has been major turmoil in the Eurozone and the course shows how the poor design of the Eurozone led to pressure on national governments once the recession resulted in different emerging budget deficits across the Eurozone. The particular problems in Ireland, with the emergence of the property and housing bubble, and their ultimate collapse, are explained, as are the consequences for the society of the fall in output, the rise in unemployment, and the banking crisis. The course then looks at possible solutions to the crisis, showing how little room for manoeuvre national governments in the Eurozone have, but how collective action could ease the situation.

BELFIELD

8 Mondays 7.30pm-9.30pm Feb 3, 10, 17, 24, Mar 3, 10, 24, 31 (No class bank holiday Mon, Mar 17) FEE €155

Motorcycles, Monsters & Megalomania – New Hollywood in the 1970s

SPRING AE-FN215 *Eric Egan*

The 1970s was a decade of profound and far reaching change in American cinema. The breakdown of the studio system unleashed a wave of uncertainty and opportunity that gave birth to towering infernos, killer sharks and intergalactic battles in galaxies far far away, as well as some of the most iconic and groundbreaking films in American film history. Films such as Chinatown, Taxi Driver and Klute created an American Art Cinema of loneliness, fear, angst and paranoia. This course sets out to look at these changes and examine the films that emerged during this most fertile of filmic periods.

BELFIELD

8 Thursdays 6.30pm-9.30pm Feb 6, 13, 20, 27, Mar 6, 13, 20, 27 **FEE €230**

HISTORY

A History of Irish Food

SPRING AE-HN256 Frank Armstrong

Until recent times Irish attitudes to food have tended to be characterised by indifference to its finer points. This is perhaps a legacy of painful famine and stoic Catholicism. We will trace the origins of agriculture in this country, and identify how the process of colonisation radically changed the native diet, particularly through the introduction of the potato and the integration of Ireland into the British imperial economy. We will explore how varieties of 'traditional' Irish food came into being, and examine the culture that emerged, especially in the wake of the Celtic Tiger. We will chart the future direction of this fundamental life source. A trip to the Museum of National History will be arranged.

BELFIELD

7 Mondays 7.30pm-9.30pm Feb 3, 10, 17, 24, Mar 3, 10, 24 1 Saturday 10.00am-12.00pm Feb 15 (No class bank holiday Mon, Mar 17) FEE €155

HISTORY

The Vietnam War Through a Lens: A History of the Vietnam War and its Representation on Film

SPRING AE-HN285 Sarah Feehan

This course will focus on the history of the Vietnam War from an American perspective. It will examine the major events in the conflict and consider how these events have been portrayed on film. It will also analyse the soldier's experience in Vietnam, the anti-war movement and the life of the returning veteran. The course aims to give a comprehensive understanding of the history of the Vietnam War while comparing and contrasting the history with the popular understanding of the conflict which has been propagated by the more than 400 films relating to the subject. The course does not presuppose knowledge of either the conflict or the films relating to it.

BELFIELD

8 Mondays 7.30pm-9.30pm Feb 3, 10, 17, 24, Mar 3, 10, 24, 31 (No class bank holiday Mon, Mar 17) FEE €155

Hidden Dublin: From the Monto to Little Jerusalem

SPRING AE-HN267 Donal Fallon

This course will provide people with an insight into the social history of the Irish capital in the late nineteenth and early twentieth centuries. By combining classroom lectures with walking tours, the course aims to shine a light on the lives of ordinary Dublin citizens historically, looking at issues like housing, class, culture, politics and more. Irish history has traditionally focused on famous male characters, yet this course aims to explore the lives of the forgotten and marginalised, including women and children. The class will introduce people to some of the more unsavoury aspects of Dublin's past, while also celebrating the rich history of the city.

BELFIELD

4 Tuesdays 7.30pm-9.30pm Feb 4, 11, 18, 25 4 Saturdays 11.00am-1.00pm Feb 8, 15, 22, Mar 1 FEE €155

Irish War of Independence 1919-1921

SPRING AE-HN232 Richard McElligott and Conor Mulvagh

This course explores the events, impact and legacy of the Irish War of Independence. It discusses key aspects of the political and military campaigns both at a national and a regional level. The course also examines the Anglo-Irish Treaty signed on 6 December 1921 and the political fallout following its ratification. The course ends with an examination of the Irish civil war and an assessment of the commemoration and memory of the struggle in the ninety odd years since. Run in conjunction with the National Library of Ireland, participants have an opportunity to view a wide variety of primary source material relating to this period.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Wednesdays 10.00am-12.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 FEE €195

The Lost World: The Life and Death of Gaelic Ireland

SPRING AE-HN290 *Gillian Kenny*

This course will introduce students to a real life 'Lost World'. A world where marriage was non-religious, where divorce was decided at will, where illegitimacy was unknown and in which a warrior culture lived a life not far removed from that celebrated in the Irish myths. This course will introduce students to the oldest body of literature in Western Europe and examine the society, culture, economy and religion of a Gaelic world that was a link to a distant Iron Age past but which was to be destroyed in two genocidal centuries from the 16th to the 17th.

BELFIELD

8 Wednesdays 7.30pm-9.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 **FEE €155**

City of Light: A History of Paris from its Origins to the Present SPRING AE-HN236 Laura O'Brien

This course will provide an introduction to the political, social and cultural history of the city of Paris. Moving chronologically, the course will explore the development of this fascinating city from its earliest beginnings to the present day. Students will be introduced to a wide variety of material, including art, architecture, literature (in translation), music and film, as they learn how Paris became one of the world's greatest cities and a focal point for new developments in politics, society and culture. No prior knowledge of French or European history or the French language is required.

BELFIELD

8 Tuesdays 7.30pm-9.30pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 **FEE €155**

"The Brightest Jewel in the Crown" - India and the British Empire

SPRING AE-HN283 Michael Doran

During the 18th and 19th centuries, the Indian sub-continent gradually came under British control. This course will examine how Britain established domination and the impact of that rule on India, especially during the period of the Raj. The role of key personalities, ranging from Robert Clive to Gandhi will be considered. There will also be focus on key events such as the Indian Mutiny. The course will examine why British colonial rule quickly began to disintegrate after World War One, the chaotic nature of British withdrawal and the decisions behind the 1947 Partition.

