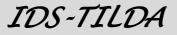
Intellectual Disability Supplement to The Irish Longitudinal Study on Ageing (IDS-TILDA)

WAVE 2 PRE-INTERVIEW QUESTIONNAIRE: CONFIDENTIAL

IDS-TILDA ID Number:	W 2
Gender:	Male ₁ Female ₂
Interview Date:	D D / M M / Y Y
Interviewer ID Number	IDS





Working to Make Ireland the Best Place

to Grow Old

IDS-TILDA would like to convey to the reader that no part of this protocol may be replicated reproduced or copied in any form without the explicit permission of the principle investigator of IDS-TILDA ©

INSTRUCTIONS

This questionnaire is part of WAVE 2 of The Intellectual Disability Supplement to TILDA. Thank you for taking part in this study. Your answers are very important to us to help ensure the needs of people with an intellectual disability are met as they grow older.

WHAT TO DO IF YOU NEED HELP.

If you need support filling in the questionnaire ask a family member, a key worker or a friend who knows you at least 6 months to help.

HOW TO FILL IN THE QUESTIONNAIRE.

Please answer the questions by:

Ticking a box like this

Or writing a number in a box like this

Sometimes you will find an instruction telling you which questions to answer next like this

YES

NO

IF 'NO' GO TO QUESTION

3
•

HOW TO RETURN THIS QUESTIONNAIRE

Please give the questionnaire to the interviewer on the day of your interview. If you have any questions about the questionnaire, please call us at 01 8963186 or 01 8963187.

THE FOLLOWING QUESTIONS WILL UPDATE OUR RECORDS SINCE YOUR LAST INTERVIEW.

What is your date of birth?	D D M M Y Y	
Are you? PLEASE TICK ONE BOX	Single1Living with a partner as if married2With a partner but not living with him/her3Married4Separated5Divorced6Widowed7Don't know98	
Have you moved home/residence s PLEASE TICK ONE BOX YES 1 NO 5 GO TO EY	ince your last interview? ′E HEALTH	
If you have moved do you currently pay rent for your home/residence? PLEASE TICK ONE BOX YES1 NO5 Don't Know98 PLEASE TELL US ANY OTHER INFORMATION		

If you live in rented accommodation which of the following best describes your rental situation?

PLEASE TICK ONE THAT APPLIES

Type of Rental Situation	
Social Housing e.g. County council or Housing association	
Private Landlord	2
Rented from my Service Provider	3
None of the above	4
If none of the above, Please	e tell us your rental situation

Please tell us if it is adapted or not adapted to meet your needs

Adapted	
Not Adapted	2
Don't Know	98
$\langle \rangle$	
Do you have an i	ndividual tenancy agreement?
PLEASE TICK ONE	BOX
YES	1
NO	5
Don't Know	98

WE WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT YOUR HEALTH TO SEE IF THERE HAVE BEEN ANY CHANGES SINCE YOUR LAST INTERVIEW.

EYE HEALTH



1. Has the doctor ever told you that you have age related macular degeneration?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98



2. Has a doctor ever told you that you have glaucoma?

PLEASE TICK ONE BOX

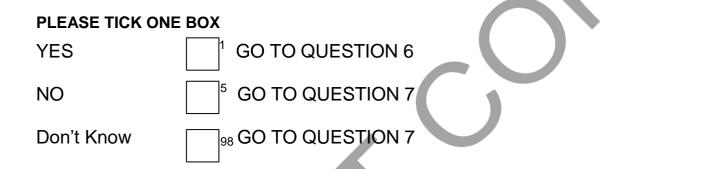
YES	1
NO	5
Don't Know	98

3. Has a doctor ever told you that you have cataracts?

PLEASE TICK ONE BOX YES 1 GO TO QUESTION 4 NO 5 GO TO QUESTION 5 Don't Know 98 GO TO QUESTION 5

4. Have you had cataract surg	ery?
-------------------------------	------

PLEASE TICK ONE BOX
YES, in one eye
YES, in both eyes
NO 5
Don't Know
5. Has a doctor ever told you that you have any other eve diseases?



6. Please tell us what other eye diseases the doctor has told you that you have?



HEART HEALTH



7. Has the doctor ever told you that you have any of these conditions? **TICK ALL THAT APPLY**

High cholesterol	GO TO QUESTION 8
A heart murmur	GO TO QUESTION 9
An abnormal heart rhythm	GO TO QUESTION 9
None of these	GO TO QUESTION 9
Don't know	GO TO QUESTION 9

8. Are you taking any tablets or pills for high cholesterol?

PLEASE TICK ONE BOX		
YES	1	
NO	5	
Don't Know	98	
9. Has a doctor ever told you that you have high blood pressure or hypertension?		
PLEASE TICK ONE	BOX	
YES	GO TO QUESTION 10	
NO	GO TO QUESTION 11	
Don't Know	⁹⁸ GO TO QUESTION 11	
10 . About how old	d were you when you were first told by the doctor that you had high	

blood pressure?

