



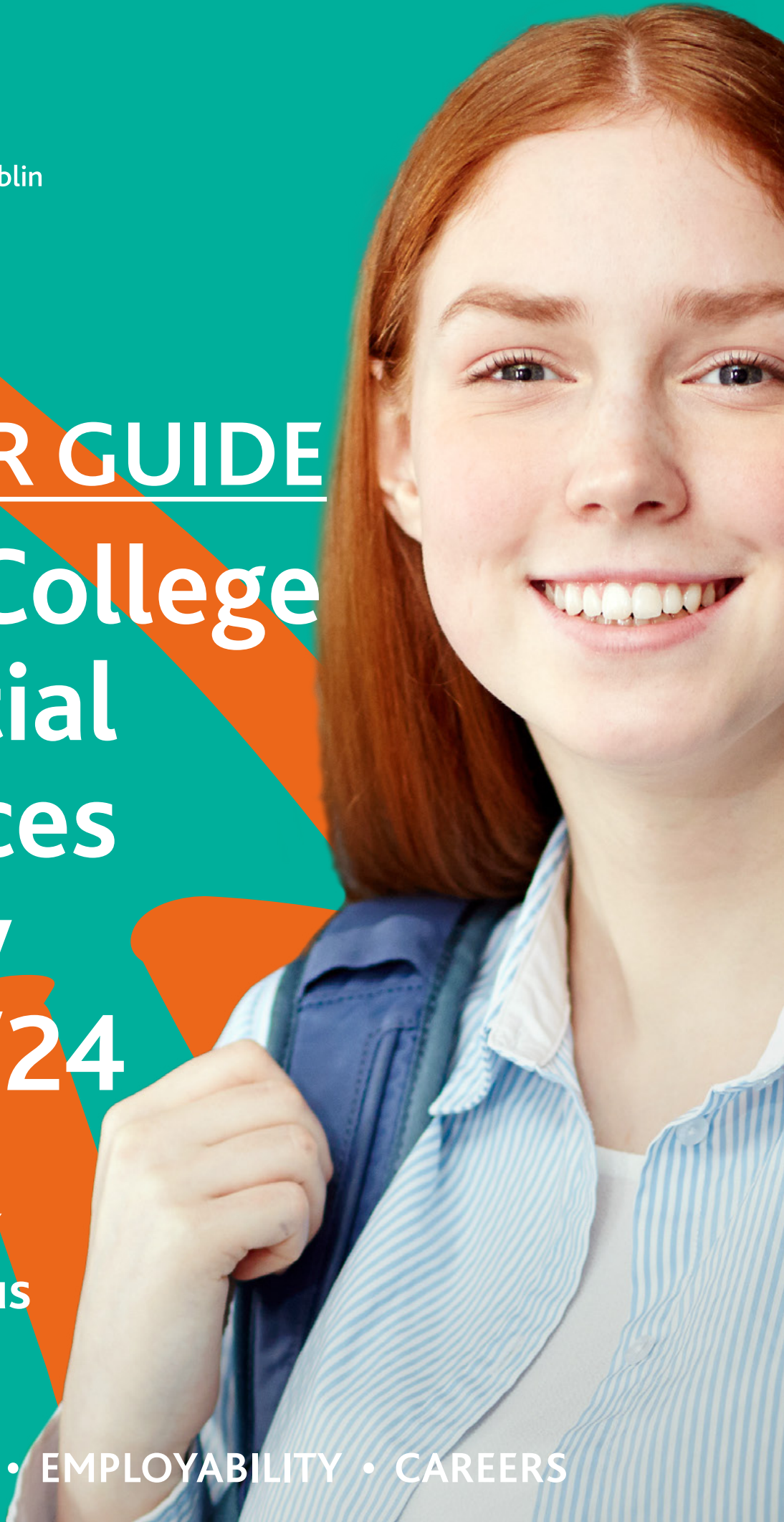
University College Dublin
Careers Network

CAREER GUIDE

UCD College of Social Sciences & Law 2023/24

Coláiste na
nEolaíochtaí
Sóisialta agus
an Dlí

SKILLS • EMPLOYABILITY • CAREERS





Get the

UCD Advantage Award!

100%
of students would
recommend UCD
Advantage
to a friend

What is the UCD Advantage Award?

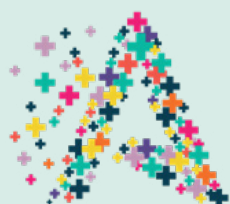
The UCD Advantage Award is your chance to get recognition from UCD for skills, knowledge and experience that you have gained through participation in co-curricular activities. Whether you are a part of a UCD Society or sports team, volunteer your time with a charity or have done a summer internship, UCD wants to acknowledge your contribution and development.

Who can apply?

UCD students involved in co-curricular activities can apply. Your activities can range from clubs, societies, volunteering, internships, part-time work and hundreds more.

Why should you apply?

Completing the award helps you to articulate all the amazing transferable skills you have developed. Employers are looking for well-rounded students and UCD Advantage will help you stand out from the crowd. A great addition to your CV!



UCD
Advantage

SIGN ME UP!



Pre-register for the UCD Advantage Award on [SISweb](#) at any point during your time at UCD.

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About this Guide

“UCD Careers Network sets out to offer services to all students at UCD to enable them to consider and plan their future career. We do this in many different ways, for example, by offering career consultations, credit bearing modules in career development, non-credit bearing programmes and Awards such as the UCD Advantage and a sophisticated online platform called MyCareer, packed full of information, job vacancies, e-learning and AI assisted CV development and online practice job interviews. This guide illustrates one approach taken by your team of expert Career Practitioners at UCD Careers Network to bring to you a comprehensive career toolkit. Please use this career guide in conjunction with MyCareer which you will find at www.ucd.ie/careers”

– DR. DAVID FOSTER, UCD DIRECTOR OF CAREER DEVELOPMENT AND SKILLS AND ASSOCIATE EDITOR OF THE BRITISH JOURNAL OF GUIDANCE AND COUNSELLING

At the front of this guide you will find information on how we can support you during your time at UCD and beyond. You will also find information and advice to help you successfully navigate the employment market, including how to get started on your career planning and how to make great job applications.

The second half of the guide has been tailored to the needs of students of your College. We will provide you with insights into the employment market, in addition to advice on building and articulating the key skills that employers look for in graduates. We'll outline the career and employability supports available within your College and through a series of short profiles, showcase the great things that students and graduates of your College have been doing to progress along their chosen career paths.

We want this guide to be practical and suited to your needs, and maybe a source of inspiration and ideas.

As always, we would love to hear your feedback as we strive to continually improve our service, so if you have any feedback on this year's guide or any suggestions for what we should include next year please drop us an email at: careers@ucd.ie

OK, let's start!



In addition to the supports and services provided by UCD Careers Network, gradireland.com is a source of helpful information and resources to assist you in your career planning.

It has been developed collaboratively by a range of organisations including the Association of Higher Education Careers Services (AHECS), as well as universities across Ireland and the UK.

Foreword



Dr. David Foster

UCD Director of Career Development and Skills and Associate Editor of the British Journal of Guidance and Counselling

Welcome from the Director of Career Development and Skills...

While COVID-19 continues to represent a risk to us all as a global community, there can be no doubt the world of work has changed forever. As we continue to “live with covid”, remote working has opened many opportunities for graduates to work from home in jobs located many kilometres away. For most of us work is now partly conducted via Zoom, Google Meet and other platforms with a few days per week on site. The flexibility presents many great opportunities but there exist challenges also. Starting a new job and getting to experience the work culture for yourself and become integrated into a team of colleagues can be more daunting and more difficult. The Cibyl Graduate Research Report (2023) surveyed students nationally and found that this year, students were more likely to prioritise a friendly work culture and job security over other factors.

At Careers Networks, Career Consultants continue to enable students and graduate enter and thrive in the workplace. You can find out more about the work we undertake, the services we deliver and how we can help you in this guide and at www.ucd.ie/careers.

Whether you have no career plan, some ideas or a well- developed plan, Careers Network can help you achieve your goals. The team works to combine written, online and in person support to help you decide on where you want to go and how best to ensure your success. Please take some time use this career guide in your career planning, opportunity awareness and appreciation of what skills will make you most employable. Finally, wishing you a successful and enjoyable year ahead!



Leona Barry

Career & Skills Consultant

Meet your Career & Skills Consultant

Hello and welcome! My name is Leona, and I am the Career and Skills Consultant for the College of Social Sciences and Law. Working as part of a dynamic team in the UCD Careers Network at University College Dublin since 2014, I have had the opportunity to work closely with many Schools and Colleges including the Michael Smurfit Graduate Business School, the College of Engineering and Architecture and the UCD Sutherland School of Law while also developing relationships and engaging with key graduate employers.

With over fifteen years + professional experience in a career development role within Higher Education and in large recruitment organisations as a Senior Recruiter I also hold a Master’s degree in Business Studies from Dublin City University and a Postgraduate Certificate in Career Education, Information and Guidance in Higher Education from the University of Warwick where I am currently completing a Postgraduate Diploma. More recently, I acquired a Digital Badge for Universal Design in Teaching and Learning from UCD and was also a successful participant of the prestigious UCD Aurora Leadership Programme and current member of the Association of Higher Education Careers Services and the Association of Graduate Careers Advisory Services.

In my role, I coordinate a number of Career Development modules within the College of Social Sciences and Law supporting students in building their self-efficacy, self-confidence, and self-esteem helping students join the dots on their journey from university to the workplace.



Goals



Results



**Take a look at
our website**

www.ucd.ie/careers/

We hope you like it!



Welcome to UCD Careers Network

As the number one university in Ireland for employability, UCD Careers Network joins the dots between your time at university and your future career. Whatever stage you're at in your career, our experienced team of Career and Skills Consultants are here to help you make the most of your talents and to help you get ahead. Whether you're an undergraduate or graduate student, it's never too early to ask for help. We can help you to discover more about yourself, navigate the complex job market and introduce you to employers through our extensive network.

Here's what students say about us

“

"Very helpful, friendly and welcoming staff."

"Highly professional, focused and informed service."

"Wonderful service and very beneficial to students. Informative, approachable and helpful. True advocates of students."

"Excellent service...helped me make a plan in 5 minutes, prioritising my goals. This was an extremely reassuring process for a nervous final year student."

"Really helpful and insightful, making the application process more accessible."

”



MyCareer



MyCareer is a content-rich careers management platform featuring interactive tools, e-learning content and the latest job opportunities. It is designed to help you navigate today's job market and move your career forward with confidence.

This online career management platform is also your one-stop-shop for events, career information and 1-2-1 career appointments. You can access MyCareer via UCD Connect or the UCD Careers Network website.



Exciting Features

CV360

CV360 scores your CV against more than 50 checks that commonly annoy a hiring manager. You get instant, detailed feedback so you can optimise your CV and significantly boost your chances of getting to interview stage.

Interview360

Interview360 features a range of mock interviews you can take to really test your ability to come up with strong, confident, well-thought-through answers under time pressure. You'll get instant feedback and advice, and every question you answer will make you a stronger candidate.

