



LIFELONG LEARNING



2018-19

 University for All

 AfU
Age-friendly
University
Global Network

PART-TIME PROGRAMME

UNIVERSITY COLLEGE DUBLIN

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Welcome to our Lifelong Learning Programme 2018-19

Our Lifelong Learning courses cover a range of topics from Art History through to History, Literature, Philosophy and Writing.

Our courses are open to all and provide a unique opportunity to explore a subject without examinations.

These courses are part of a long tradition in University College Dublin (UCD) and follow the legacy of the university's founder Cardinal John Henry Newman, who wished to make higher education accessible to a broad sweep of Irish people.

Today, UCD and Access and Lifelong Learning (ALL) remain committed to widening participation in higher education and making the university accessible for all. Whether it be to accredited formal learning programmes, part-time Open Learning or Lifelong Learning, there is an option available for you.

We believe the rich intellectual resources of the university should be available to all. We work closely with our academic colleagues to provide a diverse and interesting programme delivered in different locations across the city. Our commitment is reaffirmed when we hear the important role which learning has in the lives of our students, whether through providing intellectual stimulus, new friendships or an opportunity to sample a topic never studied before.

Our programme is developed in collaboration with tutors, UCD Schools and the broader UCD community. The programme we offer is informed by the feedback we receive from students, from the subjects covered, to classroom interaction. Many of our courses now include field trips or gallery visits, which brings course material to life and provides a social learning opportunity. You can sample a number of courses during our free Taster Weeks which run in both autumn and spring. Or you can listen to one of our podcasts, which can be accessed from our website.

We hope you find a course which interests you and we look forward to welcoming you back in 2018-19.

How to book your course

Booking for both autumn and spring opens on Tuesday 7th August 2018. We encourage students to book as early as possible. If you enroll late, the class may be full or may have been cancelled due to low numbers. If classes are cancelled, we try to give as much notice as possible, so cancellations usually happen the week before the class is due to commence

You can book your course online through our website:
<http://www.ucd.ie/all>

Your Tutor

UCD Access and Lifelong Learning is privileged to work with highly expert and committed groups of tutors and lecturers, who are recruited not just on the basis of their subject expertise but also for their demonstrated interest in adult education.

You can also find more information about your course and tutors before you book from our website:
<http://www.ucd.ie/all/study/lifelonglearning2018-2019>



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Áras na Leabharlann
An Coláiste Ollscoile
Baile Átha Cliath
Belfield, Baile Átha Cliath 4, Éire

ALL TASTER Week 20th-24th August

In celebration and partnership with National Heritage Week, UCD Access and Lifelong Learning will be hosting a series of free lectures from colleagues and friends who work with us on our Lifelong Learning programme. Our programme of events reflects this year's theme to 'Share a Story and Make a Connection'.



ALL Tasters for Heritage Week will offer a free and diverse programme of lectures, tours and workshops from 20th - 24th August, which will be aimed at making connections with adult and lifelong learners. Tasters for spring 2019 will be announced in November 2018.

Monday 20th August

TITLE	DESCRIPTION	TUTOR	TIME
Colonial Latin America: Conquest to Independence	This lecture will examine the history of Latin America from the Columbian discovery of the New World in 1492 to the end of Spanish dominion in the Americas in 1898. Join Dr Edward Collins as he provides an introduction to the diverse, pre-Columbian societies and cultures extant at the time of the first European contacts.	Dr Edward Collins	10.30-11.20
Sharing stories on ancient Greek vases	Pottery is one of our chief sources for understanding the ancient Greek world. During this lecture Dr Jessica Doyle will focus on some key examples, examining how vases were used for narrating the stories from Greek mythology that are familiar to us even today.	Dr Jessica Doyle	12.00-12.50
Glorious Defeats	History is littered with battles that have ended in defeat for one side but it is the manner of the defeat that continues to fascinate. The aim of this lecture is to examine military events of the 19th and 20th century that ended in disaster and consider why the scale of the defeat is overshadowed by the legend of battle.	Michael Doran	14.00-14.50

Tuesday 21st August

TITLE	DESCRIPTION	TUTOR	TIME
Psychology and the benefits of Creative Writing	This lecture introduces the topics of Positive Psychology, the Psychology of Creativity and the benefits of creative writing. You will enjoy this lecture if you are interested in human happiness, creativity, and the Arts.	Dr Martina Carroll	10.30-11.20
Mindfulness and Compassion for Living Well	An introduction to mindfulness and compassion, including short, mindfulness practices as well as a discussion about what mindfulness entails, its impact on the brain, and how it benefits mental, physical and emotional health and well-being.	Dr Fidelma Farley	12.00-12.50

Wednesday 22nd August

TITLE	DESCRIPTION	TUTOR	TIME
Tour of Seoda Scripte exhibition	Seoda Scripte: A glimpse into Ireland's manuscript heritage is a exhibition of Irish language manuscripts in UCD Special Collections	Evelyn Flanagan	12.00-12.50
Language, Place and Space: Ireland Past and Present	Who are the Irish and where do we come from? The origins of the Irish language and place names will be considered in this lecture. Analysis of the cultural revival will reveal insights into the formation of the Irish State as we know it today.	Dr Aoife Whelan and Fiona Lyons	14.00-14.50

Thursday 23rd August

TITLE	DESCRIPTION	TUTOR	TIME
Sum-enchanted Evenings	Revealing the Beauty, Utility and Fun of Mathematics	Professor Peter Lynch	10.30-11.20
Memories	Memories are potent. When we come to write fiction we draw on the sum total of our life experiences, and the skill is in knowing how best to manage these memories.	Patricia O'Reilly	12.00-12.50
The voices that Shaped America	America is a vibrant nation drawing together peoples from diverse cultural, ethnic, religious, and socio-economic backgrounds. Together they are the United States of America but how has America been shaped by its people? This lecture will consider some of the voices that have been to the fore in sculpting America over the last 242 years.	Dr Sarah Feehan	14.00-14.50

