



Jessica Kingsley Publishers: *Books that make a difference*

116 Pentonville Road, London N1 9JB, UK · tel: +44 (0)20 7833 2307 · fax: +44 (0)20 7837 2917
email: post@jkgp.com · website: www.jkgp.com

Understanding Crisis Therapies

An Integrative Approach to Crisis Intervention and Post Traumatic Stress



Hilda Loughran

May 2011 224pp ISBN: 9781849050326 pb £22.99

'In today's world of conflict and uncertainty the skills of dealing with sudden emergencies, whether personal or societal, are hugely important. *Understanding Crisis Therapies* offers social workers and other professionals a wide range of methods suitable for helping people facing serious threats to peace and harmony in their lives. Hilda Loughran explains the theory and practice of brief therapy, and provides strategies that are appropriate across cultures and in different living environments.'

- John F. Jones, Research Professor and Dean Emeritus, University of Denver Graduate School of Social Work, USA

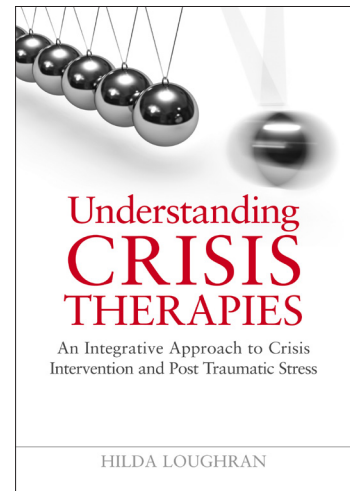
Events in people's lives can have a profound impact; anything from moving house or losing a job to the death of a loved one or a natural disaster can push an individual into a state of crisis. Crisis intervention is a brief therapy and immediate response which aims to support the person through the crisis period.

This book covers the different influences on crisis therapies and traces the development of crisis theory across its different phases. Each chapter explores a different approach, including psychoanalytic; cognitive, which includes motivational interviewing; systemic; radical; and social construction, which covers solution focused therapy and enhancing resilience. Chapters on the developmental, behavioural, and post-traumatic approaches are also included, and the final chapter illustrates an integrated framework drawing on our knowledge of crisis so far. Case studies are featured throughout to demonstrate the theories and therapies in practice.

This clear guide will assist students and practitioners to understand the different types of intervention and how they relate to the theoretical context. It will be a vital text for all those working with people in crisis, including social workers, counsellors, crisis workers and students in these fields.

Contents: 1. Introduction to Crisis Theories and Therapies. 2. A Psychoanalytic Approach. Valerie Richardson, University College Dublin, Ireland. 3. A Developmental Approach. Hilda Loughran and Valerie Richardson. 4. A Behavioural Approach. 5. A Cognitive Approach. 6. A Systems Approach. 7. A Radical Approach. 8. A Social Construction Approach. 9. Post-Traumatic Stress Disorder (PTSD). 10. An Integrated Theoretical Framework for Practice in Crisis Work. References. Index.

Hilda Loughran is Lecturer in Social Work at University College Dublin, Ireland, and has taught crisis intervention for over 15 years. Her areas of interest include social work education, counselling and research, and drugs and alcohol misuse, including the use of crisis intervention. She has published widely in these areas, and has been engaged in policy and practice research for many years.



ORDER FORM Please use block capitals

Jessica Kingsley Publishers, 116 Pentonville Road, London, N1 9JB, Tel: +44(0)20 7833 2307 Fax: +44(0)20 7837 2917 www.jkgp.com

Please send me: copy(ies) of Title:

Author: ISBN: |_|_|_| |_| |_|_|_|_|_| |_|_|_|_|

Please keep me informed about new books on:

I enclose a cheque / money order to the value of:

P & P: Delivery within the UK, please add £2.75 for 1 book + 50p thereafter to a maximum of £10.00.

Europe - £3.00 per book up to 5/£2.00 per book if 6 or more. Outside Europe - £5.00 per book up to 5/£4.00 per book if 6 or more.

Please debit my credit card account: Visa / MC / American Express / Maestro

|_|_|_|_| |_|_|_|_|_| |_|_|_|_|_| |_|_|_|_|_| |_|_|_|_|_|

Expiry Date: Issue Number (Maestro)

Signature:

Name:

Address:

..... Postcode:

Daytime Phone:(required for credit card purchases) Email: REF: author/11