### PROGRAMME (continued)

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<thead>
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<th>Time</th>
<th>Event</th>
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<td>15.40</td>
<td>Coffee break</td>
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<td><em>Keynote Address ‘Literary Texts and Medical Case Studies’. Professor Sally Shuttleworth (University of Oxford). Sally Shuttleworth is a Professor of English Literature at the University of Oxford, Professorial Fellow at St Anne’s College Oxford, and a Fellow of the British Academy. Her most recent book, The Mind of the Child: Child Development in Literature, Science and Medicine, 1840-1900 (OUP, 2010), looked at a range of literary texts, including Dickens, Brontë, Eliot, and Hardy, in the light of the emerging sciences of child psychology and psychiatry, and the impact of evolutionary theory. She is currently extending her work on the interface of literature, science and culture with two large projects, for which she is Principal Investigator.</em></td>
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<td>16.45</td>
<td>Feedback Q&amp;A and Closing Remarks</td>
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**Exhibitions on Mental Health, in collaboration with UCD, on display in dlr LexIcon / 4 March-29 April.**

- **The Diseases of Modern Life: Changing Perspectives on the Mental Health of Young People from the Nineteenth Century to the Present Day.** Level 4, dlr LexIcon.

  This exhibition is a joint collaboration between St Anne’s College Oxford and UCD Child & Adolescent Psychiatry (UCD-CAP). *The Diseases of Modern Life: Nineteenth-Century Perspectives* is an ERC funded project based at St. Anne’s College, Oxford, investigating nineteenth-century literary, and medical understandings of stress, overwork and other disorders associated in the period with the problems of modernity. This aspect of the exhibition focuses on child health and changes to the education system leading to the overwrought or exhausted school child – cramming too much into their brain at the expense of their physical health. Works by Charles Kingsley and Charles Dickens and others are highlighted. UCD Child & Adolescent Psychiatry (UCD-CAP) are an interdisciplinary group of clinicians, lecturers and researchers. They work collaboratively, through research, education, advocacy and communication, to improve the mental health and well-being of children in Ireland and internationally. This aspect of the exhibition will provide an overview of mental health disorders in children in Ireland today.

- **Lived Lives at dlr LexIcon.** Level 5, Room 2. 8-14 March

  There is on-going stigma in society associated with mental illness, and also with suicide. Lived Lives is a longitudinal science/arts community intervention research project brought about by the collaboration between a clinical scientist (Prof Kevin Malone) and artist (Dr Seamus McGuinness), along with suicide-bereaved families. The project addresses stigma through its ability to contain, mobilize and actively engage communities sensitively, inclusively and with compassion. The exhibition will be mediated at all times and a talk will take place on Tuesday 14 March at 6.30pm in the Studio Theatre.

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**Mind-Reading 2017: Mental Health and the Written Word**

Studio Theatre, dlr LexIcon, Dún Laoghaire

10 March 2017
Mind-Reading 2017: Mental Health and the Written Word

Conference organisers:
Dr. Elizabeth Barrett (UCD Child and Adolescent Psychiatry) and Dr. Melissa Dickson (Diseases of Modern Life project, Oxford).

Keynote Speakers: Professor James V. Lucey (Trinity College Dublin), Professor Fergus Shanahan (University College Cork) and Professor Sally Shuttleworth (Oxford).

This one-day programme of talks and workshops seeks to explore productive interactions between literature and mental health both historically and in the present day. It aims to identify the roles that writing and narrative can play in medical education, patient and self-care, and/or professional development schemes. Bringing together psychologists, psychiatrists, interdisciplinary professionals, GPs, service users, and historians of literature and medicine, we will be asking questions about literature as a point of therapeutic engagement. We will consider the use of literary techniques such as close-reading and textual analysis in medical consultations, and the methods that can be used to increase the well-being and communication skills of medical learners, healthcare providers, patients and family members.

Workshops hosted by The Book Doctor - Children’s Books Ireland; Professor Femi Oyebode, University of Birmingham; Dr Anne Jeffers and the RE: FOCUS group, College of Psychiatry of Ireland; Dublin City Libraries’ Bibliotherapy: The Power of Words Project; Dr. Melissa Dickson and Researchers from the ERC-funded Diseases of Modern Life Project, Clinician’s use of literature in practice (with Dr. Elizabeth Barrett, Associate Professor, UCD, Ms. Caroline Ward, UCD Student Counselling Service, and Dr. Niamh Geaney, GP and writer, University of Limerick).

Conference Coordinator:
Please direct any queries to Ms Victoria Sewell at child.psychiatry@ucd.ie

To book, please register on the UCD site at http://www.ucd.ie/medicine/mindreading/
Booking link: http://bit.do/mindreading2017

This workshop is co-hosted by University College Dublin Child and Adolescent Psychiatry; 'The Diseases of Modern Life', an ERC funded project under the European Union's Seventh Framework Programme ERC Grant Agreement number 340121 based at St Anne’s College, Oxford; dlr LexIcon, Dún Laoghaire.

This event is approved for 5 External CPD Credits, College of Psychiatry of Ireland.