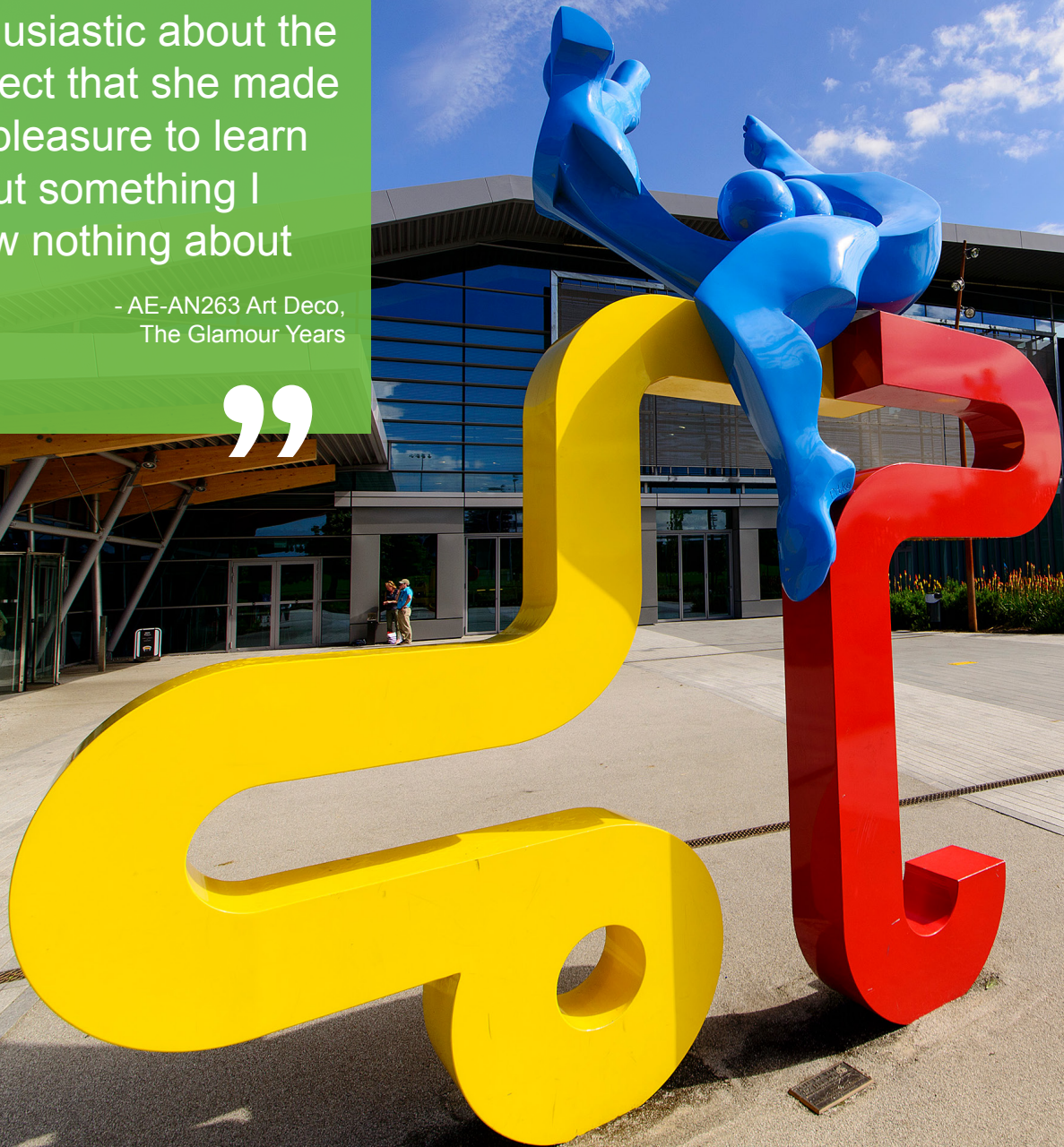
Friday 24th August

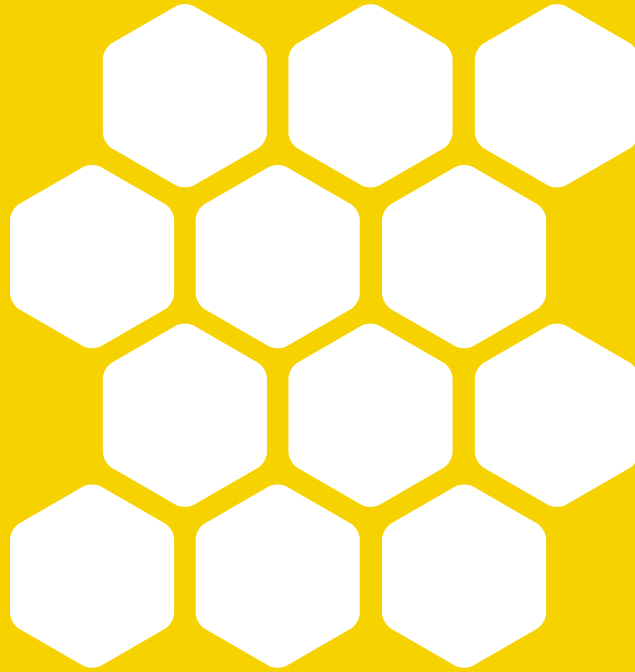
TITLE	DESCRIPTION	TUTOR	TIME
Happiness in Every Day Life	Happiness is a feel-good emotion that most of us would all like to experience every day. Attend this talk and meet like-minded people to explore what really matters in life and find new ways of looking at things. Take time to reflect on how to create happiness for yourself and those around you. Learn about the small actions you can take each day to enhance your well-being. This talk will cover ten key activities that you can integrate into your daily life that can contribute to your happiness.	Dr Nicky O'Leary	12.00-12.50
Opera - Sharing the Story of Orpheus	Of the many stories told in opera, the legend of Orpheus the musician holds a special place. We will look at different versions of the story and see how each re-telling reflected the values of its audience, and how this can still speak to us today.	Michael Lee	14.00-14.50

The lecturer was so enthusiastic about the subject that she made it a pleasure to learn about something I knew nothing about

- AE-AN263 Art Deco,
The Glamour Years

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SCHOOLS & MODULES
LIFELONG LEARNING

AUTUMN PROGRAMME



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AUTUMN



Refresher French (Intermediate)

AUTUMN AE-LNG101

Dr Anna Nunan, Module Coordinator

This course aims to help you develop your ability to communicate fluently with speakers of French. Reviving your knowledge of French will help you understand frequently used expressions and structures related to areas of everyday life. You will be able to travel more comfortably to France for business or pleasure.

The class will be conducted in French and will focus on topics relevant to regions where French is spoken. Topics relate to French culture, customs, sightseeing, etc. Basic interaction in French will be encouraged. The course is aimed at those who have studied French for a minimum of two years.

Spanish Language (Beginners)

AUTUMN AE-LNG102

Dr Anna Nunan, Module Coordinator

This course is aimed at those with no prior knowledge of Spanish who would like to be able to understand basic everyday expressions and phrases in Spanish. You will learn to introduce yourself and others and interact in a simple way with speakers of Spanish. The class will be conducted, as much as possible, in Spanish. Topics covered include family, foods and hobbies. All four skills of speaking, listening, reading and writing will be introduced and basic interaction in Spanish will be encouraged.



BELFIELD

10 Mondays 18.00-20.00

Sept 17, 24,

Oct 1, 8, 15, 22,

Nov 5, 12, 19, 26

(No Class Bank Holiday

Monday Oct 29)

FEE €195



BELFIELD

10 Tuesdays 18.00-20.00

Sept 18, 25, Oct 2, 9, 16,

23, 30, Nov 6, 13, 20

(No Class Bank Holiday

Monday Oct 29)

FEE €195

From Impressionism to Contemporary Art

AUTUMN AE-AN169

Jessica Fahy

This course will introduce students to many of the major art movements from Impressionism to contemporary art. It will cover important styles such as Cubism and Abstract Expressionism as well as influential theoretical movements including feminism. There will be time for questions and discussion in each class. Visiting exhibitions will also play a significant part, applying the knowledge gained in class directly to previously seen and unseen works. Through an exploration of various changes in art from the nineteenth century, students will be in a position to analyse contemporary art. Central to this is being able to recognise elements of a work that help place it in the context of modern art more generally.

Early 20th Century Irish Women Artists

AUTUMN AE-AN179

Jessica Fahy

The story of women artists in the first half of the 20th century is fascinating due to the advent of modernism in Ireland being led by women, an anomaly not found elsewhere in Europe at the time. This course will look at the modernists, the academic realists and those somewhere in between, examining their careers, influences and impact on the Irish art world and further afield. Artists to be discussed will include the Yeats sisters, Mary Swanzy, Mainie Jellet, Nano Reid, Norah McGuinness, Margaret Clarke, Wilhelmina Geddes and Eileen Gray. A vast array of styles and mediums including painting, sculpture, stained glass and different areas of design will be explored. There will be two visits to galleries as part of this course to see some of these important works in person, one to the National Gallery of Ireland and the other to the Hugh Lane.



BLACKROCK EDUCATION CENTRE

10 Fridays 10.00-12.00
Sept 28

Oct 5, 12, 19, 26,
Nov 2, 9, 16, 30,
Dec 7

(No Class, Nov 23)

Visit to The National Gallery of Ireland Dec 7

FEE €195



dIr LEXICON, HAIGH TERRACE, MORAN PARK, DÚN LAOGHAIRE, CO. DUBLIN

10 Thursdays 11.00 - 13.00
Sept 27

Oct 4, 11, 18, 25

Nov 1, 8, 15, 22, 29

Visit to the National Gallery of Ireland & The Hugh Lane
Nov 22, 29

FEE €195

Fashion and Jewellery through the Ages

AUTUMN AE-AN167

Moya Corcoran

For hundreds of years we have been adorning ourselves with jewellery. As fashion trends developed, so did that of jewellery and so the worlds of fashion and jewellery have become increasingly integrated. This course will look at the history and development of jewellery and fashion from the 18th century to the present day. This course will explore the opulence of 18th century fashion, investigate the 19th century and develop a knowledge of the themes of 20th century fashion and dress. Finally we will assess the impact of the relationship between fashion and jewellery today.