I was	years old.
Don't know	98

11. Has a doctor ever told you that you have angina?

PLEASE TICK ONE	BOX
YES	GO TO QUESTION 12
NO	⁵ GO TO QUESTION 14
Don't Know	⁹⁸ GO TO QUESTION 14

12. About how old were you when you were first told by a doctor that you had angina?

I was	years old.
Don't Know	98

13. Do you limit your usual activities because of your angina?

PLEASE TICK ONE	BOX
YES	
NO	5
Don't Know	98
	or ever told you that you have had a heart attack (including tion [MI] or coronary thrombosis)?
PLEASE TICK ONE	BOX
YES	GO TO QUESTION 15
NO	GO TO QUESTION 18
Don't Know	98 GO TO QUESTION 18
	d were you when you were first told by a doctor that you had a heart myocardial infarction [MI] or coronary thrombosis)?
I was ye	ears old.

Don't know

16. In what month and year was your most recent heart attack?

98

(For example	0 9 / 2 0 1 1
$\mathbf{\mathcal{O}}$	
	Don't know
17. About how many h	eart attacks has the doctor said you have had?
I have had h	eart attacks
Don't Know	

18. Have you ever had an angioplasty or stent?

22. Has the doctor ever told you that you have congestive heart failure?

PLEASE TICK ONE	BOX
YES	¹ GO TO QUESTION 23
NO	⁵ GO TO QUESTION 24
Don't Know	⁹⁸ GO TO QUESTION 24
23 . About how old congestive heart fa	were you when you were first told by a doctor that you had all a solution when you were first told by a doctor that you had
I was yea	ars old.
Don't know	98
24. Have you ever health?	had education on how best to take care of/manage your heart
PLEASE TICK ONE E	
NO	5
Don't Know	98
25. Have you ever	had education on healthy eating/nutrition?
PLEASE TICK ONE	BOX
YES	1
NO	5
Don't Know	98
26. Has the doctor	ever told you that you have diabetes or high blood sugar?
PLEASE TICK ONE	BOX
YES	¹ GO TO QUESTION 27



⁹⁸ GO TO QUESTION 34

Don't Know

27. About how old were you when you were first told by a doctor that you had diabetes or high blood sugar?

I was years old.
Don't know
28. What type of diabetes do you have?
Type 1 (formerly called insulin-dependent diabetes)
Type 2 (formerly called non-insulin dependent diabetes)
Don't know
29. How often do you have your blood glucose levels checked TICK ONE BOX ONLY
Before meals 1 Other Please tell us
Daily 2

Weekly	3	
Monthly	4	
Never	5	
Don't know	98	

30. Are you currently taking any tablets, pills or other medication that you swallow for diabetes?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98

31. Do you currently inject insulin for diabetes?

PLEASE TICK ONE	BOX
YES	1
NO	5
Don't Know	98

32. Has the doctor ever told you that you have any of the following conditions related to your diabetes?

TICK ALL THAT APPLY Leg ulcer

Protein in your urine

Lack of feeling and tingling in your legs and feet due to nerve damage

Damage to the back of your eye

Damage to your kidneys

No, none of these

Don't know

33. Have you ever had education on how best to take care of/manage your diabetes?

PLEASE TICK ONE BOX



34. Has the doctor ever told you that you have had a stroke?

PLEASE TICK ONE BOX		
YES	¹ GO TO QUESTION 35	
NO	GO TO QUESTION 38	
Don't Know	98 GO TO QUESTION 38	

1

5

98



35. About how old were you when you were first told by a doctor that you had a stroke?

I was years old.
Don't know
36. About how many strokes has the doctor said you have had?
I have had strokes.
Don't Know 98
37. In what year was your most recent stroke?
(For example 2011)
Don't know
38 Has the doctor ever told you that you have had a ministroke or TIA?
PLEASE TICK ONE BOX
YES GO TO QUESTION 39
NO GO TO QUESTION 42
Don't Know GO TO QUESTION 42
39. About how old were you when you were first told by a doctor that you had a ministroke or TIA?
I was years old.
Don't know
40. About how many ministrokes or TIAs has the doctor said you have had?
I have had strokes.
Don't know 98

41. In what year was your most recent ministroke or TIA?

(For example 20	11)	
Don't know	98	
42. Has the doct	tor ever told you that you have any other heart trouble?	
PLEASE TICK ONE BOX		
YES	GO TO QUESTION 43	
NO	⁵ GO TO QUESTION 45	
Don't Know	98 GO TO QUESTION 45	

43. Please tell us what other heart trouble has the doctor told you that you have?

44. About how old were you when you were first told by a doctor that you had any other heart trouble?

I was	years old.
Don't know	98

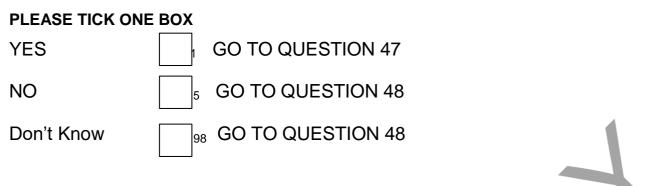


Other Health Conditions

45. Has the doctor ever told you that you have any of the following chronic conditions? **PLEASE TICK ALL THAT APPLY**

Asthma	
Stomach ulcers	
Varicose ulcers (an ulcer due to varicose veins)	,
Cirrhosis, or serious liver damage	
Constipation	
Coeliac disease	
Phenylketonuria (PKU)	
Hypothyroidism	
Hyperthyroidism	
Gastroesophageal reflux disease (like heartburn)	
Osteoporosis, sometimes called thin or brittle bones	
Multiple sclerosis	
Cerebral palsy	
Scoliosis	
Muscular dystrophy	· · ·
Spina bifida	
None of these	
Don't know	()

46. Has the doctor ever told you that you have any other chronic conditions?



47. Please tell us what other chronic conditions the doctor told you that you have?



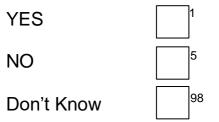
48. Has the doctor ever told you that you have chronic lung disease such as chronic bronchitis or emphysema?

