

Study Number (SN)	0054-00
Title	Student Activity and Sports Study Ireland (SASSI), 2014-2015
Depositor	Student Sport Ireland
Publisher	Irish Social Science Data Archive (ISSDA)
URL	<a href="http://www.ucd.ie/issda/sassi">www.ucd.ie/issda/sassi</a>
Publication Date	2017
Version	1 <sup>st</sup> Edition
Type	Dataset
Suggested citation	Student Sport Ireland (2017). Student Activity and Sports Study Ireland (SASSI), 2014-2015. [dataset]. 1st Edition. Irish Social Science Data Archive. SN:0054-00. <a href="http://ucd.ie/issda/sassi">ucd.ie/issda/sassi</a>

# Data dictionary for the Student Activity and Sport Study Ireland (SASSI)

February 2017

## Introduction

### Filter - Question 1: Are you over 18?

#### Q1Over18

		Value
Standard Attributes	Position	1
	Label	Q1 Is the respondent over 18?
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

## Background information

### Question 2. Year and Month of Birth (Please select appropriate year and month)

#### Q2\_1\_1YearBorn

		Value
Standard Attributes	Position	2
	Label	Q2_1_1 Year of birth
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	2001
	2.00	2000
	3.00	1999
	4.00	1998
	5.00	1997
	6.00	1996
	7.00	1995
	8.00	1994
	9.00	1993
	10.00	1992
	11.00	1991
	12.00	1990
	13.00	1989
	14.00	1988
	15.00	1987

16.00	1986
17.00	1985
18.00	1984
19.00	1983
20.00	1982
21.00	1981
22.00	1980
23.00	1979
24.00	1978
25.00	1977
26.00	1976
27.00	1975
28.00	1974
29.00	1973
30.00	1972
31.00	1971
32.00	1970
33.00	1969
34.00	1968
35.00	1967
36.00	1966
37.00	1965
38.00	1964
39.00	1963
40.00	1962
41.00	1961
42.00	1960
43.00	1959
44.00	1958
45.00	1957
46.00	1956
47.00	1955
48.00	1954
49.00	1953
50.00	1952
51.00	1951
52.00	1950
53.00	1949

54.00	1948
55.00	1947
56.00	1946
57.00	1945
58.00	1944
59.00	1943
60.00	1942
61.00	1941
62.00	1940
63.00	1939
64.00	1938
65.00	1937
66.00	1936
67.00	1935
68.00	1934
69.00	1933
70.00	1932
71.00	1931
72.00	1930
73.00	1929
74.00	1928
75.00	1927
76.00	1926
77.00	1925
78.00	1924
79.00	1923
80.00	1922
81.00	1921
82.00	1920
83.00	1919
84.00	1918
85.00	1917
86.00	1916
87.00	1915
88.00	1914
89.00	1913
90.00	1912
91.00	1911

92.00	1910
93.00	1909
94.00	1908
95.00	1907
96.00	1906
97.00	1905
98.00	1904
99.00	1903
100.00	1902
101.00	1901
102.00	1900

**Q2\_1\_2MonthBorn**

		Value
Standard Attributes	Position	3
	Label	Q2_1_2 Month of birth
	Type	Numeric
	Measurement	Nominal
Valid Values	1	January
	2	February
	3	March
	4	April
	5	May
	6	June
	7	July
	8	August
	9	September
	10	October
	11	November
	12	December

**Question 3: Are you Male or Female?**

**Q3MaleOrFemale**

		Value
Standard Attributes	Position	4
	Label	Q3 Gender (male or female)
	Type	Numeric

	Measurement	Nominal
Valid Values	1.00	Male
	2.00	Female

### Background Information continued

**Filter - Question 4: Your studies. Please choose the most appropriate course of study. Are you...**

**Q4UndergradOrPostgrad**

		Value
Standard Attributes	Position	5
	Label	Q4 Appropriate course of study (Undergraduate/Postgraduate)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	An Undergraduate Student
	2.00	A Postgraduate Student

**Filter - Question 5: Undergraduate Student. What year of undergraduate study are you currently in?**

**Q5\_Undergrad\_YrStudy**

		Value
Standard Attributes	Position	6
	Label	Q5 Current year of undergraduate study
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1
	2.00	2
	3.00	3
	4.00	4+

**Question 6. Postgraduate Student. What postgraduate qualification are you undertaking?**

**Q6\_1\_1WhatPostgradQualification**

		Value

Standard Attributes	Position	7
	Label	Q6_1_1 Postgraduate qualification undertaken
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Masters
	2.00	PhD
	3.00	Other

**Question 6: What year are you currently in?**

Q6\_1\_2Postgrad\_YrStudy

		Value
Standard Attributes	Position	8
	Label	Q6_1_2 Current year of postgraduate study
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1
	2.00	2
	3.00	3
	4.00	4+

**Question 7: Are you a Full time or Part time student?**

Q7FulltimeOrParttime

		Value
Standard Attributes	Position	9
	Label	Q7 Full time or Part time student
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Full Time
	2.00	Part Time

**Question 8: What is your main field of study?**

Q8FieldOfStudy

		Value
Standard Attributes	Position	10
	Label	Q8 Main field of study



	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Humanities and Arts
	2.00	Social Sciences, Business and Law
	3.00	Education (and teacher training)
	4.00	Science, Mathematics and Computing
	5.00	Engineering, Manufacturing and Construction
	6.00	Agriculture and Veterinary
	7.00	Health and Welfare (inc Nursing, health promotion, physio.) *
	8.00	Travel Tourism and Leisure
	9.00	Sports, exercise science related courses
	10.00	Other

\* Health and Welfare (inc Nursing, health promotion, physiotherapy, rehabilitation therapy, etc)

**Filter - Question 9: Do you have any long term illness, health problem or disability that limits your daily activities or work?**

**Q9LongtermIllnessDisability**

		Value
Standard Attributes	Position	11
	Label	Q9 Illness or disability that limits daily activities/ work
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 10: Does this prevent you from taking part in sport and exercise?**

**Q10IllnessDisabilityPreventParticipation**

		Value
Standard Attributes	Position	12
	Label	Q10 Prevents participation in sport and exercise
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

## Physical Activity

**Question 11: Which of these statements best describes your view?**

**Q11WhichBestDescribesYourView**

		Value
Standard Attributes	Position	13
	Label	Q11 View on own physical activity levels for health
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	I take enough physical activity to keep healthy
	2.00	I don't take enough physical activity to keep healthy

**Question 12: How would you rate your level of physical activity compared to other people the same age and sex as yourself?**

**Q12PAComparedToOthers**

		Value
Standard Attributes	Position	14
	Label	Q12 Level of physical activity compared to others
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Much less than others
	2.00	Somewhat less than others
	3.00	About the same
	4.00	Somewhat more than others
	5.00	Much more than others

**Question 13. According to current recommendations, what is the minimum amount of MODERATE to VIGOROUS intensity physical activity that adults should perform to gain health benefits?**

**Please give your answer in minutes per day OR minutes per week (do NOT use both boxes)**

**Q13\_1GuidelinesPAMinsPerDay\_Ranges**

		Value
Standard Attributes	Position	15
	Label	Q13_1 Physical activity guidelines (minutes per day)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0-15
	2.00	16-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-180
	7.00	181-240
	8.00	241-300
	9.00	301-360
	10.00	361-420
	11.00	>420

**Q13\_2GuidelinesPAMinsPerWeek\_Ranges**

		Value
Standard Attributes	Position	16
	Label	Q13_2 Physical Activity Guidelines (minutes per week)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0-15
	2.00	16-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-180
	7.00	181-240
	8.00	241-300
	9.00	301-360
	10.00	361-420
	11.00	>420

**Question 14: During the LAST 7 DAYS, on how many days were you physically active at a MODERATE or VIGOROUS intensity for a total of AT LEAST 30 MINUTES per day?**

**Q14\_DaysModVigInLast7**

		Value
Standard Attributes	Position	17
	Label	Q14 How many days of mod or vig activity in last 7 days
	Type	Numeric
	Measurement	Scale
Labeled Values	.00	0 Days
	1.00	1 Day
	2.00	2 Days
	3.00	3 Days
	4.00	4 Days
	5.00	5 Days
	6.00	6 Days
	7.00	7 Days

**Question 15: Over a typical or usual week, on how many days are you physically active at a MODERATE or VIGOROUS intensity for a total of AT LEAST 30 MINUTES per day?**

**Q15\_DaysModVigTypicalWeek**

		Value
Standard Attributes	Position	18
	Label	Q15 How many days of mod or vig activity in a typical week
	Type	Numeric
	Measurement	Scale
Labeled Values	.00	0 Days
	1.00	1 Day
	2.00	2 Days
	3.00	3 Days
	4.00	4 Days
	5.00	5 Days
	6.00	6 Days
	7.00	7 Days

**Filter – Question 16: Now think about only those physical activities that you did for AT LEAST 10 MINUTES at a time.  
 During the last 7 days, on how many days did you do VIGOROUS intensity physical activities for AT LEAST 10 MINUTES at a time?**

**Q16DaysVIGActiveFor10minsInLast7**

		Value
Standard Attributes	Position	19
	Label	Q16 Days of vig activity (at least 10 mins) in last 7 days
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0 days
	2.00	1
	3.00	2
	4.00	3
	5.00	4
	6.00	5
	7.00	6
	8.00	7 days

**Question 17: How much time in total did you usually spend on one of those days doing VIGOROUS intensity physical activities? (Please express in hours and minutes)**

**Q17\_1\_1TotalTimeSpentDoingVIGActivityHOURS**

		Value
Standard Attributes	Position	20
	Label	Q17_1_1 Time spent doing vig activity in one day (hours)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1
	3.00	2
	4.00	3
	5.00	4
	6.00	5
	7.00	6
	8.00	7

9.00	8
10.00	9
11.00	10

**Q17\_1\_2TotalTimeSpentDoingVIGActivityMINUTES**

		Value
Standard Attributes	Position	21
	Label	Q17_1_2 Time spent doing vig activity in one day (mins)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1 - 9
	3.00	10 - 19
	4.00	20 - 29
	5.00	30 - 39
	6.00	40 - 49
	7.00	50 - 59

**Filter - Question 18: During the LAST 7 DAYS, on how many days did you do MODERATE intensity physical activities?**

**Q18DaysMODActiveInLast7**

		Value
Standard Attributes	Position	22
	Label	Q18 Days of mod activity (at least 10 mins) in last 7 days
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0 days
	2.00	1
	3.00	2
	4.00	3
	5.00	4
	6.00	5
	7.00	6
	8.00	7 days

**Question 19: How much time in total did you usually spend on one of those days doing MODERATE intensity physical activities? (Please express in hours and minutes)**

**Q19\_1\_1TotalTimeSpentDoingMODActivityHOURS**

		Value
Standard Attributes	Position	23
	Label	Q19_1_1 Time spent doing mod activity in one day (hours)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1
	3.00	2
	4.00	3
	5.00	4
	6.00	5
	7.00	6
	8.00	7
	9.00	8
	10.00	9
	11.00	10

**Q19\_1\_2TotalTimeSpentDoingMODActivityMINUTES**

		Value
Standard Attributes	Position	24
	Label	Q19_1_2 Time spent doing mod activity in one day (mins)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1 - 9
	3.00	10 - 19
	4.00	20 - 29
	5.00	30 - 39
	6.00	40 - 49
	7.00	50 - 59

**Filter - Question 20: During the LAST 7 DAYS, on how many days did you WALK for AT LEAST 10 MINUTES at a time? This includes at college/uni and at home, walking to travel from place to place, and any other walking that you might do solely for recreation, sport, exercise, or leisure.**

**Q20DaysWALKINGFor10minsInLast7**

		Value
Standard Attributes	Position	25
	Label	Q20 Days of walking (at least 10 mins) in last 7 days
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0 days
	2.00	1
	3.00	2
	4.00	3
	5.00	4
	6.00	5
	7.00	6
	8.00	7 days

**Question 21: How much time in total did you usually spend WALKING on one of those days? (Please express in hours and minutes)**

**Q21\_1\_1TotalTimeSpentWALKINGHOURS**

		Value
Standard Attributes	Position	26
	Label	Q21_1_1 Time spent walking in one day (hours)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1
	3.00	2
	4.00	3
	5.00	4
	6.00	5
	7.00	6
	8.00	7



9.00	8
10.00	9
11.00	10

**Q21\_1\_2TotalTimeSpentWALKINGMINUTES**

		Value
Standard Attributes	Position	27
	Label	Q21_1_2 Time spent walking in one day (mins)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1 - 9
	3.00	10 - 19
	4.00	20 - 29
	5.00	30 - 39
	6.00	40 - 49
	7.00	50 - 59

**Filter - Question 22. During the LAST 7 DAYS, on how many days did you WALK FOR RECREATION (i.e. go out for a walk) for AT LEAST 10 MINUTES in your leisure (or free) time?**