Exploring the Collection of The Hugh Lane Gallery

AUTUMN AE-AN168

Jessica O'Donnell, Head of Education and Community Outreach

Dublin City Gallery The Hugh Lane has the foremost collection of modern and contemporary art in Ireland and is believed to be among the first galleries of modern art in the world. The Gallery is also significant for its association with the Nobel laureate W.B. Yeats. The Gallery's prodigious collection which includes works by Renoir, Monet, John Lavery, Walter Osborne, Roderic O'Connor, Mary Swanzy, Norah McGuinness, Sean Scully and Francis Bacon spans an enormously fruitful period in modern and contemporary art and these lectures will offer opportunities for exploring insightful perspectives on landscape, figuration, portraiture and abstraction.



BLACKROCK EDUCATION CENTRE

10 Thursdays 10.00-12.00

Oct 4, 11, 18, 25

Nov 1, 8, 15, 22, 29

Visit to the National
Museum of Ireland Dec 6

FEE €195



DUBLIN CITY GALLERY, THE HUGH LANE, CHARLEMONT HOUSE, PARNELL SQUARE NORTH, DUBLIN 1

4 Thursdays 14.00-16.00

Oct 11, 18, 25,

Nov 1

FEE €100

Conflict

Conflict Resolution Skills: Module 1

AUTUMN AE-SN101

Geoffrey Corry MSc (Mgmt)

In today's more complex and stressful world both at work and at home, people need to be more comfortable in managing everyday disputes at source before they escalate upwards into conflict. This module helps you understand and work with the positive value of conflict. You will discover more about your preferred style of handling conflict and how to harness other styles. You will become better able to handle hot emotion, to manage the predictable dynamics of conflict and to shift stubborn positions. Through small group discussion and role-play, you will learn practical skills for reflective listening, win-win negotiation and problem solving. This module is an introductory course to Module 2 on Mediation Skills that will be held in Spring 2019.



BELFIELD

7 Mondays 19.00-21.00

Oct 1, 8, 15, 22

Nov 5, 12, 19

1 Saturday 10.00-17.00

Oct 20

(No Class Bank Holiday

Monday Oct 29)

FEE €195

Environment

Irish Birds

AUTUMN AE-HN105

Richard Collins

Bird-watching, a benign form of hunting which doesn't harm its quarry, is 'part of what we are', an evolutionary heritage which resonates with us even in today's huge urban conurbations. In this course students will study the lifestyle of birds through a holistic approach. Birds depend on plants and animals for sustenance and are subject to predation themselves. Avian references abound in literature, folklore, art and music; students will also uncover the cultural dimension to bird studies. During selected weekend morning field trips, students will visit some of the major haunts. These outings focus on finding, and learning to identify the species present.



BELFIELD

10 Thursdays 19.30-20.30

Sept 27

Oct 4, 11, 18, 25

Nov 1, 8, 15, 22, 29

Plus separate field trips,
dates determined by tides

FEE €195

A History of Latin America: Conquest to Independence

AUTUMN AE-HN181

Dr Edward Collins

This course examines the history of Latin America from the Columbian discovery of the New World in 1492 to the end of Spanish dominion in the Americas in 1898. It provides an outline of both the Portuguese and Spanish imperial enterprises from the earliest explorations to the establishment of colonial societies wholly different from their Spanish and Portuguese counterparts. These themes are organised around the extensive reading materials available at the National Library of Ireland on the subject of Latin American history. Many of the literary sources used in this course are contemporaneous, reflecting contemporary perspectives and attitudes, and are available in print format at the NLI. Prior knowledge of this topic, or of Latin American history, is not required for participation.



**NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2**

8 Thursdays 14.00-16.30

Oct 11, 18

Nov 1, 8, 15, 29

Dec 6, 13

(No Class Oct 25, Nov 22)

FEE €195

A Short History of Crime and Punishment, 1800-2000

AUTUMN AE-HN189

Dr Myles Dungan

From 'Paradise Lost' to the 'Paradise Papers' men, women, and even angels, have transgressed ... and then tried to launder the proceeds. Occasionally there was someone around to catch them in the act. 'A Short History of Crime and Punishment' will map the last two centuries of that binary conflict. Over eight weeks this course will move from the opportunistic criminality of the early 19th century (and the faltering attempts to contain it), to the sophisticated and highly organised delinquency of the late 20th century, meeting its equivalent, and often its nemesis, in cutting-edge law enforcement. There will also be scope for discussion of an Irish dimension to global wrongdoing and our fictional fascination with crime, criminals, and that inspired 'deus ex machina', the omniscient detective.



**NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2**

6 Mondays 10:30-13:00

Nov 5, 12, 19, 26

Dec 3, 10

FEE €160

Irish Nationalism and Unionism - A History of Two Political Traditions

AUTUMN AE-HN183

Michael Doran

The historical relationship between Britain and Ireland has led to the development of two dominant political traditions, Nationalism and Unionism. This course will examine the development of both of these traditions, from their beginnings up to recent times. Much of the focus will be on how both Nationalism and Unionism shaped political developments in Ireland during the 19th and 20th centuries. It is hoped that as we approach the centenary of that pivotal period of Irish history, 1919-1922, that participants will then be able to put the events of that turbulent time into context.

The Wars of the Three Kingdoms

AUTUMN AE-HN185 Wednesday afternoons

AUTUMN AE-HN192 Thursday mornings

Michael Doran

From 1639 until 1653, the three kingdoms of England, Ireland and Scotland were convulsed by political, economic and religious conflicts. These conflicts would lead to a series of wars. The most decisive of all these conflicts was the English Civil War. The aim of these lectures is to examine the causes, course of events and consequences of these wars. There will be a particular attention on events in Ireland, especially the enduring controversy over Cromwell's Irish campaign.



dIr LEXICON, HAIGH
TERRACE, MORAN PARK,
DÚN LAOGHAIRE, CO.
DUBLIN

10 Tuesdays 11.00-13.00

Sept 25, Oct 2, 9, 16, 23,
30, Nov 6, 13, 20, 27

FEE €195



AE-HN185:
MOUNTTOWN
COMMUNITY CENTRE,
FITZWILLIAM PARK,
MONKSTOWN

10 Wednesdays 14.00-16.00

Sept 26

Oct 3, 10, 17, 24, 31

Nov 7, 14, 21, 28

FEE €195

AE-HN192:
MOUNTTOWN
COMMUNITY CENTRE,
FITZWILLIAM PARK,
MONKSTOWN

10 Thursdays 10.00-12.00

Oct 4, 11, 18, 25

Nov 1, 8, 15, 22, 29

Dec 6

FEE €195

Walks in Suburban Dublin

AUTUMN AE-HN194

Áinnle O'Neill MA

This course involves 4 “suburban” walks - Rathmines, Sandymount, Phibsboro and Dún Laoghaire. These are areas of Dublin which “opened up” for the middle and upper classes due to the development of public transport, increased employment opportunities for educated males in particular and people’s desire to escape the overcrowded and unhealthy city centre. On these walks I hope to illustrate how the four suburbs developed a character of their own through the 19th century and into the 20th and contributed to the economic, social and cultural life of the capital.



VARIOUS LOCATIONS - will be agreed in advance of first walk

4 Tuesdays 10.00-12.00

Sept 25

Oct 2, 9, 16

FEE €100

A History of Dublin through Walks and Talks

AUTUMN AE-HN115

Áinnle O'Neill MA

This course explains how Dublin grew from a small trading post in the 9th century, to become the second city of the British Empire in the 19th. The talks present the background historical details, which are fleshed out and placed in context during the relevant walks. On the walks, the student will journey from Viking and Medieval Dublin, over the Liffey Bridges through to familiar Georgian streets.



BELFIELD

Talk: 5 Thursdays

19.00-21.00

Sept 27

Oct 4, 11, 18, 25

Walk: 5 Saturdays

10.00-12.00

Oct 6, 13, 20, 27

Nov 10

(No Walk Nov 3)

FEE €195



I learned so much, it was taught in such a passionate and simple way and asking questions was never an issue

- AE-HN216 More Walks and Talks

Referendum on a Presidency? A history of American Midterm Elections

AUTUMN AE-HN190

Dr Sarah Feehan

This course aims to explore the history of American midterm elections with a specific focus on how a midterm election can act as a referendum on a president and his policies. The course will draw on examples from the nineteenth and twentieth centuries among them the midterm election of 1858 which preceded the election of Lincoln as president. As well as looking at midterm elections in a historical context we will highlight several key seats/electoral districts in the 2018 elections and follow them on a weekly basis. We will consider how the results of the 2018 election could impact on the remaining years of the Trump's first term in office as well as any implications it may have on the race for the presidency in 2020.