BLACKROCK

8 Wednesdays 2.00pm-4.00pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 **FEE €155**

Modernity and Revolution in Europe (1871-1968)

SPRING AE-HN288 Eamonn McGrattan

How important was the revolutionary tradition to the construction of modern democratic politics and society? What was the relationship between popular upheaval and revolutionary terror? Does the revolutionary tradition hold any relevance in 21st Century Europe? Beginning in the nineteenth century Paris of Louise Michel, the 'Red Virgin of Montmartre', and climaxing with the upheavals of 1968, this course will provide a broad introduction to the dramatic, and often violent, history of radical popular revolt in modern Europe. Emphasis will be placed on the voices of the men and women who participated in these revolutionary events and on interrogating the meaning and legacy of the revolutionary tradition that inspired and haunted European society throughout the course of these hundred years. The course will be taught using a variety of historical media including movies, novels, poems and the occasional history book. A walking tour of revolutionary Dublin will also be held on the morning of Saturday, 1st March.

BELFIELD

7 Wednesdays 7.30pm-9.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19 1 Saturday 10.00am-12.00pm Mar 1 FEE €155

HISTORY

More Walks and Talks SPRING AE-HN216 *Áinnle O'Neill*

This course fleshes out themes touched on in the "Walks and Talks" course – health, food, customs, fire-fighting, water supply and transport- and studies how they developed over 1,200 years of Dublin's history. The walks cover the western and northern inner suburbs which developed over the same period and feature many little-known parks and buildings, which played important roles in Dublin's history. New and continuing students welcome.

BELFIELD

5 Thursdays 7.30pm-9.30pm Feb 6, 13, 27, Mar 6, 13 (no lecture 20 Feb)

5 Saturdays 10.00am-12.00pm Feb 8, 15, Mar 1, 8, 22 (no walks 22 Feb or March 15) FEE €190

Battlefield Dublin

SPRING AE-HN281 John Cronin

This course is intended to provide participants with an overview of the major military events in the county and city of Dublin over the last millennium or so (c1000 AD to 1922). The course shall use a mixture of lectures, discussions, multi-media material and walking tours to elucidate the major conflicts that took place within the city and county boundaries. Through these means it shall explain the background to these clashes, describe the fighting in each of the battles/conflicts under study, and explain the historical and cultural impact of these events on the county and the country.

BELFIELD

6 Thursdays 7.30pm-9.30pm Feb 6, 13, 20, Mar 6, 13, 20

2 Saturdays Mar 1, 22 10.00am-12.00pm

FEE €155

OPEN LEARNING : SPRING

Human Rights SPRING AE-BN201 Mary Purcell

This course will introduce students to some of the key components of Human Rights theory and practice. It will examine the history and philosophy of Human Rights from the time of the Greeks and Romans to modern day. It will look at Human Rights law at the United Nations, Regional (Europe, Americas and Africa) Islamic and Irish level. It will explore examples of human rights abuse and their remedies in South Africa, Middle East and in Ireland.

BELFIELD

8 Wednesdays 7.30pm-9.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 FEE €155

INFORMATION TECHNOLOGY

Digital and Social Media: An Introduction

SPRING AE-IN201 *Keith Feighery*

This two-day course will demonstrate to users how best to use key web based digital and social media tools and platforms that are changing the way we source, communicate and distribute information online today. Content covered will focus on how to create and use personal profiles on social networking sites such as Facebook, LinkedIn and Twitter. It will also cover setting up and using blogs as well as capturing and sharing video and photographic content through sites such as YouTube, Instagram and Pinterest.

BELFIELD

2 Saturdays Mar 1, Mar 8 FEE €135 10.00am-5.00pm

Living Well, Living Mindfully SPRING AE-PN211 Fidelma Farley

While many of us want to live and experience our lives in a meaningful way, we find it hard to slow down, to take the time to look below the surface busyness of our lives to find who we really are and what we really want and value. These two workshops will introduce you to Mindfulness, which provides a set of skills and helpful techniques that enable us to become more aware of ourselves and our experience. By developing this awareness in a non-judgemental way, we enhance our quality of life, and our ability to care for ourselves.

BELFIELD

2 Saturdays Feb 15, 22 FEE €120 10.00am-4.00pm

LITERATURE

Regional Genius: Place and Identity in Irish Writing

SPRING AE-LN275 Garrett Fagan

This course looks at the role of place, locality and landscape in Irish writing. Throughout students will be encouraged to explore how authors both respond to and crucially, shape notions of place and community within Ireland. Students will encounter both canonical 'national' authors and some less well known writers. A feature of the course is to introduce the variety of writing within Ireland and all of the major genres of poetry, drama, novels and short stories are represented. A key feature of the course will be the opportunity to visit and view the National Library's manuscript collections of the authors considered.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Tuesdays 10.00am-12.30pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 FEE €195

Reading Shakespeare SPRING AE-LN280 Garrett Fagan

'Reading Shakespeare' is a course which introduces students to reading and enjoying Shakespeare. Students will learn how to read Shakespearean verse and about the conventions and practices of the Shakespearean stage. The course will also focus on Shakespeare as a living writer and we will watch recordings of modern productions to see how Shakespeare is reinterpreted for audiences today. The way in which Shakespeare is encountered on the page, stage and screen will be explored. Students will gain an understanding of the major Shakespearean Tragedy, Comedy and History plays.

BELFIELD

8 Tuesdays 7.30pm-9.30pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 FEE €155

Modern Literature and the City SPRING AE-LN281 Tutor to be Confirmed

The city is the defining feature of modern life. During the past two centuries it has increasingly come to define the way that people interact, and communities are formed. This course will examine how writers from diverse backgrounds have depicted urban experience since the nineteenth century, and seek to understand how the city has changed the way texts are both written and read. Just as the city has changed modern life, this course will consider how it has changed modern literature. This eight week course will look at different texts than the Autumn course, and is open to both new and continuing students.

BLACKROCK

8 Wednesdays 10.00am-12.00pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 FEE €155

LITERATURE

Contemporary Comedy Fiction SPRING AE-LN278 Louise Walsh

When Milan Kundera said "that the art of the novel came into the world as an echo of God's laughter," he struck at the knife's edge on which comedy fiction is often balanced; veering at times dangerously close to farce, and, at others comically towards what is dangerous to think or say. Comedy fiction has a long history of laughing in the face of what we consider 'appropriate' and has maintained a delightfully inappropriately relationship with scathing social critique, parody and satire. From 'black' and 'blue', to 'picaresque' and 'comedy-of-manners', writing 'funny' can be a very serious business indeed. Looking at canonical comedy writers such as Spike Milligan, Flann O'Brien, Philip Roth and Joseph Heller, this course will consider the seriously funny implications of comedy fiction, how it is deployed and why. It's time we got serious about having fun.

