## The Irish Longitudinal Study on Ageing

## Derived Variables <br> Codebook

## Wave 1

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This codebook contains information on additional variables included in the TILDA Wave 1 dataset. Notes on how the variable was derived are included where necessary.

A list of the original variables used for derivation are included. Please note that not all original variables are included in released versions of the datasets.

Where possible, details of any original documentation relating to scale scoring or information are included.

For any further enquires on variables not listed here, please refer to the TILDA release guide available on the ISSDA website or contact the TILDA team (tilda@tcd.ie).

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## DIS Section

Disability, functional impairment and helpers

## DISimpairments

Description: A count of the impairments listed in variables fl001_01 - fl001_11. A +1 is added for every impairment the respondent has said they have.

Notes: Variable is top coded at 10 impairments (10+).
Impairments included:

- Walking 100 meters (100 yards)
- Running/Jogging about 1.5 kilometres
- Sitting for about two hours
- Getting up from a chair after sitting
- Climbing several flights of stairs
- Stooping, kneeling or crouching
- Reaching or extending your arms about your head
- Pulling or pushing large objects large objects like a living room chair
- Lifting or carrying weights over 10 pounds/5 kilos
- Picking up a small coin from a table

Variables used:

```
fl001_01, fl001_02, fl001_03, fl001_04, fl001_05, fl001_06, fl001_07, fl001_08, fl001_09, fl001_10,
fl001_11,
```


## DISadl

Description: A count of the ADLs listed in fl002_1 - fl002_6. A +1 is added for every ADL the respondent has said they have.

Notes: Variable coded as 0 if DISimpairments is 0 . Variable top coded at 5 ADLs.
ADLs included:

- Dressing, including putting on shoes and socks
- Walking across a room
- Bathing or showering
- Eating, such as cutting up your food
- Getting in our out of bed
- Using the toilet, including getting up or down

Variables used:
fl002_1, fl002_2, fl002_3, fl002_4, fl002_5, fl002_6

## DISiadl

Description: A count of IADLs listed in fl025_1 - fl025_6. A +1 is added for every IADL the respondent has said they have.

Notes: Variable top coded at 5 IADLs.
IADLs included:

- Preparing a hot meal
- Doing household chores
- Shopping for groceries
- Making telephone calls
- Taking medications
- Managing money, such as paying bills and keeping track of expenses

Variables used:
fl025_1, fl025_2, fl025_3, fl025_4, fl025_5, fl025_6

## DISdisab3

Description: Indicator variable for whether the respondent has an IADL or any ADL.
Response options:
$0=$ Not disabled
$1=$ IADL disability only
$2=$ Any ADL disability

Variables used:
iadl, adl

## DISdisab4

Description: Indicator variable for whether the respondent has either only an ADL, an IADL or both and IADL and ADL disability.

Response options:
$0=$ Not disabled
1 = IADL disability only
$2=\mathrm{ADL}$ disability only
$3=\mathrm{IADL}$ and ADL disability

Variables used:
iadl, adl

## DISspouse

Description: Indicates whether spouse of respondent has provided help with any ADLs/IADLs. Both resident spouse and non-resident spouse are included.

Response options:
$0=\mathrm{No}$
$1=$ Yes
Variables used:
cm010, fl020a fl022b_1 fl022b_3 fl022b_2 fl032a fl034b_1 fl034b_2 fl034_3 fl037a fl039b_1 fl039b_2 fl039b_3, fl021 fl024_1 fl024_3 fl024_2 fl033 fl036_1 fl036_2 fl036_3 fl038 fl041_1 f1041_2 f1041_3

## DISchild

Description: Indicates whether child of respondent has provided help with any ADLs/IADLs. Resident and non-resident children, step children, adopted children and children in law are included.

Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$
Variables used:
cm010, fl020a fl022b_1 fl022b_3 fl022b_2 fl032a fl034b_1 fl034b_2 fl034_3 fl037a fl039b_1
fl039b_2 fl039b_3, fl021 fl024_1 fl024_3 fl024_2 fl033 fl036_1 fl036_2 fl036_3 fl038 fl041_1
fl041_2 fl041_3

## DISotherrel

Description: Indicates whether other relative of respondent has provided help with any ADLs/IADLs. Includes resident and non-resident parent, parent-in-law, brother/sister, brother-in-law/sister-in-law, grandparent, grandparent-in-law and any other relative.

Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$
Variables used:
cm010, fl020a fl022b_1 fl022b_3 fl022b_2 fl032a fl034b_1 fl034b_2 fl034_3 fl037a fl039b_1
fl039b_2 fl039b_3, fl021 fl024_1 f1024_3 fl024_2 fl033 fl036_1 fl036_2 fl036_3 fl038 fl041_1
fl041_2 f1041_3

## DISnonrel

Description: Indicates whether other relative of respondent has provided help with any ADLs/IADLs. Includes any resident or non-resident non-relative.

Response options:
$0=\mathrm{No}$
$1=$ Yes

Variables used:
cm010, fl020a fl022b_1 fl022b_3 fl022b_2 fl032a fl034b_1 fl034b_2 fl034_3 fl037a fl039b_1 fl039b_2 fl039b_3, fl021 fl024_1 fl024_3 fl024_2 fl033 fl036_1 fl036_2 fl036_3 fl038 fl041_1 fl041_2 fl041_3

## DISanyhelp

Description: Indicates whether respondent has received any help with ADLs/IADLs.
Notes: Set to missing if there is no response to helper questions.
Response options:
$0=\mathrm{No}$
$1=$ Yes
Variables used:
cm010, fl020a fl022b_1 fl022b_3 fl022b_2 fl032a fl034b_1 fl034b_2 fl034_3 fl037a fl039b_1 fl039b_2 fl039b_3, fl021 fl024_1 fl024_3 fl024_2 fl033 fl036_1 fl036_2 fl036_3 fl038 fl041_1 fl041_2 fl041_3

## DIShoursspouse

Description: Shows the number of hours per month the spouse has spent caring for respondent.
Notes: Multiple helpers can be included
Response options:
$0=$ No
$1=$ Yes
Variables used:
fl042_1, fl043_1, f1042_2, f1042_2

## DIShoursspouse

Description: Shows the number of hours per month the spouse has spent caring for respondent.
Notes: Multiple helpers can be included
Variables used:
fl042_1, fl043_1, fl042_2, fl042_2

## DIShoursreschild

Description: Shows the number of hours per month resident children have spent caring for respondent.

Notes: Multiple helpers can be included
Variables used:
fl042_3 - fl042_22, fl043_3-fl043_22, cm010, cm016

## DIShoursnonreschild

Description: Shows the number of hours per month non-resident children have spent caring for respondent.

Notes: Multiple helpers can be included
Variables used:
fl042x_1 - fl042x_20, fl043x_1 - fl043x_20

## DIShoursother

Description: Shows the number of hours per month any other helpers have spent caring for respondent.