BELFIELD

8 Mondays 19.00-21.00

Sept 24

Oct 1, 8, 15, 22

Nov 5, 12, 19

(No Class Bank Holiday

Monday Oct 29)

FEE €160

Information Technology

Managing your Digital and Social Media Presence

AUTUMN AE-IN102

Keith Feighery, MA

This course will demonstrate to users how best to use key web and app based digital and social media tools and platforms that are changing the way we source, communicate and distribute information online today. During the course, we will look at creating, accessing and sharing information and media in the form of social media updates, images, videos, blogs and podcasts across a wide array of different digital channels. A focus of the course will also be on managing data and privacy online. To help individuals manage and reduce exposure of inadvertently sharing data with third parties and also to understand data rights and company obligations under the EU's new Data protection regulations known as GDPR.



BELFIELD

2 Saturdays 10.00-17.00

Sept 22, 29

FEE €140

Language, Place and Space: Ireland Past and Present

AUTUMN AE-IR101

Dr Aoife Whelan and Fiona Lyons, MA, with guest lecturers from UCD School of Irish, Celtic Studies and Folklore

Who are the Irish and where do we come from? The origins of the Irish language and place names will be explored in this introductory course. Irish identity will be traced back to the Irish and Celtic cultural context. Analysis of the cultural revival will reveal insights into the formation of the Irish State as we know it today. The course will conclude with an overview of contemporary Irish literature (in translation), exploring this literature as a medium of expression for the Irish people. This course will include guest lectures by academic experts from UCD School of Irish, Celtic Studies and Folklore.



**NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2**

8 Tuesdays 10.30-13.00

Oct 9, 16, 30

Nov 6, 13, 20, 27

Dec 4

(No Class Oct 23)

FEE €195

Reading Joyce: a beginners guide

AUTUMN AE-LN147

Garrett Fagan

This course will provide an introduction to Ireland's best known, but least read author. We will look at Joyce's life and times and how he sought to represent the Dublin of his day. Students will be guided through Joyce's style and literary technique. We will read part of Dubliners and Portrait of the Artist, before building up to reading sections of Ulysses and Finnegans Wake. On completing the course you will have an understanding of how to read Joyce and why he deserves his huge reputation. No previous knowledge of Joyce's works or of literature is required, only an enthusiasm for reading.



BELFIELD

8 Tuesdays 19.00-21.00

Oct 9, 16, 23, 30

Nov 6, 13, 20, 27

FEE €160

Maths

Sum-enchanting Evening

AUTUMN AE-XN112

Professor Peter Lynch

We all love music, beautiful paintings and fine literature without being great musicians, talented artists or accomplished writers. It is the same with mathematics: we can enjoy the elegance of brilliant logical arguments without being skilled creators of new theorems. Whether you loved or hated maths at school, you will find this expository treatment of some accessible topics in mathematics fascinating. We will present the historical development of mathematical ideas and illustrate the importance of maths in music, the visual arts and technology. The emphasis will be on exposition of the key results, omitting inessential technicalities.



BELFIELD

10 Mondays 19.00-21.00

Sept 24

Oct 1, 8, 15, 22

Nov 5, 12, 19, 26

Dec 3

(No Class Bank Holiday

Monday Oct 29)

FEE €195

Music

Introducing Opera

AUTUMN MN102

Dr Michael Lee

What is opera? A play with music, a concert with costumes, or both - or something even more? This course will offer an introduction to the history of opera, and its traditions, as well as bringing students up-to-date with new production styles and contexts, including simulcast transmission. We will explore much-loved operas by Mozart, Verdi and Puccini, as well as going back to theatre of the baroque, and forwards into our own time. Classes will be illustrated with both sound and DVD recordings. Students who have previously attended this course should note that a new selection of works will be offered.



BELFIELD

10 Tuesdays 19.00-21.00

Sept 25

Oct 2, 9, 16, 23, 30

Nov 6, 13, 20, 27

FEE €195

Philosophical Issues

AUTUMN AE-QN147

Dr Patrick Quinn

This course will examine the following philosophical issues by St. Augustine and William G. Goss on freedom, Karl Jaspers on the philosophical concept of faith in Revelation, Hannah Arendt on religion and politics, David Pears on what knowledge is, Wittgenstein on having pain, Mary Midgley and the elusiveness of responsibility and Anthony Kenny on metaphor, analogy, agnosticism and anthropomorphism. No prior knowledge of philosophy is necessary though it can be useful and class discussion is welcome in contributing to learning.



dlr LEXICON, HAIGH
TERRACE, MORAN PARK,
DÚN LAOGHAIRE, CO.
DUBLIN

10 Wednesdays 10.00-12.00

Sept 26

Oct 3, 10, 17, 24, 31

Nov 7, 14, 21, 28

FEE €195

Ethical Reasoning

AUTUMN AE-QN125

Dr Angelo Bottone

How do we think and argue about ethics? This course will enable students to develop their own abilities in reasoning about ethical issues. Different moral tradition will be presented and critically discussed. Students will become familiar with common ethical concepts and will learn how to translate their own moral intuitions into arguments and reasons. Through practical exercise, students will learn how to justify their ethical principles and decisions.



BELFIELD

10 Mondays 19.00-21.00

Sept 24

Oct 1, 8, 15, 22

Nov 5, 12, 19, 26

Dec 3

(No Class Bank Holiday

Monday Oct 29)

FEE €195



The lecturer was very knowledgeable and had a very deep understanding of opera - an absolute joy to listen to - I loved the choice of operas - the manner in which they were presented - all questions answered - very passionate presentation - an absolutely beautiful module

- AE-MN102 Introducing Opera

The role of Positive Psychology for Creative Writing and Poetry

AUTUMN AE-PN141 Rathmines College

AUTUMN AE-PN142 Belfield

Dr Martina O'Carroll

If you are already a writer or would like to take up writing, you will enjoy this course which combines learning about positive psychology while practising your writing. Whether you'd like to write a novel, a short story, a memoir or a poem, you will enjoy this combination of lectures and workshops. You will be encouraged to write in class or edit a piece you're already been working on.

We all have a wonderful ability to think abstractly, yet convention restricts us to how things should be, rather than freeing our imaginations to tackle the causes of stress and unhappiness. This course will help you develop your creative side, allowing you to become more open. Writing can help free our imaginations and connect us to our deepest core.

The Science (Psychology) of Happiness

AUTUMN AE-PN143

Dr Nicky O'Leary

In the past decade the science of happiness has received considerable attention. There is a strong relationship between happiness and the meaning we give to our life experiences.

The Science of Happiness offers you practical strategies for tapping into and nurturing your happiness, including trying several research-backed activities that foster social and emotional well-being, and exploring how cutting-edge research can be applied to your life. Increase your happiness and life satisfaction with a corresponding decrease in stress. Even though we are born with a sunny disposition, scientists agree that we can all learn how to bring more meaning and satisfaction to our lives.



AE-PN141

RATHMINES COLLEGE

10 Mondays 19.00-21.00

Sept 24

Oct 1, 8, 15, 22

(No Class Bank Holiday
Oct 29)

5, 12, 19, 26 Nov

Dec 3rd

FEE €195

AE-PN142

BELFIELD

10 Tuesdays 19.00-21.00

Sept 25

Oct 2, 9, 16, 23, 30

Nov 6, 13, 20, 27



**BLACKROCK EDUCATION
CENTRE**

8 Tuesdays 10.00-12.00

Oct 9, 16, 23

Nov 6, 13, 20

Dec 4, 11

(No Class Oct 30 & Nov 27)

FEE €195

Keeping It Short

AUTUMN AE-WN129

Mark Granier MA

Most of the greatest novelists, from Dickens, Flaubert, Joyce to contemporaries such as Anne Enright and Richard Ford, began by publishing short stories, and many of the most powerful poems and stories are not more than a couple of pages, and sometimes considerably less. This course is ideal for beginners who might be intimidated by the blank page, or anyone interested in editing and streamlining their work. Emphasis will be on producing something new: crafting effective sentences, learning how to be attentive to words and finding ways to surprise readers (including ourselves). A selection of short stories, poems and various triggering exercises will offer ways for exploring language and distilling experience. Group discussion will play an important part in these sessions. Please note that this course is frequently updated with fresh material, so former participants will be catered for.