BELFIELD

8 Wednesdays 7.30pm-9.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 **FEE €155**

The Novel as Spiritual Journey SPRING AE-LN277 Peter Labanyi

This course is motivated by the belief that literature has the power not just to inspire and nourish but also psychologically to transform us. We will undertake a journey through a great novel: Thomas Mann's The Magic Mountain, which with stylish irony blends comedy and pathos, love and death, vivid characters and ideas about time and nature into a rich and captivating tapestry. Itself a response to a crisis of values, it has been chosen not just for its relevance to our own era, but also for its ultimate healing message. Through group reading and discussion, we will explore its many-layered depths and mythic resonances, and share in its hero's quest for meaning. (Though partly devised as a follow-up to the Reading for your Life, this course stands alone and anyone is welcome.)

BELFIELD

8 Thursdays 7.30pm-9.30pm Feb 6, 13, 20, 27, Mar 6, 13, 20, 27 FEE €155

Literary Classics

SPRING AE-LN242 Barbara Hughes, Wendy Ward and A.N. Other

This course, which is held in Pobalscoil Neasáin in Baldoyle, will explore a variety of literary classics. The course is open to both those who completed the Autumn course and to new students. Texts to be covered in Spring will be listed online at www.ucd.ie/adulted.

BALDOYLE

10 Fridays 10.00am-12.00pm Jan 31, Feb 7, 14, 21, 28, Mar 7, 14, 21, 28, Apr 4 FEE €190

One City One Book: Dublin in Print

SPRING AE-LN248 Garrett Fagan

This course is designed to tie in with events in the Dublin: One City, One Book festival 2014 culminating in an extended engagement with the 2014 selected title making full use of events staged by Dublin City Libraries/Dublin UNESCO City of Literature. Students will also read some of the books previously chosen for the Dublin: One City, One Book festival: James Plunkett's Strumpet City, Bram Stoker's Dracula, Sebastian Barry's A Long Long Way, Oscar Wilde's The Picture of Dorian Gray and Joseph O'Connor's Ghost Light. The focus of the course will be to situate these books as Dublin books, showing different aspects and histories of the city. The course will consider the changing place of Dublin in literature and examine different ways the city has been represented by writers.

PEARSE ST LIBRARY, DUBLIN 2

8 Wednesdays 10.00am-12.30pm Mar 5, 12, 19, 26, Apr 2, 9, 16, 23 FEE €190

Joyce in the National Library MAY AE-LN276 *Alan Graham*

James Joyce is perhaps the most influential of Ireland's literary giants. The most written about author in literary criticism, Joyce's work appears to many as difficult and intimidating. This course shows that Joyce can be enjoyed by everyone. In looking at Dubliners, A Portrait of the Artist as a Young Man and extracts from Ulysses this series of lectures will explore the key concerns of the Joyce canon and the writer's revolutionary approach to language. Classes will also focus on Joyce's biography and how his family life provided the material for some of the most important texts in literary history.

4 Tuesdays 10.00am-12.30pm

4 Tuesdays May 6, 13, 20, 27 FEE €100

MUSIC

Introducing Opera

SPRING AE-MN202 Michael Lee

What is opera? A play with music, a concert with costumes, or both – or something even more? This course will offer an introduction to the history of opera, and its traditions, as well as bringing students up-to-date with new production styles and contexts, including simulcast transmission. We will explore much-loved operas by Mozart, Verdi, Wagner and Puccini, as well as going back to theatre of the baroque, and forwards to our own time. Classes will be illustrated with both sound and DVD recordings, and there will be a group visit to an opera simulcast from The Met: Live in HD (price of ticket not included). Students will be encouraged to appreciate opera 'in the round', as a story-telling artform combining the crafts of music and theatre, as well as a mirror of the times for which it was created.

BELFIELD

7 Wednesdays Feb 5, 12, 19, 26, Mar 5, 12, 19 7.30pm-9.30pm

1 Saturday Mar 15 Opera simulcast 6.00pm FEE €155

OPEN LEARNING : SPRING

Critical Thinking SPRING AE-QN208 Angelo Bottone

Well-being starts with a clear mind. The aim of this course is to enable students to think critically and argue coherently. You will learn to analyse the structure of an argument, to distinguish logical from psychological reasons and to identify the most common errors in reasoning. The different forms of justification of knowledge (deduction, induction, statistical evidence) will be examined, together with the concepts of truth and validity of arguments. Symbols and technicalities will be kept to a minimum. No previous knowledge is required.

BELFIELD

8 Mondays 7.30pm-9.30pm Feb 3, 10, 17, 24, Mar 3, 10, 24, 31 (No class bank holiday Mon, Mar 17) FEE €155

Between You and Me: Being in Relation

SPRING AE-QN233 Phil Huston

In this course we will explore how we can be present to ourselves (e.g. Can I accept what I am feeling?) and to others in different areas of life. We will consider the importance of openness, attention, attunement, dialogue, mutuality, change, separation and confrontation. Martin Buber draws our attention to the dynamics of relationships in areas such as education, psychotherapy, creativity and community. Using his writings as a guide we will examine how being present can be practiced on the journey of our own lives and the dangers and obstacles we may encounter on the way.

BLACKROCK

8 Tuesdays 10.00am-12.00pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 FEE €155

PHILOSOPHY

Readings in Philosophy 2 SPRING AE-QN237 Paddy Quinn

This course will examine some of the following philosophers' views: Socrates on life after death as discussed in The Apology, Karl Marx on the obstacle that religion poses to human life, Maurice Blondel on the meaning of life, Gabriel Marcel on the importance of hope, Gilbert Ryle on thought and soliloquy, Hannah Arendt on the answer of Socrates to the question: what makes us think? and Charles Taylor on modernity. No previous knowledge of philosophy is essential, though obviously helpful, and course participants are encouraged to contribute to class discussions if they so wish.

BLACKROCK

8 Wednesdays 10.00am-12.00pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 **FEE €155**

Searching for the Self: The Self and Others: A Philosophical Investigation Part 2

SPRING AE-QN235 Paddy Quinn

This course will examine a selection of views from philosophers who argue strongly for an essential link between the "self" and others as human beings in society. These include Aristotle in his works on ethics, Boethius (more subtly) in his book, *The Consolation of Philosophy*, Martin Buber in his classic text, *I and Thou*, Emmanuel Levinas on our responsibility for the Other and Mary Midgley in a number of her writings. No previous knowledge of philosophy is required. Course participants are encouraged to contribute to class discussions and relevant handouts will be given.

BELFIELD

8 Wednesdays 7.30pm-9.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 **FEE €155**

What Does it All Mean? SPRING AE-QN238 Sandra Bonetto

Why should we be moral? What is the relation between our minds and our brains? Do we really have free will? Is there life after death? How should we feel about death? Does anything we do with our life really matter? And does it matter if it doesn't matter? What does it all mean? These are perennial questions we ask about ourselves. In this course, students will learn how to think clearly about them and how to tackle the problems of philosophy. Students will be encouraged to ask questions, to try out ideas and raise possible objections to them. In so doing, the course will demonstrate that, far from being an 'empty study', philosophy is an indispensable key to understanding our lives. As such, this course itself is an introduction to the subject of philosophy and aims to show how we can become philosophers ourselves.