Notes: Multiple helpers can be included
Variables used:
fl042x_1 - fl042x_20, fl043x_1 - fl043x_20

## DISoutofpocket

Description: Expenses paid for carers not including any HSE/Health Board funding
Variables used:
fl048_1-fl048_34, fl048x_1 - fl048x_34

## DISanypayment

Description: Indicator variable for whether any costs were paid to carer from any source
Response options:
$0=$ No
$1=\mathrm{Yes}$
Variables used:
fl045bx_1-fl045bx_20

## DISlongterm

Description: Indicates whether respondent has a long term illness or a limiting long term illness.
Notes: Only those who answer yes to a long term illness are asked the follow up question regarding the illness or disability limiting their activities in any way.

Response options:
$0=$ No long term illness
1 = Long term illness
$2=$ Limiting long term illness
Variables used:
ph003, ph004

## DISvision

Description: Respondent's self-rated vision rated on a scale of 1 to 5
Notes: Cloned variable of ph102.
Response options:
$1=$ Excellent
$2=$ Very good
$3=\operatorname{Good}$
4 = Fair
5 = Poor / Legally blind
Variables used:
ph102

## DIShearing

Description: Respondent's self-rated hearing rated on a scale of 1 to 5 .
Notes: Cloned variable of ph108
Response options:
1 = Excellent
$2=$ Very good
$3=$ Good
4 = Fair
$5=$ Poor
Variables used:
ph108

## DISconverse1

Description: Whether respondent has difficulty following a conversation with one person.
Response options:
1 = None
$2=$ Some
3 = Much/impossible

Variables used:
ph109

## DISconverse4

Description: Whether respondent has difficulty following a conversation with four people.
Notes: Don't know/Refused set to missing. Cloned variable of ph110.
Response options:
$1=$ With no difficulty
$2=$ With some difficulty
$3=$ With much difficulty
4 = No I cannot

Variables used:
ph110

## DIStaste

Description: Respondent's self-rated sense of taste.
Notes: Don't know/Refused set to missing. Cloned variable of ph113.
1 = Excellent
$2=$ Very good
3 = Good
4 = Fair
5 = Poor

Variables used:
ph113

## DISsmell

Description: Respondent's self-rated sense of smell.
Notes: Don't know/Refused set to missing. Cloned variable of ph112.
1 = Excellent
$2=$ Very good
3 = Good
4 = Fair
5 = Poor

Variables used:
ph112

## DIShelpwithadliadl

Description: Whether participant receives any help with an ADL or IADL.
Notes: Don't know/Refused set to missing.
$0=$ Does not receive help with an ADL or IADL
$1=$ Receives help with ADL or IADL

Variables used:
fl005 fl008 fl011 fl013 fl016 fl019 fl026 fl027 fl028 fl029 fl030 fl031

## DIShelpwithadliadlperson

Description: Who participant receives help with an ADL or IADL from.
Notes: Don't know/Refused set to missing. Main helper taken as priority.
$0=$ Does not receive help with an ADL or IADL
$1=$ Receives help with ADL or IADL from spouse
$2=$ Receives help from other person

Variables used:
f1021 f1033

## MD Section

Medications

## MDmeds4

Description: Number of medications reported by respondent coded into categories.
$0=0$
$1=1-2$
$2=3-4$
$3=>=5$

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDmeds

Description: Number of medications reported by respondent.
Notes: Medications are top coded at 14

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDpolypharmacy

Description: Indicator variable for respondents who report more than five medications.
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDsupplements

Description: Count of any supplements taken by respondent
Notes: ATC codes from medications question used to determine supplements

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDmeds_excl_supps

Description: Count of any medications excluding any supplements
Notes: ATC codes from medications question used to determine supplements. Variable is top-coded at 12 medications.

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDpoly_excl_supps

Description: Indicator of respondents who report more than five medications excluding any
supplements taken
Notes: ATC codes from medications question used to determine supplements.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantidepressant

Description: Indicator of respondents who take any anti-depressant medication
Notes: Anti-depressants determined by medications with ATC code N06A.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensives

Description: Indicator of respondents who take any anti-hypertensive medication with ATC code C02 or C07
$0=\mathrm{No}$
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensives 2

Description: Indicator of respondents who take any anti-hypertensive medication with ATC code C02, C03, C07, C08, C09
$0=$ No
$1=\mathrm{Yes}$

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensivesC02

Description: Indicator of respondents who take anti-hypertensive medication with ATC code C02
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensivesC03

Description: Indicator of respondents who take anti-hypertensive medication with ATC code C03
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensivesC07

Description: Indicator of respondents who take anti-hypertensive medication with ATC code C07
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensivesC08

Description: Indicator of respondents who take anti-hypertensive medication with ATC code C08
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDantihypertensivesC09

Description: Indicator of respondents who take anti-hypertensive medication with ATC code C09
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDanticholinergic

Description: Indicator of respondents who take anticholinergic medications. Calculated using the ACB scale, only includes medicines with ACB score of 3 .

ATC codes: A03AA07 A03AB05 A03BA01 A03BA03 A03BB01 G04BD02 G04BD04 G04BD05 G04BD06 G04BD07 G04BD08 G04BD09 G04BD10 G04BD11 M03BA03 M03BC01 N04AA01 N04AA02 N04AA04 N04AB02 N04AC01 N05AA01 N05AA03 N05AB03 N05AB06 N05AC02 N05AH03 N05AH04 N05BB01 N05CM05 N06AA N06AB05 R06AA02 R06AA04 R06AA08 R06AA09 R06AA52 R06AB01 R06AB04 R06AD02 R06AE05

Also includes N02BE51 if drugname is UNIFLU
$0=$ No
$1=$ Yes
Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDanticholinergic_antidepressant

Description: Indicator of respondents who take anticholinergic antidepressant medications. Calculated using the ACB scale, only includes medicines with ACB score of 3 .

ATC codes: N06AA N06AB05
$0=$ No
$1=$ Yes
Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDanticholinergic_urological

Description: Indicator of respondents who take anticholinergic urological medications. Calculated using the ACB scale, only includes medicines with ACB score of 3 .