**Q22\_DaysWalkForRec\_Ranges**

		Value
Standard Attributes	Position	28
	Label	Q22 Days of rec. walking (at least 10 mins) in last 7 days
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Days
	1.00	1-3 Days
	2.00	4-5 Days
	3.00	6-7 Days

**Question 23. How much time did you usually spend on one of those days WALKING FOR RECREATION? (Please express in hours and minutes)**

**Q23\_TotalWalkForRec\_Ranges**

		Value
Standard Attributes	Position	29
	Label	Q23 Total time spent rec. walking in one day (ranges)
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0
	1.00	1-60
	2.00	61-120
	3.00	121-180
	4.00	181-240
	5.00	241-300
	6.00	301-360
	7.00	360-420
8.00	>420	

**Question 24: Which of the following best describes your usual walking pace?**

**Q24WalkingPace**

		Value
Standard Attributes	Position	30
	Label	Q24 Best description of usual walking pace
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	A slow pace
	2.00	A steady average pace
	3.00	A fairly brisk pace
	4.00	A fast pace (at least 4mph)

**Filter - Question 25: During the LAST 7 DAYS, on how many days did you CYCLE for AT LEAST 10 MINUTES at a time? (This includes at college/university and at home, cycling to travel from place to place, and any other cycling that you might do solely for recreation, sport, exercise, or leisure).**

**Q25\_DaysCycling\_Ranges**

		Value

Standard Attributes	Position	31
	Label	Q25 Days cycling (at least 10 mins) in last 7 days (range)
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Days
	1.00	1-3 Days
	2.00	4-5 Days
	3.00	6-7 Days

**Question 26: How much time in total did you usually spend CYCLING on one of those days? (Please express in hours and minutes)**

**Q26\_TotalCycling\_Ranges**

		Value
Standard Attributes	Position	32
	Label	Q26 Total time spent cycling in one day (ranges)
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0
	1.00	1-60
	2.00	61-120
	3.00	121-180
	4.00	181-240
	5.00	241-300
	6.00	301-360
	7.00	360-420
8.00	>420	

**Filter - Question 27. How do you usually travel TO college / university? Please choose only one – for the longest part of your journey.**

**Q27TravelToCollege**

		Value
Standard Attributes	Position	33
	Label	Q27 Usual mode of travel TO college/ university
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	By foot
	2.00	Bicycle

3.00	Car
4.00	Bus
5.00	Train, LUAS or DART
6.00	Motorcycle or scooter

If a participant's response was car, bus, train, or motorcycle then they were asked Question 28.

If the participant responded saying they travelled by foot or bicycle then they were asked Question 29.

**Question 28. If you travel by car, bus, train or motorcycle, please give the top 3 reasons why you choose NOT to walk or cycle.**

**Question 28\_1 Too far**

**Q28\_1ReasonForNotWalkCycleTOOFAR**

		Value
Standard Attributes	Position	34
	Label	Q28_1 Too far
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_2 Too long**

**Q28\_2ReasonforNotWalkCycleTOOLONG**

		Value
Standard Attributes	Position	35
	Label	Q28_2 Too long
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_3 Too early**

**Q28\_3ReasonforNotWalkCycleTOOEARLY**

		Value
Standard Attributes	Position	36
	Label	Q28_3 Too early
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_4 Too dangerous**

**Q28\_4ReasonforNotWalkCycleTOODANGEROUS**

		Value
Standard Attributes	Position	37
	Label	Q28_4 Too dangerous
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_5 Not convenient**

**Q28\_5ReasonforNotWalkCycleNOTCONVENIENT**

		Value
Standard Attributes	Position	38
	Label	Q28_5 Not convenient
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_6 No interest**

**Q28\_6ReasonforNotWalkCycleNOINTEREST**

		Value
Standard Attributes	Position	39
	Label	Q28_6 No interest

	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

### Question 28\_7 Bad weather

#### Q28\_7ReasonforNotWalkCycleBADWEATHER

		Value
Standard Attributes	Position	40
	Label	Q28_7 Bad weather
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

### Question 28\_8 No bike available

#### Q28\_8ReasonforNotWalkCycleNOBIKE

		Value
Standard Attributes	Position	41
	Label	Q28_8 No bike available
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

### Question 28\_9 No secure place to lock bike in college/university

#### Q28\_9ReasonforNotWalkCycleNOSECURITYFORBIKE

		Value
Standard Attributes	Position	42
	Label	Q28_9 No secure place to lock bike in college/university
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2

3.00	Reason 3
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**Question 28\_10 Bags are too heavy**

**Q28\_10ReasonforNotWalkCycleBAGSTOOHEAVY**

		Value
Standard Attributes	Position	43
	Label	Q28_10 Bags are too heavy
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_10 Need to drop family members to work/school/childcare**

**Q28\_11ReasonforNotWalkCycleDROPFAMILYOFF**

		Value
Standard Attributes	Position	44
	Label	Q28_11 Need to drop family members to work/school/childcare
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 28\_10 Other**

**Q28\_12ReasonforNotWalkCycleOTHER**

		Value
Standard Attributes	Position	45
	Label	Q28_12 Other
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Physical Activity continued**

**29. How long does your journey TO college / university usually take? (Please express in hours and minutes)**

**Q29\_TotalMinsToCollege\_Ranges**

		Value
Standard Attributes	Position	46
	Label	Q29 Total mins of journey TO college/university (range)
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0
	1.00	1-10
	2.00	11-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-180
	7.00	181-240
	8.00	241-300
9.00	>300	

**Filter - Question 30: During the LAST 7 DAYS, on how many days did you do exercises that may strengthen your muscles, such as pushups, situps, weight lifting or heavy lifting?**

**Q30\_DaysStrengthMs\_Ranges**

		Value
Standard Attributes	Position	47
	Label	Q30 Days of strength training in last 7 days (range)
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Days
	1.00	1-3 Days
	2.00	4-5 Days
	3.00	6-7 Days

**Question 31: How much time did you usually spend on one of those days doing exercises that may strengthen your muscles? (Please express in hours and minutes)**



**Q31\_TotalStrengthMs\_Ranges**

		Value
Standard Attributes	Position	48
	Label	Q31 Total time spent strength training (ranges)
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0
	1.00	1-60
	2.00	61-120
	3.00	121-180
	4.00	181-240
	5.00	241-300
	6.00	301-360
	7.00	360-420
	8.00	>420

**Question 32: Do you think generally you are doing more, less or the same amount of sport and/or recreational physical activity as you did this time last year?**

**Q32ActivityMoreLessSameAsLastYear**

		Value
Standard Attributes	Position	49
	Label	Q32 Activity level more, less or same as last year
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	More
	2.00	Same
	3.00	Less
	4.00	Don't know

**Question 33. Now thinking about the future, over THE NEXT 12 MONTHS, would you like to do more sport or recreational physical activity than you do at the moment?**

**Q33ActivityWantToDoMoreInNext12Months**

		Value
Standard Attributes	Position	50
	Label	Q33 Want to do more activity in the next 12 months

	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No
	3.00	Don't know

**Question 34, Part 1: When you selected your college/university, how important was the college/university's sporting and physical activity opportunities in this decision?**

**Q34\_1ImportanceOfSportAndPAOPPORTUNITIESWhenSelectingCollege**

		Value
Standard Attributes	Position	51
	Label	Q34_1 Importance of sport/physical activity opportunities
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Not important at all
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely important
	11.00	N/A

**Question 34, Part 2: When you selected your college/university, how important was the college/university's sporting and physical activity facilities in this decision?**

**Q34\_2ImportanceOfSportAndPAFACILITIESWhenSelectingCollege**

		Value
Standard Attributes	Position	52
	Label	Q34_2 Importance of sport/physical activity facilities

	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Not important at all
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely important
	11.00	N/A

### Determinants of Physical Activity

**Question 35: For each statement please tick the most appropriate response for you (strongly disagree – strongly agree)**

**Question 35 Part 1 “I have NOT previously read information about the current nationally recommended PA guidelines”**

**Q35\_1Deter\_NOTReadGuide**

		Value
Standard Attributes	Position	53
	Label	Q35_1 Determinant - not read guidance
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly Agree
	2.00	Agree a lot
	3.00	Agree a little
	4.00	Neither agree or disagree
	5.00	Disagree a little
	6.00	Disagree a lot
	7.00	Strongly disagree

**Question 35 Part 2 “There is NO WHERE to do physical activity near me”**

**Q35\_2Deter\_NOWHEREtoDoPA**

		Value
Standard Attributes	Position	54
	Label	Q35_2 Determinant - nowhere to do physical activity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly Agree
	2.00	Agree a lot
	3.00	Agree a little
	4.00	Neither agree or disagree
	5.00	Disagree a little
	6.00	Disagree a lot
	7.00	Strongly disagree

**Question 35 Part 3 “I feel motivated to do physical activity”**

**Q35\_3DeterminantsMOTIVATEDToDoPA**

		Value
Standard Attributes	Position	55
	Label	Q35_3 Determinant - feel motivated to do physical activity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly disagree
	2.00	Disagree a lot
	3.00	Disagree a little
	4.00	Neither agree or disagree
	5.00	Agree a little
	6.00	Agree a lot
	7.00	Strongly agree

**Question 35 Part 4 “I DO NOT feel confident when doing physical activity”**

**Q35\_4Deter\_NOTconfidentDoingPA**

		Value

Standard Attributes	Position	56
	Label	Q35_4 Determinant - not confident doing physical activity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly Agree
	2.00	Agree a lot
	3.00	Agree a little
	4.00	Neither agree or disagree
	5.00	Disagree a little
	6.00	Disagree a lot
	7.00	Strongly disagree

**Question 35 Part 5 “I don't seem to have the skills to keep going in physical activity sessions”**

**Q35\_5Deter\_DONThaveSkills**

		Value
Standard Attributes	Position	57
	Label	Q35_5 Determinant - don't have the skills
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly Agree
	2.00	Agree a lot
	3.00	Agree a little
	4.00	Neither agree or disagree
	5.00	Disagree a little
	6.00	Disagree a lot
	7.00	Strongly disagree

**Question 35 Part 6 “I have many negative emotions which prevent me from doing physical activity”**

**Q35\_6Deter\_NegEmotions**

		Value
Standard Attributes	Position	58
	Label	Q35_6 Determinant - many negative emotions
	Type	Numeric

	Measurement	Nominal
Valid Values	1.00	Strongly Agree
	2.00	Agree a lot
	3.00	Agree a little
	4.00	Neither agree or disagree
	5.00	Disagree a little
	6.00	Disagree a lot
	7.00	Strongly disagree

**Question 35 Part 7 “I DO NOT have anyone to do physical activity with”**

**Q35\_7Deter\_DontHaveAnyoneToDoPA**

		Value
Standard Attributes	Position	59
	Label	Q35_7 Determinant - no one to do physical activity with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly Agree
	2.00	Agree a lot
	3.00	Agree a little
	4.00	Neither agree or disagree
	5.00	Disagree a little
	6.00	Disagree a lot
	7.00	Strongly disagree

**Question 35 Part 8 “I think physical activity will change my life for the better”**

**Q35\_8DeterminantsPAWillChangeMyLifeForBetter**

		Value
Standard Attributes	Position	60
	Label	Q35_8 Determinant - activity will change my life for better
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly disagree
	2.00	Disagree a lot
	3.00	Disagree a little

4.00	Neither agree or disagree
5.00	Agree a little
6.00	Agree a lot
7.00	Strongly agree

**Question 35 Part 9 “I tend to plan how my physical activity will happen (e.g. how to get there, kit needed etc)”**

**Q35\_9DeterminantsPLANHowPAWillHappen**

		Value
Standard Attributes	Position	61
	Label	Q35_9 Determinant - tend to plan how activity happens
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly disagree
	2.00	Disagree a lot
	3.00	Disagree a little
	4.00	Neither agree or disagree
	5.00	Agree a little
	6.00	Agree a lot
	7.00	Strongly agree

**Question 35 Part 10 “I always work around obstacles to physical activity; nothing really stops me”**

**Q35\_10DeterminantsWORKAroundObstaclesToPA**

		Value
Standard Attributes	Position	62
	Label	Q35_10 Determinant - always work around obstacles
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly disagree
	2.00	Disagree a lot
	3.00	Disagree a little
	4.00	Neither agree or disagree
	5.00	Agree a little

6.00	Agree a lot
7.00	Strongly agree

**Question 35 Part 11 “I would be prepared to give up things I usually do in my leisure time for physical activity”**

**Q35\_11DeterminantsPreparedToGiveUpThingsForPA**

		Value
Standard Attributes	Position	63
	Label	Q35_11_Determinant - prepared to give up things for activity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Strongly disagree
	2.00	Disagree a lot
	3.00	Disagree a little
	4.00	Neither agree or disagree
	5.00	Agree a little
	6.00	Agree a lot
	7.00	Strongly agree