BELFIELD

8 Thursdays 7.30pm-9.30pm Feb 6, 13, 20, 27, Mar 6, 13, 20, 27 FEE €155

PSYCHOLOGY

Psychology of Success SPRING AE-PN231 Nicky O'Leary

Ever wondered how you could live your best life? This course will focus on exploring the secrets of success and achievement. Learn how to identify and strengthen your gifts and talents by exploring your core qualities that can motivate and inspire you. Learn the eight skills that can take you to the top of your life and learn the seven habits exhibited by highly successful people.

BLACKROCK

8 Tuesdays 10.00am-12.00pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 FEE €155

PSYCHOLOGY

Psychology for Everyday Life SPRING AE-PN219 BLACKROCK SPRING AE-PN220 RATHMINES SPRING AE-PN221 BELFIELD Martina Carroll

This course opens up the world of emotions, human intelligence, creativity and identity. It will introduce you to some of the most recent research into the human mind and behaviour. It poses questions like "what does it mean to have a sense of self?" and "how does culture and modern life affect our inter-personal relationships?". These topics have been chosen because they can help us understand ourselves and others. There will be a series of lectures each followed by an activity and discussion.

BLACKROCK

8 Mondays 10.00am-12.00pm Feb 3, 10, 17, 24, Mar 3, 10, 24, 31 (No class bank holiday Mon, Mar 17) FEE €155

RATHMINES

8 Mondays 7.00pm-9.00pm Feb 3, 10, 17, 24, Mar 3, 10, 24, 31 (No class bank holiday Mon, Mar 17) FEE €155

BELFIELD

8 Tuesdays 7.30pm-9.30pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 FEE €155

Creative Step: Creative Writing for Beginners

SPRING AE-WN206 Mark Granier

To write creatively is to think creatively, and thinking creatively can help us make sense of our lives. Sometimes all it takes is one small but decisive step. This course is designed to help people take that step; people who are keen to begin writing but remain intimidated by the blank page. Rather than critiquing students' older work, emphasis will be on producing something new: crafting effective and imaginative sentences, learning how to be attentive to words and finding ways to surprise readers (including ourselves). As one former student put it, 'the variety of literary forms really helped to stretch me and brought out different people's strengths.' A selection of short stories, flash fiction, poems and various ice-breaking and triggering exercises will offer ways for exploring language and distilling experience. Group discussion will play an important part in these classes.

BELFIELD

8 Mondays 7.30pm-9.30pm Feb 3, 10, 17, 24, Mar 3, 10, 24, 31 (No class bank holiday Mon, Mar 17) FEE €155

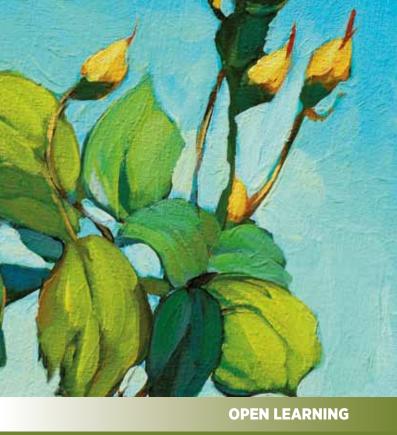
Writing Fiction 2

SPRING AE-WN236 Patricia O'Reilly

Creating page-turning characters and their surroundings is what *Writing Fiction 2* is about. Fictional characters come alive when they are more real than people with bodies and heartbeats. This course stands alone but complements *Writing Fiction 1*. The eight classes are tailor-made to suit requirements of emerging and experienced writers. Focus is on tried and tested ways of creating unforgettable characters and placing them in locations, some everyday, some more exotic, but all best suited to storyline/s for novels and short stories. Sessions are arranged to allow time for writing and constructive, individual and group analysis of participant's work.

BLACKROCK

8 Wednesdays 10.00am-12.00pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 FEE €170



CULTURAL PARTNERSHIPS

CULTURAL PARTNERSHIPS

UCD Adult Education is delighted to work with a number of cultural institutions in Dublin city centre. For a number of years now the National Library of Ireland on Kildare Street, and the Dublin City Gallery The Hugh Lane have hosted UCD Adult Education courses. These courses provide students with access to the rich resources and exhibitions of these organisations. More recently, we have collaborated with the Dublin City Libraries/Dublin UNESCO City of Literature initiative to offer a course set around the annual Dublin: One City One Book festival in Pearse St. Library.

THE NATIONAL LIBRARY OF IRELAND Uncovering 1916

AUTUMN AE-HN122 Richard McElligott

Hosted by the National Library of Ireland and benefiting from the use of its collections, this course will explore the events surrounding the 1916 Rising. Lectures will reveal the context, development, course and aftermath of the rebellion as well as issues surrounding its interpretation and commemoration. Manuscript material, documentary footage, contemporary newspapers, ephemera and the Library's photographic collection will elucidate the subject for participants. The course will conclude with a field trip to the excellent Easter Rising Exhibition at the Collins Barracks Museum.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Wednesdays 10.00am-12.30pm Oct 2, 9, 16, 23, 30, Nov 6, 13, 20 FEE €195

THE NATIONAL LIBRARY OF IRELAND Irish War of Independence 1919-1921

SPRING AE-HN232 Richard McElligott and Conor Mulvagh

This course explores the events, impact and legacy of the Irish War of Independence. It discusses key aspects of the political and military campaigns both at a national and a regional level. The course also examines the Anglo-Irish Treaty signed on 6 December 1921 and the political fallout following its ratification. The course ends with an examination of the Irish civil war and an assessment of the commemoration and memory of the struggle in the ninety odd years since. Run in conjunction with the National Library of Ireland, participants have an opportunity to view a wide variety of primary source material relating to this period.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Wednesdays 10.00am-12.30pm Feb 5, 12, 19, 26, Mar 5, 12, 19, 26 FEE €195

THE NATIONAL LIBRARY OF IRELAND Home and Away: Exile in Irish Writing

AUTUMN AE-LN174 Alan Graham

Displacement and the yearning for home has long been a feature of Irish literature. Engaging with prose, drama and poetry, this course will explore the theme of exile in twentieth-century Irish writing. Different forms and understandings of exile will be charted in selected texts, including the plight of the Irish emigrant, the 'culchie' in Dublin and the marginalisation of women in Irish society. A particular focus will be the experience of Protestants in independent Ireland. Lectures take place in the National Library.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Tuesdays 10.00am-12.30pm Oct 1, 8, 15, (no class 22), 29, Nov 5, 12, 19, 26 FEE €195

