

	Predisposing	Precipitating	Perpetuating
<b>Biological</b>	Family Hx of Mental Illness		Non-tx of Alcohol Abuse
<b>Psychological</b>	Bullying in School	Sister's Death	Routine & boring Job
	Mum's Alcoholism	Parents Separation	Fear of failure if change job
	Absentee Dad	Disappointing Exams	
		Missed Opportunities	
<b>Social</b>	Mum's Alcoholism	Sister's Death	Ongoing Social Adversity
		Parents Separation	