ATC codes: G04BD02 G04BD04 G04BD05 G04BD06 G04BD07 G04BD08 G04BD09 G04BD10 G04BD
$110=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDanticholinergic_other

Description: Indicator of respondents who take anticholinergic medications not in other subgroups.
ATC codes: M03BA03 M03BC01 N05CM05 N05BB01 N05AA01 N05AA03 N05AB03 N05AB06 N05AC02 N05AH03 N05AH04 A03AA07 A03AB05 A03BA01 A03BA03 A03BB01 N04AA01 N04AA02 N04AA04 N04AB02 N04AC01 N02BE51 (Uniflu)
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDbenzodiazepine

Description: Indicator of respondents who take benzodiazepines
ATC codes: N05BA N05CD N03AE
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDzed

Description: Indicator of respondents who take Z-drugs
ATC codes: N05CF
$0=$ No
$1=$ Yes

Variables used:
md001a_1-md001a_20
md001b_1 - md001b_20

## MDace_bbb

Description:Indicator of respondents who take a BBB crossing ACE inhibitor
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDace_nonbbb

Description:Indicator of respondents who take a non-BBB crossing ACE inhibitor
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDarb_bbb

Description:Indicator of respondents who take a BBB crossing ARB
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDarb_nonbbb

Description:Indicator of respondents who take a non-BBB crossing ARB
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDarb_undbbb

Description:Indicator of respondents who take an undetermined ARB
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDmeds, MDatc1-DMatc20

## MDccb_bbb

Description:Indicator of respondents who take a BBB crossing Calcium channel blocker
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDccb_nonbbb

Description:Indicator of respondents who take a non-BBB crossing Calcium channel blocker
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDantihypertensivesC08CEG

Description:Indicator of respondents who take an antihypertensive from ATC C08C, C08E, or C0
MDppi
Description:Taking any Proton pump inhibitor
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDmeds, MDatc1-DMatc20

## MDhypoglyc

Description:Taking any Blood glucose lowering drug, excl. insulins
Notes: derived variables for the consortium for prediction model of drug-related falls Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDinsulin

Description:Taking any Insulins and analogues
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDglycosides

Description:Taking any Cardiac glycosides
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## Mdantiarrhythmics

Description:Taking any Antiarrhythmics, class I and III
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDvasodil

Description:Taking any Vasodilators used in cardiac diseases
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDantiadren

Description:Taking any Antiadrenergic agents, antihypertensives
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDdiur

Description:Taking any Diuretic use
Notes: derived variables for the consortium for prediction model of drug-related falls Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDlc_diur

Description:Taking any Low-ceiling diuretics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDhc_diur

Description:Taking any High-ceiling diuretics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDnons_betab

Description:Taking any Non-selective beta-blocker use
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDs_betab

Description:Taking any Selective beta blocker use
Notes: derived variables for the consortium for prediction model of drug-related falls Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDccb

Description:Taking any Calcium channel blockers
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDace

Description:Taking any ACE inhibitors
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDarb

Description:Taking any Angiotensin II Antagonist
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDstatin

Description:Taking any Statins
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDincont

Description:Taking any Drugs for urinary frequency and incontinence
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDalpha_bph

Description:Taking any Alpha-adrenoreceptor antagonist used in benign prostatic hypertrophy
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDnsaid

Description:Taking any NSAID
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDopioid

Description:Taking any Opioids
Notes: derived variables for the consortium for prediction model of drug-related falls Response options:
$0=$ No
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDantiepileptic

Description:Taking any Antiepileptics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDantipark

Description:Taking any Anti-parkinson drugs
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDantipsych

Description:Taking any Antipsychotics
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDnons_mari

Description:Taking any Non-selective monoamine reuptake inhibitors
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=$ Yes

Variables used:
MDatc1-DMatc20

## MDssri

Description:Taking any SSRIs
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDotherantidep

Description:Taking any Other Antidepressant
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MDantihist

Description:Taking any Antihistamines
Notes: derived variables for the consortium for prediction model of drug-related falls
Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
MDatc1-DMatc20

## MH Section

Scales and questions on mental health and wellbeing

## MHcesd_capi

Description: Overall result of the CES-D scale.
Notes: CES-D is set as missing if any scale question has a missing response.
Response options for scale questions (mh001-mh020):
$1=$ Rarely or none of the time (less than 1 day)
$2=$ Some or a little of the time (1-2 days)
3 = Occasionally or a moderate amount of time (3-4 days)
$4=$ All of the time (5-7 days)

Scoring is as follows -
mh001, mh002, mh003, mh005, mh006, mh007, mh009, mh010, mh011, mh013 mh014, mh015, mh017, mh018, mh019, mh020:

The scale adds the value of the participant's response minus 1.
E.G. For response "Some of a little of the time", a 1 would be added to the scale result $(2-1=1)$.
mh004, mh008, mh012, mh016:
The scale adds 4 minus the value of the participant's response
E.G. For response "Some or a little of the time", a 2 would be added to the scale result $(4-2=2)$

Variables used:
mh001 - mh020

Further information:
Radloff LS. The CES-D scale: a self-report depression scale for research in the general population. Applied PsycholCESogical Measurement. 1977;1:385-401.

## MHdep3

Description: Categorised scoring of the CES-D.

Response options:
$0=$ None/Mild
1 = Moderate
$2=$ Severe

Variables used:
mh001 - mh020
For details on the scoring of the CES-D, please refer to MHcesd_capi

## MHhadsa_scq

Description: Overall result of the HADs anxiety scale.
Notes: SCQ only. HADs scale is set as missing if any question has missing response.

Scoring is as follows -

SCQAnxiety4, SCQAnxiety5:
The scale adds the value of the participant's response minus 1 .
E.G. For question SCQAnxiety4, with the response "Usually", a 1 would be added to the scale result (2-1=1).

SCQAnxiety1, SCQAnxiety2, SCQAnxiety3, SCQAnxiety6, SCQAnxiety7:
The scale adds 4 minus the value of the participant's response
E.G. For question SCQAnxiety1, with the response "A lot of the time", a 2 would be added to the scale result ( $4-2=2$ )

Variables used:
SCQAnxiety1 - SCQAnxiety7

Further information:
Zigmond, AS; Snaith, RP (1983). "The hospital anxiety and depression scale". Acta Psychiatrica Scandinavica 67 (6): 361-370

## MHcasp19_total

Description: Overall result including all domains of the CASP-19 scale.
Notes: SCQ only. CASP scale is set as missing if any question has a missing response.

Response Options:
$1=$ Often
$2=$ Not often
3 = Sometimes
$4=$ Never

Scoring is as follows -
SCQCASP1, 2, 4, 6, 8 and 9 are reverse scored.

SCQCASP1, SCQCASP2, SCQCASP4, SCQCASP6, SCQCASP8, SCQCASP9:
The scale adds the value of the participant's response minus 1 .
E.G. For question SCQCASP1, with the response "Not Often", a 1 would be added to the scale result ( $2-1=1$ ).