PLEASE TICK ONE BOX

YES	1 GO TO QUESTION 49
NO	GO TO QUESTION 51
Don't Know	98 GO TO QUESTION 51

49. Are your receiving oxygen for your lung condition?

PLEASE TICK ONE BOX



50. Does your lung condition (breathing difficulty) limit your usual activities, such as household chores, work, social or leisure activities?

PLEASE TICK ONE BOX

YES		
NO		
Don't Know	ſ	

ARTHRITIS

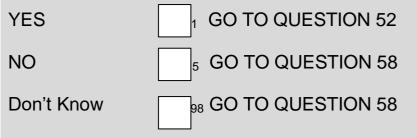
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98



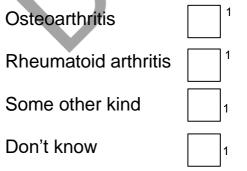
51. Has the doctor ever told you that you have arthritis (including osteoarthritis, or rheumatism)?

PLEASE TICK ONE BOX



52. What type or types of arthritis do you have?

PLEASE TICK ALL THAT APPLY



53. About how old were you when you were first told by a doctor that you had arthritis?

I was	years old.
Don't know	98

54. Does your arthritis make it difficult for you to do your usual activities, such as household chores, work, social or leisure activities?

PLEASE TICK ONE	BOX		
Often/Always	1		
Sometimes	2		
Never	3		
Don't Know	98		
55 Deep the arthritic limit your appiel and locure activities?			

55. Does the arthritis limit your social and leisure activities?

PLEASE TICK ONE BOX

Often/Always	1
Sometimes	2
Never	3
Don't Know	98

56. Does your arthritis make it difficult for you to sleep at night?

PLEASE TICK ONE BOX



57. Have you ever had education on how best to take care of/manage your bone health?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98

CANCER



58. Has the doctor ever told you that you have cancer or a malignant tumour (including leukaemia or lymphoma but excluding minor skin cancers)?

PLEASE TICK ONE BOX

YES	GO TO QUESTION 59
NO	GO TO QUESTION 67
Don't Know	⁹⁸ GO TO QUESTION 67

59. About how old were you when you were first told by a doctor that you had cancer or a malignant tumour?

I was	years old.
Don't know	98

60. In which organ or part/s of the body have you or had you cancer?

PLEASE TICK ALL THAT APPLY

Lung	1
Breast	1
Colon or rectum	1
Stomach	

Oesophagus	1
Prostate	
Bladder	
Liver	
Brain	
Ovary	
Cervix	1
Endometrium	
Thyroid	
Kidney	
Testicle	
Pancreas	
Malignant melanoma (skin)	
Non malignant melanoma	 1
Oral cavity	
Larynx	
Other Pharynx	
Non-Hodgkin Lymphoma	 1
Leukaemia	
Other organ	
Don't know	1

61. Have you received any treatment for your cancer?

PLEASE TICK ONE	BOX
YES	1 GO TO QUESTION 62
NO	⁵ GO TO QUESTION 66
Don't Know	98 GO TO QUESTION 66
62 What sort of tre	eatment have you received for your cancer?
PLEASE TICK ALL	
Chemotherapy	1
Medication	1
Surgery	1
Radiotherapy/ X-ra	ay ¹
Treatment of symp (pain, nausea, ras	
Biopsy	1
None of these	1
Don't know	1

63. Have you had other sorts of treatment for your cancer?

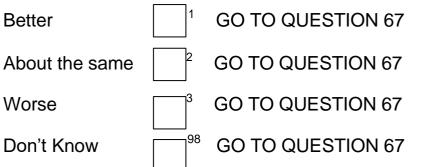
PLEASE TICK ONE BOX

YES	GO TO QUESTION 64
NO	GO TO QUESTION 66
Don't Know	⁹⁸ GO TO QUESTION 66

64. Please tell us what other sort of treatments have you received from your cancer?

65. Since treatment has the cancer gotten better, or is it about the same or worse?

PLEASE TICK ONE BOX



66. Why have you not received treatment? Please tell us,



67. Has the doctor ever told you that you have Parkinson's disease?

PLEASE TICK ONE BOX



68. About how old were you when you were first told by a doctor that you had Parkinson's disease?

I was	years old.
Don't know	98

Mental Health



69. Has the doctor ever told you that you have an emotional, nervous or psychiatric condition?

PLEASE TICK ONE BOX

YES	GO TO QUESTION 70
NO	GO TO QUESTION 75

Don't Know	
------------	--

98	\sim	то				75
~~	GO	IO	QL	JEST	FION	15

70. What type of emotional, nervous or psychiatric condition(s) do you have?

PLEASE TICK ALL THAT	APPLY
Hallucinations	1
Anxiety	1
Depression	1
Emotional problems	
Schizophrenia	
Psychosis	
Mood swings	
Manic depression	
None of these	
Don't know	
Other	11
If Other, Please tell us	