**Filter - Question 36: So during the LAST 4 WEEKS, have you done any sports voluntary work?**

**Q36VOLUNTARYWorkInLast4Weeks**

		Value
Standard Attributes	Position	64
	Label	Q36 Any sports voluntary work during the last 4 weeks
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No
	3.00	Don't know



**Question 37: During the last 4 weeks, have you done any of the following activities on a voluntary basis without receiving any payment except to cover expenses? (Indicate number of hours per week for all that apply)**

**Question 37, Part 1: Coached an individual or team(s) in a sport or recreational physical activity (at college/university)**

**Q37\_1\_1Voluntary\_CoachedINCollege**

		Value
Standard Attributes	Position	65
	Label	Q37_1_1 Voluntary coached at college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours
	7.00	>40 Hours

**Question 37, Part 1: Coached an individual or team(s) in a sport or recreational physical activity (outside college/university)**

**Q37\_1\_2Voluntary\_CoachedOUTCollege**

		Value
Standard Attributes	Position	66
	Label	Q37_1_2 Voluntary coached outside college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours

6.00	31-40 Hours
7.00	>40 Hours

**Question 37, Part 2: Refereed, umpired, or officiated at a sports match or competition (at college/university)**

**Q37\_2\_1Voluntary\_RefINCollege**

		Value
Standard Attributes	Position	67
	Label	Q37_2_1 Voluntary refereed at college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours
	7.00	>40 Hours

**Question 37, Part 2: Refereed, umpired, or officiated at a sports match or competition (outside college/university)**

**Q37\_2\_2Voluntary\_RefOUTCollege**

		Value
Standard Attributes	Position	68
	Label	Q37_2_2 Voluntary refereed outside college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours

7.00	>40 Hours
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**Question 37, Part 3: Performed an administrative or organisational role for a sports club, organisation or event (e.g. chair, secretary, fixture secretary, committee member, club captain, event organiser, etc) (at college/university)**

**Q37\_3\_1Voluntary\_AdminINCollege**

		Value
Standard Attributes	Position	69
	Label	Q37_3_1 Voluntary administration in college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours
	7.00	>40 Hours

**Question 37, Part 3: Performed an administrative or organisational role for a sports club, organisation or event (e.g. chair, secretary, fixture secretary, committee member, club captain, event organiser, etc) (outside college/university)**

**Q37\_3\_2Voluntary\_AdminOUTCollege**

		Value
Standard Attributes	Position	70
	Label	Q37_3_2 Voluntary administration outside college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours

3.00	11-15 Hours
4.00	16-20 Hours
5.00	21-30 Hours
6.00	31-40 Hours
7.00	>40 Hours

**Question 37, Part 4: Raised funds for a sports club or sport (at college/university)**

**Q37\_4\_1Voluntary\_RaisedFundsINcollege**

		Value
Standard Attributes	Position	71
	Label	Q37_4_1 Voluntary raised funds in college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours
	7.00	>40 Hours

**Question 37, Part 4: Raised funds for a sports club or sport (outside college/university)**

**Q37\_4\_2Voluntary\_RaisedFundsOUTcollege**

		Value
Standard Attributes	Position	72
	Label	Q37_4_2 Voluntary raised funds outside college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours

3.00	11-15 Hours
4.00	16-20 Hours
5.00	21-30 Hours
6.00	31-40 Hours
7.00	>40 Hours

**Question 37, Part 5: Provided transport which helps children or adults take part in a sport (other than family members) (at college/university)**

**Q37\_5\_1Voluntary\_TransportINcollege**

		Value
Standard Attributes	Position	73
	Label	Q37_5_1 Voluntary transport in college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours
	7.00	>40 Hours

**Question 37, Part 5: Provided transport which helps children or adults take part in a sport (other than family members) (outside college/university)**

**Q37\_5\_2Voluntary\_TransportOUTcollege**

		Value
Standard Attributes	Position	74
	Label	Q37_5_2 Voluntary transport outside college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours

4.00	16-20 Hours
5.00	21-30 Hours
6.00	31-40 Hours
7.00	>40 Hours

**Question 37, Part 6: Provided any other practical help for a sport or recreational physical activity, such as stewarding; helping with sports kit or equipment, or first aid, etc (at college/university)**

**Q37\_6\_1Voluntary\_OtherINcollege**

		Value
Standard Attributes	Position	75
	Label	Q37_6_1 Voluntary other in college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours
	2.00	6-10 Hours
	3.00	11-15 Hours
	4.00	16-20 Hours
	5.00	21-30 Hours
	6.00	31-40 Hours
	7.00	>40 Hours

**Question 37, Part 6: Provided any other practical help for a sport or recreational physical activity, such as stewarding; helping with sports kit or equipment, or first aid, etc (outside college/university)**

**Q37\_6\_2Voluntary\_OtherOUTcollege**

		Value
Standard Attributes	Position	76
	Label	Q37_6_2 Voluntary other outside college/university
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	0 Hours
	1.00	1-5 Hours

2.00	6-10 Hours
3.00	11-15 Hours
4.00	16-20 Hours
5.00	21-30 Hours
6.00	31-40 Hours
7.00	>40 Hours

**Filter - Question 38. Thinking about the LAST 4 WEEKS have you received formal coaching or instruction to improve your performance in any sport or recreational activities? (do not include informal coaching for example from family members or friends)**

**Q38COACHINGInLast4Weeks**

		Value
Standard Attributes	Position	77
	Label	Q38 Formal coaching or instruction to improve performance
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No
	3.00	Don't know

**Question 39: Thinking about the tuition you received from an instructor or coach, did you receive this...**

**Q39\_Coaching\_Combined**

		Value
Standard Attributes	Position	78
	Label	Q39_1 Source of tuition from instructor or coach
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Fitness Facility
	2.00	Outside Sports Club
	3.00	Outside Health Fitness Facility
	4.00	Private Instructor
	5.00	Don't Know
	6.00	Other

**Question 39: Other (please specify)**

**Q39\_Other\_COACHINGOtherstring**

		Value
Standard Attributes	Position	79
	Label	Q39_2 Other sources of tuition from instructor or coach
	Type	String
	Measurement	Nominal

**S1 Sport & Physical Activity Participation**

**Filter – Question 40: Thinking about THE LAST 4 WEEKS did you do any sporting or recreational physical activity?**

**Q40\_Filter\_SportPAInLast4Weeks**

		Value
Standard Attributes	Position	80
	Label	Q40 Sport or recreational physical activity (last 4 weeks)
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	NOT PARTICIPATED in any sport or PA
	2.00	ONLY through college/university
	3.00	ONLY through OUTSIDE orgs and facilities
	4.00	BOTH through college / university AND outside

\*Full values

1.00 I have NOT PARTICIPATED in any sport or physical activity either within or outside of my college / university

2.00 My participation was ONLY through my university or on my college / university site

3.00 My participation was ONLY through organisations and facilities NOT CONNECTED to my college / university

4.00 My participation was BOTH through college / university AND non college / university provision

**Question 41: MAIN sports / activities (no more than 5) in which you have participated OVER THE LAST 4 WEEKS?**

**Question 41, Part 1: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**



## Choose sport

Q41\_1\_1\_s1\_SportPA1

		Value
Standard Attributes	Position	81
	Label	Q41_1_1_S1 Main sport/ physical activity 1
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
	27.00	Hill Walking

28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfbal
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 42, Part 2: S1 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q42\_1\_1\_s1\_SportPA2**

		Value
Standard Attributes	Position	82
	Label	Q42_1_1_S1 Main sport/ physical activity 2
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
	27.00	Hill Walking
	28.00	Hockey
	29.00	Judo

30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 43, Part 3: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q43\_1\_1\_s1\_SportPA3**

		Value
Standard Attributes	Position	83
	Label	Q43_1_1_S1 Main sport/ physical activity 3
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
	27.00	Hill Walking
	28.00	Hockey
	29.00	Judo
	30.00	Karate
	31.00	Korfball

33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 44, Part 4: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q44\_1\_1\_s1\_SportPA4**

		Value
Standard Attributes	Position	84

Labeled Values	Label	Q44_1_1_S1 Main sport/ physical activity 4
	Type	Numeric
	Measurement	Scale
	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
	27.00	Hill Walking
	28.00	Hockey
	29.00	Judo
	30.00	Karate
	31.00	Korfball
	33.00	Motor Cycling
	34.00	Motor Sports

35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 45, Part 5: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q45\_1\_1\_s1\_SportPA5**

		Value
Standard Attributes	Position	85
	Label	Q45_1_1_S1 Main sport/ physical activity 5
	Type	Numeric



Labeled Values	Measurement	Scale
	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
	27.00	Hill Walking
	28.00	Hockey
	29.00	Judo
	30.00	Karate
	31.00	Korfball
	33.00	Motor Cycling
	34.00	Motor Sports
	35.00	Mountaineering
	36.00	Netball

37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 41, Part 2: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q41\_1\_2\_s1\_Sport1FreqRange**

		Value
Standard Attributes	Position	86
	Label	Q41_1_2_s1 Sport/ physical activity 1 frequency per week
	Type	Numeric
	Measurement	Nominal

Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 42, Part 2: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q42\_1\_2\_s1\_Sport2FreqRange**

		Value
Standard Attributes	Position	87
	Label	Q42_1_2_s1 Sport/ physical activity 2 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 43, Part 2: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q43\_1\_2\_s1\_Sport3FreqRange**

		Value
Standard Attributes	Position	88
	Label	Q43_1_2_s1 Sport/ physical activity 3 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 44, Part 2: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q44\_1\_2\_s1\_Sport4FreqRange**

		Value
Standard Attributes	Position	89
	Label	Q44_1_2_s1 Sport/ physical activity 4 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 45, Part 2: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q45\_1\_2\_s1\_Sport5FreqRange**

		Value
Standard Attributes	Position	90
	Label	Q45_1_2_s1 Sport/ physical activity 5 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 41, Part 3: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q41\_1\_3\_s1\_Sport1Duration**

		Value
Standard Attributes	Position	91
	Label	Q41_1_3_s1 Sport/ physical activity 1 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 42, Part 3: S1 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q42\_1\_3\_s1\_Sport2Duration**

		Value
Standard Attributes	Position	92
	Label	Q42_1_3_s1 Sport/ physical activity 2 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 43, Part 3: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q43\_1\_3\_s1\_Sport3Duration**

		Value
Standard Attributes	Position	93
	Label	Q43_1_3_s1 Sport/ physical activity 3 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 44, Part 3: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q44\_1\_3\_s1\_Sport4Duration**

		Value
Standard Attributes	Position	94

Label	Q44_1_3_s1 Sport/ physical activity 4 duration (minutes)
Type	Numeric
Measurement	Nominal

**Question 45, Part 3: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q45\_1\_3\_s1\_Sport5Duration**

		Value
Standard Attributes	Position	95
	Label	Q45_1_3_s1 Sport/ physical activity 5 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 41, Part 4: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q41\_1\_4s1SportPA1Intensity**

		Value
Standard Attributes	Position	96
	Label	Q41_1_4_s1 Sport/ physical activity 1 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 42, Part 4: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q42\_1\_4s1SportPA2Intensity**

		Value
Standard Attributes	Position	97
	Label	Q42_1_4_s1 Sport/ physical activity 2 level of Intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 43, Part 4: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q43\_1\_4s1SportPA3Intensity**

		Value
Standard Attributes	Position	98
	Label	Q43_1_4_s1 Sport/ physical activity 3 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 44, Part 4: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q44\_1\_4s1SportPA4Intensity**

		Value
Standard Attributes	Position	99
	Label	Q44_1_4_s1 Sport/ physical activity 4 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity

2.00	Moderate Intensity
3.00	Vigorous Intensity

**Question 45, Part 4: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q45\_1\_4s1SportPA5Intensity**

		Value
Standard Attributes	Position	100
	Label	Q45_1_4_s1 Sport/ physical activity 5 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 41, Part 5: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Standard**

**Q41\_1\_5s1SportPA1Standard**

		Value
Standard Attributes	Position	101
	Label	Q41_1_5_s1 Sport / physical activity 1 standard
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (national, regional, international level)

**Question 42, Part 5: S1 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Standard**



**Q42\_1\_5s1SportPA2Standard**

		Value
Standard Attributes	Position	102
	Label	Q42_1_5_s1 Sport / physical activity 2 standard
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (national, regional, international level)

**Question 43, Part 5: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Standard**

**Q43\_1\_5s1SportPA3Standard**

		Value
Standard Attributes	Position	103
	Label	Q43_1_5_s1 Sport / physical activity 3 standard
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (national, regional, international level)

**Question 44, Part 5: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Standard**

**Q44\_1\_5s1SportPA4Standard**

		Value
Standard Attributes	Position	104
	Label	Q44_1_5_s1 Sport / physical activity 4 standard
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Basic (recreation, recreational physical activity events)