CareerEDGE +

There's a huge range of resources on our MyCareer platform, so if you're not sure where to start, take the CareerEDGE+ profile quiz. CareerEDGE+ is a personal development tool that should help you to identify possible areas for development over the next year.

Career Assessments

Whether you are beginning your career, have many years of experience or are unsure of your career direction, reflecting on your motivations, preferences, values and working style can be useful when considering your current role and desired career path. MyCareer hosts a wide range of assessments including Personality Insight, Motivation at Work, Management Skills and Strengths. The assessments take 10-15 minutes each to complete. At the end of each assessment you can access your personal report, with practical, tailored, recommendations to apply to the workplace.

Plan next steps



Whether you have no plan, some plan or a clear plan, we can help you figure out the next steps. Check out the [interactive career planning tool](#) on our website for tailored tips and advice. If you would like to speak to a Career and Skills Consultant, sign up for a 20 minute career coaching session via [MyCareer](#).

Build your skills and develop your employability



Our Career and Skills Consultants deliver a range of engaging and interactive modules, workshops and seminars for students across all disciplines and stages. These cover everything from developing a stand-out CV or perfecting your interview techniques to developing the key skills that graduate employers are seeking, like leadership, teamwork, presentation skills, commercial awareness etc. Check with your Programme Office to find out about bespoke career development and employability support in your area or contact your [Career and Skills Consultant](#).

Connect with employers



We advertise thousands of graduate and internship opportunities. Check out the [vacancy portal on MyCareer](#) and follow us on [Facebook](#), [Twitter](#), [LinkedIn](#) or [Instagram](#) to get up to date notifications of exciting new opportunities. If you are considering an internship in the USA, we've also got you covered! Check out our comprehensive database of US internship opportunities; [CEI Internships](#).

We will be holding our usual recruitment fairs; Business Finance & Management; Science, Engineering & Technology; Law and Internship. We'll also hold a range of recruitment events featuring the top graduate employers and insightful sector-based panel discussions. With employers from across all sectors, there really is something for everyone and countless opportunities to connect and grow your network.

Get the job of your dreams

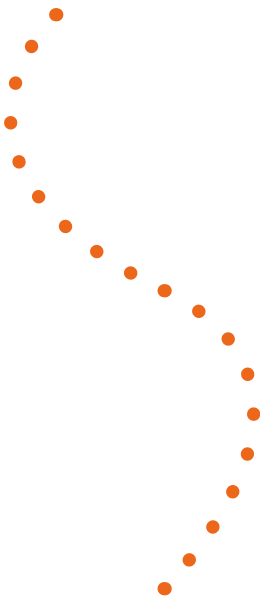


We are active across a range of social media platforms. We use these to promote opportunities and events and generally keep you up to speed on all things careers and employability related. Follow us to stay in the loop. In addition to helping you connect with employers, we also work to ensure you are well-prepared to bag that internship or graduate job. Get your CV and cover letter in shape by using the tools and resources on MyCareer and then have one of our team look over them at a 1-2-1 consultation. Attend an interview skills workshop, practice your interview performance and get valuable personal feedback.

We are active across a range of social media platforms. We use these to promote opportunities and events and generally keep you up to speed on all things careers and employability related. Follow us to stay in the loop.



Here



There

Getting Started

We know that getting started can be stressful and taking those first steps can be daunting. Rest assured that you are not the only one who is unsure about what to do next and we are here to help you move forward from wherever you are currently.

It's never too soon to engage with us – whether you are in first year or final year, the sooner you make contact, the more we can do to help.

We have developed an [interactive career planning tool](#), aimed at helping you move forward. All you need to do is think about where you are currently in relation to career readiness – do you have no idea what you want to do or how to go about it? Or do you have some ideas but there are gaps you need help filling in or maybe you are very clear on what you want but would value a sounding board.

Wherever you are at right now, just go to the Careers Network website, choose the option that best reflects your current state of career readiness (No Plan, Some Plan, Clear Plan) and you will receive a set of tailored suggestions for supports, resources and activities that can help you move forward.

A screenshot of the UCD Careers Network website. The background is teal with a red diagonal stripe on the right. The text reads: "UCD Careers Network joins the dots between your time at University and your future career". Below this, it says: "Begin your journey by telling us which statement best describes what your plan is for life after UCD. I have....". At the bottom, there are three rounded rectangular buttons: "No Plan", "Some Plan", and "Clear Plan".

UCD Careers Network joins the dots between your time at University and your future career

Begin your journey by telling us which statement best describes what your plan is for life after UCD. I have....

Key Dates 2023/24

We know you are busy and there is a LOT happening, particularly in trimester 1...BUT here are a few key dates for your diary. Please note that these are the highlights - for the full event listings, including details of times, venues and registration information, make sure you check out MyCareer. New events are being added to our MyCareer calendar all the time, so don't miss out!

Student Orientation Week & Freshers Week – 13th to 15th September 2023

If you are new to UCD, Orientation week is a great time to find out all you need to know. Keep an eye on our social media pages for events popping up over the week!

UCD Careers Network Open Day – 20th September 2023

Meet the team and find out all the ways we can help you during your time at UCD, and beyond! We have a range of activities and competitions planned on our Instagram page. Follow us [here!](#)

UCD Science, Engineering & Technology Fair – Monday 2nd October 2023

This fair is about all things STEM, from IT to Pharma to Engineering Project Management. If you are interested in a Science, Engineering or Technology related career, sign up on [MyCareer](#) today!

UCD Business, Finance & Management Fair – Tuesday 3rd October 2023

This fair is for anyone who is interested in a career in Business, Finance, HR, Marketing, Management, Accounting, etc. Top graduate employers are interested in meeting students across all academic disciplines, so whether you are studying Ag. Science or Arts (or anything else) come along to find out about the exciting opportunities on offer.

UCD Law Fair – Wednesday 4th October 2023

Did you know that Law firms recruit students from across all academic disciplines? You don't need to be studying Law to pursue a career in Law. Meet some of the top Law firms in Ireland, the UK and further afield. Join on the day to see if a career in Law is right for you.

Kickstart MyCareer - Trimester 1

Kickstart MyCareer is a great way for you to get started on your career journey. This 2 hour workshop takes you through: Career supports that are available to you at UCD and how to use them; Ways to build your skills; Setting up a LinkedIn profile; What to include on a CV/Cover Letter; How to prepare for an interview.

Accelerate MyCareer - Trimester 2

A more advanced, interactive careers workshop where you will get to put your Job Search Strategy, Networking skills, and Application and Interview planning into action!

UCD Internship Fair – Tuesday 23rd January 2024

Internships are a fantastic way to gain work experience and find out whether a particular company or sector is right for you. Lots of UCD programmes have built-in academic internships but lots of students also do summer internships. Join to meet employers, across a variety of sectors who have exciting summer opportunities on offer.

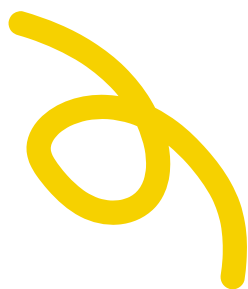
UCD Michael Smurfit Graduate Business School Spring Career & Internship Fair - Tuesday 5th March 2024

If you are a Smurfit student who is interested in working in Accountancy or Consulting this is the event for you!

Skills for Working Life - Trimester 2

Skills for Working Life is an 8 week programme of employer-led, interactive skills-based workshops. It's a fantastic opportunity to hone your employability skills while also networking with some of Ireland's top graduate employers. At the end of the programme you will receive a certificate of participation – another great achievement to add to your CV!

Dates for
your diary
2023/24



Skills

Leadership

- Chairing a student society or a committee
- Captaining a sports team
- Taking responsibility for organising an event
- Being a team leader at work

Initiative

- Writing your own blog
- Finding creative ways to raise funds as a volunteer
- Participating in student competitions

Adaptability & Flexibility

- Combining study and part-time work
- Travelling or studying abroad independently
- Managing multiple extra-curricular activities

Teamwork

- Actively participating in student projects
- Commitment to a team-based sporting activity
- Ability to work with others successfully in your part-time job



How can you develop your skills? If you are not sure where to start, check out the [Core Skills Courses](#) on MyCareer. It is important to begin building experiences and skills to complement the skills you are developing in your degree.

Planning & Organisation

- Arranging travel itineraries
- Managing competing demands on your time – studies, part-time work and other commitments
- Organising fundraising and other events

Problem Solving

- Overcoming obstacles to achieve a personal goal
- Finding creative solutions to workplace problems
- Participating in student problem-solving competitions

Commercial Awareness

- Keeping up to date with business papers, magazines and social media activity for businesses you're interested in
- Joining relevant student societies e.g. Investors & Entrepreneurs Society
- Learning about the business in your part-time job

Oral Communication

- Giving presentations as part of your course
- Becoming a UCD Peer Mentor or Student Ambassador
- Running a meeting or event
- Dealing with customers via your part-time work

Get the UCD Advantage

There are ample opportunities at UCD to develop skills through involvement in clubs, societies, work experience, mentoring and volunteering. You can also use your co-curricular activity as the basis for an application for the UCD Advantage Award.



Impact

Stand out from the crowd

At the Careers Network, we meet lots of students who are doing great things but struggle to articulate the development they have gained. For example, you may be a great Peer mentor, Class Rep or Campus Ambassador but you don't know how to communicate the value of this to a potential employer in your CV or at an interview? If this is something you struggle with, then check out the UCD Advantage Award.

UCD Advantage formally recognises the skills, knowledge and experience that UCD students gain through participation in co-curricular activities, on and off-campus. Participation will encourage you to expand the breadth of your co-curricular activity and get involved in things that you may not have considered previously. This can open up a world of opportunity in terms of meeting new people, experiencing new situations and developing a whole host of new skills. Crucially, it will also help you to effectively articulate your skills, attributes and experience, in applications and at interviews.

Recipients of the UCD Advantage Award will be presented with a digital certificate once their application is approved. The digital certificate can be added to their LinkedIn profile and CV. The physical certificate will be awarded to the achievers at a felicitation ceremony and the UCD Advantage Award will appear on their Diploma Supplement at graduation. The Advantage Award can be listed in the "Achievements" section of the CV.



100% recommendation

100% of students would recommend the UCD Advantage Award to fellow students. You can register for UCD Advantage at any time, quickly and easily via SISWeb. For more information go to:

www.ucd.ie/careers/advantage

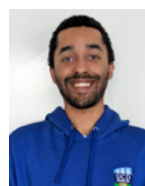
Here's what Advantage Award Achievers have to say about the experience.



**Ada Ruohonen,
Stage 4**

"The UCD Advantage Award was a great way to look back on my experiences and reflect on the transferable skills I had learned by taking part in these activities. It also allowed me to understand what future employers might be looking for when applying for a new job. Overall, the award was a great way to think about my achievements and be proud of myself!