Writing Successful Fiction (1)

AUTUMN AE-WN136

Patricia O'Reilly

Writing successful fiction is a blend of creativity and learned skills. The aim of How to Write Successful Fiction is to assist writers to realise their writing ambitions and potential by finding and using their skills to create fiction for today's market. These sessions are tailor-made to facilitate emerging writers and those with on-going projects. Focus is on developing skills to create strong story lines and structural planning, concurrent with analysing the works of today's successful authors. Sessions are arranged to allow time for writing, and constructive, individual and group analysis of participants' work.

**BELFIELD**

10 Tuesdays

19.00 - 21.00

Sept 25,

Oct 2, 9, 16, 23, 30

Nov 6, 13, 20, 27

FEE €195**BLACKROCK EDUCATION CENTRE**

10 Wednesdays 10.00-12.00

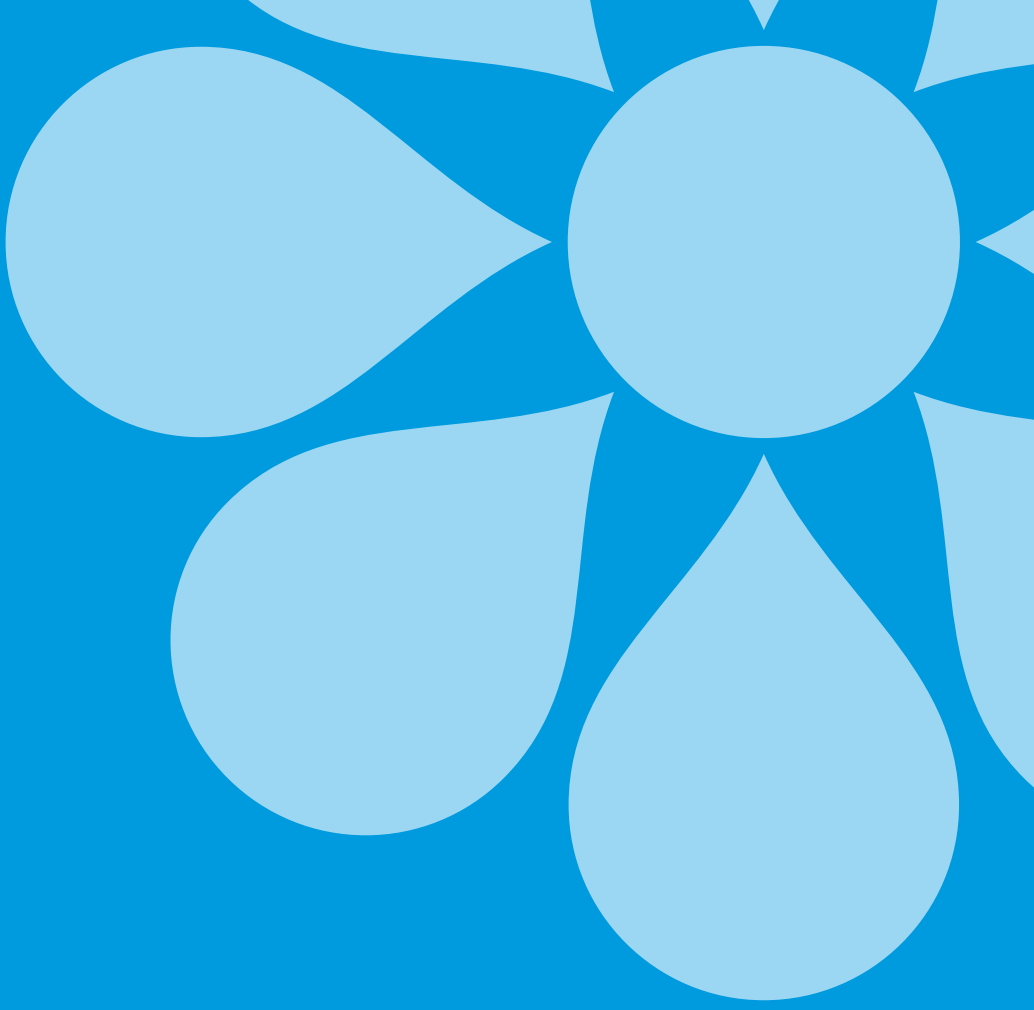
Sept 26

Oct 3, 10, 17, 24, 31

Nov 7, 14, 21, 28

Fee €195

SPRING



Refresher French (Intermediate)

SPRING AE-LNG201

Dr Anna Nunan, Module Coordinator

This course aims to help you develop your ability to communicate fluently with speakers of French. Reviving your knowledge of French will help you understand frequently used expressions and structures related to areas of everyday life. You will be able to travel more comfortably to France for business or pleasure.

The class will be conducted in French and will focus on topics relevant to travel to regions where French is spoken. Topics relate to French culture, customs, sightseeing, etc. Basic interaction in French will be encouraged. The course is aimed at those who have studied French for a minimum of two years



BELFIELD

10 Mondays 18.00-20.00
Jan 21, 28, Feb 4, 11, 18,
25, Mar 4, 11, 25, Apr 1
(No Class Bank Holiday
Monday 18 Mar)

FEE €195

Spanish Language (Beginners)

Spring AE-LNG202

Dr Anna Nunan, Module Coordinator

This course is aimed at those with no prior knowledge of Spanish who would like to be able to understand basic everyday expressions and phrases in Spanish. You will learn to introduce yourself and others and interact in a simple way with speakers of Spanish. The class will be conducted, as much as possible, in Spanish. Topics covered include family, foods and hobbies. All four skills of speaking, listening, reading and writing will be introduced and basic interaction in Spanish will be encouraged.



BELFIELD

10 Tuesdays 18.00-20.00
Jan 22, 29
Feb 5, 12, 19, 26
Mar 5, 12, 19, 26

FEE €195

Venice: Art & Myth

SPRING AE-AN134

Philip Cottrell

This course investigates the dazzling art and culture of Venice. In discussing the works of leading artists such as Giovanni Bellini, Giorgione, Titian, and Tintoretto, with the contribution of architects such as Jacopo Sansovino and Andrea Palladio, students will examine a period in which many of the myths and traditions of Venice were simultaneously challenged and renewed in response to a variety of internal and external geo-political pressures. In addition, we will also step outside the renaissance intermittently, and dwell on Venice's artistic reputation during its final flourish of creativity in the eighteenth century, the age of the Grand Tour. In considering also the work of Canaletto, Giambattista Tiepolo and Francesco Guardi, some classes and field trips will complement the 'Canaletto and the Art of Venice' exhibition which will be running at the National Gallery of Ireland.

European Women Artists, 1500 to 1800

SPRING AE-AN220

Jessica Fahy

This course will discuss some of the often overlooked women artists in Western European Art History from 1500 to 1800. It is unfortunate that women artists still need to be singled out in order to be recognised, however in doing so we can also examine the question "Why Have There Been No Great Women Artists?" famously posed in a 1971 essay by American art historian Linda Nochlin. Some of the artists to be discussed are Italian painters at the Spanish Hapsburg court, Sofonisba Anguissola, the powerful follower of Caravaggio, Artemesia Gentileschi, the Grand Tour favourite Rosalba Carriera and the exquisite illusionism of the still life paintings by Clara Peeters.



BELFIELD

10 Wednesdays 18.30-20.30

Jan 23, 30

Feb 6, 13, 20, 27

Mar 6, 13, 20, 27

(Additional dates may be added)

Visit to The National Gallery of Ireland

FEE €195



BLACKROCK EDUCATION CENTRE

8 Fridays 10.00-12.00

Jan 25

Feb 1, 8, 15, 22

Mar 1, 8, 15

Visit to the National Gallery of Ireland, 15 Mar

FEE €160

Art and Design pioneers from 1919 to the present day

SPRING AE-AN268

Moya Corcoran

This is a fun and informative course that introduces students to the pioneers of modern art and design from the 20th century to the present day. You will look at the relationship between art and design and the world in which they are produced. Objects are examined in the context of who created them, the society for which they were created and how they express historical and political conditions. The course will also explore the growth in consumerism and how this has impacted the design of everything from expensive one-off pieces to everyday goods over the last 100 years. Students will reflect on how the evolution of art and design and how products are marketed today. The material will come to life on a field trip to the National Museum.