THE NATIONAL LIBRARY OF IRELAND Regional Genius: Place and Identity in Irish Writing SPRING AE-LN275 Garrett Fagan

This course looks at the role of place, locality and landscape in Irish writing. Throughout students will be encouraged to explore how authors both respond to and crucially, shape notions of place and community within Ireland. Students will encounter both canonical 'national' authors and some less well known writers. A feature of the course is to introduce the variety of writing within Ireland and all of the major genres of poetry, drama, novels and short stories are represented. A key feature of the course will be the opportunity to visit and view the National Library's manuscript collections of the authors considered.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

8 Tuesdays 10.00am-12.30pm Feb 4, 11, 18, 25, Mar 4, 11, 18, 25 FEE €195

THE NATIONAL LIBRARY OF IRELAND Joyce in the National Library MAY AE-LN276 *Alan Graham*

James Joyce is perhaps the most influential of Ireland's literary giants. The most written on author in literary criticism, Joyce's work appears to many as difficult and intimidating. This course shows that Joyce can be enjoyed by everyone. In looking at Dubliners, A Portrait of the Artist as a Young Man and extracts from Ulysses this series of lectures will explore the key concerns of the Joyce canon and the writer's revolutionary approach to language. Classes will also focus on Joyce's biography and how his family life provided the material for some of the most important texts in literary history.

NATIONAL LIBRARY OF IRELAND, KILDARE STREET

4 Tuesdays 10.00am-12.30pm May 6, 13, 20, 27 FEE €100

CULTURAL PARTNERSHIPS

DUBLIN CITY LIBRARIES/DUBLIN UNESCO CITY OF LITERATURE One City One Book: Dublin in Print SPRING AE-LN248 Garrett Fagan

This course is designed to tie in with events in the Dublin: One City, One Book festival 2014 culminating in an extended engagement with the 2014 selected title making full use of events staged by Dublin City Libraries/Dublin UNESCO City of Literature. Students will also read some of the books previously chosen for the Dublin: One City, One Book festival: James Plunkett's Strumpet City, Bram Stoker 's Dracula, Sebastian Barry's A Long Long Way, Oscar Wilde's The Picture of Dorian Gray and Joseph O'Connor's Ghost Light. The focus of the course will be to situate these books as Dublin books, showing different aspects and histories of the city. The course will consider the changing place of Dublin in literature and examine different ways the city has been represented by writers.

PEARSE ST LIBRARY, DUBLIN 2

8 Wednesdays 10.00am-12.30pm Mar 5, 12, 19, 26, Apr 2, 9, 16, 23 FEE €190

DUBLIN CITY GALLERY THE HUGH LANE Lockout 1913

AUTUMN AE-AN158 Síle McNulty-Goodwin, Education & Research Curator, Dublin City Gallery The Hugh Lane

Taking the exhibition Lockout 1913 as a starting point, this lecture series will examine significant artistic, social and political movements in Ireland during this period. 1913 was a complex and controversial year in both the history of Ireland and in the establishment of the Hugh Lane Gallery. This course will take place in the Hugh Lane Gallery itself making for a unique and poignant venue to tell the visual story of this turbulent time.

Dublin City Gallery The Hugh Lane

8 Thursdays 2.00pm-4.00pm Oct 3, 10, 17, 24, 31, Nov 7, 14, 21 FEE €160

DUBLIN CITY GALLERY THE HUGH LANE Irish Women Artists at the Hugh Lane

SPRING AE-AN259 Síle McNulty-Goodwin, Education & Research Curator, Dublin City Gallery The Hugh Lane

The Dublin City Gallery The Hugh Lane may not exist today only for the significant contribution of key women in its establishment. The gallery holds an impressive collection of renowned Irish women artists. This course will trace Irish women artists from the foundation of the gallery to the present day, looking at them both in Ireland and their training abroad. These esteemed artists excelled in many media. Our focus will be on painting, stained glass and sculpture. Key movements such as Post-Impressionism, Cubism and Modern Art movements will be examined and their influence on these women. The gallery's significant collection of contemporary sculpture will be in focus along with some stained glass works.

Dublin City Gallery The Hugh Lane

8 Thursdays 2.00pm-4.00pm Feb 6, 13, 20, 27, Mar 6, 13, 20, 27 FEE €160

DUBLIN CITY GALLERY THE HUGH LANE Francis Bacon at the Hugh Lane APR/MAY AE-AN260

Síle McNulty-Goodwin, Education & Research Curator, Dublin City Gallery The Hugh Lane

This course focuses on Francis Bacon's works at Dublin City Gallery The Hugh Lane. Divided into four distinct areas, the course will look firstly at the artist's studio, which in 1998 was removed in its entirety from London and brought to the Hugh Lane by a team of conservators. Of huge importance to this collection is conservation and preservation, which will be examined next. Following this will be a study of some of the 7,000 items found in Bacon's studio, including many books and photographs, and their significance to Bacon's work. Finally the course will look at Francis Bacon's international appeal and success, and the global demand for his work.

Dublin City Gallery The Hugh Lane

4 Thursdays 2.00pm-4.00pm Apr 24, May 1, 8, 15 FEE €80



CERTIFICATE IN GENEALOGY/ FAMILY HISTORY

GENEALOGY

Certificate in Genealogy/Family History

This Certificate is Level 7, 30 ECTS. Each module carries 5 ECTS.

In an era of rapid change and orientation towards the future, there is a growing interest in finding out about our past, and in particular discovering as much as possible about our ancestors. Modules 1 and 2 provide a basic introduction to Genealogy or Family History. After completing these modules, students may opt to study Modules 3 to 6 over two further years and students who complete assignments to the required standard will be awarded the Certificate in Genealogy/ Family History.

Genealogy/Family History -Module 1

5 ECTS AUTUMN AE-GX101 Sean Murphy

This module will provide an introduction to the theory and practice of genealogy. Topics to be covered include principles of genealogy, computers and the Internet, place names and surnames, location and use of census, vital, valuation, church and other records. Practical advice and guidance will be given to students embarking on the work of tracing their ancestors.

BLACKROCK

10 Mondays 2.00pm-4.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €300

GENEALOGY

Genealogy/Family History -Module 1

5 ECTS AUTUMN AE-GX102 Sean Murphy

This module will provide an introduction to the theory and practice of genealogy. Topics to be covered include principles of genealogy, computers and the Internet, place names and surnames, location and use of census, vital, valuation, church and other records. Practical advice and guidance will be given to students embarking on the work of tracing their ancestors.