Advice for Students: I would absolutely recommend taking part in the UCD Advantage Award. It is a wonderful opportunity to get recognition for tasks that might otherwise go unnoticed. Besides, it is a great way to come to realise how much you have learned by taking part in extracurricular activities, and how they have been incredibly beneficial in improving your transferable skills for the future. Overall, it is absolutely worth the effort!"




**Richard Otroshchenko,
Stage 1**

"Having an incentive to seriously reflect on my experiences was the most valuable part of the award. I was able to put into words how my involvement in UCD helped develop both my personal and professional skills. I believe that my ability to clearly express all the challenges I faced as Class Rep was a key contributor to me securing an internship for the Summer. Advice for Students: I would absolutely recommend the UCD Advantage Award to anyone who wishes to stand out from the crowd when searching for internships. Additionally, my activities have also allowed me to make new friends and experience new things. Just don't feel restricted to doing only two activities; there's every reason to get involved in as many things as you'd like!"

531 students achieved the Advantage Award in the Academic Year 2022/2023.

The Future of Work



It's likely that for many of you, the working environment you enter upon graduation will be entirely different to the environment that existed when you entered university. In the space of a few years, the world of work has changed rapidly, without precedent. The pandemic accelerated recent trends in remote working, AI, MedTech, e-commerce, automation and edtech. According to the Professional Services Firm PwC, "we are living in an era of fundamental transformation in the way we work."

Not since the Industrial Revolution have organisations had to think about where, when, and how employees undertake their roles.

The concept of a five-day, 40-hour work week at a fixed location is nearly a century old. It was invented by Henry Ford in 1926 to serve manufacturing plant assembly lines. It's possible that the working environment you enter will still be in a state of flux as organisations and entire sectors continue to adopt new ways of working such as remote, hybrid, flexible working, or agile working practices.

One of the most important skills you will need is adaptability. It is essential for navigating the changes ahead. It's impossible to entirely predict exactly the skills that will be needed even five years from now, so organisations and employees need to be ready and able to adapt to rapidly changing patterns of work, working structures, use of technologies and AI as well as the impact of geo-politics and climate change.





Some of the below terms are now widely used in job advertisements for internship or graduate roles so be sure you have a clear understanding of the company work practices before applying. Check out the list below to familiarise yourself with these terms.



Remote working

A remote employee is someone who is employed by a company but works outside of a traditional office environment. This could mean working from a local coworking space or from a home office.



Hybrid working

A hybrid working model is when an employee works part of their time in the workplace provided by their employer and part of their time from home or anywhere else other than the normal place of work. Also referred to as e-working or flexible working.



Agile work practices

Agile working is a way of working in which an organisation empowers its people to work where, when, and how they choose. It is generally agreed with your line manager and may differ across teams in an organisation.

Impactful Applications

Here are our top five tips for putting together an impactful application:

1. Start by analysing the job advert so that you have an in-depth understanding of the recruiter's requirements.
2. Always tailor your CV to show that you meet the employer's needs by matching your skills and experience to their stated requirements.
3. Prove that you are a strong candidate by giving examples of your skills and achievements.
4. When assessing the content of your CV ask yourself 'so what?' after each statement. If it isn't really saying anything or is not relevant, does it have a place on your CV?
5. Don't cut corners when it comes to your cover letter. This is an important part of your application as it allows you to demonstrate your particular interest in the organisation and role, and shows that you've done your research!

Your CV and cover letter or your online application form are your sales and marketing tools. The quality of your application determines whether or not you get an interview. This is your opportunity to highlight your strengths, skills and experience to a potential employer and set out what makes you a great fit for the role. Tailoring your CV, cover letter or application to the requirements of the role is critical – a "one size fits all" approach won't do you any favours.

Reviewing the e-learning content 'CVs and Applications' on [MyCareer](#) is a great way to get started. It will quickly bring you up to speed on the essentials of putting an impactful CV and cover letter together. You can also attend one of our effective applications workshops. Check with your Career & Skills Consultant to see if there's one scheduled for your particular programme.

When you have a draft you are reasonably happy with, use the [CV360](#) tool on MyCareer to receive instant feedback and advice to improve your CV. If you need further support tailoring your application, you can book a 1-2-1 consultation and get some expert advice and feedback from one of the team.

Cover Letter Checklist

Your cover letter should be in formal letter format and no more than one page in length. It should address the following points:

- Introduction/why you are writing
- Summary of your key skills and experience relative to the role (this should compliment what's in your CV, not repeat it verbatim). Outline why you are a great fit.
- Why you want this job or to work for the company? Show your enthusiasm and demonstrate that you have done your research.
- Closing/sign off



Vacancies

Opportunities

CV Checklist

Heading

- Does your name appear in bold at the top of the page (not the words; Curriculum Vitae)?
- Are your contact details, including phone number and email address, clearly visible under your name?

Personal Profile Summary (optional)

- Is it concise, tailored and relevant to the specific role you are applying?
- Is it specific and evidence-based as opposed to generic or clichéd?

Education

- Have you clearly stated your qualification titles, institutions attended and start and end dates?
- Have you included your current GPA/expected award classification?
- Have you included a select number of the modules most relevant to the specific role?
- Have you mentioned any project you have completed that is relevant to the specific role?
- Have you listed your most recent qualifications, before listing older qualifications e.g., your Leaving Certificate?

Work Experience

- Have you clearly stated the job title, company/organisation name and stated start and end dates?
- Have you outlined your key responsibilities (not a task list) and achievements using bullet points?
- Does each bullet point start with a strong action verb and give specific details, including metrics where possible?
- Have you clearly articulated skills and experiences relevant to the role you are applying for?
- Have you listed your most recent job first and then worked back?

Skills Section (optional)

- Have you included only skills that are relevant to the role you are applying to?
- Have you backed up your claims with specific evidence and examples?
- Do you provide specific information where possible e.g., levels of language proficiency, IT software packages, coding languages, etc.?

Interests & Achievements

- Do the interests/achievements included demonstrate relevant transferable skills?
- Have you included relevant voluntary work, society memberships or sports teams?
- Have you included membership of any professional bodies or relevant organisations?

References

- Have you either stated "References available upon request" OR given referees' names, job titles and contact details?
- If you have given referees, is one an employer and one an academic lecturer?

Final Checks

- Is your CV 2 pages or less?
- Is it easy to read e.g. font size 11 or 12, with clear headings and subheadings?
- Have you used bullet points instead of paragraphs?
- Have you avoided generic statements and instead used specific examples to support claims?
- Have you had someone else proof-read it?

Interview

Ace that interview!

If you are invited to interview it means that 'on paper' you seem like a good fit for the role and the potential employer would like to validate this by finding out a bit more about you. An interview also provides you with the opportunity to evaluate whether the organisation and role are right for you.

Preparation is essential to successful performance at interviews. The more prepared you are, the more confident you will feel. It is vital that you research the job and the organisation thoroughly, using all available resources (for example the company website, annual reports, strategy documents, LinkedIn, Google News search etc). Anticipate possible questions, particularly those relating to the skills and knowledge sought; consider how you will respond to these and what evidence you can provide to convey your suitability. Prepare examples to illustrate your key skills and competencies.

Interview360

Interview360 features a range of mock interviews you can take to really test your ability to come up with strong, confident, well-thought-through answers under time pressure. You'll get instant feedback and advice, and every question you answer will make you a stronger candidate.

Find out who will interview you, the length of the interview, and if tests or other selection methods will be used. Before the interview, make sure you read through your copy of the application form or CV that accompanied your job application – be clear on what you wrote as you may be asked to elaborate further at interview.

Make sure to review the e-learning content for 'Interviews' on [MyCareer](#) which goes through all the do's and don'ts of a successful interview and contains lots of helpful advice on navigating different types of interviews and making sure you put your best foot forward.

Here are a few of our top tips:

Many interviews are now competency-based. This means that the questions are focused on eliciting from you specific examples that evidence relevant competencies or skills, for example; teamwork, problem-solving, commercial awareness, leadership etc. They usually take the following type of format – “Tell me about a time when you worked effectively as part of a team”, “Give me an example of a challenging problem that you solved” or “Have you ever led a project? Tell me about that experience”. When faced with these types of questions, the key things to remember are:

- 1. Use a specific example.** Do not talk about what you would do or what you usually do in these types of situations. Have a bank of examples prepared that illustrate and evidence the key competencies that the employer is likely to be looking for.
- 2. Use 'I' rather than 'We'.** When you say “We did xyz” it is not clear to the interviewer who actually did the work – did you draw up the project plan or did you just stand there watching while your team-mates did it? The interviewer needs to be able to see your specific contribution so it’s important to use the first person.
- 3. Use the STAR approach** (Situation Task Action Result) to answer questions. This will help to ensure that you answer competency-based questions in a clear and structured manner, giving the interviewer what they are looking for.
Situation – First give the interviewer some context and background. Keep it concise though – this should just give them enough such that they understand what your example is all about.
Task – Describe your role or goal – what was required of you? What was your specific remit? Again, keep this fairly concise.
Action – Spend more time on this. In a logical, structured fashion, talk your interviewer through the actions that you took to achieve your goal. Remember to use “I”.
Result – Describe the outcome. Ideally give examples that have a positive outcome that showcases the impact of your contribution. You can also talk about what you learned from the experience and how you have applied or would apply this learning in the future.

At the interview – our top tips



Dress for success – even if the workplace has a casual dress code wear professional attire for your interview.

Breathe! Do some breathing exercises to calm your nerves. Remember that it’s completely normal to feel nervous.

Greet your interviewer(s) with a smile, a confident handshake and make good eye contact. Convey energy and enthusiasm.

Listen carefully to the questions and ask for clarification if required.

Maintain good posture and be conscious of your body language.

Stay calm and take a moment to compose your thoughts before answering any tricky questions.

Have a few questions prepared to ask the interviewer at the end – show them you are interested in their company and the role.



Offer

Did you know you can
book an appointment with
UCD Careers Network to
have your LinkedIn profile
reviewed?



Make Social Media work for you...

The average social media user spends 2+ hours per day across social media applications. Imagine if you could use even 10% of this time to enhance your career journey, with little effort. Well, you can take the next steps...

First steps...

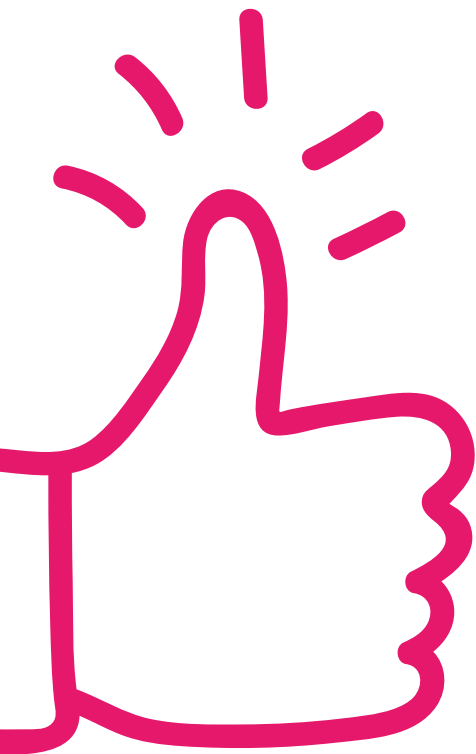
- Follow companies or accounts of interest on LinkedIn, Facebook, Instagram, Twitter & YouTube.
- Follow services that can support your career development such as; UCD Careers Network, GradIreland, NextStepSupport and Prospects.
- Make sure your own social media profiles are ready to be viewed by a potential employer. If not, consider keeping them private.
- Join LinkedIn and update your profile to reflect your CV.
- Connect with your in-person network on LinkedIn, including classmates, colleagues, and friends.

