



YOUR UCD STUDENT UPDATE
Find out what's happening in your community

25K+	80+	150	50+
STUDENTS	SOCIETIES	EVENTS EACH WEEK	SPORTS CLUBS

WWW.UCD.IE/STUDENTS

The banner features an illustration of a student sitting at a desk with a computer, a clock, and a shelf with books and a plant.



UCD Women in STEM - Maths Week special

Join us on **Thursday, 20 October at 12:30pm** in Theatre A, Science Hub to celebrate Maths Week and Women in STEM. The event will begin with a short presentation, followed by an opportunity to network over tea, coffee and cake. Please RSVP using this [form](#).



Supports for Students with Disabilities available from Access and Lifelong Learning

All students in UCD with a disability or significant ongoing illness have the opportunity to receive relevant academic and/or exam supports. For more information, please email disability@ucd.ie to speak to a member of the team.



Global Goals Jam workshop - Wednesday, 26 October, 5.30pm, Global Lounge

STAND have teamed up with Concern Worldwide and UCDVO for in-person Global Goals Jam workshop - rapid, interactive workshops focused on the SDGs and ideas for creative action on gender equality. Join us for a 90 minute session - snacks provided! Register [today!](#)

NTA Walktober Step Challenge - Sign Up Today



The NTA Smarter Travel annual walking challenge; Walktober is getting underway again. Form a team, [sign up](#) and get walking and active to be in with a chance to win some great prizes!



UCDVO Volunteer Programme

Applications now open for the [UCDVO Volunteer Programme](#)! Workshops, training and volunteering overseas with one of our partners in India, Tanzania and Uganda in the summer of 2023. Come to our Info Evening 5.30pm, 2 Nov in the UCD Village Auditorium.



Advance Centre webinar in Quantum Computing

Thursday, 27 October Lunchtime webinar, where faculty and industry leaders discuss key aspects of digital transformation. The Advance Centre webinar will focus on Quantum Machine Learning, recognised as one of the most rapidly developing areas in quantum computing. See our [website](#) for details.



Would you like to improve your diet? - final recruitment push for the PAD-Q Study

We are testing a new approach to provide personalised dietary advice and require participants with a BMI over 25, who are either smokers, have high blood pressure or high cholesterol levels. Find out more via this [link](#) or email metabomarkers@ucd.ie



Koru Mindfulness Course starting 7 November 2022

Koru Mindfulness is an evidence-based curriculum specifically designed for teaching mindfulness, meditation, and stress management to college students and other young adults. An introduction to mindfulness and meditation is taught in a week. Check out our [website](#) for more information

The UCD Student Update is published fortnightly on a Tuesday during the academic term by the Communications Office, UCD Registry.

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