BELFIELD

10 Mondays 7.00pm-9.30pm Sept 23, 30, Oct 7, 14, 21, Nov 4, 11, 18, 25, Dec 2 (No class bank holiday Mon, Oct 28) FEE €300

Genealogy/Family History -Module 2

5 ECTS SPRING AE-GX203 Sean Murphy

This module follows on from Module 1, and topics to be covered include wills, deeds, memorial inscriptions, estate papers and more advanced sources, as well as introducing pre-1700 sources and disciplines allied to genealogy. Students will be assisted to advance the work of tracing their own ancestors and to compose well constructed and sourced essays.

BLACKROCK

10 Mondays 2.00pm-4.30pm Jan 27, Feb 3, 10, 17, 24, Mar 3, 10, 24, 31, Apr 7 (No class bank holiday Mon, Mar 17) FEE €300

Genealogy/Family History -Module 2

5 ECTS SPRING AE-GX204 *Sean Murphy*

This module follows on from Module 1, and topics to be covered include wills, deeds, memorial inscriptions, estate papers and more advanced sources, as well as introducing pre-1700 sources and disciplines allied to genealogy. Students will be assisted to advance the work of tracing their own ancestors and to compose well constructed and sourced essays.

BELFIELD

10 Mondays 7.00pm-9.30pm Jan 27, Feb 3, 10, 17, 24, Mar 3, 10, 24, 31, Apr 7 (No class bank holiday Mon, Mar 17)

FEE €300

Genealogy/Family History -Module 3

5 ECTS AUTUMN AE-GX105 *Sean Murphy*

This course is open to students who have completed Module 2. Topics include an introduction to heraldry, examination of pre-1850 sources in depth, private manuscripts/ public archives, the internet, genetics and palaeography. There will be further guidance of students' genealogical research, and more advanced scholarly consideration of genealogy and heraldry.

BELFIELD

10 Wednesdays 7.00-9.30pm Oct 2, 9, 16, 23, 30, Nov 6, 13, 20, 27, Dec 4 FEE €300

GENEALOGY

Genealogy/Family History -Module 4

5 ECTS SPRING AE-GX206 *Sean Murphy*

This course is open to students who have completed Module 3. Topics include Gaelic and Anglo-Norman genealogical material with reference to surnames, local history, the Irish Diaspora, settlers in Ireland and the future of Irish genealogy. Students will be assisted to move towards the completion of documented accounts of their own families.

BELFIELD

10 Wednesdays 7.00-9.30pm Jan 29, Feb 5, 12, 19, 26, Mar 5, 12, 19, 26, Apr 2 FEE €300

Genealogy/Family History -Module 5

5 ECTS AUTUMN AE-GX107 *Sean Murphy*

This course is open to students who have completed Module 4. Topics covered in this module include advanced research methods, the electronic library, memorial inscriptions, and a series of case studies including the Moravians in Ireland, the Gardiner family, the origin of the Guinness family and the European flag. The emphasis will be on increasing the scholarly depth of students' knowledge of genealogy and heraldry.

BELFIELD

10 Tuesdays 7.00-9.30pm Sept 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, 26 FEE €300

Genealogy/Family History -Module 6

5 ECTS SPRING AE-GX208 *Sean Murphy*

This course is open to students who have completed Module 5. Topics include records of Ulster's Office, Irish Chiefs, Presidents of the United States of America of Irish descent, the careers of some outstanding Irish genealogists and heralds, publishing personal family history in hardcopy and online, and genealogy as a profession and in education. Completion of this module and submission of a satisfactory assignment take students to Certificate level.

BELFIELD

10 Tuesdays 7.00-9.30pm Jan 28, Feb 4, 11, 18, 25, Mar 4, 11, 18, 25, Apr 1 FEE €300



ENROLMENT & GENERAL INFORMATION

ENROLMENT & GENERAL INFO

ENROLMENT INFORMATION

Students are encouraged to enrol as early as possible. If you enrol late, the class may be full or may have been cancelled due to low numbers. To ensure your course of choice, please book early! All students must enrol before attending the first class.

ENROL ONLINE FOR OPEN LEARNING COURSES www.ucd.ie/adulted



ENROL IN PERSON AND OVER THE PHONE

You can enrol at the Adult Education Centre. Monday - Friday 9.30am - 1pm and 2pm - 5pm. Enrolment by credit or laser/debit card can be made over the phone (01 716 7123).

ENROL BY POST

Download the application form and return your form with payment to the: UCD Adult Education Centre Library Building Belfield UCD Dublin 4

Make cheques payable to "UCD Adult Education Centre".

We will send you your receipt, which will include details of the class room number and times of class.

DATES FOR YOUR DIARY

ENROLMENTBEGINS 12 AUGUSTAUTUMN TERMBEGINS 23 SEPTEMBERSPRING TERMBEGINS 27 JANUARY

CONCESSIONS

In each course, unless otherwise indicated, a limited number of places at a concession rate may be available to those whose only source of income is Social Welfare or Health Board benefit.

To apply for these concessions applicants are required to produce appropriate and current documentary evidence of income.

REFUNDS

- Refunds are only available in the event of a course cancellation. or
- Refunds may in some instances, be available for extenuating circumstances, such as serious illness, within two weeks of the start of the course. Requests for refunds must be submitted in writing with supporting documents where appropriate. In the event that such a request is deemed justified a handling charge may apply.

CANCELLATIONS

Courses are offered subject to sufficient numbers. Where there are insufficient registrations, the course will be withdrawn.

PLEASE NOTE

- Matters pertaining to residency rights, visas and other such matters are outside the Centre's remit.
- The Director retains the right to vary the schedule if necessary.
- Please note that tutors will have access to students' personal contact details.

The information in this brochure is available on our website www.ucd.ie/adulted

CONTACT DETAILS

CONTACT US ON (01) 716 7123

UCD Adult Education Centre Library Building Belfield UCD Dublin 4 Tel: 01 7167123 Email: adult.education@ucd.ie Web: www.ucd.ie/adulted We are on the first floor of the Library Building.

READING LISTS AVAILABLE ONLINE

at www.ucd.ie/adulted or from the centre

FREQUENTLY ASKED QUESTIONS

Q. When do classes start?

A. Most Autumn Term 1 courses begin the week of Monday 23 September 2013 Most Spring Term 2 courses begin the week of Monday 3 February 2014

Q. How can I book my place?

By Online Booking, phone, post or in person. 01.716 7123

Q. Can I register and pay over the internet?

A. Yes, you can book and pay online for Open Learning courses. Visit our website www.ucd.ie/adulted

Q. Where is the Adult Education Centre?

A. The Adult Education Centre is in the Library Building on the Belfield Campus. Take the entrance beside the Readers cafe, and you'll find us on the first floor.