Next steps...

- Follow company social media accounts to hear about their updates, products, projects and upcoming opportunities. As you scroll, you'll be picking up nuggets of information that will help you learn more about the company and sector.
- Save posts that you find particularly interesting. You can revisit these when preparing a future application, to be easily reminded of recent company news or anything that captured your interest.
- Connect or follow people who are working in roles that interest you. You'll get a sneak peek into their daily working life and a better idea of whether it could be the right path for you. 'Virtual' work shadowing could be just a tap away! [@dr_niamh_shaw](#), [@drsarahjmurphy](#), [@pintofscienceie](#) to name but a few!
- Subscribe to YouTube accounts that are using their platform to educate, such as [Science Foundation Ireland](#), [Engineers Ireland](#), [RIAI \(Architecture\)](#), [National Gallery of Ireland](#) and [Creative Careers](#).
- On Twitter and Instagram, follow hashtags. Keep an eye on #IrishJobFairy for part-time roles. If you're interested in design follow #AdobeIllustrator or studying Agricultural Science, then why not follow #Agriculture?
- Create a Twitter list dedicated to accounts relevant to your subject area. Even if you only check in on Twitter every so often, you'll be able to check in on this list to see any tweets you've missed, rather than searching through your entire feed.
- Share your passion. If you could be the next Mary Berry or Joe Wicks, why not use your social media to showcase your talent or passion? This could be a brilliant example of your communication skills to talk about on your CV or during your next interview! You could also take Google's free [Digital Garage course](#) on digital marketing to learn how to build your own personal brand.
- Share your work and professional development on LinkedIn. Whether it's a certificate you've earned or you've taught yourself how to use new software, be sure to let your connections know.

Remember...

- Don't spam people, always be polite and provide a personal message providing context when connecting with alumni or employers.
- Check your privacy settings, make sure you're aware of just how much a potential employer could see with a quick google search!
- Be mindful that everything you post online could stay there forever. Think before you post or endorse.





LinkedIn Checklist ✓

Photo & Headline

- Have you included a head and shoulders photo of yourself, posed against a plain background?
- Are you smiling, looking at the camera and dressed professionally?
- Are you the only person in the photo?
- Does your headline correctly reflect your current situation (e.g. Final Year Computer Science Student & Aspiring Research Analyst)?

Summary

- Have you included a brief summary written in the first person, highlighting your key strengths and motivations?
- If you are targeting a specific sector, have you included your goals and tailored your summary to this sector?
- Have you included any additional training or certifications (e.g. Certificate in Project Management) that are relevant to the sector you have chosen to work in?

Education

- Have you listed your most recent qualification first, before listing older qualifications?
- Have you clearly stated your qualification titles, institutions attended & start and end dates?
- Have you listed the modules completed that you think would be of most relevance to the sector you wish to work in?
- Have you mentioned any activities or societies you are engaged with in University?

Work Experience

- Have you listed your most recent job first and then worked back?
- Have you clearly stated the job title, organisation name & start and end dates?
- Have you outlined your responsibilities and achievements using bullet points?
- Does each bullet point start with a strong action verb and contain specific details (e.g. numbers, software used, outcomes)?
- Have you included details of any volunteering roles you have participated in?

Skills & Recommendations

- Have you listed at least 5 skills, which your connections can endorse you for?
- Have you searched job descriptions of interest to identify key skills to be included?
- Have you requested a recommendation from a previous employer (if available)?

Accomplishments

- Have you included any organisations you are part of?
- Have you listed any honours or awards you have received?
- Have you included the title of (& if possible, a link to) any relevant projects completed?
- Have you listed any additional languages you speak?

Final Checks

- Have you added your job preferences?
- Have you added links to any relevant examples of your work e.g. pdfs of abstracts, projects on websites such as GitHub, writing samples from your blog, images of design work from Instagram etc.?
- Have you claimed your personal URL by clicking "edit public profile and URL" in the upper right-hand corner of your profile?
- Have you reviewed the LinkedIn Profiles of people in roles of interest to you, to better tailor your own?
- Have you had someone else review your profile?



Social Sciences graduates are employed across the private, public and third sectors in a wide range of roles and industries, from professional services to education, social work, not-for-profits, the media and creative industries.

Talent

UCD College of
Social Sciences

Pipeline



Which skills have you developed from the Social Sciences Skills Checklist?

- Research
- Critical analysis
- Communication
- Planning & Organisation
- Problem-solving
- Teamwork & Collaboration
- ICT
- Creativity
- Global Skills (Languages, Social and Cross-cultural Skills)
- Commercial Awareness
- Initiative & Drive
- Leadership
- Adaptability
- Resilience
- Entrepreneurial Flair

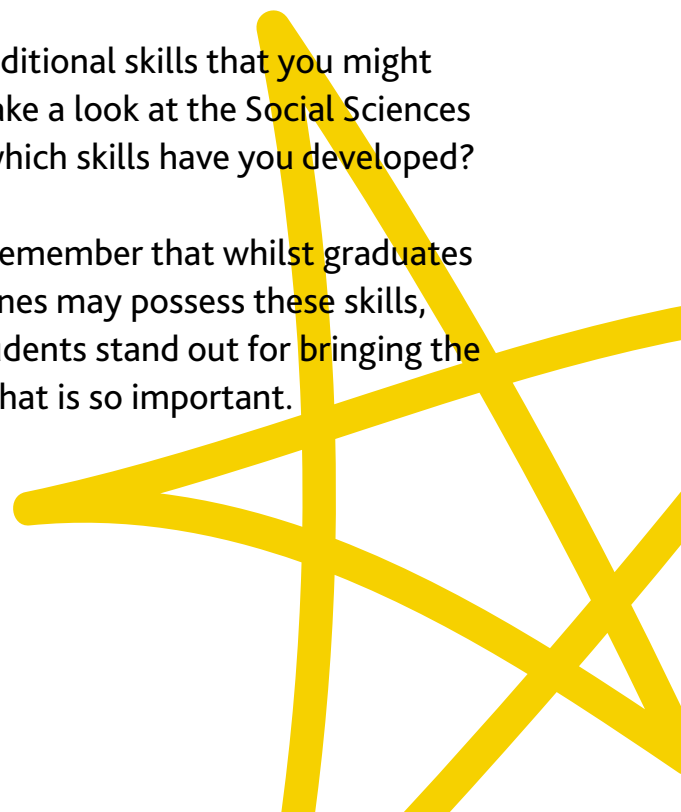
Eminently Employable!

As a Social Sciences student, you will develop a wide range of skills during your time at UCD. The British Academy Report 'The Right Skills' identifies a common core of skills shared across social sciences, that can be grouped into 3 categories:

- Communication and Collaboration – Being able to communicate clearly and concisely with others, developing persuasive arguments, tailoring your message to the audience and working effectively in multi-disciplinary teams.
- Research and Analysis - Designing research and collecting evidence, manipulating information and data, applying qualitative and quantitative methods of analysis, and critically interpreting, assessing and evaluating findings to reach conclusions.
- Attitudes and behaviours characterised by problem solving, creativity and adaptability.

There are many additional skills that you might have developed. Take a look at the Social Sciences Skills Checklist – which skills have you developed?

It is important to remember that whilst graduates from other disciplines may possess these skills, Social Sciences students stand out for bringing the 'human' element that is so important.



Social Sciences Graduates

Social Sciences graduates are able to move between careers throughout their working lives, using their skills to adapt to different industries and become successful leaders. Research shows that 44% of global leaders have a Social Sciences bachelor's degree¹.

Predicting what the future of work will look like is difficult, but Social Sciences graduates are well placed both to shape the future and to take advantage of the opportunities the future will present.

The ability to understand and interpret data developed through the study of Social Sciences is an essential feature of life in the 21st century, and with an increasingly global labour market, language skills, intercultural understanding and a global mind-set will be a crucial feature for the economy.

¹ The right skills: Celebrating skills in the arts, humanities and social sciences, British Academy for the Humanities and Social Sciences (2017); pg 11.

Niamh McInerney, Head of Graduate Recruitment, PwC

"Each year, PwC Ireland hires students from different degrees including Social Sciences & Law, different backgrounds and with different skill sets for our Assurance, Tax and Advisory practices. We look for a new generation of talent to bring their life skills and new ways of thinking to our business. We want the experienced beginners, the creative perfectionists and the process-driven visionaries to join us."

Kristina Kit, BSc Computational Social Science '22



My course focuses on combining social research with its computational aspects. This means I get to study subjects ranging from social to computer science which has provided me with social research skills, as well as programming and statistical skills. We are highly encouraged to combine our technical skills with critical thinking which we can work on during tutorials. My favourite part of the course is combining the knowledge from our modules to learn about understanding and manipulating big data and developing those analytical and research skills. UCD Careers Network has been incredible in helping me identify these different skills that the course has allowed me to develop. I would especially recommend their career assessment tools to anyone that is finding it hard to identify their strengths and feels stuck with their career plan.

The UCD Careers Network has also helped me to develop a wide range of skills that will enable me to be successful in the workplace. In my second year I got involved in their Career Mentoring Programme which matched me with a UCD alumnus that works in data analytics, a field I am particularly interested in. My mentor provided me with a lot of useful information and crucial insight into my future job so I encourage everybody to take advantage of this opportunity and everything else Careers Network has to offer as it can have a huge impact on your future and career path. Their one-on-one sessions with Career Consultants have also been crucial in supporting me to improve the way that I market myself in my CV and job applications. That played a massive part in helping me get a wonderful academic internship last year which really kick started my career and opened many new doors for me.



Engaged

You can find out more about volunteering at:

- studentvolunteer.ie/ucd
- ucdvo.org
- camara.org
- sucdsvp.org
- svp.ie
- niteline.ie
- activelink.ie
- volunteer.ie
- sucdsvp.org
- depaulireland.ie
- focusireland.ie
- aiesec.ie

Involved

When hiring graduates, employers look for students who have built upon the skills and experience they gain through their academic studies by getting involved in activities outside the curriculum and engaging with the wider university community.

For Social Sciences students there are a myriad of opportunities to get engaged and make a difference. For inspiration, check out what some of our students did during their time at UCD.