71 Do you now get psychiatric treatment for your condition(s) such as attending a psychiatrist?

PLEASE TICK ONE BOX



72. Who gives you psychiatric treatment for your conditions?

PLEASE TICK ALL THAT APPLY	Please tell us the address where you see this person (this is required to calculate the distance you have to travel).
Psychiatrist	
General Practitioner	
Other (please tell us)	
Don't Know	
73. Do you now get psycholog counselling or behaviour support PLEASE TICK ONE BOX	ical treatment for your condition(s), such as ort?
YES GO TO	QUESTION 74
NO GO TC	QUESTION 75
Don't Know	QUESTION 75
74. Who gives you psychologic	cal treatment for your condition(s)?
PLEASE TICK ALL THAT APPLY	Please tell us the address where you see this person (this is required to calculate the distance you have to travel).
Psychologist	
Counsellor 1	
Clinical Nurse Specialist (CNS)	
Other (please tell us)	
Don't Know	J

75. Do you ever become annoyed, frustrated, or angry when things don't work out the way you want them?

PLEASE TICK ONE	BOX	
YES	GO TO QUESTION 76	
NO	GO TO QUESTION 77	
Don't Know	⁹⁸ GO TO QUESTION 77	
76. If Yes, what of	do you do	
PLEASE TICK ALL		
Do nothing/c	don't react	
Scream		
Throw things	S I	
Hit out		
Self injure		
Other	1	
If Other, Plea	ase tell us	

77. Has a doctor ever told you that you have Alzheimer's disease?

PLEASE TICK ONE	BOX	
YES	GO TO QUESTION 78	
NO	GO TO QUESTION 79	
Don't Know	⁹⁸ GO TO QUESTION 79	
78. About how old Alzheimer's disea	d were you when you were first told by a duse?	doctor that you had
I was	vears old	
Don't know	98	
79. Has the docto senility?	or ever told you that you have dementia, o	organic brain syndrome or

PLEASE TICK ONE	BOX			
YES	1	GO TO	QUESTIC	ON 80
NO	5	GO TO	QUESTIC	ON 81
Don't Know	98	GO TO	QUESTIC	ON 81

80. About how old were you when you were first told by a doctor that you had dementia, organic brain injury or senility?

I was		years old
Don't kn	IOW	98

Epilepsy



81. Has the doctor ever told you that you have epilepsy?

PLEASE TICK ONE BOX			
YES	1	GO TO QUESTION 82	
NO	5	GO TO QUESTION 93	
Don't Know	7	GO TO QUESTION 93	

82. About how old were you when you were first told by a doctor that you had epilepsy?

I was	years old.
Don't know	98

83. What type of epilepsy do you have?

TICK ALL THAT APPLY

Tonic-clonic seizures	1
Tonic seizures	1
Atonic seizures	1
Clonic seizures	1
Myoclonic seizures	1
Absence seizures	1
Simple partial seizures	1
Complex partial seizures	1
Don't know	1

84. Do/ Did you attend an Epilepsy clinic or see a specialist?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98

85 When did you last have your epilepsy reviewed (e.g. medication or seizure activity)?

Last 12 months	1
Last 2 years	2
More than 2 years ago	3
Never	4
I used to have epilepsy, I don't have seizures or take medication anymore	94
Don't know	98

86. Who reviewed your epilepsy?

PLEASE TICK ALL THAT APPLY

General Practitioner	1
Psychiatrist	1
Neurologist	1
CNS	1
Don't Know	1
Other	1

If Other, Please tell us

87. Does your epilepsy limit any of the following...? **PLEASE TICK ALL THAT APPLY**

PLEASE TICK ALL THAT APP	PLY
Household chores	1
Work	1
Social Activities	1
Sports Activities	1
Driving	1
Going out alone	1
None of the above	1
Other	1
If Other, Please tell us	

88. Are any of the following medication prescribed for you to use in an emergency (rescue medication)

PLEASE TICK ALL THAT APPLY

Epistatus (Buccal Midazolam)	1	GO TO QUESTION 89
Frisium (Clobazam)	1	GO TO QUESTION 89
Stesolid (Rectal Diazepam)		GO TO QUESTION 89
Clonazapam (Rivotril)	1	GO TO QUESTION 89
Lorazepam (Ativan)	1	GO TO QUESTION 89
None	1	GO TO QUESTION 93
Don't Know	1	GO TO QUESTION 93
Other	1	GO TO QUESTION 89

If Other, Please tell us

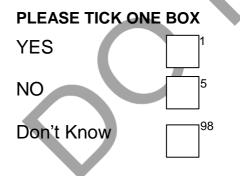
89. Have you used any of the emergency medications (rescue medication) in the last 12 months, If so please tell us?