2.00	Competitive (competitive club level)
3.00	Elite (national, regional, international level)

**Question 45, Part 5: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Standard**

**Q45\_1\_5s1SportPA5Standard**

		Value
Standard Attributes	Position	105
	Label	Q45_1_5_s1 Sport / physical activity 5 standard
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (national, regional, international level)

**Question 41, Part 6: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Played/participated inside or outside college / university**

**Q41\_1\_6s1SportPA1InsideOrOutsideCollege**

		Value
Standard Attributes	Position	106
	Label	Q41_1_6_s1 Sport / physical activity 1 in or out of college
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Inside college/university
	2.00	Outside college/university
	3.00	Both

**Question 42, Part 6: S1 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Played/participated inside or outside college / university**

**Q42\_1\_6s1SportPA2InsideOrOutsideCollege**

		Value
Standard Attributes	Position	107
	Label	Q42_1_6_s1 Sport / physical activity 2 in or out of college
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Inside college/university
	2.00	Outside college/university
	3.00	Both

**Question 43, Part 6: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Played/participated inside or outside college / university**

**Q43\_1\_6s1SportPA3InsideOrOutsideCollege**

		Value
Standard Attributes	Position	108
	Label	Q43_1_6_s1 Sport / physical activity 3 in or out of college
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Inside college/university
	2.00	Outside college/university
	3.00	Both

**Question 44, Part 6: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Played/participated inside or outside college / university**

**Q44\_1\_6s1SportPA4InsideOrOutsideCollege**

		Value
Standard Attributes	Position	109
	Label	Q44_1_6_s1 Sport / physical activity 4 in or out of college
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Inside college/university

2.00	Outside college/university
3.00	Both

**Question 45, Part 6: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Played/participated inside or outside college / university**

**Q45\_1\_6s1SportPA5InsideOrOutsideCollege**

		Value
Standard Attributes	Position	110
	Label	Q45_1_6_s1 Sport / physical activity 5 in or out of college
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Inside college/university
	2.00	Outside college/university
	3.00	Both

**Question 41, Part 7: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Member of college / university club or external club**

**Q41\_1\_7s1SportPA1ClubMembership**

		Value
Standard Attributes	Position	111
	Label	Q41_1_7_s1 Sport / physical activity 1 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	College/Uni club member
	2.00	External club member
	3.00	Both

**Question 42, Part 7: S1 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Member of college / university club or external club**

**Q42\_1\_7s1SportPA2ClubMembership**

		Value
Standard Attributes	Position	112
	Label	Q42_1_7_s1 Sport / physical activity 2 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	College/Uni club member
	2.00	External club member
	3.00	Both

**Question 43, Part 7: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Member of college / university club or external club**

**Q43\_1\_7s1SportPA3ClubMembership**

		Value
Standard Attributes	Position	113
	Label	Q43_1_7_s1 Sport / physical activity 3 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	College/Uni club member
	2.00	External club member
	3.00	Both

**Question 44, Part 7: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Member of college / university club or external club**

**Q44\_1\_7s1SportPA4ClubMembership**

		Value
Standard Attributes	Position	114
	Label	Q44_1_7_s1 Sport / physical activity 4 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	College/Uni club member

2.00	External club member
3.00	Both

**Question 45, Part 7: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Member of college / university club or external club**

**Q45\_1\_7s1SportPA5ClubMembership**

		Value
Standard Attributes	Position	115
	Label	Q45_1_7_s1 Sport / physical activity 5 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	College/Uni club member
	2.00	External club member
	3.00	Both

**Question 41, Part 8: S1 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q41\_1\_8s1SportPA1Participation**

		Value
Standard Attributes	Position	116
	Label	Q41_1_8_s1 Sport / physical activity 1 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 42, Part 8: S1 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q42\_1\_8s1SportPA2Participation**

		Value
Standard Attributes	Position	117
	Label	Q42_1_8_s1 Sport / physical activity 2 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 43, Part 8: S1 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q43\_1\_8s1SportPA3Participation**

		Value
Standard Attributes	Position	118
	Label	Q43_1_8_s1 Sport / physical activity 3 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 44, Part 8: S1 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q44\_1\_8s1SportPA4Participation**

		Value
Standard Attributes	Position	119
	Label	Q44_1_8_s1 Sport / physical activity 4 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own

2.00	Participate predominantly with friends
3.00	Both on your own and with friends

**Question 45, Part 8: S1 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q45\_1\_8s1SportPA5Participation**

		Value
Standard Attributes	Position	120
	Label	Q45_1_8_s1 Sport / physical activity 5 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 46. Please rank the top 5 reasons you participate in sport/physical activity (1=most important for you; 2=next most important etc)**

**Question 46, Part 1: To improve your health**

**Q46\_1s1ReasonsforParticipationImproveHealth**

		Value
Standard Attributes	Position	121
	Label	Q46_1_s1 Participate to improve health
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 2: To improve your physical appearance**

**Q46\_2s1ReasonsforParticipationImprovePhysicalAppearance**

		Value



Standard Attributes	Position	122
	Label	Q46_2_s1 Participate to improve physical appearance
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 46, Part 3: To counteract the effects of ageing

#### Q46\_3s1ReasonsforParticipationConteratcAgeing

		Value
Standard Attributes	Position	123
	Label	Q46_3_s1 Participate to counteract the effects of ageing
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 46, Part 4: To have fun

#### Q46\_4s1ReasonsforParticipationHaveFun

		Value
Standard Attributes	Position	124
	Label	Q46_4_s1 Participate to have fun
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4

5.00	Rank 5
------	--------

**Question 46, Part 5: To relax**

**Q46\_5s1ReasonsforParticipationRelax**

		Value
Standard Attributes	Position	125
	Label	Q46_5_s1 Participate to relax
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 6: To be with friends**

**Q46\_6s1ReasonsforParticipationBeWithFriends**

		Value
Standard Attributes	Position	126
	Label	Q46_6_s1 Participate to be with friends
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 7: To make new acquaintances**

**Q46\_7s1ReasonsforParticipationNewAcquaintances**

		Value
Standard Attributes	Position	127
	Label	Q46_7_s1 Participate to make new acquaintances

	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 46, Part 8: To meet people from other cultures

#### Q46\_8s1ReasonsforParticipationMeetOtherCultures

		Value
Standard Attributes	Position	128
	Label	Q46_8_s1 Participate to meet people from other cultures
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 46, Part 9: To improve physical performance

#### Q46\_9s1ReasonsforParticipationImprovePerformance

		Value
Standard Attributes	Position	129
	Label	Q46_9_s1 Participate to improve physical performance
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 10: To improve fitness**

**Q46\_10s1ReasonsforParticipationImproveFitness**

		Value
Standard Attributes	Position	130
	Label	Q46_10_s1 Participate to improve fitness
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 11: To control your weight**

**Q46\_11s1ReasonsforParticipationControlWeight**

		Value
Standard Attributes	Position	131
	Label	Q46_11_s1 Participate to control weight
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 12: To improve your self-esteem**

**Q46\_12s1ReasonsforParticipationSelfEsteem**

		Value
Standard Attributes	Position	132
	Label	Q46_12_s1 Participate to improve self-esteem
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2

	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 13: To develop new skills**

**Q46\_13s1ReasonsforParticipationNewSkills**

		Value
Standard Attributes	Position	133
	Label	Q46_13_s1 Participate to develop new skills
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 14: For the spirit of competition**

**Q46\_14s1ReasonsforParticipationCompetition**

		Value
Standard Attributes	Position	134
	Label	Q46_14_s1 Participate for the spirit of competition
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 46, Part 15: To better integrate into society**

**Q46\_15s1ReasonsforParticipationIntegrate**

		Value
Standard Attributes	Position	135

	Label	Q46_15_s1 Participate to better integrate into society
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 46, Part 16: Don't Know

#### Q46\_16s1ReasonsforParticipationDontKnow

		Value
Standard Attributes	Position	136
	Label	Q46_16_s1 Participate Don't Know
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 46, Part 17: Other

#### Q46\_17s1ReasonsforParticipationOther

		Value
Standard Attributes	Position	137
	Label	Q46_17_s1 Participate Other
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

## S1 Sport & Physical Activity Provision Satisfaction

**Question 47: For each of the items below please rate your satisfaction with the provision for sport and physical activity by your university/college:**  
**Question 47, Part 1: Facilities and playing environment**

**Q47\_1s1SatisfactionPlayingEnvironment**

		Value
Standard Attributes	Position	138
	Label	Q47_1_s1 Satisfaction - facilities and playing environment
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 2: People and staff organising sport and physical activity**

**Q47\_2s1SatisfactionPeopleandStaff**

		Value
Standard Attributes	Position	139
	Label	Q47_2_s1 Satisfaction - people and staff organising sport
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5

6.00	6
7.00	7
8.00	8
9.00	9
10.00	10 Extremely satisfied
11.00	N/A

**Question 47, Part 3: Ease of participating in college / university sport and physical activity**

**Q47\_3s1SatisfactionEaseOfParticipation**

		Value
Standard Attributes	Position	140
	Label	Q47_3_s1 Satisfaction - ease of participating
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 4: Opportunities to get sufficient exercise and improve fitness**

**Q47\_4s1SatisfactionOpportunitiesForExercise**

		Value
Standard Attributes	Position	141
	Label	Q47_4_s1 Satisfaction - opportunities for sufficient exercise
	Type	Numeric
	Measurement	Nominal



Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 5: Opportunities to socialise and feel part of a group or team**

**Q47\_5s1SatisfactionOpportunitiesToSocialise**

		Value
Standard Attributes	Position	142
	Label	Q47_5_s1 Satisfaction - opportunities to socialise
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 6: The Coaching and Instruction available in my sport and physical activity in college/university**

**Q47\_6s1SatisfactionCoaching**

		Value
Standard Attributes	Position	143

	Label	Q47_6_s1 Satisfaction - coaching and Instruction available
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 7: The value for money I get from the college/university Club membership/fees**

**Q47\_7s1SatisfactionMembershipFeeValue**

		Value
Standard Attributes	Position	144
	Label	Q47_7_s1 Satisfaction - value for money from membership/fees
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 8: The value for money I get from the charges for use of college/university sport and physical activity facilities and services**

**Q47\_8s1SatisfactionChargesValue**

		Value
Standard Attributes	Position	145
	Label	Q47_8_s1 Satisfaction - value for money from charges for use
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Question 47, Part 9: Overall satisfaction with sport/exercise provision**

**Q47\_9s1SatisfactionOverall**

		Value
Standard Attributes	Position	146
	Label	Q47_9_s1 Overall satisfaction with sport/exercise provision
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7

8.00	8
9.00	9
10.00	10 Extremely satisfied
11.00	N/A

### S1 Take up of sport

**Filter – Question 48: Since you have begun to study in college / university, have you taken up any new sports or physical activities?**

#### Q48s1NewSportPATakeUp

		Value
Standard Attributes	Position	147
	Label	Q48_s1 New sports/ physical activities since starting study
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 49: Please indicate the sports or physical activities (max 5) you have taken up since you have begun to study in college / university.**

### Question 49, Part 1: New Sport 1

#### Q49\_S1\_NewSport1

		Value
Standard Attributes	Position	148
	Label	Q49_S1 New Sport 1
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket

11.00	Cycling
12.00	Dance
13.00	Darts
14.00	Exercise to Music (including spin and zumba)
15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash

48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 49, Part 1: New Sport 2**

**Q49\_S1\_NewSport2**

		Value
Standard Attributes	Position	149
	Label	Q49_S1 New Sport 2
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)

15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis

52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

### Question 49, Part 1: New Sport 3

#### Q49\_S1\_NewSport3

		Value
Standard Attributes	Position	150
	Label	Q49_S1 New Sport 3
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)



17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon

55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

### Question 49, Part 1: New Sport 4

#### Q49\_S1\_NewSport4

		Value
Standard Attributes	Position	151
	Label	Q49_S1 New Sport 4
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)

20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking

59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

### Question 49, Part 1: New Sport 5

#### Q49\_S1\_NewSport5

		Value
Standard Attributes	Position	152
	Label	Q49_S1 New Sport 5
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
21.00	Gaelic Football	
22.00	Hurling	
23.00	Camogie	

24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 49, Part 2: New sport 1 within / Outside College / University**

**Q49\_1\_2s1NewSportPA1InOutCollege**

		Value
Standard Attributes	Position	153
	Label	Q49_1_2_s1 New sport 1 inside or outside College/ University
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Within College / University
	2.00	Outside College / University
	3.00	Both within and outside College / University

**Question 49, Part 2: New sport 2 within / Outside College / University**

**Q49\_2\_2s1NewSportPA2InOutCollege**

		Value
Standard Attributes	Position	154
	Label	Q49_2_2_s1 New sport 2 inside or outside College/ University
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Within College / University
	2.00	Outside College / University
	3.00	Both within and outside College / University