27 How do you rate the following methods by which graduates can improve their soft skills such as communication skills and team-working?					
<small>Respondents were asked to rate effectiveness on a 5 point scale from not effective (1) to very effective (5)</small>					
	1 NOT EFFECTIVE	2	3	4	5 VERY EFFECTIVE
Taking on a leadership position in a student society	2%	8%	24%	47%	15%
Gaining international experience (study or working abroad)	–	11%	34%	45%	10%
Taking part in team-based sports at College	–	7%	43%	43%	8%
Carrying out team-based exercises at College	–	13%	31%	46%	10%
Undertaking skills workshops run by the careers service	–	8%	44%	44%	5%
Competing in student competitions eg National Student Challenge	2%	16%	36%	38%	8%
Completing an internship or work placement	–	5%	6%	17%	72%



Nikita Fernes, BSc Economics '22

I was part of several societies on campus and also worked in multiple jobs on campus. I was Vice President of the UCD Indian Society and Team Leader of the social enterprise society - Enactus UCD. Working with societies gave me tangible leadership skills that I could talk about in every interview to date. Moreover, volunteering and running social enterprises on campus helped me understand business ethics and team management, values that every company will look for. I worked under UCD Global as a global guide helping international students find their way around campus and Dublin. This helped me learn critical communication skills while working in an extremely diverse environment. Finally, I also worked under UCD Careers as a career ambassador that aided in my growth as a student through their workshops and networking events.

I also took up part time jobs off campus that helped me understand customer service, multitasking and time management. Through my hard work, I was able to get an internship with Deloitte Ireland in the summer of my second year where I was offered the opportunity to come back and work in the Tax department as a graduate. I was also accepted into programmes in Smurfit UCD as I graduated with a first class honours.

My advice to incoming/current students would be to grab every opportunity you can in college so you can really prove evidence to your soft skills. Time management and organisation is critical to succeeding academically and I find goal setting incredibly helpful when it comes to multitasking in college. Use all the resources you can in college to your best advantage and that's what will help you enhance your skill set. Economics was a broad course therefore the opportunities after is limitless, so it's important to find what you really enjoy during your time in college.



Holly Johnston, BSc Psychology '22

I was always active both inside and outside the UCD community and wanted something concrete for my future masters' applications and job applications that displayed this willingness to partake.

I applied for the UCD Advantage Award in my final semester at UCD and the activities which I engaged in for the Advantage Award comprised on being the Sponsorship Officer for UCD Dance Society as well as running my small business. I found that the application for the Advantage Award provided me with the opportunity to reflect on the skills that each of these activities had provided me with. Having the Advantage Award on my CV will give me interesting talking points in interviews and after spending time preparing and writing the application, I know I will be effective and confident in communicating its importance to interviewers.

I also engaged with the Careers Network via the module Career Development in Psychology which I took in my final semester where I was provided with a plethora of useful material and tools regarding master's applications, CVs, interview skills and networking skills to name but a few. This module perfectly complimented the research skills, writing skills, critical analysis, presentation skills, communication skills and problem-solving skills which I learned throughout my degree.

I would advise all UCD students to utilise the Careers Network and apply for the Advantage Award. Taking time to do this is very beneficial to your future self in terms of boosting your CV and masters applications and helps you stand out from the crowd.

Tips for Social Sciences Students

A degree in Social Sciences provides many possibilities. It is important to invest time in exploring your career options so that you can make a decision that is right for you.

To help you decide on the path to take after UCD, why not participate in the Career Mentoring Programme or attend some alumni panel events to learn more about your career options. Doing an internship, work experience or work shadowing is also a great way to build skills and gain insight into a particular role, organisation or sector.

As a Social Sciences student, there are also a number of credit-bearing Career Development modules that you can take. These modules are specifically designed to help you develop employability skills and learn more about career action planning.



Student feedback for our Career Development modules has been extremely positive

Learn about Career Options:

Attending UCD Events

Each trimester we invite UCD Social Sciences Alumni to talk about their career paths to date. It's a great opportunity to network, learn about careers in various sectors and hear how graduates applied the skills they gained in their degree to their chosen career. Previous alumni panels have featured graduates from the Public Sector, EU Institutions, NGOs and Charities, Marketing, PR & Advertising, Sustainability, Data Insights & Research, and Creative Industries. Each year we organise 5 Recruitment Fairs, including the award winning Social Impact Week which connects professionals in the not-for-profit sector looking to hire UCD social sciences students. Keep an eye on MyCareer for details of upcoming online panel events and recruitment events.

Gain Professional Insights from a Mentor:

UCD Career Mentoring Programme

This programme links students with UCD alumni working in career areas of interest to facilitate career learning. A mentor can help you clarify your career goals, develop your confidence and give you a rare first-hand insight into a particular role or sector. Previous mentors work in a wide range of sectors including media & journalism, diplomatic services, politics, EU institutions, education, finance, arts & culture, marketing, data analytics, government and public relations. The Career Mentoring Programme is open to second year undergraduate Social Sciences and Law students. Applications for the programme open in September, so keep an eye on your e-mail and Careers Network social media for more information.

Take a Career Development Module or Internship Course: PSY30320, SSCI20020 & SSCI30040

SSCI20020 Career Development in Social Sciences, PSY30320 Career Development in Psychology and SSCI30040 Careers in Public Policy are career development modules designed to facilitate professional development and to enable you to develop employability skills. Students gain an appreciation of how to navigate the graduate recruitment process, how to be effective in the workplace and how to take ownership of their career development. Topics covered in the module include effective job applications, Internships, CVs & cover letters, interview techniques, self-awareness, presentation skills and teamwork. Undergraduate Academic Internship and Masters Internship Preparation courses are also available to support social sciences students.

“

“The weekly activities supported my learning and gave me further insights into what I want to do...and the assignments were helpful and pulled all I had learned together”.

“I enjoyed the flipped class approach and that the classes were very interactive”.

“I did find the lecturers to be very helpful in explaining what life after UCD will be like”.



**Clodagh Scott,
BSc Sociology,
Politics &
International
Relations '22**

"I enrolled on the Career Development in Social Sciences module and have developed many applied skills and gain knowledge of different careers. We participated in many activities that supported our professional development including making a career action plan and a LinkedIn account, attending a careers fair and a panel discussion, completing practice interviews, and undertaking a group research project. After doing a project on the charity sector it was great to attend a UCD Careers Network event with ECO-UNESCO as part of Social Impact Week and learning how to get involved and what skills they and other environmental organisations were looking for. Furthermore, talking to a politics and sociology graduate as a career mentor has helped me identify skills I have gained. The cover letter which is an important part of an application was an area I had struggled with and through zoom calls and emails I am now comfortable writing one, knowing that it does me justice. They have also identified new areas I can look at in careers and encouraged me to put myself out there.

I recently had an interview to get onto the CW Virtual Model UN. After the practice in the module and discussions with my career mentor I was prepared and got the work experience. I have been selected as an Irish delegate which is great experience as I would be interested in working in an international organisation like the UN. I have realised that goals are important to achieve what you want in a career.

This module is different, fun and interactive. I got to know people across courses and was able to use what I learned immediately. It opened my eyes to events the Careers Network offers and the opportunities you have. A meeting at Careers Network helped me work out what direction I want to go and would recommend this to all students."



**Mairead Cullen,
BSc Psychology '22**

I currently work as a research assistant in the School of Nursing and Psychotherapy at DCU. This is a summer research internship and typical duties of the job involve transcribing qualitative research meetings, conducting database searches for literature reviews, independent research of various qualitative research methods, meetings with chief researchers regarding data management, designing excel sheets for data storage and writing basic reviews surrounding the field's current literature.

Initially, the skills that I gained from taking my Career Development in Psychology module provided me with a sense of confidence and understanding during the early stages of applying for the role. By updating and adjusting my CV in our CV workshop I could tailor my previous job experience for this specific role. Additionally, the cover letter I submitted was clear, concise, and well adapted for a research assistant role.

These first requirements were deemed acceptable as I further advanced to the interview stage whereby our interview prep classes using MyCareer and 'Interview360' ensured I was adequately equipped to answer any question asked as well as establishing certain techniques and response guidelines for any unexpected enquiries posed.

Once I landed the job, the professional, communicative, and social skills which I gained through the various interactive and informative lectures meant I quickly settled into the new work environment, creating long lasting network links with members of staff, potentially valuable for future career insights. My undergraduate degree in psychology provided me with excellent research, writing, statistical and critical thinking skills to name but a few which have undeniably facilitated my success throughout my current job title.

I would advise all students to take a careers module throughout their time in UCD, not only will you receive valuable skills, guidance and insight, the interactive layout facilitates meeting new friends and practising social skills.



Aidan Byrne,
BSocSci Social
Science '20

"I decided to sign up to the Career Mentoring Programme as I am studying to be a social worker, so the opportunity to gain advice from a practitioner was immediately of interest. The programme is a golden opportunity to get a sense as to whether the area of interest to you would really match up to your expectations as a place you would like to work. In my case, I was particularly pleased with the excellent match that the programme was able to make for me between my mentor who works for Education & Welfare, Tusla, Child & Family Agency. My Mentor and I engaged straight away following the introductory evening and have been actively corresponding ever since, including two face-to-face meetings and further contact is planned.

The benefit to me has been easy access to practitioner expertise and the value of the guidance that I am receiving through that contact. It has helped me to gain valuable knowledge of the practicalities of social work in the child and family protection sphere, and has confirmed that I would like to work for Tusla as the work they do is excellent.

I would strongly recommend the Career Mentoring Programme as I have found it to be exceptionally helpful and the whole experience has been positive. It is an opportunity not to be missed!"

Experience



Work

You can enhance your employability with an internship. In the current situation many employers are offering virtual internships so explore all options and consider what you can gain from different experiences.

Internships are growing in popularity, and in the current recruitment market, employers not only look for a good degree from a top university but professional experience as well. Doing an internship will help you gain insights into a particular career path which may help you sharpen your career focus, and you'll have the opportunity to develop your skills.

82% of employers now offer work experience and internship programmes.

Gradireland Graduate Salary & Graduate Recruitment Trends Survey 2020

Enhance your Employability with an Internship

Research has found that two fifths of graduate employers rate graduates with no previous work experience as either 'not very likely' or 'not at all likely' to be successful during their selection processes irrespective of their academic achievements, which shows that internships play a key role in securing a graduate role (High Fliers Research, 2020).

With these benefits in mind, where can you find an internship that matches your interests?

MyCareer and the UCD Careers Network Internships Fair are great places to start your search, and you should also check out Gradireland and Activelink (the Irish Network for Non Profit Recruitment). Many organisations recruit interns from all academic disciplines so as a Social Sciences student, you could consider internships in a wide range of sectors, including management, consulting, finance or marketing.

But what if you can't find an advertised internship that appeals to you?

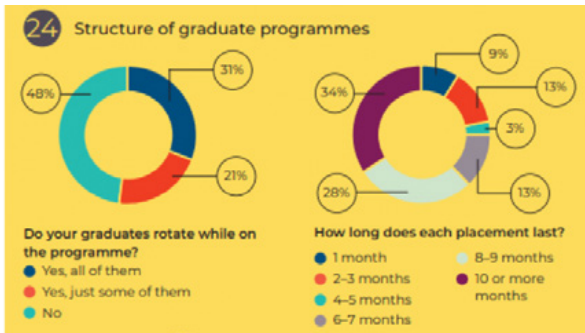
The good news is that there are many hidden opportunities waiting to be uncovered! The first step is to research where you might like to intern and make a target list. If you have a particular interest in the not-for-profit sector, for example, you could search the Benefacts database of Irish non-profits (<https://search.benefacts.ie/>) or consult the Directory of National Voluntary Organisations on the Citizens Information Board website.