SCQCASP3, SCQCASP5, SCQCASP7, SCQCASP10, SCQCASP11, SCQCASP12, SCQCASP13, SCQCASP14, SCQCASP15, SCQCASP16, SCQCASP17, SCQCASP18, SCQCASP19:

The scale adds 4 minus the value of the participant's response
E.G. For question SCQCASP3, with the response "Not often", a 2 would be added to the scale result (4-2 = 2)

Variables used:
SCQCASP1 - SCQCASP19

Further information:
M. Hyde , R. D. Wiggins , P. Higgs \& D. B. Blane (2003) A measure of quality of life in early old age: The theory, development and properties of a needs satisfaction model (CASP-19), Aging \& Mental Health, 7:3, 186-194

## MHcasp19_control

Description: Result of the control domain of the CASP-19 scale.
Notes: SCQ only

Response Options:
$1=$ Often
$2=$ Not often
3 = Sometimes
$4=$ Never

The control domain includes the CASP1 - CASP4 items.
SCQCASP1, 2 and 4, are reverse scored.

Variables used:
SCQCASP1 - SCQCASP4
For more details on scoring, please refer to MHcasp19 total

## MHcasp19_autonomy

Description: Result of the autonomy domain of the CASP-19 scale.
Notes: SCQ only

Response Options:
1 = Often
$2=$ Not often
$3=$ Sometimes
$4=$ Never

The control domain includes the CASP5 - CASP9 items.
SCQCASP6, 8 and 9, are reverse scored.

Variables used:
SCQCASP5 - SCQCASP9
For more details on scoring, please refer to MHcasp19 total

## MHcasp19_pleasure

Description: Result of the pleasure domain of the CASP-19 scale.
Notes: SCQ only

Response Options:
$1=$ Often
$2=$ Not often
$3=$ Sometimes

4 = Never

The control domain includes the CASP10 - CASP14 items.

Variables used:
SCQCASP10 - SCQCASP14
For more details on scoring, please refer to MHcasp19 total

## MHcasp19_selfreal

Description: Result of the self-realisation domain of the CASP-19 scale.
Notes: SCQ only

Response Options:
$1=$ Often
$2=$ Not often
$3=$ Sometimes
$4=$ Never

The control domain includes the CASP15 - CASP19 items.

Variables used:
SCQCASP15 - SCQCASP19
For more details on scoring, please refer to MHcasp19 total

## MHapq_tl_accr

Description: Result of the timeline - acute/chronic sub-dimension of the ageing perceptions questionnaire.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
1 = Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
4 = Agree
5 = Strongly agree

Scoring:
The scale score is the mean result across all items included in the sub-dimension. Each item is worth the value of their response option number.

The timeline-acute/chronic sub-dimension includes the AgePrc1 - AgePrc5 items.

Variables used:
SCQAgePrc1-SCQAgePrc5

Further information:
Barker M, O'Hanlon A, McGee HM, Hickey A, Conroy RM. Cross-sectional validation of the Aging Perceptions Questionnaire: a multidimensional instrument for assessing self-perceptions of aging. BMC Geriatr. 2007;7:9.

## MHapq_tl_cyc

Description: Result of the timeline - cyclic sub-dimension of the ageing perceptions questionnaire.
Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
1 = Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
$4=$ Agree
$5=$ Strongly agree

## Scoring:

The scale score is the mean result across all items included in the sub-dimension. Each item is worth the value of their response option number.

The timeline-acute/chronic sub-dimension includes the AgePrc27 - AgePrc32 items.

Variables used:
SCQAgePrc1-SCQAgePrc5

Further information:
Refer to Mhapq_tl_accr

## MHapq_emo

Description: Result of the emotional representations sub-dimension of the ageing perceptions questionnaire.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
$1=$ Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
4 = Agree
$5=$ Strongly agree

Scoring:
The scale score is the mean result across all items included in the sub-dimension. Each item is worth the value of their response option number.

The timeline-acute/chronic sub-dimension includes the AgePrc9, 13, 25, 26, 29 items.

Variables used:
SCQAgePrc9, SCQAgePrc 13, SCQAgePrc25, SCQAgePrc26, SCQAgePrc29

Further information:
Refer to Mhapq_tl_accr

## MHapq_ctpve

Description: Result of the control positive sub-dimension of the ageing perceptions questionnaire.
Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
$1=$ Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
4 = Agree
5 = Strongly agree

Scoring:
The scale score is the mean result across all items included in the sub-dimension. Each item is worth the value of their response option number.

The timeline-acute/chronic sub-dimension includes the AgePrc 10, 11, 12, 14, 15 items.

Variables used:
SCQAgePrc 10, SCQAgePrc11, SCQAgePrc12, SCQAgePrc13, SCQAgePrc14, SCQAgePrc15

Further information:
Refer to Mhapq_tl_accr

## MHapq_ctnve

Description: Result of the control negative sub-dimension of the ageing perceptions questionnaire.
Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
1 = Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
4 = Agree
5 = Strongly agree

Scoring:
These items are reverse-scored. The response options stay the same, however they are scored as $($ Strongly agree $=5),($ Disagree $=4),($ Neither agree nor disagree $=3),($ Agree $=2),($ Strongly agree $=$ 1). Using these scores, the mean across all items is calculated.

The timeline-acute/chronic sub-dimension includes the AgePrc21, 22, 23, 24 items.

Variables used:
SCQAgePrc21, SCQAgePrc22, SCQAgePrc23, SCQAgePrc24

Further information:
Refer to Mhapq_tl accr

## MHapq_cqpve

Description: Result of the consequences positive sub-dimension of the ageing perceptions questionnaire.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
$1=$ Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
$4=$ Agree
$5=$ Strongly agree

## Scoring:

The scale score is the mean result across all items included in the sub-dimension. Each item is worth the value of their response option number.

The timeline-acute/chronic sub-dimension includes the AgePrc6, 7, 8 items.

Variables used:
SCQAgePrc6, SCQAgePrc7, SCQAgePrc8

Further information:
Refer to Mhapq_tl_accr

## MHapq_cqnve

Description: Result of the consequences negative sub-dimension of the ageing perceptions questionnaire.

Notes: SCQ only. Result is set to missing if any scale items have a missing response.

## Response Options:

$1=$ Strongly disagree
$2=$ Disagree
$3=$ Neither agree nor disagree
$4=$ Agree
$5=$ Strongly agree

## Scoring:

The scale score is the mean result across all items included in the sub-dimension. Each item is worth the value of their response option number.

The timeline-acute/chronic sub-dimension includes the AgePrc16, 17, 18, 19, 20 items.

Variables used:
SCQAgePrc16, SCQAgePrc17, SCQAgePrc18, SCQAgePrc19, SCQAgePrc20

Further information:
Refer to Mhapq_tl_accr

## MHapqmiss

Description: A count of the number of missing items from the ageing perceptions scale from each participant.

Notes: SCQ only.

Variables used:
SCQAgePrc1 - SCQAgePrc20

## MHpennworry

Description: Overall result of the Penn State Worry scale.
Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
$1=$ Not at all typical
$2=$ In between
3 = Somewhat typical
$4=$ In between
$5=$ Very typical

Scoring:
The scale score is the result of all items added together. Each item is worth the value of their response option number.