**Question 49, Part 2: New sport 3 within / Outside College / University**

**Q49\_3\_2s1NewSportPA3InOutCollege**

		Value
Standard Attributes	Position	155
	Label	Q49_3_2_s1 New sport 3 inside or outside College/ University
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Within College / University
	2.00	Outside College / University
	3.00	Both within and outside College / University

### Question 49, Part 2: New sport 4 within / Outside College / University

**Q49\_4\_2s1NewSportPA4InOutCollege**

		Value
Standard Attributes	Position	156
	Label	Q49_4_2_s1 New sport 4 inside or outside College/ University
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Within College / University
	2.00	Outside College / University
	3.00	Both within and outside College / University

### Question 49, Part 2: New sport 5 within / Outside College / University

**Q49\_5\_2s1NewSportPA5InOutCollege**

		Value
Standard Attributes	Position	157
	Label	Q49_5_2_s1 New sport 5 inside or outside College/ University
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Within College / University
	2.00	Outside College / University
	3.00	Both within and outside College / University

### S1 Sporting Level Filter

**Filter – Question 50: What is the highest standard that you have achieved in a sport / activity in which you are CURRENTLY participating?**

**Q50\_Filter\_S1\_HighestStandardInCurrentSport**

		Value
Standard Attributes	Position	158
	Label	Q50_s1 Highest standard achieved in current sport
	Type	Numeric
	Measurement	Nominal

Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)
	4.00	N/A

\* Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

4.00 N/A

## S2 Sport & Physical Activity Participation

**Question 51: 51. You participate in sport and/or physical activity but not through your university. Please outline your top 3 reasons for not participating through your college/university?**

**(1=most dominant reason; 2=next most dominant reason etc)**

**Question 51, Part 1: Already involved in a club prior to coming to college / university**

### Q51\_1s2ReasonForNotParticipInCollegeALREADYINOUTSIDECLUB

		Value
Standard Attributes	Position	159
	Label	Q51_1_s2 Already involved in a club prior
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 2: College/University sport/physical activity does not offer me the appropriate activities or opportunities**

### Q51\_2s2ReasonForNotParticipInCollegeACTIVITIESNOTAPPROPRIATE

		Value
Standard Attributes	Position	160



	Label	Q51_2_s2 Does not offer appropriate activities/opportunities
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 3: College/University sport/physical activity does not offer me the right level of coaching**

**Q51\_3s2ReasonForNotParticipInCollegeCOACHINGNOTATRIGHTLEVEL**

		Value
Standard Attributes	Position	161
	Label	Q51_3_s2 Does not offer right level of coaching
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 4: College/University sport/physical activity does not offer me the right social outlet**

**Q51\_4s2ReasonForNotParticipInCollegeSOCIALOUTLETNOTRIGHT**

		Value
Standard Attributes	Position	162
	Label	Q51_4_s2 Does not offer me the right social outlet
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 5: College/University sport/physical activity does not offer sport of an informal/non-competitive nature**

**Q51\_5s2ReasonForNotParticipInCollegeNONONCOMPETITIVEPARTICIP**

		Value
Standard Attributes	Position	163
	Label	Q51_5_s2 Does not offer informal/non-competitive nature
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 6: College/University sport/physical activity does make me feel welcome by the people who organise of run the activity**

**Q51\_6s2ReasonForNotParticipInCollegeNOTWELCOME**

		Value
Standard Attributes	Position	164
	Label	Q51_6_s2 Does not make me feel welcome (organisers)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 7: College/University provision is more expensive**

**Q51\_7s2ReasonForNotParticipInCollegeEXPENSIVE**

		Value
Standard Attributes	Position	165
	Label	Q51_7_s2 Provision is more expensive
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 8: It is not as convenient to go to college/university than to other local facilities in terms of balancing my other commitments such as work, family or study**

**Q51\_8s2ReasonForNotParticipInCollegeNOTCONVENIENT**

		Value
Standard Attributes	Position	166
	Label	Q51_8_s2 Not as convenient as other local facilities
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 9: It is not as easy to get involved in college/university sport/physical activity**

**Q51\_9s2ReasonForNotParticipInCollegeNOTEASYTOGETINVOLVED**

		Value
Standard Attributes	Position	167
	Label	Q51_9_s2 Not as easy to get involved
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 10: It is not easy to make a booking to participate in sport/physical activity at my college/university**

**Q51\_10s2ReasonForNotParticipInCollegeNOTEASYTOMAKEBOOKING**

		Value
Standard Attributes	Position	168
	Label	Q51_10_s2 Not easy to make a booking
	Type	Numeric
	Measurement	Scale

Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 11: College/University facilities are not to my satisfaction in terms of quality**

**Q51\_11s2ReasonForNotParticipInCollegeQUALITYNOTTOMYSATISFACTION**

		Value
Standard Attributes	Position	169
	Label	Q51_11_s2 Facilities not to my satisfaction (quality)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 12: College/University facilities are not to my satisfaction in terms of cleanliness**

**Q51\_12s2ReasonForNotParticipInCollegeCLEANNOTTOSATISFACTION**

		Value
Standard Attributes	Position	170
	Label	Q51_12_s2 Facilities not to my satisfaction (cleanliness)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 13: Don't Know**

**Q51\_13s2ReasonForNotParticipInCollegeDONTKNOW**

		Value
Standard Attributes	Position	171
	Label	Q51_13_s2 Don't know

	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 51, Part 14: Other**

**Q51\_14s2ReasonForNotParticipInCollegeOTHER**

		Value
Standard Attributes	Position	172
	Label	Q51_14_s2 Other
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 52: What could your college/university do to encourage you to take up sport or physical activity at your college/university?**

**Line 1 (write in)**

**Q52\_1s2HowCollegeEncourageToTakeUpPA1**

		Value
Standard Attributes	Position	173
	Label	Q52_1_s2_1 How college/university could encourage uptake 1
	Type	String
	Measurement	Nominal

**Line 2 (write in)**

**Q52\_2s2HowCollegeEncourageToTakeUpPA2**

		Value
Standard Attributes	Position	174
	Label	Q52_2_s2_2 How college/university could encourage uptake 2
	Type	String
	Measurement	Nominal

**Line 3 (write in)**

**Q52\_3s2HowCollegeEncourageToTakeUpPA3**

		Value
Standard Attributes	Position	175
	Label	Q52_3_s2_3 How college/university could encourage uptake 3
	Type	String
	Measurement	Nominal

**S2 Sport & Physical Activity Participation**

List the MAIN sports / activities (no more than 5) in which you have participated, OUTSIDE of college / university, OVER THE LAST 4 WEEKS?

**Question 53, Part 1: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q53\_S2\_SportPA1**

		Value
Standard Attributes	Position	176
	Label	Q53_S2 Main sport/ physical activity 1 (outside college/uni)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts

14.00	Exercise to Music (including spin and zumba)
15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming

51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 54, Part 1: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q54\_S2\_SportPA2**

		Value
Standard Attributes	Position	177
	Label	Q54_S2 Main sport/ physical activity 2 (outside college/uni)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)



15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis

52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 55, Part 1: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q55\_S2\_SportPA3**

		Value
Standard Attributes	Position	178
	Label	Q55_S2 Main sport/ physical activity 3 (outside college/uni)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)

15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis

52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 56, Part 1: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q56\_S2\_SportPA4**

		Value
Standard Attributes	Position	179
	Label	Q56_S2 Main sport/ physical activity 4 (outside college/uni)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)

15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis

52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 57, Part 1: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Choose sport**

**Q57\_S2\_SportPA5**

		Value
Standard Attributes	Position	180
	Label	Q57_S2 Main sport/ physical activity 5 (outside college/uni)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)

16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do

53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 53, Part 2: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q53\_1\_2\_s2\_Sport1FreqRange**

		Value
Standard Attributes	Position	181
	Label	Q53_1_2_s2 Sport/ physical activity 1 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 54, Part 2: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q54\_1\_2\_s2\_Sport2FreqRange**

		Value
Standard Attributes	Position	182
	Label	Q54_1_2_s2 Sport/ physical activity 2 frequency per week
	Type	Numeric
	Measurement	Nominal



Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 55, Part 2: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q55\_1\_2\_s2\_Sport3FreqRange**

		Value
Standard Attributes	Position	183
	Label	Q55_1_2_s2 Sport/ physical activity 3 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 56, Part 2: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q56\_1\_2\_s2\_Sport4FreqRange**

		Value
Standard Attributes	Position	184
	Label	Q56_1_2_s2 Sport/ physical activity 4 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 57, Part 2: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Frequency per week (no. of sessions)**

**Q57\_1\_2\_s2\_Sport5FreqRange**

		Value
Standard Attributes	Position	185
	Label	Q57_1_2_s2 Sport/ physical activity 5 frequency per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-3 sessions p/w
	2.00	4-6 sessions p/w
	3.00	7-9 sessions p/w
	4.00	10+ sessions p/w

**Question 53, Part 3: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q53\_1\_3\_s2\_Sport1Duration**

		Value
Standard Attributes	Position	186
	Label	Q53_1_3_s2 Sport/ physical activity 1 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 54, Part 3: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q54\_1\_3\_s2\_Sport2Duration**

		Value
Standard Attributes	Position	187
	Label	Q54_1_3_s2 Sport/ physical activity 2 duration (minutes)

Type	Numeric
Measurement	Nominal

**Question 55, Part 3: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q55\_1\_3\_s2\_Sport3Duration**

		Value
Standard Attributes	Position	188
	Label	Q55_1_3_s2 Sport/ physical activity 3 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 56, Part 3: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q56\_1\_3\_s2\_Sport4Duration**

		Value
Standard Attributes	Position	189
	Label	Q56_1_3_s2 Sport/ physical activity 4 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 57, Part 3: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Duration of session (minutes)**

**Q57\_1\_3\_s2\_Sport5Duration**

		Value
Standard Attributes	Position	190
	Label	Q57_1_3_s2 Sport/ physical activity 5 duration (minutes)
	Type	Numeric
	Measurement	Nominal

**Question 53, Part 4: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q53\_1\_4s2SportPA1Intensity**

		Value
Standard Attributes	Position	191
	Label	Q53_1_4_s2 Sport/ physical activity 1 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 54, Part 4: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q54\_1\_4s2SportPA2Intensity**

		Value
Standard Attributes	Position	192
	Label	Q54_1_4_s2 Sport/ physical activity 2 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 55, Part 4: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q55\_1\_4s2SportPA3Intensity**

		Value
Standard Attributes	Position	193

	Label	Q55_1_4_s2 Sport/ physical activity 3 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 56, Part 4: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q56\_1\_4s2SportPA4Intensity**

		Value
Standard Attributes	Position	194
	Label	Q56_1_4_s2 Sport/ physical activity 4 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 57, Part 4: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Level of intensity**

**Q57\_1\_4s2SportPA5Intensity**

		Value
Standard Attributes	Position	195
	Label	Q57_1_4_s2 Sport/ physical activity 5 level of intensity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Light Intensity
	2.00	Moderate Intensity
	3.00	Vigorous Intensity

**Question 53, Part 5: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Standard**

**Q53\_1\_5s2SportPA1Standard**

		Value
Standard Attributes	Position	196
	Label	Q53_1_5_s2 Sport/ physical activity 1 standard
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)

\* Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

**Question 54, Part 5: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Standard**

**Q54\_1\_5s2SportPA2Standard**

		Value
Standard Attributes	Position	197
	Label	Q54_1_5_s2 Sport/ physical activity 2 standard
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)

\* Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

**Question 55, Part 5: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Standard**

**Q55\_1\_5s2SportPA3Standard**

		Value
Standard Attributes	Position	198
	Label	Q55_1_5_s2 Sport/ physical activity 3 standard
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)

\* Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

**Question 56, Part 5: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Standard**

**Q56\_1\_5s2SportPA4Standard**

		Value
Standard Attributes	Position	199
	Label	Q56_1_5_s2 Sport/ physical activity 4 standard
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)

\* Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

**Question 57, Part 5: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Standard**

**Q57\_1\_5s2SportPA5Standard**

		Value
Standard Attributes	Position	200
	Label	Q57_1_5_s2 Sport/ physical activity 5 standard
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)

\* Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

**Question 53, Part 6: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q53\_1\_6s2SportPA1Participation**

		Value
Standard Attributes	Position	201
	Label	Q53_1_6_s2 Sport / physical activity 1 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 54, Part 6: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q54\_1\_6s2SportPA2Participation**

		Value



Standard Attributes	Position	202
	Label	Q54_1_6_s2 Sport / physical activity 2 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 55, Part 6: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q55\_1\_6s2SportPA3Participation**

		Value
Standard Attributes	Position	203
	Label	Q55_1_6_s2 Sport / physical activity 3 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 56, Part 6: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q56\_1\_6s2SportPA4Participation**