The next step is to talk to professionals working in your target organisations, to gain insights and find out whether there are any potential opportunities. As well as using your own contacts, you can make new connections at professional events and by using LinkedIn. A great place to start is by tapping into the UCD alumni network on LinkedIn. And remember, the key to sourcing the internship you want, is to be patient and talk to lots of people.

Academic Internships for BSc. Social Sciences Students

BSc Social Sciences students have the opportunity to do an academic internship in Stage 3 of the programme, in either Trimester 1 or Trimester 2. You can source your own internship if you wish or apply to a variety of roles sourced by UCD Social Sciences from organisations across the private, public and voluntary/NGO sectors. These internships broadly reflect the different skills and knowledge you acquire during the first two years of your degree, allowing you to pursue new or long-standing interests and to apply your learning in real-world situations.

You will receive academic credit equal to a full-trimester workload (30 credits), assessed by means of reflective writing pieces and an ePortfolio. Working closely with the UCD Careers Network, Paul Murphy, Internships and Employability Officer for Social Sciences, will assist students throughout the process. For details of Academic Internship Preparation Workshops make sure you check MyCareer.

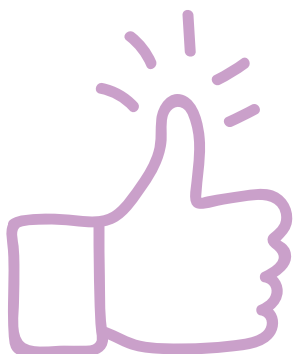


Gradireland Graduate Salary & Graduate Recruitment Trends Survey 2020

Jennifer Gallivan,
Head of Talent Acquisition,
Deloitte



"We're looking for real people, talented and with different backgrounds, individual strengths and perspectives. We accept applications from a wide range of disciplines including business, law, social sciences, engineering, computer science, maths, general science, technology, arts and humanities – the list goes on! The Deloitte graduate programme is about stretching your thinking, while building a career that inspires and energises you. If you're eager to learn, collaborate and develop leadership skills early in your career, you'll make an impact here."



What are Graduate Programmes and should I apply for them?

When you hear people talk about 'graduate programmes' you might equate this to accountancy and finance roles. Traditionally graduate programmes existed in a small number of large professional, banking and consulting firms. However, in recent years organisations across a diverse variety of sectors, from Paddy Power to the Peter McVerry Trust have developed graduate programmes that are open to students from all disciplines.

So what exactly is a graduate programme?

Essentially, it's a structured training programme transitioning you from university to professional working life in an organisation. Over the course of your programme you receive specialist training relevant to the sector you are working in as well as support to pursue professional exams (if applicable).

Some programmes include rotations, for example on a 24-months' programme you might have 4 rotations of six month's duration across different areas of the business. This allows you to experience different departments and get involved in a variety of projects.

Is it for me?

Firstly, consider where your interest lies. Are you interested in HR or Marketing? Are you interested in Public Policy or working in the EU? Also consider which sectors you are interested in. Would you like to work in Retail, ICT, Research, Journalism or with a Government body? Companies such as Aldi, Lidl, Musgraves, Jameson, Vodafone, Amazon, ESRI, CSO, GLG, Salesforce, Enterprise Ireland, Focus Ireland, Trocaire, IBEC, An Post and IDA offer graduate programmes across a number of departments including HR, Digital Marketing, Business Planning, Business Analytics, Communications and Policy Development.

Next steps

Start your research online by checking company websites, MyCareer and Gradireland. Take a look at For Purpose (www.forthpurpose.ie) for graduate programmes in the not-for-profit sector. Once you have a clearer idea of your interests, the best way to find out more is to talk to people. Build your network by attending the Careers Network Recruitment Fairs and employer events. Come to our Alumni panel series and meet College of Social Sciences and Law graduates working across a range of sectors.

Aoife Duff, Programme Coordinator, For Purpose Social Impact Graduate Programme



Many graduates seek careers that create social impact, but don't know where to start. The For Purpose Social Impact Graduate Programme connects graduates with nonprofit, charity and social enterprise organisations. We recruit graduates for a range of paid roles in disciplines including law, social sciences, fundraising, communications, housing, and more. As part of our programme, you will be paired with a Mentor to guide you along your graduate journey. We also facilitate monthly learning seminars, so you can meet other graduates in similar positions. Our aim is to support you at the beginning of your graduate career. We would encourage you to be yourself and give specific reasons why you are interested in the non-profit sector using a variety of examples, including any voluntary experience.



Amarachukwu Onyegiri, MA International Development '21

Upon completion of my Masters study in 2021, I began a Graduate Internship Programme with the Centre for Effective Services. In my current role, I assist on research and evaluation projects with government departments, statutory agencies and community organizations. And I am able to apply the skills I further developed during my study such as critical analysis, research, presentation, communication and stakeholder engagement.

Some of the highlights of my time at UCD was my involvement in student societies such as UCD VO and Amnesty International (among others). These interactions created a platform to engage with other students with similar interests (outside Brightspace ;), which was much needed during the prolonged periods of social isolation. From my participation in these societies, I went on to volunteer with organizations such as Team Hope, Age Action, and Comhlámh- a continuation of my global citizenship education.

I also took full advantage of the Careers Network and Writing centre, which were instrumental in my career and academic development. They supported me in the preparation of my resume, cover letters, essays and several job assessments and interviews.

I would definitely advise any prospective or current student to get involved in student-led activities and also the Careers Network services. The consultants are so skilled at directing and preparing one for the world of work.





People

Alongside academic qualifications, graduate employers look to hire students who have been involved on-campus and gained relevant professional experience, and therefore have developed a range of professional skills and attributes that will prepare them to successfully adapt to the workplace.

Performance

UCD College
of Law

What are Graduate Employers Looking For?

What do employers look for in aspiring legal professionals?

- Current affairs interest and knowledge
- Commercial awareness
- Interpersonal skills
- Communication skills & the ability to negotiate
- Analytical & problem-solving skills
- Organisational skills
- Attention to detail & accuracy
- Work ethos/common sense
- Leadership
- Resilience
- Professional approach, integrity & respect for confidentiality

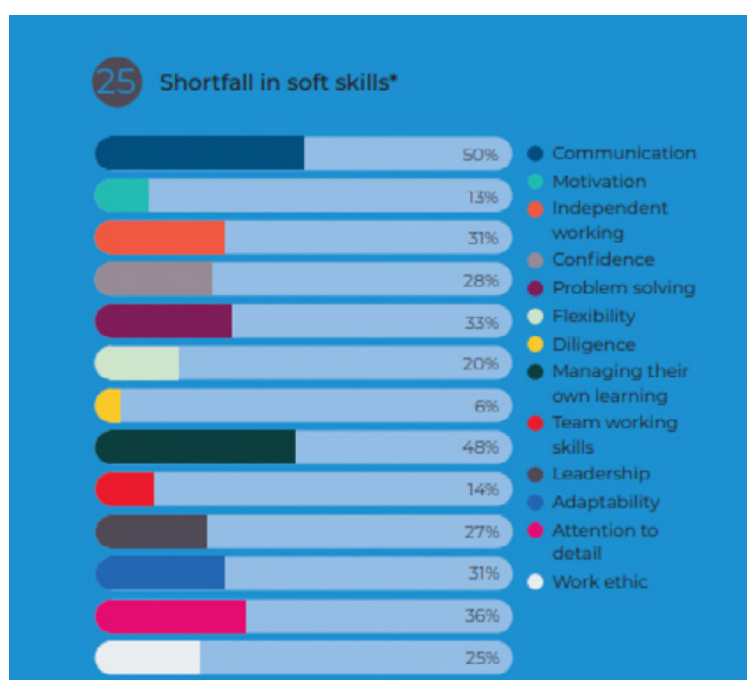
Commercial awareness is one of the most important attributes across all industries and in the private and public sectors alike. But what does it actually mean to be commercially aware? It essentially means having a good understanding of how a business works, their commercial objectives, as well as being knowledgeable about how the business competes in the marketplace and how your role may affect business performance. If a job advert highlights the importance of being 'customer focused' or having an 'entrepreneurial flair' it is another clue that the recruiter values commercial awareness in candidates.

Graduate recruiters want students to demonstrate a range of skills or competencies from leadership, teamwork and interpersonal skills, to problem solving, critical thinking, project management and communication skills. Being creative, resilient and having global skills (such as languages and intercultural awareness) are becoming increasingly important.

However, top graduate employers sometimes find that students lack the skills that they require. The Gradireland Graduate Salary and Graduate Recruitment Trends Survey shows that the biggest perceived shortfalls relate to communication skills and those relating to autonomous working.

So, with this in mind, you need to make sure that your skills are up to scratch. But how can you develop your skills? See page 36 for Strategies for Skills Development.

Check out the range of '[Core Skills Courses](#)' on MyCareer.



27 Q EMPLOYERS WERE ASKED... How do you rate the following methods by which graduates can improve their soft skills such as communication skills and team-working?

Improving soft skills	not effective (1)	(2)	indifferent (3)	(4)	very effective (5)
Taking on a leadership position in a student society	5%	6%	29%	41%	19%
Gaining international experience (study or working abroad)	2%	6%	35%	33%	24%
Taking part in team-based sports at College	1%	4%	20%	52%	23%
Carrying out team-based exercises at College	0%	5%	36%	37%	22%
Undertaking skills workshops run by the careers service	2%	9%	41%	38%	11%
Competing in student competitions eg National Student Challenge	2%	16%	28%	40%	13%
Completing an internship or work placement	0%	1%	6%	18%	76%

Respondents were asked to rate effectiveness on a 5 point scale from not effective (1) to very effective (5).

gradireland Graduate Salary & Graduate Recruitment Trends Survey 2019

Jemima Mulligan - McCann FitzGerald LLP

"We thoroughly enjoy engaging with and recruiting UCD students each year. When it comes to our application process, strong academics are very important to us. However, we acknowledge that this isn't all that matters. We look at students' past work experience, their skills, their hobbies, and extracurricular activities, and what makes them unique. Some skills that we look out for on application forms are teamwork, attention to detail, communication, commercial awareness, and problem solving. The best way to show us that you have these skills is through your past experience, be it travelling, working, sports or being a part of societies in college. Work experience in the legal sector is helpful but not essential. We value all work experience.

When completing an application, be sure to research what makes McCann FitzGerald LLP different to other Firms. Be true to yourself when you are completing an application form. We are recruiting trainee solicitors, and we don't expect you to know everything about the world of corporate law but your evident interest in the area would be highly beneficial. We will provide you with an abundance of training when you join us that will further equip you for a successful career as a corporate lawyer."