Variables used:

## SCQWORRY1 - SCQWORRY8

## Further information:

Meyer, T. J., Miller, M. L., Metzger, R. L., \& Borkovec, T. D. (1990). Development and validation of the Penn State Worry Questionnaire. Behav Res Ther, 28(6), 487-495.

## MHucla_loneliness

Description: Overall result of the UCLA Loneliness scale.
Notes: SCQ only. Result is set to missing if any scale items have a missing response.

Response Options:
1 = Often
$2=$ Some of the time
3 = Hardly ever or never

Scoring:
Scoring is as follows -
SCQLoneLns1, 2, 3, 5:
The scale adds 3 minus the value of the participant's response.
E.G. For response "Often", a 2 would be added to the scale result ( $3-1=2$ ).

SCQLoneLns4:
The scale adds value of the participant's response minus 1
E.G. For response "Some of the time", a 1 would be added to the scale result ( $2-1=1$ )

Variables used:
SCQLonelns1-SCQLonelns5

Further information:
Russell, D. W. (1996). UCLA Loneliness Scale (Version 3): reliability, validity, and factor structure. J Pers Assess, 66(1), 20-40.

## MHcapi_loneliness

Description: Frequency of loneliness taken from the CAPI questionnaire.
Notes: Don't know/Refused set to missing. Cloned variable of mh014.
$1=$ Rare of never
$2=$ Some of the time
$3=$ Moderate amount of the time
$4=$ All of the time

Variables used:
mh014

## COG Section

Questions on cognition

## COGimmediatedrecall1

Description: Results of the first immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:
ph117, ph119

## COGimmediatedrecall2

Description: Results of the second immediate recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:
ph118, ph120

## COGdelayedrecall

Description: Results of the delayed recall question combining those answering from lists read out by the interviewer and a list read out from a computer.

Variables used:
ph712, ph713

## IPAQ Section

Derived results from the IPAQ questionnaire

## IPAQmetminutes

Description: Total met (metabolic equivalent) minutes spent on vigorous activities, moderate activities and walking by the respondent in the past 7 days.

Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180 .

Met minutes are calculated as follows:
Hours per day spent on activities are multiplied by 60 and added to minutes
Amount of time walking (bh106, bh106a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh105). This result is multiplied by 3.3.

Amount of time spent on moderate activities (bh104, bh104a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh103). This result is multiplied by 4.0.

Amount of time spent on vigorous activities (bh102, bh102a) is calculated by multiplying by the combined hours and minutes by the number of days the respondent has spent on these activities for at least 10 minutes at a time (bh101). This result is multiplied by 8.0.

Variables used:
bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

Further information:
http://www.institutferran.org/documentos/scoring_short_ipaq_april04.pdf

## IPAQexercise3

Description: Categories of how much physical activity the respondent has engaged in.
Categories -
$0=$ Low
$1=$ Moderate
$2=$ High
Notes: Respondent is asked how many hours and minutes per day they spend on these activities. Max minutes are set to 180 .

Scores are categorised as follows:

## Moderate activity:

- Respondents who have spent 3 or more days doing 20 minutes of vigorous activity.
- Respondents who have spent 30 minutes or more walking and in moderate exercise for at least 5 days.
- Respondents who have 5 or more days of any activity totalling more than 600 met minutes.

High Activity:

- Respondents who have spent 3 or more days on vigorous activity totalling 1500 or more met minutes.
- Respondents who have spent 7 or more days on all activities totalling more than 3000 met minutes.

Low activity:

- Respondents who have answered the questions but do not meet the criteria for either the moderate or high activity categories.

Variables used:
bh101, bh102, bh102a, bh103 bh104, bh104a, bh105, bh106, bh106a

## INC Section

Income variables

## INCASSassets

Description: Gross total assets of the respondent
Notes: Assets include deposit/savings account, life insurance, mutual funds/bonds/shares, cars, land, firm/business, inheritance and property. Liabilities are not accounted for and figure is gross total only.

Variables used:
as101, as103, as108, as111, as112, hw108

## INCASSassets5

Description: Gross total assets of the respondent in quintiles
Notes: INCASSassets variable recoded into quintiles. Refer to INCASSassets for information.

1. Lowest
2. $2^{\text {nd }}$
3. $3^{\text {rd }}$
4. $4^{\text {th }}$
5. Highest

Variables used:
as 101 , as 103, as 108 , as 111 , as 112 , hw 108

## INCASSETSweeklyHHdisy

Description: Weekly household disposable income.
Notes: Net amount of all sources of income after tax and social charges. Sum of current labour income, pension income, social transfers and other sources of income - individual level.

For more information on how this variable is derived, refer to pages 246-247 of Fifty Plus in Ireland 2011: First results from the Irish Longitudinal Study on Ageing (TILDA).

## SES Section

Socio-economic status variables
All social class and socio-economic group variables are coded as per the CSO's social coding scheme. An extra category is included for farmers as acreage was not asked in TILDA Wave 1.

The social class categories are as follows:

1. Professional Workers
2. Managerial and Technical
3. Non-manual
4. Skilled Manual
5. Semi-Skilled
6. Unskilled
7. Unknown/Refused

Socio-economic group has been coded into the following categories as per CSO definitions:

1. Employers and Managers
2. Higher professional
3. Lower professional
4. Non-manual
5. Manual skilled
6. Semi-skilled
7. Unskilled
8. Own account workers
9. Unknown/Don't Know/Refused/Uncodeable
10. Farm owners and managers

For more information on how social class and socio-economic group has been determined by the CSO, please refer to http://www.cso.ie/en/media/csoie/census/documents/pser_appendix2.pdf

## SESfatherSocialClass

Description: Respondent's father's social class.
Notes: Refer to beginning of SES Section for details on social class coding.
Variables used:
dm008b

## SEScurrentSEG

Description: Respondent's socio-economic group - currently employed.
Notes: Refer to beginning of SES Section for details on socio-economic group coding.
Variables used:
we103, we201, we302

## SEScurrentSocialClass

Description: Respondent's social class - currently employed.
Notes: Those who are currently employed. Refer to beginning of SES Section for details on social class coding.

Variables used:
we103, we201, we302

## SESpreviousSocialClass

Description: Respondent's previous social class.
Notes: Refer to beginning of SES Section for details on social class coding.
Variables used:
we613

## SESmotherSocialClass

Description: Respondent's mother's social class.
Notes: Refer to beginning of SES Section for details on social class coding.
Variables used:
dm007b

## SESsocial_class

Description: Respondent's social class - combined for previous and current social class.
Notes: Refer to beginning of SES Section for details on social class coding.
Variables used:
we103, we201, we302, we613

## SOC Section

## SOCliveswith5

Description: Five category household level composition.
Notes: Cloned variable of liveswith5
1 = Living alone
$2=$ Living with spouse only
3 = Living with child/step/adopted/grandchild
4 = Living with other relative
$5=$ Living with unrelated people

Variables used:
cm010_1 - cm010_10

## SOCliveswith3

Description: Three category household level composition.
Notes: Cloned variable of liveswith3
$1=$ Living alone
$2=$ Living with spouse only
$3=$ Living with others

Variables used:
cm010_1 - cm010_10

## SOCchildren18

Description: Number of children in the household aged under 18.
Notes: Top coded at 4.

