



# NITELINE IS A LISTENING SERVICE, FOR STUDENTS, RUN BY STUDENTS

Free to contact via phone or instant messaging, we are open from 9 pm-2:30 am every night of term

There is no problem too big or too small - we just give our callers space to talk

We are also an information service, meaning we can direct callers to more specific services - including services specific to their college

NiteLine Dublin is founded on four key pillars:  
**Anonymous**  
**Confidential**  
**Non-Directive**  
**Non-Judgemental**



# 11

Calls averaged per night in the 2019/20 academic year

The most common call topics were college, mental health, and loneliness - but we are here to listen to whatever is on your mind

# 103

Volunteers in NiteLine in the 2020/21 academic year

Aside from our Public Faces (pictured above) all of our volunteers are anonymous. Volunteers go through 24 hours of rigorous training in active listening and much more. Apply to be a volunteer at [niteline.ie](http://niteline.ie)

# 103,000

Students covered by NiteLine, supported by 150 Staff Ambassadors

NiteLine relies on the help of affiliate Student Unions, counselling services and other staff to reach and support students. To become a staff ambassador, or to register interest in affiliating with NiteLine, visit [niteline.ie](http://niteline.ie)

Our Affiliate Colleges:



PHONE US: 1800 793 793  
INSTANT MESSAGE US: [NITELINE.IE](http://NITELINE.IE)  
FIND OUT MORE INFO: [INFO@NITELINE.ORG](mailto:INFO@NITELINE.ORG)  
FIND US ON INSTAGRAM: @NITELINEDUBLIN



**WINNER OF THE CARMICHAEL CENTRE GOOD GOVERNANCE AWARD**