Q. Where are the classes held?

A. There are two main locations – UCD's Belfield and Blackrock campuses. Classes are also held in a number of other locations which are indicated alongside the course details, e.g. National Library, Hugh Lane Gallery.

Q. Where is the Belfield campus?

A. Belfield is south of Dublin city centre, beside the N11.

Q. Is there parking available?

A. There are a number of car parks available. Please note that some Pay and Display car parks operate on the campus. Clamping is in operation so you should park only in official car parks. Traffic calming restrictions are in operation from 7am -10.30am and 4pm - 7.30pm each day. These measures prevent you from driving around the campus and mean you should park near the entrance you came in.

Q. What buses serve the Belfield campus?

A. For full bus schedules see www.dublinbus.ie

Q. Where is the Blackrock campus?

A. The Michael Smurfit Business School, Carysfort Avenue, Blackrock, Co Dublin.

Q. What buses serve the Blackrock campus? Is it near the DART?

A. The campus is a short walk from the Frascati Shopping Centre and from Blackrock DART station. For full bus schedules see www.dublinbus.ie

FREQUENTLY ASKED QUESTIONS

Q. How do I get a student card?

A. Students enrolled on an Access, Certificate in Genealogy or Flexible Learning programme are eligible for a UCD student card. The Adult Education Centre will allocate a student number. Once you have your student number, you can collect your card from the UCard office on the Ground Floor, Library Building (Door beside the Readers Café) The UCard office is open Monday to Friday from 10am – 5pm (Closed for lunch 1pm – 1.30pm).

Open Learning course students do not receive a student card.

Q. Can I use the Library?

A. Yes. If you are enrolled on an Access, Certificate in Genealogy or Flexible Learning programme, your student card also acts as a library card. Students have borrowing rights. Students on Open Learning courses who wish to access the library may apply at the James Joyce Library for an External Reader or External Borrower card, for which there is a fee. Telephone 01 716 7583 for details.

Q. Can I use IT facilities?

A. Students enrolled on an Access or Certificate in Genealogy programme can register for a user account to avail of UCD computing facilities. For registration, you should visit the Daedalus Building with your student card.

Q. Can I use the restaurant? What about other services?

A. Students of the Adult Education Centre are welcome to avail of all shops and restaurants. You are also welcome to discover the woodland walks on campus.

Q. I would like to study for a degree. How should I proceed?

A. The Adult Education Centre offers a number of Access courses designed to prepare students to study to degree level. For further information contact Thomond Coogan 01 716 7584. You can also contact the Admissions Office for mature student application procedures: Telephone 01. 716 1608

UCD MAPS

BELFIELD CAMPUS

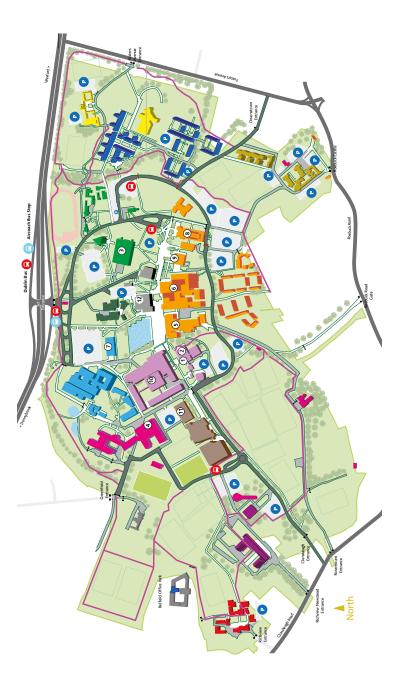
- 1 UCD Agriculture and Food Science Centre
- 2 Campus Services
- 3 UCD Engineering and Materials Science Centre
- 4 Health Sciences Centre
- 5 UCD James Joyce Library
- UCD Adult Education Centre UCD James Joyce Library, 1st Floor
- 6 Newman Building
- 7 O'Reilly Hall
- 8 UCD Quinn School of Business
- 9 Restaurant
- 10 UCD Science Centre (Hub)
- 11 UCD Student Centre
- 12 Tierney Building (Administration Building)

LEGEND

- Traffic Barrier
- Pedestrian Route
- Primary Vehicle Route
- Fixed Traffic Barrier
- Woodland walk
- Secondary Vehicle Route

See also www.ucd.ie/maps for greater detail

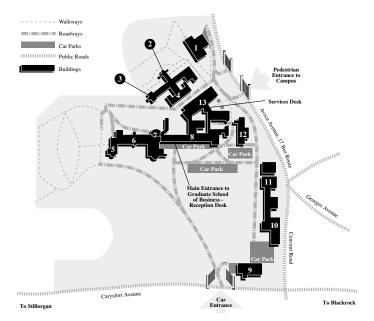
UCD MAPS

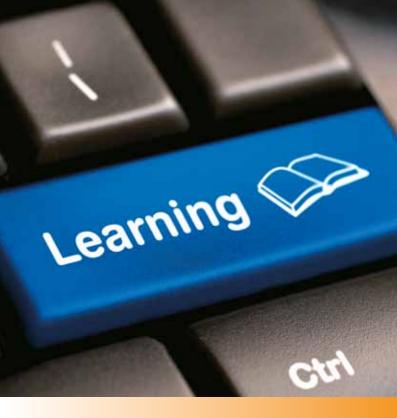


UCD MAPS

BLACKROCK CAMPUS

- Restaurant
- 2. ORATORY
- 3. Naomh Damhnait East Hall
- 4. East Wing
- 5. Grey House
- 6. Management House/Executive Education
- 7. Oval Room
- 8. Graduate School of Business Programme Administration Office
- 9. Blackrock Examination Centre
- 10. Charity Mercy Healthcare Centre
- 11. Carysfort National School
- 12. Building D
- 13. Memorial Hall, Building E







ADULT LEARNING AND WELL-BEING: OUR INFORMING FRAMEWORK

Adult learners have long talked about the value of learning for their well-being. Students talk about the sense of purpose and pleasure derived from connecting with ideas and like-minded people, about the joy of grasping concepts and ideas and the thrill of discovering a latent talent or their inner philosopher.

Well-being is now a topic of serious academic research as governments look to consider measurement indices which are more multi-dimensional than gross national product (GNP) or gross domestic product (GDP). In parallel to this emphasis on well-being, there is growing interest in the wider benefits of learning, the social outcomes of learning, and in well-being and happiness.