Emergency Medication

Epistatus (Buccal Midazolam)	1
Frisium (Clobazam)	
Stesolid (Rectal Diazepam)	1
Clonazapam (Rivotril)	1
Lorazepam (Ativan)	1
None	1
Don't Know	
Other	1

If Other, Please tell us

90. Do you keep a record of your seizures?



91. How often have you had a seizure in the past two years? **PLEASE TICK ONE BOX**

Have not had a seizure in 2 years	
Daily	2
Weekly (but not daily)	3
More than once a month (but not weekly)	4
Less than once a month	5
Don't Know	98

92. Have you ever had education on how best to take care of/manage your epilepsy?

PLEASE TICK ONE	BOX		
YES	1		
NO	5	\frown	
Don't Know	98		



Constipation

93. Over the past 6 months have you experienced any of the following for at least 25% of defecations and have they been active for 3 months?

PLEASE TICK ALL THAT APPLY

Straining	1
Lumpy or hard stool	1
Sensation of incomplete evacuation	1
Sensation of anorectal obstruction/blockage	1
Manual maneuvers (e.g. digital evacuation, support to the pelvic floor)	1
Fewer than three defecations per week	1
Pain during defecation	1

94. Do you ever have normal or loose stool without the use of laxatives?

PLEASE TICK ONE BOX

YES

NO

5 9

Don't Know

00
98

95. Have you ever been diagnosised with irritable bowel syndrome?

PLEASE TICK ONE BO	X
YES	
NO	5
Don't Know	98
	sperienced encopresis? By this we mean a small leakage of nich result in stained underwear
PLEASE TICK ONE BO	x
YES	
NO]5
Don't Know	_ ⁹⁸
	AND SCREENING
97. Have you had a fl	lu injection?
PLEASE TICK ONE BO	X
YES	
NO	5
Don't Know	98

98. Have you had the Hepatitis B vaccine?

YES 1 NO 35 Don't Know 98 99. Have you ever had a blood test for cholesterol? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 100. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, within the last 2 years 2 NO 37			
NO 98 99. Have you ever had a blood test for cholesterol? PLEASE TICK ONE BOX YES, within the last 2 years ago 2 NO 5 Don't Know 98 100. Have you ever had your blood pressure measured? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 98	YES		
99. Have you ever had a blood test for cholesterol? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 100. Have you ever had your blood pressure measured? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98	NO 5		
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YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 100. Have you ever had your blood pressure measured? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a true timetion test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 98 Don't Know 98	99. Have you ever had a blo	od test for cholesterol?	
NO 5 Don't Know 98 100. Have you ever had your blood pressure measured? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 1 YES, over 2 years ago 2 NO 5 Don't Know 98		1	
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PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98	Don't Know	98	
YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98	100. Have you ever had you	r blood pressure measured?	
YES, within the last 2 years 2 YES, over 2 years ago 2 NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98	PLEASE TICK ONE BOX		
NO 5 Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98	YES, within the last 2 years		
Don't Know 98 101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know	YES, over 2 years ago	2	
101. Have you ever had a thyroid function test? PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know	NO	5	
PLEASE TICK ONE BOX YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know	Don't Know	98	
YES, within the last 2 years 1 YES, over 2 years ago 2 NO 5 Don't Know 98	101. Have you ever had a th	yroid function test?	
YES, within the last 2 years YES, over 2 years ago 2 NO 5 Don't Know 98	PLEASE TICK ONE BOX		
NO 5 Don't Know 98	YES, within the last 2 years	1	
Don't Know	YES, over 2 years ago	2	
	NO	5	
	Don't Know		7

102. Have you ever had a blood glucose test (sugar test)?

PLEASE TICK ONE BOX	
YES, within the last 2 years	1
YES, over 2 years ago	2
NO	5
Don't Know	98
103. Have you ever been sc	reened or assessed for memory impairment/dementia?
PLEASE TICK ONE BOX	
YES, within the last 2 years	1
YES, over 2 years ago	2
NO	5
Don't Know	98
104. Have you had a bone d	lensity test? (e.g. DEXA Scan)
PLEASE TICK ONE BOX YES, within the last 2 years	
YES, over 2 years ago	2
NO	5
Don't Know	98

105. Did your mother or father ever experience any of the following....?

PLEASE TICK ALL THAT APPLY

Hip fracture	1
Colon cancer	1
Breast cancer	1
Dementia	1
Don't Know	1

106. Have you ever had any of the following tests?

PLEASE TICK ALL THAT APPLY	
CT Brain Scan	
CT Scan (other than brain)	Please tell us
MRI Brain scan	1
MRI Scan (Other than brain)	¹ Please tell us
EEG	
Don't Know	

Women Only Questions



107. Have you gone through or are you currently going through the menopause?

PLEASE TICK ONE BOX		
YES, gone through the menopause already	1	GO TO QUESTION 108
YES, currently going through the menopause	2	GO TO QUESTION 108
NO	5	GO TO QUESTION 112
Don't Know	98	GO TO QUESTION 112

108. About how old were you when it started?

I was	years old?	
Don't know	98	

109. Since menopause have you used prescription hormones (e.g. HRT, estrogen)

PLEASE TICK ONE BOXYES, currently taking hormones1 GO TO QUESTION 110YES, but no longer taking hormones2 GO TO QUESTION 111NO5 GO TO QUESTION 112Don't Know98 GO TO QUESTION 112

