**YOUR UCD STUDENT UPDATE**
Find out what's happening in your community

25K+ STUDENTS · 80+ SOCIETIES · 150 EVENTS EACH WEEK · 50+ SPORTS CLUBS

WWW.UCD.IE/STUDENTS

### Registration 2023/24

Have you confirmed your registration for 2023/24 and are registered for enough credits? Check the key dates page for upcoming deadlines such as the closing of online registration for your Programme/Stage.

### UCD Sports Expo 2023

Sport in UCD revolves around the numerous sports clubs and the UCD Sports Expo is a great opportunity to sample the various clubs. The Sports Expo will take place from **18 - 21 September** in Hall B of the Sports Centre, and is open **10am - 5pm** each day. Come along and get involved in your favourite sports club!!

### Check out UCD Registry's New Video Guide for Students

UCD Registry recently created 9 new videos to help explain some of the key processes that students complete during their time in UCD (completing registration, accessing official documents, paying fees, etc). At only a few minutes long, the videos are quick and are easy to watch, but packed with helpful info. Check them out today!

### UCD Careers Open Day 2023

Come to the UCD Careers Open Day on **Wednesday, 20 September** outside the Careers Network Office beside the Library from 11-3pm. Sponsored by AIB , don't miss this opportunity to meet AIB staff & graduates and chat all things careers. Lots of free stuff too!

### UCD Bikes & Hybrid Commuter Bikes

Tired of sitting in traffic? UCD Bikes, the only bike shop on campus, has a full range of Commuter Bikes new or second hand that will help ease the hassle of getting to campus. Call in for a look when passing by and ask about Cycle to Work Scheme.

### UCD Career Mentoring Programme

The Career Mentoring Programme will give you an opportunity to meet and network with professional mentors who will offer support in developing your career ideas, clarifying your goals and improving your employability attributes.

### Graduate Research Student Orientation Day 2023/24

The Orientation event for incoming graduate research students offers an opportunity to connect with peers and learn about key supports at UCD, and will take place on **Friday 22 September, 10am to 1pm** in the UCD Village Auditorium.

### **Join us for the UCD Big Lunch**

Join us on **Monday, 25 September 12pm and 3pm** in the Freshers Tent for the UCD Big Lunch. The Big Lunch brings students together to make friends, eat food and have fun. Follow **@EatatUCD** for details.

**Want to get Active, but would like some help getting started? Join the ACE Programme!**

UCD Physio Hub is offering ACE for students on campus. ACE includes a free 4-week tailored exercise programme (led by a physio and trainee physios) with measurements of your fitness, strength and flexibility before and after the programme. If you're interested, please contact the Physio Hub team today @ aceprogrammeucd@gmail.com.

### UCD Volunteer Fair 2023

Join us at UCD O'Brien Centre for Science East on **Wednesday, 11 October from 11am - 2.30pm** and chat with a wide range of visiting community organisations with plenty of volunteering opportunities on offer! Register your place through Eventbrite .

### Build your research skills with UCD Library

Our free workshops for UCD students commence from the end of September. See what's on offer and book your place on our Training Page. Topics include Open Access publishing options, preserving your digital memories, using LinkedIn and more.

### GradsCONNECT Welcome 2023/24

This welcome event for incoming taught graduate students offers a chance to connect with peers and explore available student services, and will take place on **Thursday 21 September from 4pm to 5.30pm** in O'Reilly Hall.

### Global Experience Summit

Join us on campus **Tuesday 3, and Wednesday, 4 October** for the Global Experience Summit. Explore the diverse range of global engagement opportunities for students, enjoy a free lunch, take part in a speed-exchange or join a drumming workshop!

### Kickstart MyCareer

Career Options, CVs, Interviews? Not sure where to start? The KickStart MyCareer programme is a great way to get started on your career journey! This workshop will be repeated 7 times during the Autumn Trimester. Do not miss this opportunity - book today!

### European Certificate in Irish 2024

Gaeltacht UCD will offer free Irish courses at 5 levels commencing September 2023, including level A1 for those with no prior exposure to the language & a preparatory course for the European Certificate in Irish, level B1. Registration is now open.

### UCD MoLI Membership - Get your Discount today!

UCD students can now get 25% off MoLI Membership! Members enjoy unlimited free museum entry, a private members' library, discounts in the shop and café, and exclusive event invitations. Simply us the code ucd2023 on our website to get your discount.

### Get the UCD Advantage Award

The UCD Advantage Award recognizes the skills you have gained through cocurricular activities. Get the award, improve your CV and job applications, and stand out from the crowd!

### Enter the UCD Library Prize Draw for new students

Are you a student new to UCD? If so enter our Big Prize Draw, with prizes from Ticketmaster, the Campus Bookshop, Centra and more. Enter on our guide for

new students by this **Friday, 22 September**. Welcome to UCD and to UCD Library!

### Apply now for the Una Europa Student Congress in Helsinki

Una Europa at UCD invites you to be part of an unforgettable experience where stories come alive and communities unite. Apply now to take part in the Una Europa Student Congress **14 to 17 November**, in Helsinki (Finland). Deadline **Friday, 6 October**.

### Have Your Say on Campus Food, Health & Sustainability

The PLAN'EAT study Is looking for students (aged 18-30 years) to share their thoughts on campus food, health and sustainability. If you're willing to take some photos of foods, attend a focus group and complete an online questionnaire, sign up here!

### UCD Purl Jam is back!

UCD Purl Jam is UCD's craft/creative group. Our main focus is on knitting/crochet but all crafters welcome. No experience necessary. Meetups **Wednesdays, 1pm-2pm** in VET101a/b, starting Wednesday, 4 October. Email niamh.nestor@ucd.ie to be added to mailing list.

### Blow Salon: 20% OFF All Hair & Beauty Services on Campus

A special offer exclusively for students at Blow Salon located on campus! **From Monday to Wednesday**, we are offering 20% discount on all our services just for you! Services include hair, beauty, manicures, pedicures, waxing, and much more!

### Blow Academy - UCD Models Wanted!

Blow Academy has multiple courses running every week in UCD and for this, we are looking for models for our students! All our model appointments are reduced in price and overseen by our advanced training educators. Limited spots are available! Book here.

### Are you AI Ready? Students, Your Voice Matters!

We're seeking student input on AI in Higher Education. If you're 18+ and in the School of Education or Nursing & Midwifery or Social Policy, Social Work & Social Justice and available between **Wednesday, September 20 to Friday, October 20** We would love to hear from you! Learn more here.

### Attention UCD undergraduate and postgraduate students, both Irish and international!

Attention UCD undergraduate and postgraduate students, both Irish and international! Join an online focus group in October 2023, sharing your 'Internationalisation at Home' experiences with peers from other Irish HEIs for an Irish Research Council funded PhD study. It's an engaging discussion lasting approximately 1 hour and 15 minutes. Contact the researcher directly at nidhipiplani.kapur@postgrad.wit.ie to participate.

### Swim More, Pay Less: Early Bird Special Offers Year-Long Pool & Spa Access - Just €89

Dive into unbeatable savings with the Early Bird Special @ UCD Sport & Fitness! Only €89 for a year's unlimited access to a 50m pool, steam room, sauna, and jacuzzi. Hurry, offer ends on 30 September!

### Would you be interested in an on campus safety mobile app?

UCD Estate Services aims to aid the University Community's sense of personal safety and protection for staff, students & community members. Please take 1-minute to complete this survey about whether you would use an on campus safety mobile app

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the Communications Office, UCD Registry.