Skills



Strategies for Skills Development

To be successful in recruitment processes you need to give specific examples demonstrating your skills and attributes, because just saying you can do something is not enough! Graduate recruiters from the top employers have told us that students can struggle to demonstrate their skills. The best way to develop a range of examples is to get involved in activities in UCD and beyond, and in the current climate this may mean looking virtually.

Success

So, what actions can you take to improve your skills?



Take part in the Legal & Professional Skills Module (LAW10420)

This module for first year students is focused on supporting you to develop a range of skills and aptitudes including commercial awareness, teamwork, presentation skills, professional written communication, and time management. Students who took the module said:

- "Legal writing and career related topics were very helpful".
- "The career strategy was really useful as it set out a broad road map for my future. This is ideal as we must plan ahead".
- "I found the personality assessment interesting as it helped me identify areas I need to work on".

Attend UCD Events

UCD Careers Network organises a wide range of events each year that will give you an opportunity to gain career insights into a range of career paths, meet UCD alumni, and graduate employers looking to hire UCD talent. Each year there are 5 Recruitment Fairs, employer & alumni events. Be sure to attend Set for Success, an employer-led skills programme designed specifically for law students. To find out more, check MyCareer.

Get Involved with Clubs and Societies

Join groups of interest e.g. Student Legal Service (SLS) and the Students Management Fund and take on positions of responsibility.

Gain Experience by Volunteering

Help out locally with a cause that interests you or consider gaining experience further afield by giving your time online. Peer Mentoring opportunities exist in UCD and you can source other roles at www.studentvolunteer.ie/ucd You can use your experience to apply for the UCD Advantage Award.

Participate in Insight Days/Open Days

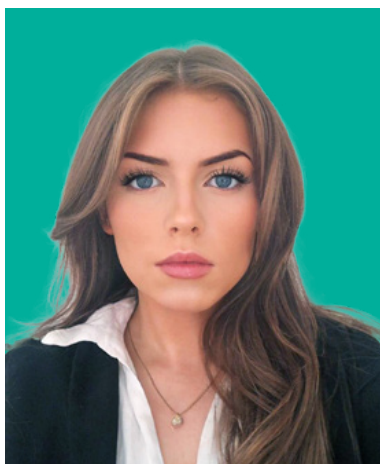
Your opportunity to experience a firm first hand. Find out about the work, the people, the culture, and the sector. Targeted at first years primarily.

Become a Campus Ambassador

Some law firms hire students to organise events and promote their firm on campus. This is an opportunity to demonstrate your interest in the firm and show creativity and organisational skills.

Participate in Career Mentoring

We'll match you with a professional working in an area of interest, and receive invaluable support and advice about how to successfully develop your career.



Megan Giblin, BCL Law with Social Justice, Stage 3

"I signed up to the Corporate and Commercial Law London Trip in my third year as I was interested in exploring the variety of qualification routes open to me post-university. I have always been interested in becoming cross-qualified between Ireland and the UK and having attended insight schemes in both DLA Piper and Bristows in London during my second year of university, I knew this was something I wanted to explore further. Throughout the week we visited 6 corporate law firms, both US and UK firms, and a barrister's chambers. The trip has helped me progress my legal career by allowing me to learn of the variety of career options available to me with a law degree in London. Coming from an Irish law background, I feel that the trip gave me an insight into the operations of large law firms in London which I otherwise would not have had access to. The trip also allowed me to meet and network with a number of UCD alumni whom I remain in contact with and have been extremely helpful in providing me with advice regarding the process of becoming dual-qualified.

A particularly interesting aspect of the trip for me was our visit to the Francis Taylor Building Chambers. Coming from a jurisdiction that does not offer student work experience with barristers and wherein barristers can only operate as sole traders, it was really great to get an insight into what life as a barrister is like, especially in a chambers. It was wonderful talking to Mark O'Brien O'Reilly, a barrister at the Francis Taylor Building, and Robert Lee, a pupil at Radcliffe Chambers. I am delighted to say that I will be joining some of the firms we visited later this year. In June I will be joining Clifford Chance as a participant of their SPARK scheme and in October, I will be joining both the Francis Taylor Building and Radcliffe Chambers for mini-pupillages. I credit my participation in the Corporate and Commercial Law London Trip and the support of the UCD Careers Network for my success in these applications."

Apply for the London Law Study Visit

Each year the UCD Careers Network organises a week-long study visit to top commercial law firms in London, and this took place virtually last year. The programme provides students with an opportunity to network with key influencers, develop their industry knowledge, as well as a range of employability skills specific to the legal sector.

Build your Work Experience

Many summer internship programmes/vacation schemes offered by large law and professional service firms are aimed at 2nd year students onwards and run to strict timetables. You could also consider arranging work experience with a smaller firm. In the current situation, some opportunities have gone online so consider exploring virtual internships too.

Read Relevant Career Publications

By reading newspapers and Twitter feeds on a daily basis and professional publications regularly e.g. The Economist and Law Society of Ireland Gazette, you will stay up to date on industry news. Review relevant career publications to gain additional insights such as Ireland's Leading 100 Graduate Employers, Gradireland Sector Guides, and the Careers Network Entrepreneurship Guide.



Robin Jowett, BCL Law, Stage 2

"Choosing a career is an incredibly difficult task. I know that a law degree has such an incredibly wide range of potential futures. As a result of this, I decided to go on the London Law Firms trip to have the opportunity to experience this future and discover if this was something that I would be interested in pursuing. After going on the trip, I am

delighted to say that it opened my eyes to the potential of pursuing a career in law in London. I also had the privilege of meeting many people from other courses and the UCD Community. The trip was also incredibly insightful for application tips generally, and different areas of law from the firms that we visited. This added to the benefit of the trip greatly. We not just had the fantastic experience of visiting London and the firms there, but also gained beneficial skills which will stand to us going forward. In particular, I found the negotiation workshop in Hogan Lovells very helpful, and showed us some practical skills which we could use in our careers.

Before going to London, I was apprehensive about spending so much time in such a different city and country with people who I did not know very well. This is something which became one of my favourite parts of the trip. Having the chance to meet people whom I would not have otherwise met. One of my favourite parts of the trip was going out to social events with the other students on the trip, experiencing new things and having an all-around good time.

A tip I would have for anyone thinking about going on the trip is to definitely apply, even if you are not thinking about training in London. The trip can really open your eyes, and show you a new way of looking at things which can help you back in your degree."

"82% of employers offer work experience and internships and an average of 28% of graduates recruited by companies had previously completed an internship within the organisation. gradireland Graduate Salary & Graduate Recruitment Trends Survey 2020

Employers who offer Insight experiences:

- A&L Goodbody
- Arthur Cox
- Byrne Wallace
- Eversheds Sutherland
- Holmes O'Malley
- Matheson
- McCann FitzGerald
- William Fry
- Allen & Overy
- Clifford Chance
- Dentons
- Herbert Smith
- Freehills
- Linklaters
- Norton Rose
- Fulbright
- Pinsent Masons
- Slaughter and May

Develop Professionally with Insight Experiences

Insight experiences are commonplace within law firms, professional services and banks, and provide you with opportunities to gain a taster of a career within law or another area, and within different firms. Recruitment for aspiring solicitors begins earlier than for many other professions, so it is worth engaging with these opportunities from first year.

What are Insight Days?

Insight days have become increasingly popular over the last ten years, and are primarily aimed at first year students. Firms use different terminology for their first year programmes, so as well as insight days, you may hear reference to insight programmes/workshops, first year workshops, open days, Spring Weeks and first year vacation schemes.

They are essentially structured work experience programmes that last from one day up to one week. They usually take place in the firm's offices but may be hosted virtually during the 2021/22 Academic Year. They are designed to give a brief insight into the firm and life as a solicitor, and usually involve a range of activities such as presentations on life at the firm and typical work undertaken; networking with members of the firm (from trainee to partner level), workshops, group exercises, and an office tour.

What are the benefits of applying?

Participating in these programmes offers a really valuable tool when making decisions about your future career as you can really get to know a firm, its culture and the work they do. They are also a great way to demonstrate your commitment to a career in law and to build your network.

Application deadlines vary, but are usually from the end of November to the start of January. The process is very competitive so make sure you spend enough time on your application so that it stands out for the right reasons.



The BCL Internship Module

The BCL Internship Module LAW37680 is open to most BCL students in stage 3. Legal internships are 14 weeks long and take place in Trimester 2. Students can apply for a variety of paid legal internships sourced by UCD Law School. Placement partners include large Irish law firms, smaller Irish law firms, international law firms, non-governmental organisations and in-house counsel in large companies. It is also possible to source your own internship.

The module provides students with the opportunity to apply the skills and knowledge they have already acquired at university to real-life situations and to further develop a range of workplace skills including teamwork, time management and communication skills. Emma Lyons, UCD Sutherland's Internships Officer will assist students through the process and can be contacted through clec@ucd.ie. For details of Academic Internship Preparation Workshops make sure you check MyCareer.

Internships and Vacation Schemes

Who should apply for internships and vacation schemes?

All large law firms offer internships or as they are called in the UK, vacation schemes, and they are aimed at second year students onwards.

When do internships take place?

Summer internships in Irish law firms are usually four weeks and for many firms, applications commence in January. UK Law Firms offer winter, spring and summer vacation schemes and applications usually open in September/October and close in December/January. Due to the current situation, many internships are now being facilitated online, so be open to different types of experience.

Why should I do an internship?

Internships provide structured work experience, giving you the opportunity to work on live cases and transactions, and to shadow lawyers, sit in on client meetings and observe them giving legal advice.

As well as helping you to improve your skills and legal knowledge, completing an internship could lead to an offer of a training contract as many employers use this as a major recruitment method viewing an internship as an extended interview.

Shane Black, BCL Law '23



"I am interning at Matheson and gaining experience in their asset management and investment funds department. A highlight of my academic journey so far has been participating in the BCL student placement. I spent four months in William Fry's corporate department. The placement was hugely enjoyable. While on placement, other students and I worked throughout the entire Spring Trimester.

I gained a real understanding and insight into the type of work done in commercial law firms. What I enjoyed most was seeing how the law is applied in the real world. I also got to work on some big and exciting projects. I got to utilise all the skills I acquired at UCD and develop new skills such as legal drafting. You can expect to use the skills you rely on as a student while on placement at law firms, which is good because, from the start, you become helpful to the team.

I highly recommend that eligible students apply for the student placement as the experience is very insightful and can help students decide what areas of the law they want to specialise in after university. The placement offers invaluable experience and has expanded my knowledge of the law.

My advice to students is to participate in societies that interest them and have fun. Also, try to get internships that suit their interests and use the UCD Careers Network. Without them, I wouldn't have gained the experience that I have gained."