		Value
Standard Attributes	Position	204
	Label	Q56_1_6_s2 Sport / physical activity 4 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 57, Part 6: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Participate with**

**Q57\_1\_6s2SportPA5Participation**

		Value
Standard Attributes	Position	205
	Label	Q57_1_6_s2 Sport / physical activity 5 participate with
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Participate predominantly on your own
	2.00	Participate predominantly with friends
	3.00	Both on your own and with friends

**Question 53, Part 7: S2 Sport / Physical Activity 1. In the past 4 weeks, I have participated in.....**

**Member of a club**

**Q53\_1\_7s2SportPA1ClubMembership**

		Value
Standard Attributes	Position	206
	Label	Q53_1_7_s2 Sport / physical activity 1 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 54, Part 7: S2 Sport / Physical Activity 2. In the past 4 weeks, I have participated in.....**

**Member of a club**

**Q54\_1\_7s2SportPA2ClubMembership**

		Value
Standard Attributes	Position	207
	Label	Q54_1_7_s2 Sport / physical activity 2 club membership

	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 55, Part 7: S2 Sport / Physical Activity 3. In the past 4 weeks, I have participated in.....**

**Member of a club**

**Q55\_1\_7s2SportPA3ClubMembership**

		Value
Standard Attributes	Position	208
	Label	Q55_1_7_s2 Sport / physical activity 3 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 56, Part 7: S2 Sport / Physical Activity 4. In the past 4 weeks, I have participated in.....**

**Member of a club**

**Q56\_1\_7s2SportPA4ClubMembership**

		Value
Standard Attributes	Position	209
	Label	Q56_1_7_s2 Sport / physical activity 4 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 57, Part 7: S2 Sport / Physical Activity 5. In the past 4 weeks, I have participated in.....**

**Member of a club**

**Q57\_1\_7s2SportPA5ClubMembership**

		Value
Standard Attributes	Position	210
	Label	Q57_1_7_s2 Sport / physical activity 5 club membership
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**S2 Sport & Physical Activity Participation continued**

**Question 58. Please rank the top 5 reasons you participate in sport / physical activity (1=most important for you; 2=next most important etc)**

**Question 58, Part 1: To improve your health****Q58\_1s2ReasonsforParticipationImproveHealth**

		Value
Standard Attributes	Position	211
	Label	Q58_1_s2 Participate to improve health
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 2: To improve physical appearance****Q58\_2s2ReasonsforParticipationImprovePhysicalAppearance**

		Value
Standard Attributes	Position	212
	Label	Q58_2_s2 Participate to improve physical appearance
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2

3.00	Rank 3
4.00	Rank 4
5.00	Rank 5

### Question 58, Part 3: To counteract the effect of aging

#### Q58\_3s2ReasonsforParticipationConteractAgeing

		Value
Standard Attributes	Position	213
	Label	Q58_3_s2 Participate to counteract the effects of ageing
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 58, Part 4: To have fun

#### Q58\_4s2ReasonsforParticipationHaveFun

		Value
Standard Attributes	Position	214
	Label	Q58_4_s2 Participate to have fun
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 58, Part 5: To relax

#### Q58\_5s2ReasonsforParticipationRelax

		Value
Standard Attributes	Position	215

	Label	Q58_5_s2 Participate to relax
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 58, Part 6: To be with friends

#### Q58\_6s2ReasonsforParticipationBeWithFriends

		Value
Standard Attributes	Position	216
	Label	Q58_6_s2 Participate to be with friends
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 58, Part 7: To make new acquaintances

#### Q58\_7s2ReasonsforParticipationNewAcquaintances

		Value
Standard Attributes	Position	217
	Label	Q58_7_s2 Participate to make new acquaintances
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 8: To meet people from other cultures**

**Q58\_8s2ReasonsforParticipationMeetOtherCultures**

		Value
Standard Attributes	Position	218
	Label	Q58_8_s2 Participate to meet people from other cultures
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 9: To improve physical performance**

**Q58\_9s2ReasonsforParticipationImprovePerformance**

		Value
Standard Attributes	Position	219
	Label	Q58_9_s2 Participate to improve physical performance
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 10: To improve fitness**

**Q58\_10s2ReasonsforParticipationImproveFitness**

		Value
Standard Attributes	Position	220
	Label	Q58_10_s2 Participate to improve fitness
	Type	Numeric
	Measurement	Scale

Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 11: To control your weight**

**Q58\_11s2ReasonsforParticipationControlWeight**

		Value
Standard Attributes	Position	221
	Label	Q58_11_s2 Participate to control weight
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 12: To improve your self-esteem**

**Q58\_12s2ReasonsforParticipationSelfEsteem**

		Value
Standard Attributes	Position	222
	Label	Q58_12_s2 Participate to improve self-esteem
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 13: To develop new skills**

**Q58\_13s2ReasonsforParticipationNewSkills**



		Value
Standard Attributes	Position	223
	Label	Q58_13_s2 Participate to develop new skills
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 58, Part 14: For the spirit of competition

#### Q58\_14s2ReasonsforParticipationCompetition

		Value
Standard Attributes	Position	224
	Label	Q58_14_s2 Participate for the spirit of competition
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

### Question 58, Part 15: To better integrate into society

#### Q58\_15s2ReasonsforParticipationIntegrate

		Value
Standard Attributes	Position	225
	Label	Q58_15_s2 Participate to better integrate into society
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 16: Don't Know**

**Q58\_16s2ReasonsforParticipationDontKnow**

		Value
Standard Attributes	Position	226
	Label	Q58_16_s2 Participate Don't Know
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**Question 58, Part 17: Other**

**Q58\_17s2ReasonsforParticipationOther**

		Value
Standard Attributes	Position	227
	Label	Q58_17_s2 Participate Other
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Rank 1
	2.00	Rank 2
	3.00	Rank 3
	4.00	Rank 4
	5.00	Rank 5

**S2 Sport & Physical Activity Participation continued**

**Filter – Question 59: Since you have begun to study in college / university, have you taken up any new sports or physical activities?**

**Q59s2NewSportPATAkeUp**

		Value
Standard Attributes	Position	228
	Label	Q59_s2 New sports/ physical activities since starting study
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes

2.00

No

**Question 60. Please indicate the sports or physical activities (max 5) you have taken up.....**

**Question 60, S2 New Sport 1**

**Q60\_S2\_NewSport1**

		Value
Standard Attributes	Position	229
	Label	Q60_S2 New Sport 1
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics

26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

## Question 60, S2 New Sport 2

### Q60\_S2\_NewSport2

		Value
Standard Attributes	Position	230
	Label	Q60_S2 New Sport 2
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
27.00	Hill Walking	
28.00	Hockey	
29.00	Judo	

30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 60, S2 New Sport 3**

**Q60\_S2\_NewSport3**

		Value
Standard Attributes	Position	231

Labeled Values	Label	Q60_S2 New Sport 3
	Type	Numeric
	Measurement	Scale
	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)
	15.00	Exercise - Circuit training (including boot camps)
	16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
	17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
	18.00	Equestrian
	19.00	Football Soccer (11-a-side)
	20.00	Football Soccer (5-a-side)
	21.00	Gaelic Football
	22.00	Hurling
	23.00	Camogie
	24.00	Golf
	25.00	Gymnastics
	26.00	Handball
	27.00	Hill Walking
	28.00	Hockey
	29.00	Judo
	30.00	Karate
	31.00	Korfball
	33.00	Motor Cycling
	34.00	Motor Sports
	35.00	Mountaineering

36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 60, S2 New Sport 4**

**Q60\_S2\_NewSport4**

		Value
Standard Attributes	Position	232
	Label	Q60_S2 New Sport 4
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Aikido
	2.00	Archery



3.00	Athletics
4.00	Badminton
5.00	Basketball
6.00	Billiards
7.00	Boxing
8.00	Canoeing
9.00	Chinese Martial Arts
10.00	Cricket
11.00	Cycling
12.00	Dance
13.00	Darts
14.00	Exercise to Music (including spin and zumba)
15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing

41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

### Question 60, S2 New Sport 5

#### Q60\_S2\_NewSport5

		Value
Standard Attributes	Position	233
	Label	Q60_S2 New Sport 5
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing

8.00	Canoeing
9.00	Chinese Martial Arts
10.00	Cricket
11.00	Cycling
12.00	Dance
13.00	Darts
14.00	Exercise to Music (including spin and zumba)
15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker

46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Filter – Question 61: What is the highest standard that you achieved in your sport / activity? Please tick one box.**

**Q61\_s2HighestStandardInCurrentSport**

		Value
Standard Attributes	Position	234
	Label	Q61_s2 Highest standard achieved in your sport / activity
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Basic (recreation, recreational physical activity events)
	2.00	Competitive (competitive club level)
	3.00	Elite (compete at national, regional, international level)
	4.00	N/A

\*Full values

1.00 Basic (recreation, recreational physical activity events, exercise for health and fitness)

2.00 Competitive (competitive club level, representative as an individual and/or team)

3.00 Elite (compete at national, regional, international level)

4.00 N/A

### S3 Non-participation

**Question 62: Please rank the top 3 reasons why you have NOT done any sport or physical activity in the last 4 weeks? (1= most important reason; 2= next most important etc)**

#### Question 62, Part 1: Poor health

**Q62\_1s3ReasonforNoSportPAPOORHEALTH**

		Value
Standard Attributes	Position	235
	Label	Q62_1_s3 No sport - poor health
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

#### Question 62, Part 2: Disability

**Q62\_2s3ReasonforNoSportPADISABILITY**

		Value
Standard Attributes	Position	236
	Label	Q62_2_s3 No sport - disability
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

#### Question 62, Part 3: Recent injury, illness, operation or medical reason

**Q62\_3s3ReasonforNoSportPARECENTILLNESSINJURY**

		Value
Standard Attributes	Position	237
	Label	Q62_3_s3 No sport - recent injury, medical reason
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1

2.00	Reason 2
3.00	Reason 3

### Question 62, Part 4: I have no interest

#### Q62\_4s3ReasonforNoSportPANOINTEREST

		Value
Standard Attributes	Position	238
	Label	Q62_4_s3 No sport - have no interest
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

### Question 62, Part 5: I am too tired during the week

#### Q62\_5s3ReasonforNoSportPATOOTIRED

		Value
Standard Attributes	Position	239
	Label	Q62_5_s3 No sport - too tired during the week
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

### Question 62, Part 6: It's too expensive

#### Q62\_6s3ReasonforNoSportPATOOEXPENSIVE

		Value
Standard Attributes	Position	240
	Label	Q62_6_s3 No sport - too expensive
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 7: Family commitments**

**Q62\_7s3ReasonforNoSportPAFAMILYCOMMIT**

		Value
Standard Attributes	Position	241
	Label	Q62_7_s3 No sport - family commitments
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 8: Lack of time due to work or study commitments**

**Q62\_8s3ReasonforNoSportPASTUDYCOMMIT**

		Value
Standard Attributes	Position	242
	Label	Q62_8_s3 No sport - lack of time (work/ study)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 9: My friends don't do sport/PA**

**Q62\_9s3ReasonforNoSportPAFRIENDSDONTPARTICIPATE**

		Value
Standard Attributes	Position	243
	Label	Q62_9_s3 No sport - friends don't do sport
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 10: I don't have anyone to do physical activity with**

**Q62\_10s3ReasonforNoSportPANOONETOPAWITH**

		Value
Standard Attributes	Position	244
	Label	Q62_10_s3 No sport - no-one to do physical activity with
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 11: Prefer to spend my time doing other activities****Q62\_11s3ReasonforNoSportPAPREFEROTHERACTIVITIES**

		Value
Standard Attributes	Position	245
	Label	Q62_11_s3 No sport - prefer spend time on other activities
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 12: Not enough of the right opportunities for me at my College/University****Q62\_12s3ReasonforNoSportPANOTENOUGHOPPORTUNITIESINCOLLEGE**

		Value
Standard Attributes	Position	246
	Label	Q62_12_s3 No sport - not enough opportunities (College/Uni)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3



**Question 62, Part 13: Not enough opportunities for me in my local area**

**Q62\_13s3ReasonforNoSportPANOTENOUGHOPPORTUNITIESINAREA**

		Value
Standard Attributes	Position	247
	Label	Q62_13_s3 No sport - not enough opportunities (local area)
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 14: I'm not good at sport/physical activity**

**Q62\_14s3ReasonforNoSportPANOTGOODATSPORTPA**

		Value
Standard Attributes	Position	248
	Label	Q62_14_s3 No sport - not good at sport/physical activity
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 15: I don't feel confident doing sport/ physical activity**

**Q62\_15s3ReasonforNoSportPADONTFEELCONFIDENT**

		Value
Standard Attributes	Position	249
	Label	Q62_15_s3 No sport - not confident doing physical activity
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 16: No main reason**