110. For how many years have you been taking prescription hormones? (For example ... 0 3 years)
For years GO TO QUESTION 112
Don't know 98 GO TO QUESTION 112

111. For how many years di	d you take prescription hormones?
For years	(For example 0 3 years)
Don't know	

112. Do you check your breasts for lumps regularly?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98

113. Has the GP or nurse checked your breasts for lumps?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98

114. Have you had a mammogram or x-ray of the breast, to search for cancer?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98





115. Do you check your testicles for lumps regularly?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98

116. Has the GP checked your testicles for lumps?

PLEASE TICK ONE BOX

YES	1
NO	5
Don't Know	98
117. Have you	had an ex

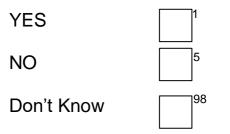
117. Have you had an examination of your prostate to screen for cancer?

PLEASE TICK ONE BOX



118. Have you had a blood test (PSA) to screen for prostate cancer?

PLEASE TICK ONE BOX



HEALTHCARE UTILISATION



119. Are you covered by any of the following?

PLEASE TICK ONE BOX

Full medical card or equivalent1GP visit card2Neither of these3Don't Know98

120. Do you have private medical insurance cover (VHI etc) in your own name or through another family member?

PLEASE TICK ONE BOX

Yes, in my own name 1 Yes, as the spouse of a subscriber 2 Yes, as the relative of a subscriber 3 No 5 Don't Know 98

121. In the last year, about how often did you visit your GP or did your GP visit you?

	(For example 1 1 visits)
Number of visits	
Don't Know	98

122. In the last year, how many times did you visit a hospital Emergency Department (sometimes called A&E or Accident and Emergency) as a patient?

(For example 0 1 visits)
Number of visits
Don't Know
123. If you attended A&E for treatment in the last year, what was the reason?
PLEASE TICK ALL THAT APPLY
Has not visited A&E in last year
Multiple injuries
Broken or fractured bone(s)
Burn(s)
Dislocation(s)
Sprain or strain(s)
Cut(s) or Open wound
Scrape, bruise, blister(s)
Concussion or other head/brain injury
Poisoning
Internal injuries(s)
Pneumonia ¹
Don't know
Other 1
If Other, Please tell us

124. In the last year, about how many visits did you make to a hospital out-patient clinic? Include all types of consultations, tests, operations, procedures or treatment

Number of visits (For example 0 3 visits)
Don't Know
125. In the last year, how many nights did you spend in a general hospital?
(For example 0 1 nights)
Total number of nights
Don't Know

126. In the last year, how many nights did you spend in an acute/psychiatric hospital due to mental health problems?

PLEASE TICK ONE BOX

Did not spend any nights	
1 to 5 nights	2
6 to 10 nights	3
11 to 20 nights	4
More than 20 nights	5
Don't know	98

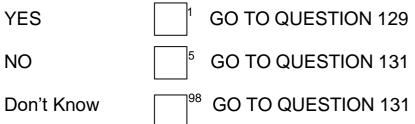
127. the last year, how much time did you spend in a nursing /convalescent home?

PLEASE TICK ONE BOX



128. During the last year, was there ever a time when you felt you needed healthcare but you didn't receive it?

PLEASE TICK ONE BOX



129. Thinking of the most recent time, why did you **<u>not</u>** get healthcare?

PLEASE TICK ALL THAT APPLY

Healthcare was not offered	
Not available in the area	
Not available at the time required	1
Waiting time too long	1
Felt that the service would not be good	1
Too costly	1
Too busy	
Didn't get around to it/didn't bother	
Didn't know where to go	
Problems with transport	
Communications/language problems	
Personal or family responsibilities	
Fear of healthcare services and/or of treatment	nt 1
Decided not to seek care	
Information material not accessible /inadequation communication aids	
Complaint was not taken seriously enough	1
Negative attitudes of the staff	
Too embarrassing	
I was in too much pain	
I forgot about my appointments	

Don't know	
Other	
If Other, Please tell us	

130. Again thinking of the most recent time, what was the type of care that was needed?

PLEASE TICK ALL THAT APPLY

Treatment of a physical health problem (e.g. cataract surgery	
Treatment of an emotional or mental health problem	1
A regular check-up	
Care of an injury	
Don't know	
Other	1
If Other, Please tell us	

131. In the last year, did you receive any of the following services (exclude any service that you paid for yourself)? **If yes please tell us how satisfied you are with this service**

PLEASE TICK ALL THAT APPLY		Very	Satisfied	Not
		Satisfied	Jatisheu	Satisfied
General practitioner	1	1	2	3
Public health or community nurse	1	1	2	3
Occupational therapy				
Chiropody services			2	3
Physiotherapy services	1	1	2	3
Social work services	1	1	2	3
Psychological/counselling services		1	2	3
Home help			2	3
Personal care attendant	1	1	2	3
Meals-on-wheels	1	1	2	3
Optician services	1	1		
Dental services			2	3
Hearing services	1		2	3
Pharmacist	1	1	2	3
Dietician services			2	3
Speech & Language services			2	3
Day centre services			2	3
Respite services			2	3
Residential services			2	
	1	1	2	3

	Ve	ery		
	Sa	atisfied	Satisfied	Not Satisfied
Neurological services	1		2	3
Geriatrician services	1	1	2	3
Endocrinology services	1	1		3
Dermatological services		1		3
Psychiatry services			2	3
Palliative care services	1	1	2	3
Don't Know		1		3
Other	1	1		3
If Other, Please tell us				

132. If you ticked 'not satisfied' for any of the above please tell us why you are not satisfied e.g. waiting list too long, cost, access to building is very difficult.