Variables used:
cm010_1 - cm010_10, cm011_1-cm011_10, cm012_1-cm012_10,

## SOCchildren14

Description: Number of children in the household aged under 14 or under.

Variables used:
cm010_1 - cm010_10, cm011_1 - cm011_10, cm012_1-cm012_10, cm016_1-cm016_10

## SOChomeChild

Description: Number of children living at home.
Notes: Top coded at 5.

Variables used:
cm010_1-cm010_10, cm011_1-cm011_10, cm012_1-cm012_10, cm016_1-cm016_10

## SOCminorChildren

Description: Total number of children of respondent aged under 18.
Notes: Top coded at 4.

Variables used:
cm010_1-cm010_10, $\mathrm{cm} 011 \_1-\mathrm{cm} 011 \_10, \mathrm{~cm} 012 \_1-\mathrm{cm} 012 \_10, \mathrm{~cm} 016 \_1-\mathrm{cm} 016 \_10$

## SOCawayChild

Description: Number of children living away from home.
Notes: Top coded at 11 .

Variables used:
cm010_1-cm010_10, cm011_1-cm011_10, cm012_1-cm012_10, cm016_1-cm016_10

## SOCtotalChild

Description: Total number of living children.
Notes: Top coded at 12.

Variables used:
cm010_1 - cm010_10, cm011_1-cm011_10, cm012_1-cm012_10, cm016_1-cm016_10

## SOCProxChld

Description: Proximity of children to respondent.

1 = Co-resident children
$2=$ At least one child in the county
3 = Child lives in another county
4 = Child lives in another country
$5=$ No children

Variables used:
tc001_1 - tc001_20

## SOCpalive

Description: Number of living parents of respondent.
$0=$ Neither alive
1 = Only mother alive
$2=$ Only father alive
3 = Both parents alive

Variables used:
tp001, tp007

## SOCF2F_M_alive

Description: Respondent's frequency of face to face communication with mother.
$-1=$ Not applicable
1 = Every day
$2=$ Several times per week
3 = Several times per month
$4=$ Several times per year
$5=$ Once or twice per year
6 = Almost never

Variables used:
tp016, tp031

## SOCF2F_B_alive

Description: Respondent's frequency of face to face communication with both mother and father.
$-1=$ Not applicable
1 = Every day
$2=$ Several times per week
$3=$ Several times per month
$4=$ Several times per year
$5=$ Once or twice per year
6 = Almost never

Variables used:
tp028, tp029

## SOCF2F_F_alive

Description: Respondent's frequency of face to face communication with father.
$-1=$ Not applicable
1 = Every day
$2=$ Several times per week
$3=$ Several times per month
4 = Several times per year
$5=$ Once or twice per year
$6=$ Almost never

Variables used:
tp021, tp034

## SOCTransfers

Description: Indicator of whether respondent has made or received a transfer to their children and/or grandchildren.

Notes: Transfer is within the last two years. Includes large and small transfers in money, gifts, immovable property and movable property. Help with household and paperwork.
$-1=$ Not applicable
1 = Every day
$2=$ Several times per week
3 = Several times per month
4 = Several times per year
$5=$ Once or twice per year
$6=$ Almost never

Variables used:
tc008, tc011, tc014, tc018, tc021

## SOChhfinfromchildren

Description: Indicator of whether respondent has received a financial transfer from their children.
Notes: Recode of tc018. All missing and not applicable responses set to missing. Asked only of family and family/financial respondents. Refer to cs017.
$0=$ No
$1=$ Yes

Variables used:
tc018

## SOChhnonfinfromchildren

Description: Indicator of whether respondent has received other assistance from their children.
Notes: Recode of tc021. All missing and not applicable responses set to missing. Asked only of family and family/financial respondents. Refer to cs017.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc021

## SOChhlargesumtochildren

Description: Indicator of whether respondent has transferred property, a large sum of money or a large give to their children.

Notes: Recode of tc008. All missing and not applicable responses set to missing. Asked only of family and family/financial respondents. Refer to cs017.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc008

## SOChhfintochildren

Description: Indicator of whether respondent has made another financial transfer to their children.
Notes: Recode of tc011. All missing and not applicable responses set to missing. Asked only of family and family/financial respondents. Refer to cs017.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tc011

## SOChhchildcare

Description: Indicator of whether respondent provides childcare to grandchildren or greatgrandchildren.

Notes: Recode of tc016. All missing and not applicable responses set to missing. Asked only of family and family/financial respondents. Refer to cs017.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc016

## SOChhnonfintochildren

Description: Indicator of whether respondent provides any other help to children.
Notes: Recode of tc014. All missing and not applicable responses set to missing. Asked only of family and family/financial respondents. Refer to cs017.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc014

## SOCfinfromchildren

Description: Indicator of whether respondent has received a financial transfer from their children.
Notes: Recode of tc018. All missing and not applicable responses set to missing.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc018

## SOCnonfinfromchildren

Description: Indicator of whether respondent has received other assistance from their children.
Notes: Recode of tc021. All missing and not applicable responses set to missing
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tc021

## SOClargesumtochildren

Description: Indicator of whether respondent has transferred property, a large sum of money or a large give to their children.

Notes: Recode of tc008. All missing and not applicable responses set to missing.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tc008

## SOChhfintochildren

Description: Indicator of whether respondent has made another financial transfer to their children.
Notes: Recode of tc011. All missing and not applicable responses set to missing.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc011

## SOCchildcare

Description: Indicator of whether respondent provides childcare to grandchildren or greatgrandchildren.