**Q62\_16s3ReasonforNoSportPANOREASON**

		Value
Standard Attributes	Position	250
	Label	Q62_16_s3 No sport - no main reason
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 62, Part 17: Other**

**Q62\_17s3ReasonforNoSportPAOTHER**

		Value
Standard Attributes	Position	251
	Label	Q62_17_s3 No sport - Other
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Reason 1
	2.00	Reason 2
	3.00	Reason 3

**Question 63. Can you tell us how long ago you last participated in sport and / or physical activity or have you never participated?**

**Q63s3Howlongsincelastparticipated**

		Value
Standard Attributes	Position	252
	Label	Q63_s3 Last participated in sport/ physical activity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	More than 4 weeks but less than 6 months ago
	2.00	More than 6 months but less than one year ago
	3.00	More than a year ago but less than 5 years ago
	4.00	5-10 years ago
	5.00	11-15 years ago
	6.00	16-20 years ago

7.00	20+ years ago
8.00	Never participated
9.00	Don't know

**Question 64: Please chose the statement most appropriate to you**

**Q64s3EncouragementMostAppropriateStatement**

		Value
Standard Attributes	Position	253
	Label	Q64_s3 Most appropriate statement encouragement
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Nothing could encourage me to participate
	2.00	I could be encouraged to participate

\* Full values

1.00 Nothing could encourage me to participate in sports or physical activity

2.00 I could be encouraged to participate in sports or physical activity

**Question 65: Which of the following would encourage you to participate in more sport or physical activity in the future? Or which of the following items would help you to be more active?**

**Within college/ university**

**Q65\_S3\_EncouragelNCombined**

		Value
Standard Attributes	Position	254
	Label	Q65_S3_EncouragelNCombined
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Facilities Near Home/Work
	2.00	Better Quality Facilities
	3.00	Better Opening Hours
	4.00	Coach/Mentor to Help Me
	5.00	Better Info on Facilities
	6.00	Web/Tech Support
	7.00	Special Programmes

8.00	Support for Specific Needs
9.00	People to go with
10.00	Improved transport/access
11.00	Childcare/Creche
12.00	Cheaper admission
13.00	Other

**Outside college/ university**

**Q65\_S3\_EncouragedOUTCombined**

		Value
Standard Attributes	Position	255
	Label	Q65_S3_EncouragedOUTCombined
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Facilities Near Home/Work
	2.00	Better Quality Facilities
	3.00	Better Opening Hours
	4.00	Coach/Mentor to Help Me
	5.00	Better Info on Facilities
	6.00	Web/Tech Support
	7.00	Special Programmes
	8.00	Support for Specific Needs
	9.00	People to go with
	10.00	Improved transport/access
	11.00	Childcare/Creche
	12.00	Cheaper admission
	13.00	Other

**Question 66: What is the MAIN item within each category that would encourage you to participate?**

**Within college/ university**

**Q66\_1\_1s3EncouragenentMAINincollege**

		Value
Standard Attributes	Position	256
	Label	Q66_1_1_s3_Chose one MAIN item per category - Within college / university

	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Facilities nearer to home / work
	2.00	Better quality facilities
	3.00	Better opening hours
	4.00	Coach/mentor to help me
	5.00	Better information on facilities I could use
	6.00	Web or technology support
	7.00	Special programmes
	8.00	Support for my specific needs
	9.00	People to go with
	10.00	Improved transport/access
	11.00	Help with childcare/crèche facilities
	12.00	Cheaper admission prices
	13.00	Other

### Outside college/ university

#### Q66\_1\_2s3EncouragementMAINoutsidecollege

		Value
Standard Attributes	Position	257
	Label	Q66_1_2_s3_Chose one MAIN item per category - Outside college / university
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Facilities nearer to home / work
	2.00	Better quality facilities
	3.00	Better opening hours
	4.00	Coach/mentor to help me
	5.00	Better information on facilities I could use
	6.00	Web or technology support
	7.00	Special programmes
	8.00	Support for my specific needs
	9.00	People to go with
	10.00	Improved transport/access
	11.00	Help with childcare/crèche facilities
	12.00	Cheaper admission prices
	13.00	Other

**S1 S2 Elite Athlete Satisfaction**

**Filter – Question 67: Are you an elite athlete in receipt of a scholarship / bursary from your institution?**

**Q67EliteInReceiptOfScholar**

		Value
Standard Attributes	Position	258
	Label	Q67 Elite athlete in receipt of a scholarship / bursary
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 68: Is this scholarship / bursary sufficient to cover your training / competition expenses?**

**Q68EliteScholarSufficientToCoverExpense**

		Value
Standard Attributes	Position	259
	Label	Q68 Scholarship / bursary sufficient to cover expenses
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 69: In which sport(s) do you participate as an elite athlete?**

**Sport 1**

**Q69\_EliteSport1**

		Value
Standard Attributes	Position	260
	Label	Q69 Elite Sport 1
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton

5.00	Basketball
6.00	Billiards
7.00	Boxing
8.00	Canoeing
9.00	Chinese Martial Arts
10.00	Cricket
11.00	Cycling
12.00	Dance
13.00	Darts
14.00	Exercise to Music (including spin and zumba)
15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union

43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

## Sport 2

### Q69\_EliteSport2

		Value
Standard Attributes	Position	261
	Label	Q69 Elite Sport 2
	Type	Numeric
	Measurement	Scale
Labeled Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts



10.00	Cricket
11.00	Cycling
12.00	Dance
13.00	Darts
14.00	Exercise to Music (including spin and zumba)
15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash

48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do
53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

### Sport 3

#### Q69\_EliteSport3

		Value
Standard Attributes	Position	262
	Label	Q69 Elite Sport 3
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Aikido
	2.00	Archery
	3.00	Athletics
	4.00	Badminton
	5.00	Basketball
	6.00	Billiards
	7.00	Boxing
	8.00	Canoeing
	9.00	Chinese Martial Arts
	10.00	Cricket
	11.00	Cycling
	12.00	Dance
	13.00	Darts
	14.00	Exercise to Music (including spin and zumba)

15.00	Exercise - Circuit training (including boot camps)
16.00	Exercise - Gym - Cardio (treadmill, rower, crosstrainer)
17.00	Exercise - Gym - Weight Training (Free Weights, TRX, etc)
18.00	Equestrian
19.00	Football Soccer (11-a-side)
20.00	Football Soccer (5-a-side)
21.00	Gaelic Football
22.00	Hurling
23.00	Camogie
24.00	Golf
25.00	Gymnastics
26.00	Handball
27.00	Hill Walking
28.00	Hockey
29.00	Judo
30.00	Karate
31.00	Korfball
33.00	Motor Cycling
34.00	Motor Sports
35.00	Mountaineering
36.00	Netball
37.00	Pool
38.00	Tennis
39.00	Rounders
40.00	Rowing
41.00	Rugby League
42.00	Rugby Union
43.00	Running / Jogging
44.00	Sailing
45.00	Snooker
46.00	Softball
47.00	Squash
48.00	Sub-aqua
49.00	Surfing
50.00	Swimming
51.00	Table Tennis
52.00	Tae Kwon do

53.00	Trampolining
54.00	Triathlon
55.00	Tug of War
56.00	Ultimate Frisbee
57.00	Volleyball
58.00	Walking
59.00	Water Polo
60.00	Weightlifting
61.00	Windsurfing
62.00	Other

**Question 70: Please rate your satisfaction with the provision for elite athletes in your College /university.**

**Q70\_1EliteProvisionSatisfaction**

		Value
Standard Attributes	Position	263
	Label	Q70_1 Satisfaction with this provision of sport/ activity
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1 Extremely dissatisfied
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 Extremely satisfied
	11.00	N/A

**Health related behaviours**

**Question 71: Alcohol**

**How often do you have a drink containing alcohol?**

**Q71AlcoholHowOften**

		Value
Standard Attributes	Position	264
	Label	Q71 Alcohol - how often have a drink containing alcohol
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Never
	2.00	Monthly or less
	3.00	2-4 times a month
	4.00	2-3 times a week
	5.00	4 or more times a week

**Question 72: Smoking**

**Do you now smoke every day, some days, or not at all?**

**Q72SmokingHowOften**

		Value
Standard Attributes	Position	265
	Label	Q72 Smoking - smoke every day, some days, or not at all
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Every day
	2.00	Some days
	3.00	Not at all

**Question 73: Drug Use**

**Have you ever taken non-prescribed/ recreational drugs?**

**Q73DrugUse**

		Value
Standard Attributes	Position	266
	Label	Q73 Drug Use - ever taken non-prescribed/ recreational drugs
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	No

2.00	Yes but stopped
3.00	Yes and still do

### Question 74. Activity

In the PAST 7 DAYS, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate.

This may include sport, exercise, and brisk walking or cycling for recreation or to get to and from places, but should not include housework or physical activity that may be part of your job.

**Q74\_ActivityDaysDoing30minPALast7**

		Value
Standard Attributes	Position	267
	Label	Q74 Days doing at least 30 mins of activity in past 7 days
	Type	Numeric
	Measurement	Scale
Labeled Values	.00	0 Days
	1.00	1 Day
	2.00	2 Days
	3.00	3 Days
	4.00	4 Days
	5.00	5 Days
	6.00	6 Days
	7.00	7 Days

### 75. Sedentary Behaviour

Please estimate how many hours you spend SITTING EACH DAY in the following situations

**Question 75, Part 1.1 – While attending lectures and classes (weekday)**

**Q75\_1\_1SedentarySittingInLecturesWEEKDAY**

		Value
Standard Attributes	Position	268
	Label	Q75_1_1 Mins sitting - attending lectures/ classes weekday
	Type	Numeric

	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 1.2 – While attending lectures and classes (weekend)**

**Q75\_1\_2SedentarySittingInLecturesWEEKEND**

		Value
Standard Attributes	Position	269
	Label	Q75_1_2 Mins sitting - attending lectures/ classes weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360

13.00	361-420
14.00	421-480
15.00	481-540

**Question 75, Part 2.1 – While studying (weekday)**

**Q75\_2\_1SedentaryStudyingWEEKDAY**

		Value
Standard Attributes	Position	270
	Label	Q75_2_1 Mins sitting - while studying weekday
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 2.2 – While studying (weekend)**

**Q75\_2\_2SedentaryStudyingWEEKEND**

		Value
Standard Attributes	Position	271
	Label	Q75_2_2 Mins sitting - while studying weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30



3.00	31-60
4.00	61-90
5.00	91-120
6.00	121-150
7.00	151-180
8.00	181-210
9.00	211-240
10.00	241-270
11.00	271-300
12.00	301-360
13.00	361-420
14.00	421-480
15.00	481-540

**Question 75, Part 3.1 – While travelling to and from places (weekday)**

**Q75\_3\_1SedentaryTravellingWEEKDAY**

		Value
Standard Attributes	Position	272
	Label	Q75_3_1 Mins sitting - while travelling weekday
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 3.2 – While travelling to and from places (weekday)**

**Q75\_3\_2SedentaryTravellingWEEKEND**

		Value
Standard Attributes	Position	273
	Label	Q75_3_2 Mins sitting - while travelling weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 4.1 – While at work (weekday)**

**Q75\_4\_1SedentaryAtWorkWEEKDAY**

		Value
Standard Attributes	Position	274
	Label	Q75_4_1 Mins sitting - while at work weekday
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150

7.00	151-180
8.00	181-210
9.00	211-240
10.00	241-270
11.00	271-300
12.00	301-360
13.00	361-420
14.00	421-480
15.00	481-540

**Question 75, Part 4.2 – While at work (weekend)**

**Q75\_4\_2SedentaryAtWorkWEEKEND**

		Value
Standard Attributes	Position	275
	Label	Q75_4_2 Mins sitting - while at work weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 5.1 – While watching television (weekday)**

**Q75\_5\_1SedentaryWatchingTVWEEKDAY**

	Value

Standard Attributes	Position	276
	Label	Q75_5_1 Mins sitting - watching television weekday
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

### Question 75, Part 5.2 – While watching television (weekend)

#### Q75\_5\_2SedentaryWatchingTVWEEKEND

		Value
Standard Attributes	Position	277
	Label	Q75_5_2 Mins sitting - watching television weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270

11.00	271-300
12.00	301-360
13.00	361-420
14.00	421-480
15.00	481-540

**Question 75, Part 6.1 – While using a computer at home (weekday)**

**Q75\_6\_1SedentaryUsingAComputerWEEKDAY**

		Value
Standard Attributes	Position	278
	Label	Q75_6_1 Mins sitting - using computer at home weekday
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 6.2 – While using a computer at home (weekday)**

**Q75\_6\_2SedentaryUsingAComputerWEEKEND**

		Value
Standard Attributes	Position	279
	Label	Q75_6_2 Mins sitting - using a computer at home weekend