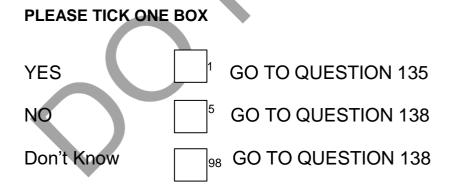
PLEASE STATE WHICH SERVICE YOU ARE REFFERRING TO

133. In the last year, where did you receive any of the following services (exclude any service that you paid for yourself)? Tell us if you attended the health service in the community or in the service provider/ service setting. **PLEASE TICK ALL THAT APPLY**

	Community Setting /Mainstream	Service Provider Setting
General practitioner	1	2
Public health or community nurse		2
Occupational therapy	1	2
Chiropody services		
Physiotherapy services		2
Social work services	1	2
Psychological/counselling service	es 1	2
Home help		
Personal care attendant		2
Meals-on-wheels	1	2
Optician services		2
Dental services		2
Hearing services		2
Pharmacist	1	2
Dietician services		2
Speech & Language services		2
Day centre services		2
Respite services		2

	Community Setting /Mainstream Services	Service Provider	
Residential services	1	Setting	
Neurological services		2	
Geriatrician services			
Endocrinology services		2	
Dermatological services	1	2	
Psychiatry services		2	
Palliative care services		2 2	
Don't Know		2	
Other	1	2	
If Other, Please tell us			
134. Are there any service	ces that you think you	would benefit from th	at you are not

receiving at present?



135. Please tell us which services you think you would benefit from that you are not receiving at present?

PLEASE TICK ALL THAT APPLY

General practitioner	
Public health or community nurse	
Occupational therapy	1
Chiropody services	
Physiotherapy services	
Social work services	
Psychological/counselling services	1
Home help	
Personal care attendant	
Meals-on-wheels	
Optician services	1
Dental services	1
Hearing services	
Pharmacist	
Dietician services	1
Speech & Language services	1
Day centre services	
Respite services	
Residential services	1
Neurological services	

Geriatrician services	
Endocrinology services	
Dermatological services	1
Psychiatry services	
Palliative care services	
Don't Know	
Other	
If Other, Please tell us	
136. Do you know how to access the second	his service?
PLEASE TICK ONE BOX	
YES	
NO 5	
Don't Know	
137. Please tell us the main thing t or services?	hat stops/prevents you from receiving this service

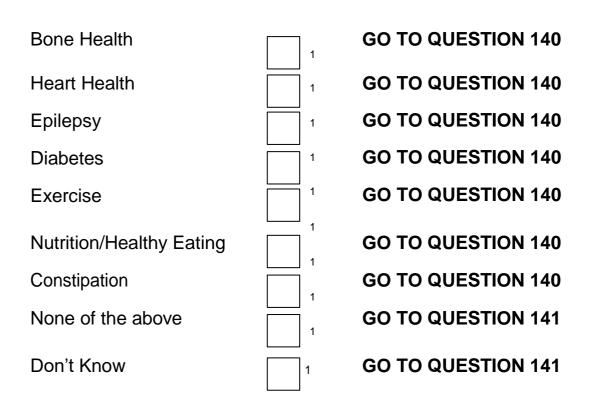
Don't Know

138. In the last year how many nights did you spend in respite (excluding nights spent in a nursing home)?

PLEASE TICK ONE

Did not spend any nights	1
1 to 5 nights	2
6 to 10 nights	3
11 to 20 nights	4
More than 20 nights	5
Don't know	98

139. Have you ever received any easy to read information leaflets on any of the following....? **PLEASE TICK ALL THAT APPLY**



140. Please tell us who you received easy to read information from...

TICK ALL THAT APPLY

	Specialist	GP	Pharmacist	Public Health	RNID	Other
				Nurse		
Bone Health	1	2	3	4		5
Heart Health	1	2	3	4		5 6
Epilepsy		2	3	4		5 5 6
Diabetes		2	3	4		5
Exercise	1	2	3	4		5 6
Nutrition/Healthy Eating	1	2	3	4		5 6
Constipation	1	2	3	4		5 6
If Other, please te	ll us					

141. Have you ever received any easy to read information leaflets about your medication?

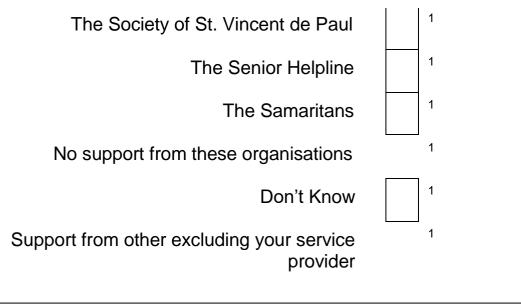
PLEASE TICK ONE BOX

YES	1	GO TO QUESTION 142
NO	5	GO TO QUESTION 143
Don't Know	98	GO TO QUESTION 143

142. If Yes, from whom PLEASE TICK ALL TH	
General Practitioner	1
Pharmacist	1
Public Health Nurse	1
RNID	1
Don't Know	1
Other	1
If Other, Please tell u	s

143. In the last year did you receive support from any of the following organisations?

PLEASE TICK ALL THAT APPLY



If Other, Please tell us

144. MEDICATIONS



We would like to record all medications that you take on a regular basis, take every day or every week. This will include prescription and non-prescription medications, over –the-counter medicines, vitamins and herbal and alternative medicines.