Notes: Recode of tc016. All missing and not applicable responses set to missing.
$0=\mathrm{No}$
$1=$ Yes

Variables used
tc016

## SOCnonfintochildren

Description: Indicator of whether respondent provides any other help to children.
Notes: Recode of tc016. All missing and not applicable responses set to missing.
$0=$ No
$1=$ Yes

Variables used:
tc014

## SOCmarried

Description: Indicator of whether respondent is currently married or not married.
Notes: Includes those living with partners as if they were married.
1 = Married
$2=$ Not married

Variables used:
cs006

## SOCSandwich

Description: Indicator of whether respondent is a member of the sandwich generation.
Notes: Sandwich generation refers to those with both living parents and children.
$0=$ No
$1=$ Yes

Variables used:
tp001, tp007, tc001_1-tc001_20

## SOCTrans_Par_Or_Chld

Description: Indicates whether any transfers have been made to or from parents and children.
$0=$ No
$1=$ Yes

Variables used:
tc008, tc011, tc014, tc018. tc021

## SOCTrans_Par_Or_Chld

Description: Indicates whether any transfers have been made to or from parents and children.
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tp008, tp011, tc014, tc018. tc021

## SOCsocPartip

Description: Indicates whether respondent participates in social groups.
Notes: Recode of cn001
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
cn001

## SOChelpfromNeighbour

Description: Indicates whether respondent has received help from a neighbour.
Notes: Recode of tc027
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tc027

## SOChelptoNeighbour

Description: Indicates whether respondent has helped a neighbour.
Notes: Recode of tc029
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tc027

## SOCChurch

Description: Indicates whether respondent attends religious services or not.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
dm021

## SOCClubs

Description: Indicates whether respondent of an organisation other than the church
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
cn001

## SOCrelFriends

Description: Count of how many close friends / relatives the respondent has

Variables used:
cn002 - cn004

## SOCcloseTies

Description: Indicator of whether respondent has at least two close friends or relatives
Notes: Set to missing if all variables used are set to missing
$0=\mathrm{No}$
$1=$ Yes

Variables used:
cn002 - cn004

## SOCcloseTies

Description: Indicator of whether respondent has at least two close friends or relatives
Notes: Set to missing if all variables used are set to missing
$0=\mathrm{No}$
$1=$ Yes

Variables used:
cn002 - cn004

## SOCyearlyactivity

Description: Indicator of whether respondent partakes in a social activity at least once a year.
Notes: Social activities include -

- Go out to films, plays and concerts
- Attend classes and lectures,
- Play cards, bingo, games in general
- Go to the pub
- Eat out of the house
- Participate in sport activities or exercise
- Do voluntary work

Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12, SCQSocAct14

## SOCmonthlyactivity

Description: Indicator of whether respondent partakes in a social activity at least once a month.
Notes: Social activities include -

- Go out to films, plays and concerts
- Attend classes and lectures,
- Play cards, bingo, games in general
- Go to the pub
- Eat out of the house
- Participate in sport activities or exercise
- Do voluntary work

Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12, SCQSocAct14

## SOCweeklyactivity

Description: Indicator of whether respondent partakes in a social activity at least once a weekly.
Notes: Social activities include -

- Go out to films, plays and concerts
- Attend classes and lectures,
- Play cards, bingo, games in general
- Go to the pub
- Eat out of the house
- Participate in sport activities or exercise
- Do voluntary work

Response options:
$0=\mathrm{No}$
$1=$ Yes

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12, SCQSocAct14

## SOCyearlyactivity2

Description: Indicator of whether respondent partakes in a social activity at least once a year.
Notes: Social activities include -

- Go out to films, plays and concerts
- Attend classes and lectures,
- Play cards, bingo, games in general
- Eat out of the house
- Participate in sport activities or exercise
- Do voluntary work

Similar to SOCyearlyactivity. Excludes activity - Going to the pub.
Response options:
$0=$ No
$1=$ Yes

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12, SCQSocAct14

## SOCmonthlyactivity2

Description: Indicator of whether respondent partakes in a social activity at least once a month.
Notes: Social activities include -

- Go out to films, plays and concerts
- Attend classes and lectures,
- Play cards, bingo, games in general
- Eat out of the house
- Participate in sport activities or exercise
- Do voluntary work

Similar to SOCmonthlyactivity. Excludes activity - Going to the pub.

Response options:
$0=$ No
$1=$ Yes

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12, SCQSocAct14

## SOCweeklyactivity2

Description: Indicator of whether respondent partakes in a social activity at least once a weekly.
Notes: Social activities include -

- Go out to films, plays and concerts
- Attend classes and lectures,
- Play cards, bingo, games in general
- Eat out of the house
- Participate in sport activities or exercise
- Do voluntary work

Response options:
$0=\mathrm{No}$
$1=$ Yes
Similar to SOCweeklyactivity. Excludes activity - Going to the pub.

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12, SCQSocAct14

## SOCsoc_rel_1

Description: Indicator of whether respondent has an intimate social relationship.
Notes: Social relationship is determined if a respondent indicates they would daily or almost daily have visits to or from family or friends, either in person or talking on the phone.

Response options:
$0=$ No
$1=$ Yes

Variables used:
SCQSocAct13

## SOCsoc_rel_2

Description: Indicator of whether respondent has any formal organisational involvement outside of work.

Notes: Determined by whether respondent partakes in voluntary work at least once a year or has indicated that they participate in a social or sports group. Includes only those in SCQ

Response options:
$0=\mathrm{No}$
$1=$ Yes

Variables used:
cn001, SCQSocAct14

## SOCsoc_rel_3

Description: Indicator of whether respondent partakes in any active or social leisure.
Notes: Active or social leisure includes -

- Go out to films, plays and concerts
- Attend classes and lectures
- Travel for pleasure
- Play cards, bingo, games in general
- Go to the pub
- Eat out of the house
- Participate in sport activities or exercise

Respondent is included if they participate in any of these activities at least once a month

Response options:
$0=$ No
$1=\mathrm{Yes}$

Variables used:
SCQSocAct2, SCQSocAct3, SCQSocAct4, SCQSocAct9, SCQSocAct10, SCQSocAct11, SCQSocAct12

## SOCsoc_rel_4

Description: Indicator of whether respondent partakes in any passive or solitary leisure.
Notes: Passive or solitary leisure includes -

- Watch television
- Work in the garden, or your home, or on a car
- Read books or magazines for pleasure
- Listen to music, radio
- Spend time on hobbies or creative activities

Respondent is included if they participate in any of these activities at least once a month

Response options:
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
SCQSocAct1, SCQSocAct5, SCQSocAct6, SCQSocAct7, SCQSocAct8

## SOCadlhelptoparents

Description: Indicates whether respondent has received help from a neighbour.
Notes: Recode of tp044. Missing responses and not applicable set to missing
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tp044

## SOCadlhelptoparentshours

Description: Indicates whether respondent has received help from a neighbour.
Notes: Recode of tp047
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tp047

## SOCiadlhelptoparents

Description: Indicates whether respondent has received help from a neighbour.
Notes: Recode of $\operatorname{tp} 052$
$0=\mathrm{No}$
$1=$ Yes

Variables used:
tp052

## SOCiadlhelptoparentshours

Description: Indicates whether respondent has received help from a neighbour.
Notes: Recode of tp049
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
tp049

## SOCmothershealth

Description: Current health of the respondent's mother.
Notes: Recode of tp004. All missing responses and not applicable set to missing
$1=$ Excellent or good
$2=$ Fair or poor