Anne Collins, Associate, Clifford Chance

"Corporate law firms exist to solve legal and commercial issues for their clients. To do that successfully, firms need to understand their clients' businesses, the context in which they operate and the issues they face. This requires recruiting candidates who demonstrate commercial acumen. To demonstrate commercial acumen in your interview, it is essential that you understand the firm's core client base and/or target client base and the key issues facing those clients. Your understanding should then allow you to engage in a discussion that demonstrates your commercial prowess. As a starting point, delve into the firm's website. There, you should find the firm's core client base and you may be able to gauge any clients the firm is targeting. Any recent content (article/webpages) should indicate the key issues the firm's clients are facing. To build a deeper understanding, it is vital that you also get up to speed on what is being reported in the media. If the firm is focused on tech companies, for example, get up to speed on what is being reported about Facebook, Google, other tech companies and the tech industry in general. Once you understand the issues the firm's clients are facing, you should also be thinking about how the firm might be able to support their clients in addressing those issues. For example, a newly introduced regulation that affects the tech industry might require tech companies to implement new policies that the firm could assist in drafting.

Some firms will require candidates to take part in an assessment day, as well as an interview. Find out early on what the assessment day will involve and familiarise yourself with whatever assessment style is involved. The assessment day might involve presenting to a group of partners. If so, before the day, practice as often as you can, presenting on varied topics before the mirror or, better yet, before an audience. The selection process might involve a critical thinking test, like the Watson Glasser Critical Thinking Test. If so, practice the test as often as you can before taking it. This will mean you are familiar with the format, type of thinking and timing involved."

Preparing for Interviews & Assessment Centres in Corporate Firms

Whilst most advice relating to interview preparation applies across all sectors, there are specific areas that you should focus on for interviews in corporate firms.

Employers will be looking to assess your level of commercial awareness so you should expect questions that require you to demonstrate business and legal knowledge, as well as provide insights. Here are a few examples;

- What is the business case for ensuring that organisations are diverse and inclusive?
- What opportunities and threats does rising environmental awareness among consumers present for companies?
- Why is health and safety compliance for businesses more important than ever?
- How is risk managed in M&A transactions?
- Are Irish lawyers prepared for the change and new possibilities promised by artificial intelligence?

What can you do if you don't want a career in corporate law?

Want to explore your career interests and options in more detail? - Book your appointment through MyCareer.

Whilst many law graduates choose to pursue a career within a law firm or as a barrister, that is not the only option when you graduate. In 2018, the top 6 employers of UCD law graduates were; A&L Goodbody, Arthur Cox, KPMG, PwC, Matheson, and Accenture, and alongside these employers our law graduates have gained employment across all sectors (private, public and not-for-profit).

You might want to consider working in industry as an in-house solicitor, where opportunities exist across a wide range of sectors. There are also a wide variety of business focused roles that law graduates are well skilled to enter including; accountancy and finance, analytics, project management, consultancy, marketing and advertising, HR and recruitment, sales, business development, operations and supply chain management. Graduate opportunities within these areas can be found in a wide range of businesses with the main sectors in Ireland being financial services, professional services, technology and start up's, e-commerce, retail, pharmaceutical and engineering. UCD law graduates have secured employment in a wide range of organisations including; Jameson, Accenture, Facebook, KPMG, PwC, JP Morgan, State Street, Citi and Car Trawler.

Perhaps a career within the public sector appeals to you? There are many opportunities both in Ireland, within the EU and beyond. Examples of roles include; lawyer within EU institutions, administrative officer (policy development and managerial responsibilities), policy officer, diplomat, communications officer, researcher, and teacher. UCD Law graduates are working in organisations from the Department of Justice & Equality and the Department of Foreign Affairs and Trade, to the European Commission, European Data Protection Agency, and UN Office for the Coordination of Humanitarian Affairs.

The not-for-profit sector is also an option, working in a role where you are utilising your legal skills and knowledge or in another area such as campaigning, fundraising, communications or corporate social responsibility partnership management. UCD law graduates have secured opportunities in organisations such as; Rehab Group, Irish Red Cross, and Amnesty International.



**Ryan Oakes,
BCL Law with
Social Justice '18**

"I work in the legislative review section of the Policy & Research department at IHREC where the majority of my time is spent researching and analysing policy papers, research reports, academic literature and case law and using my findings to develop internal briefing papers and IHREC publications. While the work I produce serves a much different purpose and strikes a different tone to my academic work the skills involved are extremely similar and so I have benefitted well from the research, writing and critical analysis skills I developed in my BCL – Law with Social Justice degree.

I was pretty much involved in all aspects of student life you can imagine. I was an UCDSCU class rep and Business and Law College Officer and also ran in two more elections. I played lacrosse throughout my four years at UCD and was the Club President in my final year. I also got to open up the Lawsoc debate every week in my second year as the Committee's Records Secretary. I spent a year working in the SU library shop and in my final year I was the Student Brand Representative on campus for Red Bull.

I would advise students to get involved in as many things as they possibly have time for. Looking back it's genuinely difficult to explain just how valuable all the different experiences on offer are and how they help you grow and develop as a person. Regardless of what you choose to take part in I think being able to demonstrate that you balanced work, life, school stands to you in the eyes of employers and these are the important things that can help you stand out in a field where everyone has the same degree as you."



Mariana Verdes, BA Economics & Politics '15, Masters Common Law '17

"I am a practising barrister in all areas of civil law including personal injuries, medical negligence, immigration and asylum law. Skills I have developed at UCD which have proved useful in my current role would be research skills, critical thinking skills and the ability to distil large volumes of information and identify the important information. I really gained a great mix of skills from combining Economics and Politics in my undergrad with Law at Master's level. My advice to current students would be to step out of your comfort zone and make things happen. Everyone is starting afresh so don't think you are the only one struggling to fit in or find like minded people. Identify something you are interested in, be it a sport or a society and just turn up and see what happens. Or if it's something that's not there already chances are there are others who also would join into whatever your idea may be so link up and set up a new society. I was involved in setting up, or perhaps more accurately reviving the chess society which was one of my favourite and most proud accomplishments. I am thrilled we managed to leave on campus a thriving society and the giant garden chess board for future students to enjoy and socialise around. I only wish I was still there to enjoy it also.

Most importantly, turn up and make the most of it as your time will fly and there's nothing worse than looking back and regretting not having made the most of the incredible opportunities available in UCD. Through the setting up of the chess society I got to meet my hero- Judit Polgar (the greatest female chess player in history). You really can use the platform UCD provides to achieve the most incredible things. It only requires a little effort and teaming up with likeminded people (who will also become wonderful friends) and sometimes not accepting 'no' for an answer, all great lessons for life on the other side of college."

Doctoral and Research Masters Students (Graduate Researchers)

UCD is unique in Ireland in having a dedicated Career and Skills Consultant for Graduate Research students. UCD Careers Network can support you to explore & plan your career options beyond your doctoral studies.

The service provides:

- 1-1 individual (60 minute) coaching and guidance sessions, to discuss career options, job search strategy or for interview preparation
- 1-1- individual (30 minute) CV/Application review sessions
- Regular group workshops on applications, interviews and networking
- Bespoke delivery of workshops and seminars within Schools
- Up-to-date labour market trends and employer networking opportunities
- Regular e-bulletin focusing on training and development opportunities and job vacancies

As a Graduate Research student you have access to the Early Career Researcher pages on our career management platform MyCareer. MyCareer has a wide range of resources including interactive tools, such as AI CV review and interview prep, e-learning content and the latest job opportunities. You can also book 1-1 appointments, workshops and events, and review resources such as recordings of our Early Career Researcher alumni events. Remember you can come and see us anytime, it is never too early to start thinking about your career. You can also avail of our 1-1 service up to two years post graduation.



Career and Skills Consultant for Graduate Research students – Tara Hughes

As a Graduate Research Student Career & Skills Consultant, Ms Tara Hughes focuses on the mobility of Research Masters and Doctoral Candidates beyond the PhD. She works with individuals and groups on planning how to find where to find meaningful and rewarding careers. She does so by delivering a programme of professional skills training, 1-1 guidance and employer networking opportunities to enhance researcher competitiveness in a global environment.

In her previous role Tara worked as the Research Careers Manager (Career and Skills Consultant with postdoctoral research fellows). Prior to that she was on the People and Organisation Development team in UCD HR developing programs for Assistant Professors and new faculty. Her background is in Learning & Development, Organisation Development and as a HR Business Partner. She is a member of AHECS, AGCAS and the Association for Coaching.



Orla Ní Cheallacháin, PhD Politics & International Relations '21

Director of European Masters of Human Rights and Democratisation, Global Campus of Human Rights

"The Global Campus of Human Rights is a network of 100 universities worldwide renowned for their leading role in education, research and advocacy for human rights and democratisation. We promote human rights and democratisation through regional Masters' programmes, specialised trainings, research and outreach. I am the Director of the European master's in Human Rights and Democratisation which is co-taught and co-implemented

by 42 universities throughout Europe. I manage a resident team of five at our headquarters in Venice, and my responsibilities include research and teaching on topics related to human rights and democratisation, the overall academic coordination and implementation of the programme and its strategic development.

As this is an academic position the research and teaching skills I developed over the course of my doctorate are essential in my current role. In addition, I rely on many of the other skills I developed over the course of my research degree; written and oral communication skills, problem-solving and creative thinking skills, critical thinking, project management, leadership and resilience skills. I would strongly encourage graduate researchers to take advantage of all the training opportunities available to them through UCD and to devote regular time to mapping the many skills that research gives you so you can make them visible to yourself and future employers."

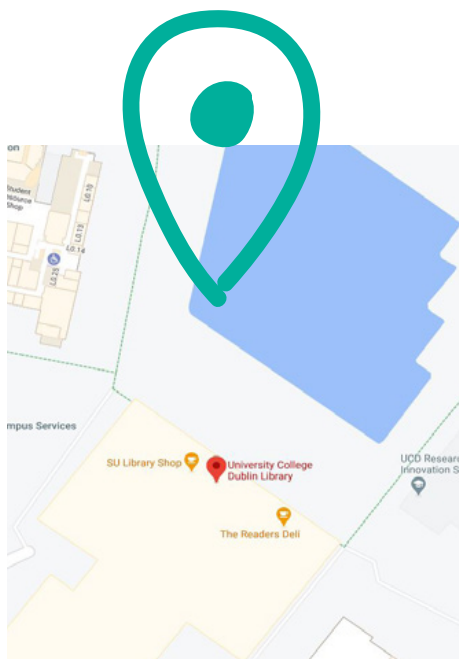
UCD Careers Network
Library Building
University College Dublin
Belfield, Dublin 4
Ireland

Tel: +353 (0)1 716 7574
Email: careers@ucd.ie

Get in touch

We are open Monday to Friday from 9am to 5pm.

You can find us on the corner of the James Joyce Library building; we have our own entrance next to the Campus Bookshop and opposite the main lake. The library building is no.34 on the Belfield Campus Map.





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CareerEDGE +



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CareerEDGE+ is a personal development tool that should help you to identify possible areas for development over the next year.

- 1) Take the CareerEDGE+ profile quiz
- 2) View your personalised CareerEDGE+ report
- 3) Complete the allocated tasks in your report, to develop your employability

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Development
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E

Experience in
Work & Life



D

Degree Subject



G

Generic Skills



E

Emotional and
Cultural
Intelligence