PLEASE WRITE DOWN ALL MEDICATIONS/TABLETS YOU TAKE AND HOW OFTEN YOU TAKE THEM, PLEASE USE ONE LINE PER <u>MEDICATION</u>

Don't know what medication I take, record by proxy

¹ PLEASE COMPLETE MEDICATION FORM

Don't take any medication

¹ GO TO QUESTION 145

Name of Medication	Dosage Strength	Frequency	Route	Date First Prescribed
Examples of medication completion form :				
Epilim Chrono	200mgs	Twice a day (BD)	Orally(PO)	Sept 2009
One touch ultra test strip(blood glucose)	1 strip	Before meals	-	June 2010
Neo-cytamen Injection(hydroxycobalamin)	1000micrograms	Monthly	IM	Nov 2010
Xalatan eye drops	2 drops (left eye)	Nocte (At night)	Instill	June 2010
Emulsifying Ointment		PRN	Topically	Jan 2009
Vegepa (Om <mark>ega</mark> fishoil)		2 daily	РО	June 2005
Ensure Plus		1 daily	РО	Oct 2007



Name of Medication	Dosage Strength	Frequency	Route	Date Prescribed
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

Name of Medication	Dosage Strength Frequency Route	Date Prescribed
19		
20		
21		
22		
23		
24		

145. BLOOD TESTS

We would like to record all the blood tests you have had in the last year. This will help us build a picture of the changes older people experience over time. Please tell us the results of your most recent blood tests. [Please indicate if bloods are **fasting or random**]

Did not get any blood tests in the last year

GO TO QUESTION 146

BLOOD TEST	DATE	RESULT	Fasting ₁ /Not Fasting ₅ (If Applicable) ₈₈₈	Normal Range
EXAMPLE:				
Calcium	14/3/2012	6.1mg		(Normal range8.2 - 10.6
FBC Red blood cells				mg/dL)
FBC Red blood cells				
FBC White blood cells				
FBC Haemoglobin				
FBC Platelets				
ESR				
HbA1C				
BLOOD GLUCOSE				
U&E				
B12				



BLOOD TEST	DATE	RESULT	Fasting₁ /Not Fasting₅ (If Applicable)888	Normal Range
				-
FOLATE				
LFTs				
SERUM CHOLESTEROL				
LIPID PROFILE				
VIT D (25-hydroxyvitamin				
D/1.25-hydroxyvitamin D)				
HEP SCREEN (A)				
HEP SCREEN (B)				
HEP SCREEN (C)				
TFTs				
CALCIUM		7		
PSA				
	\mathbf{O}			
			62	1

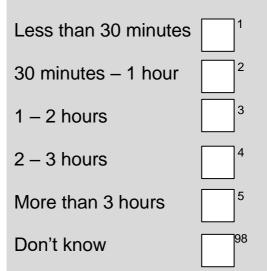
ANY OTHER PLEASE				
TELL US				
BLOOD TEST	DATE	RESULT	Fasting ₁ /Not Fasting ₅ (If Applicable) ₈₈₈	Normal Range

FILLING OUT THE QUESTIONNAIRE

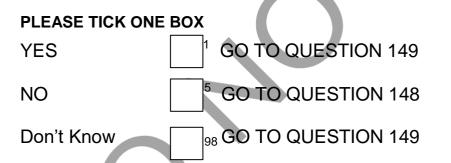


146. How long did it take you to fill out this questionnaire?

PLEASE TICK ONE BOX



147. In general, did you find it easy to understand the questions?



148. Please tell us which questions did you find most difficult to understand?



149. Please tell us if you have any other comments about the questionnaire?

150. Has anyone supported you to fill out this questionnaire?
PLEASE TICK ONE BOX YES OTO QUESTION 151
NO 5 YOU ARE NOW FINISHED THANK YOU FOR YOUR TIME
151. Name of the person supporting you First name Surname
152. Is this the same person who gave you support in the first interview?
PLEASE TICK ONE BOX YES
NO 5

153. What is their relationship to you?

Boyfriend/Girlfriend/Partner	1
Parent	2
Sibling	3
Key worker/ Support worker	4
Friend	5
Other	95

If Other, Please tell us	
154. How long do you know the person supporting you? PLEASE TICK ONE BOX	
Less than 6 months	1

Less than 6 months	
Between 6 months and a year	2
More than a year	3
Don't Know	98



THANK YOU VERY MUCH FOR TAKING THE TIME TO FILL IN THIS QUESTIONNAIRE. PLEASE BRING IT WITH YOU TO YOUR INTERVIEW AND GIVE IT TO THE INTERVIEWER



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