BLACKROCK EDUCATION CENTRE

8 Thursdays 10.00-12.00

Jan 31

Feb 7, 14, 21, 28

Mar 7, 14

Visit to National Gallery of Ireland Mar 21

FEE €160

Classics

Appreciating Ancient Greek Art: An Introduction

SPRING AE-JN205

Jessica Doyle, MA

This course offers an introduction to the stunning masterpieces of ancient Greek art, exploring the developments and achievements of Classical Greek civilisation. An array of media will be examined, including sculpture in bronze and marble, vase painting, wall painting, jewellery, architecture. A focus on key objects will open a window onto social, cultural, political and religious contexts of the ancient Greek world. The course will begin in the Bronze Age and the Minoan and Mycenaean civilisations which produced some of the most iconic and intriguing pieces of Aegean art. It will then explore the art of the Greek Geometric and Orientalising periods in the earlier first millennium B.C.



BELFIELD

8 Tuesdays 18.00-20.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19

FEE €160

Conflict

Mediation Skills for interpersonal disputes - Module 2

SPRING AE-S202

Geoffrey Corry MSc (Mgmt)

Mediation is increasingly being used to resolve disputes in the workplace, commercial life and for marital separation/divorce. Building on the skills gained in Module 1, you will practise third party mediation skills through five role plays in neighbour and workplace situations, and enact family disputes with tutor support. Problems associated with “getting parties to the table” and the five phases of the mediation process will be introduced. You will learn a storytelling approach to resolving interpersonal disputes where emotional and relational issues arise. Mediation skills include suspending judgement, staying neutral, reframing, power balancing and problem solving.



BELFIELD

7 Mondays 19.00-21.00

Jan 28

Feb 4, 11, 18, 25

Mar 4, 11

1 Sat Feb 9 10.00- 17.00

FEE €195

History

The Irish Revolution, 1912-1924

SPRING AE-HN261

Dr Richard McElligott

Modern Ireland was forged between 1912 and 1924. As we pass through the present ‘decade of centenary’ this course will consider the Irish revolutionary period and these years, which witnessed the militarisation and radicalisation of both Irish politics and wider society. The political violence of the era would set Ireland on a course of rebellion and subsequently open war against its colonial master Great Britain. The effects of this violent and complex period of Ireland’s history still resonate strongly today. This course explores the key events, the major figures and the lasting impact and legacy of Ireland’s independence struggle. Participants will gain an in-depth knowledge and understanding of the most pivotal decade in modern Irish history.



BELFIELD

8 Wednesdays 19.00-21.00

Jan 30

Feb 6, 13, 20, 27

Mar 6, 13, 20

FEE €160

More Walks and Talks

SPRING AE-HN216

Áinnle O'Neill MA

This course fleshes out the themes touched on in the "Walks and Talks" course - health, food, customs, fire-fighting, water supply and transport - and examines how they developed over 1,200 years of Dublin's history. The walks cover the western and northern inner suburbs which developed over the same period and feature the many little known parks and buildings, which played important roles in Dublin's history. New and continuing students welcome.

1943 - A World at War: The Allies Advance

SPRING AE-HN266

SPRING AE-HN269

Michael Doran

The subject of World War Two is vast given its global nature. Its main developments have been well covered. This course will focus on 1943. The Allied powers were gaining the upper hand in their war against the Axis powers. This course will examine the main development of 1943 in a chronological manner. Much of the focus will be on the military strategy adopted by the various combatant nations. Key battles will be examined, alongside an examination by military commanders. We also examine a variety of issues such as genocide, resistance to occupation, the role of cinema and the importance of technology. There will also be an examination of how the war was conducted in places that often do not receive the same attention, i.e. China and Yugoslavia. By studying this one year, participants will be able to broaden their knowledge of World War Two. During the course, a wide range of primary and secondary sources will be consulted in order to gain different perspectives on the events and personalities examined.



BELFIELD

Talk:

5 Thursdays 19.00-21.00

Jan 31

Feb 7, 14, 28

Mar 7

(No Talk Feb 21)

Walk:

5 Saturdays 10.00-12.00

Feb 2, 9, 16

Mar 2, 9

(No Walk Feb 23)

FEE €195



AE-HN266

**MOUNTTOWN
COMMUNITY CENTRE,
FITZWILLIAM PARK,
MONKSTOWN**

8 Wednesdays 14.00-16.00

Jan 30, Feb 6, 13, 20, 27,

Mar 6, 13, 20

AE-HN269

**BLACKROCK EDUCATION
CENTRE**

8 Thursdays 10.00-12.00

Jan 24, 31, Feb 14, 21, 28,

Mar 7, 14, 21

(No class Feb 7)

FEE €160

A Troubled Affluence - The United States 1945 - 1974

SPRING AE-HN265

Michael Doran

In 1945, the United States emerged as the dominant world power with an unprecedented global influence. It experienced a period of extraordinary economic growth and prosperity, which created a mood of national self-confidence that would see the 'manifest destiny' become international in nature. The long period of influence helped disguise serious divisions in American society. These divisions would shatter the mood of national unity that existed up to the 1960's. The most important domestic issue was that of Civil Rights which unleashed a rights revolution among the marginalised in the United States. This course will cover this period of US history, visiting the locations that shaped the country during these years. Focusing on a wide range of personalities who left a deep impact on society.

The Life and Times of Michael Davitt, 1846-1906

SPRING AE-HN272

Dr Brian Casey

Michael Davitt was considered 'freelance radical' - a man that embraced causes he believed to be right. He helped establish the Land League in 1879 and was a prolific writer and campaigner until his death in 1906. This course explores the life and times of Michael Davitt and allows for a different perspective in regards the Famine, migration, physical force republicanism, the Land War, the Highland question, the Boer War and the land question as well as injustice and inequality through his writings. It shows that his was not an insular nationalism but that he had a varied perspective on the world which makes him stand out among his peers in the Irish nationalist movement.



dlr LEXICON, HAIGH
TERRACE, MORAN PARK,
DÚN LAOGHAIRE, CO
DUBLIN

10 Tuesdays 11.00-13.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19, 26

Apr 2

FEE €195



NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2

8 Wednesdays 10.30-13.00

Mar 6, 20, 27

Apr 3, 10, 17, 24

May 1

FEE €195

Understanding the Irish Revolution in Dublin

SPRING AE-HN273

Donal Fallon

Between 1913 and 1923, the Irish capital was gripped by revolutionary politics. Conflicting political ideas competed for space. What separated a suffragette from a Larkinite, or a self-described Fenian from a Home Ruler? This course visits the key sites of the Irish revolution on a series of walking tours, as well as four in-class lectures (on the themes of 'radical nationalism', 'women's activism', 'socialism and trade unionism' and 'Unionism') to understand the very different ideas that battled for influence in revolutionary Dublin.

Irish and International Design, Fashion and Decorative Arts: Makers and Shakers

SPRING AE-HN274

Dr Edith Andrees, Dr Audrey Whitty, Dr Jennifer Goff, Alex Ward

This National Museum-based course looks at a number of extraordinary people who shaped and continue to shape Irish and international design, fashion and decorative arts in the 19th - 21st centuries. What inspired them? What motivated them? What legacy had their work?

NMI curators will take you on 'behind-the-scenes' tours and provide illustrated talks as a starting point for discussion around the work and lives of remarkable individuals such as designer Eileen Gray, collector Albert Bender and fashion designer Ib Jorgensen.

This is a chance to get up close to the fascinating displays and objects from the National Museum's decorative arts collections, and to hear the amazing stories behind them. Join in and be enthused, dazzled and inspired!



BELFIELD

Talk:

4 Tuesdays 19.00-21.00
Mar 5, 12, 19, 26

Walk:

4 Saturdays 11.00-13.00
Mar 9, 16, 23, 30

FEE €160



NATIONAL MUSEUM OF IRELAND - DECORATIVE ARTS & HISTORY, COLLINS BARRACKS, BENBURB STREET, DUBLIN 7

4 Wednesdays 11.00-13.00
Mar 6, 13, 20, 27

FEE: €100

An Introduction to the History of Science

SPRING AE-HN275

Dr Edward Collins

This course provides a broad outline of the history of science, from ancient times to the present, and incorporates a number of fields of study that we today consider to be 'scientific'. It traces a line from the earliest conceptions of the universe to the evolving views of mankind's relationship with his world, through the Scientific Revolution to current and emerging scientific theories. While this course is structured chronologically, it also examines a number of important themes in the history of science, such as: science and empire; science and gender; the relationship between science and religion; science and war; Irish contributions to the history of science.



**NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2**

8 Wednesdays 10.30-13.00

Jan 9, 16, 23, 30

Feb 6, 13, 20, 27

FEE €195

International

Understanding Human Rights

SPRING AE-BN213

Mary Purcell MA

This course will provide people who are new to human rights with a basic understanding of the theories and practices of human rights. It will explain the differences between different types of rights, civil and political and economic and social rights and the characteristics of rights as being inalienable and universal. It will look at some contemporary issues in human rights, Palestine and Middle Eastern Human Rights issues including Islam, the rise of IS and radical jihadism. It will examine human rights in South Africa the fall of apartheid. It will look at human rights issues in Ireland and give students an opportunity to make presentations on issues in human rights of interest to them.



BELFIELD

8 Tuesdays 19.00-21.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19

FEE €160

Mindfulness & Compassion for Living Well

SPRING AE-PN222

Fidelma Farley

While many of us want to live and experience our lives in a meaningful way, we find it hard to slow down, to take the time to look below the surface busyness of our lives to find who we really are and what we really want and value. This course will introduce you to Mindfulness, a practice originating in Buddhism but now practised extensively in the West in secular contexts for stress, anxiety, chronic pain, and also by those simply wishing to live life more fully. The course will consist of exercises and discussions around being more present in daily life. You will learn meditations that develop awareness of the body, the breath and your mental and emotional states. You are asked to commit to a regular, daily practice of mindfulness for the duration of the course. The emphasis throughout the course is on providing students with a supportive context in which to experience Mindfulness.



BELFIELD

8 Mondays 19.00-21.00

Jan 28

Feb 4, 11, 18, 25

Mar 4, 11, 25

(No Class Bank Holiday

Monday Mar 18)

FEE €160

Field and Bog: The writing of Patrick Kavanagh and Seamus Heaney

SPRING AE-LN144

Garrett Fagan

Central Irish writers of the land: this course will examine the writing of Kavanagh and Heaney. The course will look at their lives and set them in the context of their times and societies. It will look at how these writers connected to the land. It will involve a field trip to the newly opened (summer 2018) Seamus Heaney centre in College Green. We will also look at their prose and plays. No previous knowledge of these writers or of poetry is required, only an enthusiasm for reading.



NATIONAL LIBRARY OF IRELAND, KILDARE STREET, DUBLIN 2

8 Tuesdays 10.30-13.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19

FEE €195

Introduction to Reading Literature

SPRING AE-LN123

Garrett Fagan

This is intended as a very basic introduction to enjoying literature at a deeper level than the casual reader. No prior knowledge will be required only an enthusiasm for the written word. Students will be introduced to genre and form and basic methods of literary analysis. The material chosen is purposefully broad in terms of period, cultural background and style to give as wide an experience as possible. On completion students will be well equipped to profit more deeply from other literature courses and will have had their own recreational reading enriched.



BELFIELD

8 Tuesdays 19.00-21.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19

FEE €160

Masters of the Modern Short Story

SPRING AE-LN284

Dr Jana Van Der Ziel Fischerova

Storytelling occupies a distinctive place in the Irish cultural tradition, and the country's most famous writers have often been practitioners of the short story. It will be our aim to establish what makes the Irish short story unique. To this end we will read some Irish masters of the genre, and then compare their works with stories from other parts of the English-speaking world, including those of Nobel Laureates Nadine Gordimer and Alice Munro. After a brief consideration of some classics, including Joyce's Dubliners, and a discussion of O'Connor's theory of the short story, we shall take a close look at the stories of William Trevor, Philip Ó Ceallaigh and Kevin Barry. Having discussed the Irish context, we shall venture into different corners of the world to meet other famous storytellers: the American Flannery O'Connor, the Scottish James Kelman, the South African Nadine Gordimer, and the Canadian Alice Munro.



BELFIELD

8 Mondays 19.00-21.00

Jan 28

Feb 4, 11, 18, 25

Mar 4, 11, 25

(No Class Bank Holiday

Monday Mar 18)

FEE €160

Reading Dublin (One City One Book)

SPRING AE-LN248

Garrett Fagan

This course is designed to tie in with events in the Dublin: One City, One Book Festival 2019 culminating in an extended engagement with the selected title and making full use of events staged by Dublin City Libraries. Students read a variety of books. The books chosen may relate thematically to the 2019 One City One Book choice, or chronologically or through their connection with Dublin or the author or be of other cognate association. No prior knowledge or skills are required for this course beyond an enjoyment and an interest in reading and in finding out more about your city.

Joyce for Beginners

SPRING AE-LN232

Dr David McKinney

This module focuses on the work of Irish author James Joyce, examining his key canonical works and charting the evolution of his unique style as a means to “forge the uncreated conscience” of the Irish race. The aim of the course is to provide students with an intensive introduction to the key themes and aesthetic concerns of Joyce’s major works, as well as frameworks for reading these works; how does Joyce respond in his writing to the issue of the emerging Irish Free State? What is the nature of Irish identity, especially in the aftermath of colonialism?



**PEARSE STREET
LIBRARY, 138 – 144
PEARSE STREET, DUBLIN
2**

4 Wednesdays 10.30-12.30

Apr 3, 10, 17, 24

FEE €100



**NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2**

8 Thursdays 14.00-16.30

Jan 24, 31

Feb 7, 14, 21, 28

Mar 7, 14

FEE €195



Both lecturers were excellent. They got on very well with our group, and there was always great discussion with us all. The final lecture was outstanding

- AE-HN289 Memoir as both Literature and History

Irish Women Writers

SPRING AE-LN233

Dr David McKinney

The legacy of Irish literature the world over has been, up until now, focused mainly on the creative works of major male writers. Such is the shadow cast by these writers, that a rich seam of heretofore unrecognised Irish female writers has gone relatively unexplored, along with alternative hidden histories. This course examines Elizabeth Bowen, Edna O'Brien, Claire Keegan and Eimear McBride, accounting for the alternative narrative of cultural history provided by Irish female writers and makes the case for the importance of these often overlooked writers in Irish cultural history.



**NATIONAL LIBRARY
OF IRELAND, KILDARE
STREET, DUBLIN 2**

4 Tuesdays 10.30-13.00

May 7, 14, 21, 28

FEE €100

Philosophy

More Philosophical Fragments

SPRING AE-QN215

Dr Patrick Quinn

This course examines some philosophers' views on the following topics: Plotinus on speaking of the One, Hannah Arendt on human beings and terror, Simone Weil on detachment, Bertrand Russell on conflict, Immanuel Levinas' concept of escape, Hans Georg Gadamer on poetry and punctuations and Mary Midgley on values. No previous knowledge of philosophy is necessary though it may be useful and class discussion is encouraged as a contribution to learning.



**dIr LEXICON, HAIGH
TERRACE, MORAN PARK,
DÚN LAOGHAIRE, CO.
DUBLIN**

8 Wednesdays 10.00-12.00

Jan 30

Feb 6, 13, 20, 27

Mar 6, 13, 20

FEE €160



The great thing about this course is that everyone participates: the lecturer is very knowledgeable but does not impose his view in any way: all questions are kindly and respectfully answered: it is a very lively discussion: everyone is invited to contribute and inputs are valued: the handouts are brilliant: it is a safe environment to express your own opinion, which is key

- AE-QN146 Some Philosophical Fragments

Positive Psychology for Everyday Life

SPRING AE-PN213 Rathmines College

SPRING AE-PN214 Belfield

Dr Martina Carroll

Positive Psychology has its origins in the human potential movement that became increasingly popular from the 1970s. By the 1990s many psychologists saw the need to scientifically investigate the nature of happiness and positive human development. The emphasis of Positive Psychology is on well-being, but it also involves understanding on how to reduce psychological suffering and increase happiness, with a strong emphasis on improving relationships at all levels. New developments in understanding the human mind, and human development, have challenged many traditional ways of thinking. This course focuses on four main areas, positive psychology, personal development and growth, the nature of intelligence and how the mind works. Each session will include 2 X 30-40 minute lectures, followed by a Q & A discussion. There will be a short break in the middle.