	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 7.1 – While using a smartphone/ tablet (weekday)**

**Q75\_7\_1SedentaryUsingSmartphoneTabletWEEKDAY**

		Value
Standard Attributes	Position	280
	Label	Q75_7_1 Mins sitting - using smart phone / tablet weekday
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300

12.00	301-360
13.00	361-420
14.00	421-480
15.00	481-540

**Question 75, Part 7.2 – While using a smartphone/ tablet (weekend)**

**Q75\_7\_2SedentaryUsingSmartphoneTabletWEEKEND**

		Value
Standard Attributes	Position	281
	Label	Q75_7_2 Mins sitting - using smart phone / tablet weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 8.1 – In your leisure time, NOT including television (e.g. visiting friends, movies, dining out, etc.) (weekday)**

**Q75\_8\_1SedentaryLeisureTimeWEEKDAY**

		Value
Standard Attributes	Position	282
	Label	Q75_8_1 Mins sitting - leisure time weekday
	Type	Numeric

	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360
	13.00	361-420
	14.00	421-480
	15.00	481-540

**Question 75, Part 8.2 – In your leisure time, NOT including television (e.g. visiting friends, movies, dining out, etc.) (weekend)**

**Q75\_8\_2SedentaryLeisureTimeWEEKEND**

		Value
Standard Attributes	Position	283
	Label	Q75_8_2 Mins sitting - leisure time weekend
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	0
	2.00	1-30
	3.00	31-60
	4.00	61-90
	5.00	91-120
	6.00	121-150
	7.00	151-180
	8.00	181-210
	9.00	211-240
	10.00	241-270
	11.00	271-300
	12.00	301-360



13.00	361-420
14.00	421-480
15.00	481-540

### Question 76: Diet

How often do you eat convenience food (i.e. fast food or 'takeaways': e.g. Chinese, Indian, pizza, burgers, chips, etc)

Q76DietConvenienceFoodHowOften

		Value
Standard Attributes	Position	284
	Label	Q76 Diet - How often eat convenience food
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Daily
	2.00	4-6 Times a Week
	3.00	1-3 Times a Week
	4.00	Less than Once a Week
	5.00	Never

### Question 77: Diet

How often do you prepare food from fresh ingredients rather than pre prepared food?

Q77DietFreshFoodHowOften

		Value
Standard Attributes	Position	285
	Label	Q77 Diet - How often prepare food from fresh ingredients
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Daily
	2.00	4-6 Times a Week
	3.00	1-3 Times a Week
	4.00	Less than Once a Week
	5.00	Never

### Question 78: Body Image

Do you think your body is...?

**Q78BodyImage**

		Value
Standard Attributes	Position	286
	Label	Q78 Body Image - Perception of own body
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Much too thin
	2.00	A bit too thin
	3.00	About the right size
	4.00	A bit too fat
	5.00	Much too fat

**Question 79: Health**

**Over the past 12 months would you say that your health has been?**

**Q79HealthInLast12Months**

		Value
Standard Attributes	Position	287
	Label	Q79 Health over the past 12 months
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Very good
	2.00	Good
	3.00	Average
	4.00	Poor
	5.00	Very poor
	6.00	Don't know

**Question 80: Happiness**

**In general, how happy would you say you are? Please rate on a scale of 1 - 10 where 1 is "Extremely unhappy" and 10 is "Extremely happy".**

**Q80HappinessRate**

		Value
Standard Attributes	Position	288
	Label	Q80 Happiness - in general, how happy would you say you are
	Type	Numeric
	Measurement	Nominal

Valid Values	1.00	1 (Extremely unhappy)
	2.00	2
	3.00	3
	4.00	4
	5.00	5
	6.00	6
	7.00	7
	8.00	8
	9.00	9
	10.00	10 (Extremely happy)
	11.00	Don't Know

### Question 81: Mental health

How much of the time during the past 4 weeks...

#### Question 81, Part 1: ...have you been a nervous person?

**Q81\_1MH\_Nervous\_Person**

		Value
Standard Attributes	Position	289
	Label	Q81_1 Mental health - Nervous in the past 4 weeks
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	All of the time
	20.00	Most of the time
	50.00	A good bit of the time
	80.00	A little of the time
	100.00	None of the time

#### Question 81, Part 2: ...have you felt so down in the dumps that nothing could cheer you up?

**Q81\_2MH\_DownInDumps**

		Value
Standard Attributes	Position	290
	Label	Q81_2 Mental health - Down in Dumps in the past 4 weeks

	Type	Numeric
	Measurement	Nominal
Valid Values	.00	All of the time
	20.00	Most of the time
	50.00	A good bit of the time
	80.00	A little of the time
	100.00	None of the time

### Question 81, Part 3: ...have you felt calm and peaceful?

#### Q81\_3\_MH\_Calm

		Value
Standard Attributes	Position	291
	Label	Q81_3 Mental health - Calm in the past 4 weeks
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	None of the time
	20.00	A little of the time
	50.00	A good bit of the time
	80.00	Most of the time
	100.00	All of the time

### Question 81, Part 4: ...have you felt downhearted and blue?

#### Q81\_4\_MH\_Downhearted

		Value
Standard Attributes	Position	292
	Label	Q81_4 Mental health - Downhearted in the past 4 weeks
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	All of the time
	20.00	Most of the time
	50.00	A good bit of the time
	80.00	A little of the time
	100.00	None of the time

**Question 81, Part 5: ...have you been a happy person?"**

**Q81\_5\_Happy**

		Value
Standard Attributes	Position	293
	Label	Q81_5 Mental health - Happy in the past 4 weeks
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	None of the time
	20.00	A little of the time
	50.00	A good bit of the time
	80.00	Most of the time
	100.00	All of the time

**Demographics**

**Question 82: Please estimate the gross (before tax) ANNUAL income of your family household?**

**Indicate in € OR £**

**Q82\_AnnualIncomeEuro**

		Value
Standard Attributes	Position	294
	Label	Q82 Annual household income (Euro)
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	<20000
	2.00	20001-35000
	3.00	35001-50000
	4.00	50001-70000
	5.00	70001-90000
	6.00	>90001
	7.00	Don't Know

**Q82\_AnnualIncomePounds**

		Value
Standard Attributes	Position	295
	Label	Q82 Annual household income (Pounds)
	Type	Numeric

	Measurement	Nominal
Valid Values	1.00	<20000
	2.00	20001-35000
	3.00	35001-50000
	4.00	50001-70000
	5.00	70001-90000
	6.00	>90001
	7.00	Don't Know

**Question 83: What is the highest level of education your parent(s) / guardian(s) have attained to date?**

**Question 83, Part 1: Some Primary (not complete)**

**Q83\_Education\_SomePrimary**

		Value
Standard Attributes	Position	296
	Label	Q83 Education_SomePrimary
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 83, Part 2: Complete Primary or Equivalent**

**Q83\_Education\_CompletePrimary**

		Value
Standard Attributes	Position	297
	Label	Q83 Education_CompletePrimary
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 83, Part 3: GCE O Level**

**Q83\_Education\_OLevel**

		Value

Standard Attributes	Position	298
	Label	Q83 Education_OLevel
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

### Question 83, Part 4: GCE A Level

#### Q83\_Education\_ALevel

		Value
Standard Attributes	Position	299
	Label	Q83 Education_ALevel
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

### Question 83, Part 5: Intermediate/ junior/ Group Certificate or Equivalent

#### Q83\_Education\_Inter

		Value
Standard Attributes	Position	300
	Label	Q83 Education_Inter
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

### Question 83, Part 6: Leaving Certificate or Equivalent

#### Q83\_Education\_Leaving

		Value
Standard Attributes	Position	301
	Label	Q83 Education_Leaving
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother

2.00	Father
------	--------

**Question 83, Part 7: Diploma/ certificate**

**Q83\_Education\_Dip**

		Value
Standard Attributes	Position	302
	Label	Q83 Education_Dip
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 83, Part 8: Primary Degree**

**Q83\_Education\_Deg**

		Value
Standard Attributes	Position	303
	Label	Q83 Education_Deg
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 83, Part 9: Postgraduate/ Higher Degree**

**Q83\_Education\_Post**

		Value
Standard Attributes	Position	304
	Label	Q83 Education_Post
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 83, Part 10: Don't Know**



**Q83\_Education\_DontKnow**

		Value
Standard Attributes	Position	305
	Label	Q83_Education_DontKnow
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 83, Part 11: Other****Q83\_Education\_Other**

		Value
Standard Attributes	Position	306
	Label	Q83_Education_Other_Recode
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Mother
	2.00	Father

**Question 84. Are your parent(s) / guardian(s) currently employed?****Question 84, Part 1: Mother****Q84\_1ParentEmployMother**

		Value
Standard Attributes	Position	307
	Label	Q84_1_Mother_currently_employed
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No
	3.00	Don't Know
	4.00	NA

**Question 84, Part 1: Father****Q84\_2ParentEmployFather**

		Value
Standard Attributes	Position	308
	Label	Q84_2 Father currently employed
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No
	3.00	Don't Know
	4.00	NA

**Question 85: Do you work as well as study at college / university?**

**Q85\_WorkAndStudy**

		Value
Standard Attributes	Position	309
	Label	Q85 Work as well as study at college / university
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes - Working Full-Time
	2.00	Yes - Working Part-Time
	3.00	No

**Question 86: Please indicate the numbers of hours you work per week.**

**Q86\_1\_1WorkHoursPerWeek**

		Value
Standard Attributes	Position	310
	Label	Q86_1_1 Number of hours of work per week
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	1-2
	2.00	3-5
	3.00	6-10
	4.00	11-15
	5.00	16-20
	6.00	21-25
	7.00	26-30
	8.00	31-35

9.00	36-40
10.00	>40

**Question 87. How tall are you?**

**Q87\_Ht\_M**

		Value
Standard Attributes	Position	311
	Label	Q87 Height (in metres)
	Type	Numeric
	Measurement	Nominal

**Question 88: What weight are you?**

**Q88\_Wt\_KG**

		Value
Standard Attributes	Position	312
	Label	Q88 Weight (in kilograms)
	Type	Numeric
	Measurement	Nominal

**89. Accommodation**

**Is the accommodation you live in during term time.....**

**Q89\_AccomDuringTerm**

		Value
Standard Attributes	Position	313
	Label	Q89 Accommodation during term time
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	Other (please specify)
	1.00	College/University halls of residence (on campus)
	2.00	College/University halls of residence (off campus)
	3.00	Rented privately
	4.00	Your family home

**90. Accommodation**

**Please tick as appropriate.....**

**Q90\_AccomWeekends**

		Value
Standard Attributes	Position	314
	Label	Q90 Weekends spent at college accommodation
	Type	Numeric
	Measurement	Nominal
Valid Values*	1.00	Most weekends (i.e. 3 per month) at college accommodation
	2.00	Spend about half of weekends at college accommodation
	3.00	Usually go home at weekends

\*Full values

1.00 I spend most weekends at my college accommodation during term time

2.00 I spend about half my weekends at my college accommodation during term time

3.00 I usually go home at weekends

**Question 91: Are you married?****Q91\_Married**

		Value
Standard Attributes	Position	315
	Label	Q91 Demographics - Married
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 92. Do you have any children?****Q92\_Children**

		Value
Standard Attributes	Position	316
	Label	Q92 Demographics - Have any children
	Type	Numeric
	Measurement	Nominal
Valid Values	1.00	Yes
	2.00	No

**Question 93. In what country were you born?**

**Q93\_CountryBornIn**

		Value
Standard Attributes	Position	317
	Label	Q93 Demographics - Country of birth
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	Other (please specify)
	1.00	Ireland - Republic
	2.00	Ireland - Northern Ireland

**Question 94: Which of these ethnic groups do you consider you belong to?**

**Q94\_EthnicGroup**

		Value
Standard Attributes	Position	318
	Label	Q94 Demographics - Ethnic group
	Type	Numeric
	Measurement	Nominal
Valid Values	.00	Other (please specify)
	1.00	White
	2.00	Black
	3.00	Asian
	4.00	Mixed or multiple ethnic groups

**Weighting variables**

**Weight\_gender**

		Value
Standard Attributes	Position	319
	Label	Weighting variable - Gender
	Type	Numeric
	Measurement	Scale

**Weight\_age**

		Value
Standard Attributes	Position	320

	Label	Weighting variable - Age
	Type	Numeric
	Measurement	Scale

**Weight\_gender\_by\_age**

		Value
Standard Attributes	Position	321
	Label	Weighting variable - Gender by Age
	Type	Numeric
	Measurement	Scale

**Weight2\_gender**

		Value
Standard Attributes	Position	322
	Label	Weighting variable 2 - Gender
	Type	Numeric
	Measurement	Scale

**Weight\_final**

		Value
Standard Attributes	Position	323
	Label	Weighting variable - Final
	Type	Numeric
	Measurement	Scale