Variables used:
tp004

## SOCsocnet

Description: Count of respondent's social connectedness score.
Notes: 1 is added to respondent's score for each instance they meet the following criteria -

- Member of church
- Married / Living with partner as if married
- Member of organisation excluding the church
- Has at least one close relative or friend

Variables used:
dm021, cs006, cn001, cn002, cn003, cn004

## SOCProxChld4

Description: Count of respondent's social connectedness score.
Notes: Recode of SOCProxChld. Categories 3 (living in another county) and 4 (living in another country) are collapsed into one category.
$1=$ Co-resident children
$2=$ Child in the county
3 = Child lives outside county
$5=$ No children
Variables used:
tp001, tp007, SOCProxChld

## SCR Section

Screening tests

## SCRflu

Description: Indicator of whether respondent has ever had a flu vaccination.
Notes: Recode of ph701
$0=$ No
$1=\mathrm{Yes}$

Variables used:
ph701

## SCRchol

Description: Indicator of whether respondent has ever had a cholesterol test.
Notes: Recode of ph702
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
ph702

## SCRprostate

Description: Indicator of whether respondent has ever had prostate cancer.
Notes: Recode of ph711 and ph710. Respondents who have had either a prostate screen test for cancer or a PSA blood test are included.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
ph710, ph711

## SCRbreastlumps

Description: Indicator of whether respondent checks their breasts regularly for lumps.
Notes: Recode of ph708.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
ph708

## SCRmammogram

Description: Indicator of whether respondent has ever had a mammogram.
Notes: Recode of ph709.
$0=\mathrm{No}$
$1=\mathrm{Yes}$

Variables used:
ph709

## BEH Section

Health behaviours

## BEHalc_freq_week

Description: Average amount of times respondent drinks per week.
Notes: Those who have ticked adjacent boxes in the booklet will have the higher frequency taken. E.g. Adjacent boxes 5 and 6 ticked $=$ response option 5 will be used.

Almost every day $=$ average of 6.5 times per week
Five / six days a week = average of 5.5 times per week
Three or four days a week = average of 3.5 times per week
Once or twice a week = average of 1.5 times per week
Once or twice a month $=$ average of 1.5 times per month ( 9 times in last 6 months)
Less than once a month $=$ average of 3 times in the last 6 months

Variables used:
SCQAlcoFreq

## BEHalc_drinksperday

Description: Amount of standard drinks per day.
Notes: 1 standard drink = $1 / 2$ pint of beer or a glass of wine.

Variables used:
SCQAlcoNo2

## BEHalc_drinksperweek

Description: Amount of standard drinks per week.
Notes: 1 standard drink $=1 / 2$ pint of beer or a glass of wine. Calculated by multiplying the standard amount of drinks per day by the frequency drank per week

Variables used:
SCQAlcoNo2, SCQAlcoFreq

## BEHalc_doh_limit

Description: Whether respondent is high or low risk for surpassing the Department of health guidelines for the weekly limit on standard drinks.

Notes: 1 standard drink $=1 / 2$ pint of beer or a glass of wine.
Weekly limits for men: >21
Weekly limits for women: >14
$0=$ Low risk
1 = High risk

Variables used:
SCQAlcoNo2, SCQAlcoFreq

## BEHsmoker

Description: Whether respondent is a smoker or not.
Notes: Recode of bh001
$0=$ No
$1=$ Yes

Variables used:
bh001

## BEHcage

Description: Count of CAGE questionnaire responses.
Notes: +1 is added for a yes answer in each question

Variables used:

## SCQCAGE1 - SCQCAGE4

For more details on the CAGE questionnaire, refer to
http://www.ncbi.nlm.nih.gov/pubmed/6471323?dopt=Abstract

## Imputed Assets and Income

Imputed data from the Gateway to Global Aging Data repository

## G2Gh1atoth

Description: Net value of house/primary residence.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
hw108, hw108a, hw113

## G2Gh1aftoth

Description: Imputation flag for net value of house/primary residence
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
$2=$ Closed range bracket
$3=$ Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
hw108, hw108a, hw113

## G2Gh1atotf

Description: Non-housing financial wealth.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
as 103 , as 104 , as 101 , as 116

## G2Gh1aftotf

Description: Imputation flag for non-housing financial wealth.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
$2=$ Closed range bracket
3= Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
as 103, as 104 , as 101, as116

## G2Gh1atotb

Description: Total all assets including second home.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
as111, as108, as103, as104, as101, as112, as113, as116, wr311, wr412, hw108, hw108, hw113

## G2Gh1aftotb

Description: Imputation flag for total all assets including second home.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
$2=$ Closed range bracket
$3=$ Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
as 111, as 108, as103, as 104, as101, as112, as113, as116, wr311, wr412, hw108, hw108, hw113

## G2Gh1icap

Description: Total capital income.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
we147, we148, we207, we208, we209, we215, we315, we316, we305, we305_u1, hw107, as110, as 102 , as 105 , as 115

## G2Gh1ifcap

Description: Imputation flag for total capital income.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
$2=$ Closed range bracket
3= Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
we147, we148, we207, we208, we209, we215, we315, we316, we305, we305_u1, hw107, as110, as 102 , as 105 , as 115

## G2Gr1ipubpen

Description: Respondent's public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
si303, si305, si307, si309, si311, si315, si317

## G2Gr1ifpubpen

Description: Imputation flag for respondent's public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
$2=$ Closed range bracket
$3=$ Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
si303, si305, si307, si309, si311, si315, si317

## G2Gs1ipubpen

Description: Spouse's public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
si303, si305, si307, si309, si311, si315, si317

## G2Gs1ipubpen

Description: Imputation flag for spouse's public pensions.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
$2=$ Closed range bracket
$3=$ Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
si303, si305, si307, si309, si311, si315, si317

## G2Gh1itot

Description: Total couple level income.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Variables used:
we130, we146, we147, we148, we207, we208, we209, we215, we315, we305, we305_u1, hw107, as110, as102, as105, as115, si109, si207, si112, si210, si402, si303, si305, si307, si309, si311, si315, si317, we314, we313, si329, si327, si325, si325e, si325d, si325c, si325b, si323, si321, si319, si313

## G2Gh1iftot

Description: Imputation flag for total couple level income.
Notes: This is an imputed variable - Imputation process developed by Gateway to Global Aging (www.g2aging.org/)

Response options:
$1=$ Continuous value
2 = Closed range bracket
$3=$ Open range bracket
$5=$ No value/bracket
$6=$ No income
7 = Don't know

Variables used:
we130, we146, we147, we148, we207, we208, we209, we215, we315, we305, we305_u1, hw107, as 110, as 102, as 105, as 115, si109, si207, si112, si210, si402, si303, si305, si307, si309, si311, si315, si317, we314, we313, si329, si327, si325, si325e, si325d, si325c, si325b, si323, si321, si319, si313