Happiness in Practice

SPRING AE-PN216

Dr Nicky O'Leary

Where do we find happiness? The search for happiness has challenged philosophers, spiritual leaders, artists and many others for thousands of years. In the past 50 years the same question has attracted the attention of a growing number of psychologists, neurologists, and other respected academics and clinicians. Happiness in Practice brings the science of happiness to life so that it can be applied to everyday life. The Happiness in Practice course offers six key practices, that are based on science, that can contribute to your happiness now. Happiness in Practice is not a destination but an ongoing journey.



AE-PN213

RATHMINES COLLEGE

8 Mondays 19.00-21.00

Jan 21, 28

Feb 4, 11, 25

Mar 4, 11, 25

(No Class Feb 18 & Mar 18)

FEE €160

AE-PN214

BELFIELD

8 Tuesdays 19.00-21.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19

FEE €160



BLACKROCK EDUCATION CENTRE

8 Tuesdays 10.00-12.00

Jan 29,

Feb 5, 12, 26,

Mar 12, 19, 26, Apr 2

(No Class Feb 19, Mar 5)

FEE €160

Keeping It Short(er): Flash Fiction, Short Stories, Poems and Memoirs

SPRING WN-225

Mark Granier MA

Most of the greatest novelists, from Dickens, Flaubert and Joyce to contemporaries such as Anne Enright and Richard Ford, began by publishing short stories, and many of the most powerful poems and stories are not more than a couple of pages, and sometimes considerably less. This course is for people who are excited by the idea of saying more (much more) with less. It is ideal for beginners in creative writing who might be intimidated by the blank page, or anyone interested in editing and streamlining their work. Emphasis will be on producing something new: crafting effective sentences, learning how to be attentive to words and finding ways to surprise readers (including ourselves). Group discussion will play an important part in these sessions. Please note that this course is frequently updated with fresh material, so former participants (of Keeping it Short or The Creative Step) are welcome and their needs will be accommodated.

Writing Successful Fiction (2)

SPRING AE-WN226

Patricia O'Reilly

While this course is complementary to autumn's How to Write Successful Fiction (1), it can stand alone. Again it is tailor-made to facilitate emerging writers, those with on-going projects, as well as published authors. The aim of the 8 sessions is to assist writers to realise their writing ambitions and potential by finding and using their skills to create fiction relevant to today's market. Focus is on plotting, creating characters, as well as developing sense of place. We analyse the works of today's successful authors. Sessions allow time for writing, and constructive, individual and group analysis of participant's work.



BELFIELD

8 Tuesdays 19.00-21.00

Jan 29

Feb 5, 12, 19, 26

Mar 5, 12, 19

FEE €160



BLACKROCK EDUCATION CENTRE

8 Wednesdays 10.00-12.00

Jan 30

Feb 6, 13, 20, 27

Mar 6, 13, 20

FEE €160



I loved the level of interaction and participation from attendees, which was expertly moderated. Dr. McKinney is an excellent lecturer and I would attend any course he was delivering

- AE-LN224 Reading the Short Story

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Cultural Partnerships

We are delighted to have the opportunity to offer our Lifelong Learning programme across Dublin in a variety of locations including the National Library of Ireland, The Hugh Lane, Dublin City Libraries, dlr Lexicon and the National Museum of Ireland. It's with the support of these cultural partners that we are able to delivery such a wide range of courses to a larger community of learners.



Autumn 2018-19

National Library of Ireland, Kildare Street, Dublin 2

TITLE	TIME
A Short History of Crime and Punishment, 1800-2000	6 Mondays: 10.30am - 1.00pm
Language, Place and Space: Ireland, Past and Present	8 Tuesdays: 10.30am - 1.00pm
A History of Latin America: Conquest to Independence	8 Thursdays: 2.00pm - 4.30pm

dlr LEXICON, HAIGH TERRACE, MORAN PARK, DÚN LAOGHAIRE, CO. DUBLIN

TITLE	TIME
Irish Nationalism and Unionism - A History of Two Political Tradition	10 Tuesdays: 11.00am - 1.00pm
Philosophical Issues	10 Wednesdays: 10.00am-12.00pm
Early 20th Century Irish Women Artists	10 Thursdays: 10.00am-12.00pm

**DUBLIN CITY GALLERY, THE HUGH LANE,
CHARLEMONT HOUSE, PARNELL SQUARE NORTH,
DUBLIN 1**

TITLE	TIME
Exploring the Collection of The Hugh Lane Gallery	4 Thursdays: 2.00pm - 4.00pm

Spring 2018-19

National Library of Ireland, Kildare Street, Dublin 2

TITLE	TIME
Field and Bog: The writing of Patrick Kavanagh and Seamus Heaney	8 Tuesdays: 10.30am - 1.00pm
Irish Women Writers	4 Tuesdays: 10.30am - 1.00pm
The Life and Times of Michael Davitt, 1946-1906	8 Wednesdays: 10.30am - 1.00pm
An Introduction to the History of Science	8 Wednesdays: 10.30am - 1.00pm
Joyce for Beginners	8 Thursdays: 2.00pm - 4.00pm

**dIr LEXICON, HAIGH TERRACE, MORAN PARK, DÚN
LAOGHAIRE, CO. DUBLIN**

TITLE	TIME
A Troubled Affluence - The United States 1945 - 1974	10 Tuesdays: 11.00am - 1.00pm
More Philosophical Fragments	8 Wednesdays 10.00am - 12.00pm

**DUBLIN CITY LIBRARIES, PEARSE ST LIBRARY,
DUBLIN 2**

TITLE	TIME
Reading Dublin (One City One Book)	4 Wednesdays: 10.30am - 12.30pm

**NATIONAL MUSEUM OF IRELAND - DECORATIVE ARTS
& HISTORY, COLLINS BARRACKS, BENBURB STREET,
DUBLIN 7**

TITLE	TIME
Irish and International Design, Fashion and Decorative Arts: Movers and Shakers	4 Wednesdays: 11.00am - 1.00pm



Q Who attends Lifelong Learning courses in UCD?

A Lifelong Learning is open to all and provides a chance to explore a subject without concerns about assessment.

Q When do Lifelong Learning courses start?

A Information on start dates is available in our brochure, on our website and on your receipt when you book your course.

Q Where are Lifelong Learning courses held?

A Lifelong Learning courses are held in a variety of locations including the Belfield campus, with a number of courses taking place in our Cultural Partners. The location of each course is listed in the brochure, on our website and will also be on your receipt.

Q How do I find out which classroom my course will be held in?

A The location and classroom will be on your receipt. We also email students in advance of the class to reconfirm the venue.

Q Are there any concessions available on course fees?

A Unemployed Lifelong Learning students and those in receipt of a non-contributory pension may be eligible for a 33% concession on fees. Similarly those whose annual income is less than €12,000. UCD Alumni are eligible for receipt of a 10% concession on fees.

Q What is the policy on refunds?

A Refunds are only possible if a course is cancelled. If a student is unable to attend due to illness or extenuating circumstances, they can request a deferral. This request must be made in writing, with supporting documentation.

Q Where can I get a reading list for my course?

A Booklists or reading lists are available online alongside course descriptions. For the majority of courses, the booklist contains suggested reading for those interested in investigating the subject further. Your tutor can guide you as to which reading might be most suitable, so please await the start of the course before making any purchases.


Q Is there parking available?

A Parking varies depending on the location. On the Belfield campus, parking is free after 5.00pm each evening, except for premium rate hourly paid spaces and spaces associated with UCD Sports and Fitness. Please note that clamping is in operation so students should park only in official car parks.

Q What buses serve the Belfield campus?

A Belfield is south of Dublin city centre, beside the N11. The main bus routes are 17, 39A, 46A, 47 and 145. There are also a variety of Express Bus services such as 27X, 66X and 67X.





Style, knowledge and presentation skills of presenter and variety of presentation skills used - acting, powerpoint etc and topic most interesting

- AE-HN135 From Bad News to Fake News

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Save the date



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