A review of the most contemporary evidence suggests that building the five actions below into our daily lives is important for well-being. Connecting with people, becoming more physically active, taking notice of and reflecting on the world around us, learning something new or re-discovering an old interest, and giving of our time to friends, family and/or community, are all actions we can take to enhance our lives. UCD Adult Education has adopted this framework to inform our programme development and advocacy for adult learners.

FIVE WAYS TO WELL-BEING*



*Five Ways to Well-being Acknowledgement: These tips are taken from the Foresight project Mental Capital and Wellbeing published in October 2008. The project commissioned the centre for well-being at nef (the new economics foundation) to develop 'five ways to wellbeing': a set of evidence-based actions to improve personal wellbeing. Foresight helps government to think systemically about the future. Find out more and read the full project report at http://foresight.gov.uk. nef (the economics foundation) is an independent think-and-do tank. We believe in economics as if people and the planet mattered. Find out more about our work http://www.neweconomics.org

LEARNING MATTERS

YOUR LEARNING: WHAT OUR STUDENTS HAVE SAID

Feel as though my brain has woken up.

Adult learning is such fun and stress free. Love more of the same.

Course has awakened my interest in the subject.

The Saturday walks supplemented the class work very well and brought history to life. A great combination.

Very interesting reflecting on others contributions and various experiences and ideas within the class.

Lively discussions added greatly to atmosphere and learning.

This course prompted me to go to the library/internet to search for books etc in order to learn more.

I enjoyed the group work where we read each other's work and then commented on it. Although nerve wracking it was helpful to have ideas and feedback on what you'd written.

Did not know what to expect before I started this course and I feel wonderfully informed and liberated after doing it.

National Library location is great.

Thank you for providing such enjoyable and educational courses! I appreciate them very much.

Really enjoyed course. Encouraged me to look at history in a new way and to question my own prejudices.

Has encouraged me to read more – to pay attention to who writes – check their backgrounds etc.

Our field trip to the gallery was a winner.

It tested our creativity and made us think on our feet.

Very enjoyable course with like-minded people.

I find I am learning and developing my internal reserves as the course progresses.

It has encouraged me to read further on the subject i.e. it whetted my appetite in a hitherto unknown subject.

The fact that the class was open to discussion and my class mates were from different areas improved the content.

Very lovely group of people doing the course, great tutor and great way to spend an evening.

Had a really enjoyable time. Am inspired to hold tightly onto the dream and keep going.

I am on the way. Look out!!

LEARNING MATTERS

The weeks of intensive study were not just ten weeks of academic learning but ten weeks of learning who I was and what I was made of. It's like all new world of books opening up, and all new me. I'm talking away with opinions and with confidence .. This could never have happened one year ago I came to know Death of a Salesman on the Access course. Willy Loman's son Biff discovered that his father had dreamt all the wrong dreams. At this stage in my life, I believe I can avoid the Willy Loman legacy and after thirty years in the business world I can bring together all my skills and interests and combine these with a third level qualification so that I can fulfil a new dream. If you are buying a house it's, "Location Location Location". If you are going back to University it's "Access Access Access". The year has been very important for me as I had almost given up on further education. This course has prepared me very well for University and I am looking forward to the next three years and to fulfilling a lifelong dream. I know my journey is just beginning and I have a lot of work to do: but I also know that I would not have done this without all your support and kindness. Bye bye impatience and bad punctuation hello THE WORLD!! | graduated on Tuesday! Many thanks to the Access Course and getting me started. I know I would not have coped without the help of the Access to Science course and especially the study skills class. I'm so delighted I found that course and completed it before the degree course. I just have to say that I got my ... FIRST choice!!!! I was so overwhelmed and happy!! My mother went all out and bought champagne (actually it was pink cava)!! Thank you so much for everything! Nobody would have looked at my application if you hadn't given me a chance with the access course! I just wanted to double check that it's not a mistake, did I get really 79 % (before I call everybody I know)? Am actually sobbing. Sobbing! Because regardless of the results, this is the best thing that has happened to me since I was 16! And I will never be able to thank you enough for letting me do this course! There is really NOTHING I could do or say that could express my gratitude. I felt the tutors took a keen interest in individual student development... were always accessible and helped encourage students as well as address any apprehensions they may [have] had. I feel we're in safe hands, also that there may be more to this than I first thought....But I feel good about it, not too overwhelmed. It's all very positive: I look forward to it unfolding over the next few weeks and months. I just reread that and it sounds aushing! OK. I better do some grocery shopping and then a bit of Home Rule. The Access to Arts and Human Sciences programme was my foundation and apprenticeship as a mature student, to the academic requirements needed to succeed in UCD. All I wanted to do was to read and understand Hamlet, that's why I took the access course. Now, that's not enough. Whole new worlds of learning have been opened to me and I'm excited and terrified in equal measure!

STUDENT ADVISER

MATURE STUDENT ADVISER

UCD has a student adviser specifically designated for mature students. Ronan Murphy's role as Mature Student Adviser's Office is to support mature students in enrolling and succeeding at university. He can provide support and advice to students during your time in college. The services include:

- Pre-Entry Writing Skills Course
- Academic, Personal and Social Advice Service
- Financial and Resource Referral and Supports
- Mature Student Orientation Day
- University Skills Seminars and Workshops
- Close links with UCD's Mature Student Society

CONTACT:

Ronan Murphy, Mature Student Adviser Room G101, Newman Bldg. T: 01 716 8245 E: Ronan.Murphy@ucd.ie







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CERTIFICATE IN GENEALOGY/FAMILY HISTORY

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APPLICATION FORMS

FLEXIBLE LEARNING Download application online www.ucd.ie/adulted/application forms

ACCESS COURSES Download application online www.ucd.ie/adulted

OPEN LEARNING No application form necessary **REGISTER ONLINE OR BY PHONE** www.ucd.ie/adulted

GENEALOGY/ FAMILY HISTORY Download application online or request one

www.ucd.ie/adulted

UCD Adult Education online

Get all the latest updates and additional information at:

www.ucd.ie/adulted



Additional information and reading lists available online...

Enrol online www.ucd.ie/adulted

Course Information: www.ucd.ie/adulted/

Get exam results on the Web: www.ucd.ie/sisadmin/stuweb

Study Skills Resources: www.ucd.ie/adulted/studentsupport/



Adult Education Centre UCD Access and Lifelong Learning Library Building University College Dublin Belfield, Dublin 4, Ireland

Tel: (01) 716 7123 Fax: (01) 716 7500

Lárionad an Oideachais Aosaigh Áras na Leabharlanne An Coláiste Ollscoile Baile Átha Cliath Belfield, Baile Átha Cliath 4, Éire

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